

February 2006

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Tuesday, Feb. 14

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from an Eruption**

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Fashion Show**

**"Venetian Carnevale"
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gist at **Clear Reflections** in the Barrington Commons who can remove those tell-tale hairs quickly and conveniently in the privacy of a professional office.

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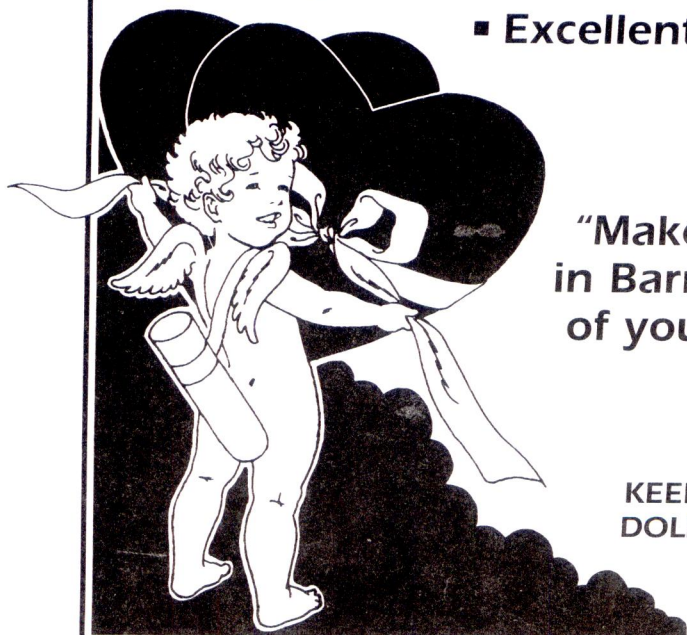
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Editor's Ink

February, 2006

Dear Reader,

Looking for an interesting family outing? Why not view *Pompeii: Stories of an Eruption*. Make plans now to attend, because the presentation leaves the Field Museum of Chicago after March 26. This tragic event tells the story of the people who lost their lives and the vibrant society that was destroyed in the eruption of the world-famous volcano, Mount Vesuvius, nearly 2,000 years ago. What you will discover in this presentation will not be found in books. You must see it to believe it.

It's not too early to mark down April 21 on your calendars to attend the Women's Club of Inverness fashion show and luncheon. The theme: As Time Goes By: A Tribute To Romance, Elegance & Style. The event will be held at Stonegate Conference & Banquet Centre. It promises to be a beautifully choreographed show. Proceeds go toward many wonderful causes, including college scholarships.

"Venetian Carnevale," an annual black-tie event benefiting OMNI Youth Services, will be held March 11. Over 300 party-goers are expected to attend. OMNI is the most comprehensive youth services agency in the Northwest Suburbs.

Lastly, don't forget Valentine's Day, Tuesday, Feb. 14. Perhaps *Lifestyles* has some great gift suggestions in this issue to give your valentine.

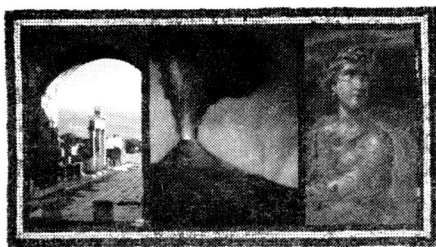
Until next time, may all your thoughts be sunny.

With warm regards,
Glenn McMonigal
Editor, *Lifestyles Magazines*

About Our Cover

A charcoal chintz stripe jacket tops a dark ginger magnolia silk top with a charcoal chintz stripe pant. Perfect for the warmer spring days ahead. Ellen Tracy 2006.





POMPEII

STORIES FROM AN ERUPTION

"A fearful black cloud was rent by forked and quivering bursts of flame, and parted to reveal great tongues of fire... Darkness fell, not the dark of a moonless or cloudy night, but as if the lamp had been put out in a closed room. You could hear the shrieks of women, the wailing of infants and the shouting of men... Many besought the aid of the gods, but still more imagined there were no gods left, and that the universe was plunged into eternal darkness."

—Letter from Pliny the Younger to the historian Tacitus, A.D. 79

It began with a loud crack, followed by a sharp rumble moving across the plain from the nearby mountain. An enormous column of dark smoke and debris rose from the mountain's peak, growing to a height of tens of thousands of feet before it flattened and spread out against the sky, blotting out the sun. A few moments of calm, and then the "rains" came to Pompeii—first a shower and then a downpour of pumice, ash and red-hot boulders. Later that night, a powerful surge of super-heated volcanic gases, rocks and ash raced down the mountain, burying nearby Herculaneum and those who had sought shelter near the shore. They would remain buried for nearly 1,700 years.

"Pompeii: Stories from an Eruption" tells the story of the people who lost their lives and the vibrant society that was destroyed in the eruption of the world's most famous volcano, Mount Vesuvius. Through the things they carried as they fled, the works of art and everyday objects they left behind, and the heartbreaking casts of victims who were buried in the ashes, the exhibition brings to life real people from the ancient world. Valuable jewelry, coins and silver; brilliantly colored frescoes and mosaics; everyday objects from tools and keys to food abandoned on a table—all serve to tell the stories of people and society in the cities of Pompeii, Herculaneum and Oplontis. As they explore those stories, visitors will learn about the extraordinary events that led to the cities' destruction and ensured their preservation, and they'll discover how archaeolo-

At the Field Museum of Chicago, Now Through March 26, 2006

gists are using their finds to reconstruct the details of everyday life.

"Pompeii: Stories from an Eruption" was organized by the Ministero per i Beni e le Attività Culturali, Soprintendenza archeologica di Pompei, Soprintendenza per i Beni Archeologici delle province di Napoli e Caserta, Regione Campania. The exhibition is presented by Harris Bankcorp Inc. It is supported by an indemnity from the Federal Council on the Arts and the Humanities. The exhibition is supported by Compagnia di San Paolo with the assistance of Autostrade Meridionali. Additional support for Public Programs provided by the Consulate General of Italy in Chicago and the Istituto Italiano di Cultura in Chicago.

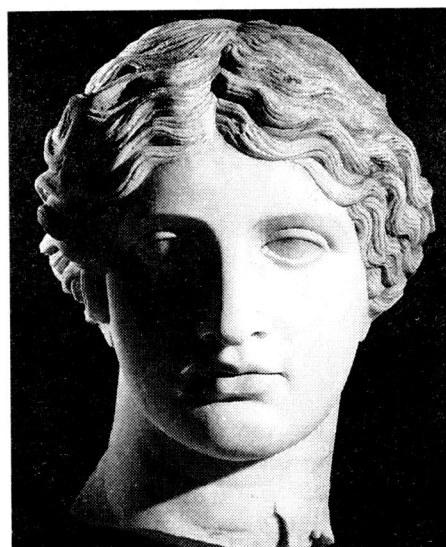
Reading the City

For the Roman empire in the first century, the area around the Bay of Naples was more than an outpost. One of the richest agricultural landscapes of the ancient world, it produced wine, olive oil and fish sauce for export as well as for its own use. Its ports served commercial and military activities. And its beautiful countryside and Mediterranean breezes lured the wealthy to build grand villas and gardens. Though an earthquake had flattened the area in A.D. 62, the people soon returned, pouring their savings into rebuilding homes and infrastructure, factories and shops. The marketplaces of Pompeii, the grand villas of Herculaneum and the country estates of Oplontis teemed with life.

The eruption of Vesuvius ended it all in just two days. But the hardened volcanic material preserved the cities as they were at that moment, nearly 2,000 years ago. Now in the ongoing excavations of Pom-



Gladiator Bronze Helmet



Marble Head Amazon

peii, Herculaneum and other nearby sites, archaeologists are reading a history not found in books.

It has been said that there is no historical document like a city. University of Iowa archaeologist Glenn Storey, content advisor to the Field Museum on the exhibit, explains: "The Romans did a lot of writing about their times," he says, "but there were many things they *didn't* write about—things they didn't think would be important to history or that they simply took for granted." The volcano had no such historical agenda or blind spots; it immortalized slaves and children, graffiti and plumbing, side by side with generals, politicians and great art.

All these items have significance to historians, archaeologists and anthropologists today. For example, Storey says, preserved workshops and tools tell us how gems were polished and jewelry was made. Household items like keys, a mirror and an ink pot give us a window onto everyday life. Objects like these, along with wonderfully preserved frescoes and elegant statues from the buildings, set the background for the stories in the exhibition.

But at the center of the stories are *people*.

The Things They Carried

You may have seen photos of the casts. Made from the hollows left when the bodies of the victims disintegrated, they have become the "emblem" of Pompeii.

In person they are unforgettably poignant: individuals alone at the moment of death; couples and families desperately fleeing together; whole groups of refugees wiped out in an instant. The exhibition's 12 casts—including one of a group of skeletons found in an arcade in Herculaneum—show us real human be-

ings, not abstract historical figures. Faced with sudden catastrophe, they are caught in the act of doing just what *we* would be doing: trying desperately to survive; accepting the inevitability of death.

Though the casts are mute, the places where they were found and the objects found near them tell the stories of who they were, their station in life, what was important to them and what they did as disaster approached. They were climbing a staircase, running for the door, crouched against a wall, huddled with loved ones or strangers. They grabbed what they could, still thinking of a future. Their arms full, they dropped some of it as they ran.

A small fortune in jewelry, elegant silver cups and utensils and a hoard of coins lying near a young woman in the doorway of a sumptuous villa identifies her as the lady of the house; her companions in death, with meager belongings of their own, were her slaves perhaps. Not far from them, his back turned to the door, a man crouches and covers his face with his hands; a faithful dog waits by his side. In a gemstone-worker's shop, along with tools and unfinished work, a carbonized bed with a finely made headboard survives; beneath it, the skeleton of an adolescent boy who sought in vain to hide from the fiery surge. Elsewhere, we find evidence of optimism: a man clutches to his chest a small box holding the tools of his trade—a surgeon's instruments—hoping perhaps to aid his fellow refugees.

The familiar reactions of these distant people seem to bring them much closer to us. "The exhibition suggests many similarities between the ancient and modern worlds, not just in death but in life," Glenn Storey notes. "They're engaged in sports, politics, sending men to war. But how similar to us *were* the ancient Romans? Can we really know their mindset?"

"Pompeii" may not answer the question, but it offers food for thought.

Admission

Tickets to "Pompeii" include Field Museum admission and are priced at \$19 for adults, \$14 for seniors and students with ID, or \$9 for children 4 to 11 years. Visit www.fieldmuseum.org or call 312-922-9410 for details.

To purchase tickets, call 866-FIELD-03 (866-343-5303), visit www.fieldmuseum.org or come to the Field Museum box office. Special rates are available for tour operators and groups of 15 or more. Call the Museum's Group Sales office toll free at 888-FIELD-85 (888-343-5385). For general museum information, call 312-922-9410. You can also visit Field Museum's interactive Web site at www.fieldmuseum.org.

Barrington/Cuba Township Joint Food Drive Program—Fifth Annual "Have A Heart"

Barrington area communities have been very generous with donations to area food pantries. Unfortunately, the need goes on all year and demand is increasing. We have seen many new families seeking assistance. Barrington and Cuba townships distributed over a ton of food in Decem-

ber 2005. This was a sizable increase over last December.

Barrington Township and Cuba Township have joined for their fifth annual "Have a Heart" Food Drive on Saturday, Feb. 11, from 9 a.m. to 1 p.m.

We ask for your continued support. Do-

nations may be dropped off at two collection sites: Barrington Countryside Fire Station #1, 400 N. Northwest Highway, Barrington or Barrington Countryside Fire Station #3, 22N222 Pepper Rd., Barrington.

Donations of nonperishable food items would be greatly appreciated. All donations are for the benefit of Barrington and Cuba township residents in need. Checks are accepted for Barrington Township's

Angel Fund or Cuba Township's Cuba Cares.

For your convenience, voter registration will be available at both locations as well.

The officials of Barrington Township and Cuba Township would like to thank the residents of the Barrington area for their continued support. A special thank you goes out to the Barrington Countryside Fire Department for their assistance.

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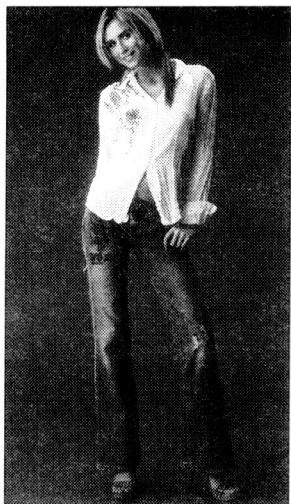
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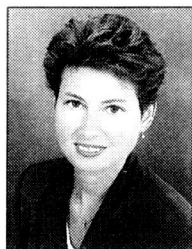
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Illinois Trade Secrets Act and Confidentiality Agreements

by Joette S. Doran, J.D.

Illinois law provides protection for the wrongful use of confidential information under the Illinois Trade Secrets Act. A trade secret is generally defined as information that is sufficiently secret to derive economic value from not being generally known to other persons who can obtain economic value from its disclosure. In determining whether a trade secret exists, the court considers the extent to which the information is known outside of the employer's business; the extent to which the information is known by employees and others involved in the business; the



measures taken by the employer to guard the secrecy of the information; the value of the information to the employer and to his or her competitors; the amount of effort or money expended by the employer

Resort Comes to Assemblé— Elements for Escape!!!

The Colors: White, Blues and Oranges
The Textures: Crochet and Lace
The Embellishments: Embroidered (crewel) Works and Metallic

The only way to hide is by camouflage—in a variety of color combos. Start clearing your closet for February's resort onslaught—which will be delivered daily throughout this month. So don't miss a week at Assemblé!

Here's a sampling:

XCVI will deliver fold waisted gauchos and capris in camouflage browns and pastels. You can join the crochet club in a fantastic white top from GlamourToujours or an allover crochet skirt from Forwear. Crewelwork adorns the Henley tees from Free People. Metallic lace and fishnet tanks from Blue Angels are hot, hot, hot.

Kay Celine will bring us your choice

in tops in romantic lace, featherweight chiffon and sumptuous charmeuse. The fringed cardigans from One Girl Who are guaranteed to fly out of here. Charlotte Tarantola will be shipping her "mango" pointelle cardigan and little bronze tank, along with tees in grapefruit and aqua shades adorned with rivet or rhinestone trimmings. The Kenzie tees are in shades of ketchup and Turkish coffee—are you hungry yet?

From Fibers comes a hanky hemmed skirt in solids and tie dyes to add to your suitcase for double duty. Oh, and we have a great new resource for your resort dresses—can't wait to get them in!

All this and more will be pouring in throughout February. Unique picks for all our unique customers!

See ya soon!

Valentine Gift Ideas from Wickham Interiors

When your heart longs to express your love, **Wickham Interiors** is the place for that special valentine present.

Give a Jay Strongwater picture frame they will cherish forever. These stunningly beautiful American frames are hand-enameled with Swarovski crystals inlaid.

Another beloved gift is Mary Frances purses—each one unique, fun and exciting. Many purses have beaded glitzy designs with jeweled straps or handles. These are popular with famous singers and movie stars.

Set the stage for a romantic evening with sparkling crystal candleholders and dazzling dripless candles on a deep red linen tablecloth. **Wickham Interiors** has everything to make a table perfect!

A handsome model sailboat from **Wickham Interiors** makes a terrific gift for anyone who dreams of relaxed summer

days. Whether as decoration of an office or fireplace, these authentic models with old-fashioned sails are striking. Sharp-looking and functional barometers also make awesome gifts.

Chess sets with detailed Egyptian characters or classic wood pieces that fit in a smartly designed board with a drawer are a thoughtful gift idea. **Wickham Interiors** also has a Chinese checker game that will bring style to any coffee table.

Other gift ideas include a handblown martini set, crystal highball glasses and fashionable wine stoppers.

If your sweetie is having trouble getting it all together, give a certificate for an interior design consultation.

For many more fabulous gift ideas, come to **Wickham Interiors** in historic downtown Crystal Lake or call **815-455-6202**.

in developing the information; and the ease or difficulty with which the information could be properly acquired or duplicated by others.

Recently, an Illinois Appellate Court considered whether an employer's customer list was considered a trade secret. In an action against a former employee, the court found that the employer's customer information was not a trade secret, because the employer failed to take "reasonable steps" to keep the information confidential. The court found that although electronic copies of customer information were provided to employees on a need-to-know basis, no other steps were taken to restrict any physical copies of the information. For example, there was no evidence that the employer advised their employees, verbally or in writing, that the information was confidential, and employees were not required to sign a confidentiality agreement. However, in another case, an employer's customer information was found to be protected as a trade secret because of the numerous security measures the employer undertook to protect the information; the employer kept offices locked; had special computer access codes for employees; limited cus-

tomers information to persons on a need-to-know basis; kept hard copies of customer lists locked; kept salesmen's call books and customer cards locked; had security cameras; and required employees to sign confidentiality agreements that stated that the names of the employer's customers could not be used or disclosed because they belonged to the employer and were confidential.

Accordingly, both employees and employers should carefully consider the use and enforceability of a confidentiality agreement to protect confidential information in light of the security measures taken by the employer to protect the information. For additional employment law information, please visit our Web site at www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois and all Illinois federal courts and is a member of the Federal Trial Bar. She is the past-chairperson of the Employment Law Committee for the Northwest Suburban Bar Association and is past-president of Barrington Area Professional Women.

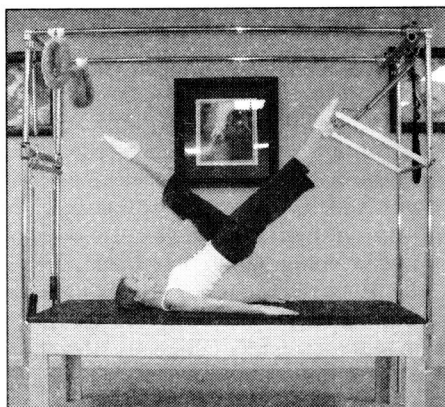
Fall in Love with Your Mind and Body

The love triangle has evolved—with the discovery that loving your mind and body through an effective fitness program results in an overall affection for yourself.

Love is in the air at **Studio Pilates Centre of Balance**. This love triangle of fitness features Pilates, yoga and massage therapy. Individually, each of these three fitness programs are powerful tools towards developing mind and body. Using them in combination with each other and it's the beginning of an endless love affair.

Developed over 5,000 years ago to increase strength, flexibility and balance, yoga encourages you to listen and adjust to what your body is telling you, to focus on your own breathing, and is an excellent way of calming the mind and reducing stress. This month's featured yoga pose is the Revolved Triangle or Parivrrta Trikonasana. The benefits of this challenging pose include increased flexibility of hips, spine, shoulders, and legs. It strengthens legs, tones abdominal organs, and develops balance and stamina. The pose also improves circulation throughout the body, especially the head, and provides a tremendous leg, back, and shoulder stretch.

Developed by legendary fitness trainer Joseph Pilates in the 1920s, Pilates is a successful offshoot of yoga that strengthens and elongates your muscles with various exercises performed on mats and specially designed equipment. Breathing and posture are extremely important to each individual exercise.



At **Studio Pilates** you'll master the exercise techniques of yoga and Pilates under the direction of an experienced staff who help you focus on building strength without "bulking up"; increasing flexibility and agility; developing optimal core control; creating flat abdominals, slender thighs and a strong back. Overall, it's a refreshing mind-body workout that's safe and sensible, and helps you look and feel your very best, no matter what your age or condition.

Studio Pilates also offers massage therapy by licensed massage therapists to relieve pain, relax, stimulate, and tone the body. Other overall health benefits of massage therapy have also been recognized. By appointment only. Gift certificates are available.

Studio Pilates is located in downtown Crystal Lake at 46 Brink Street. Phone **815-455-4900**. Visit online at www.studiopilates.net.

Woodland Art Gallery Expands to New Location, Adds Fine Antiques and Collectibles

After almost 25 years in the same location, **Woodland Art Gallery** has tripled the size of its space overnight with the recent move to a new location just a block away.

Now open at **44 Brink Street** in downtown Crystal Lake, the new space allows for larger display of the gallery's extensive limited edition prints and original art. The expansion also provides owner Scott Teasdale with the opportunity to expand his love for fine antiques and collectibles.

"We have wonderful walls for displaying more of the artwork that the art gallery has developed a reputation for featuring," Teasdale explained. "But I'm very excited about the new antique gallery that we're unveiling. Specializing in fine antiques and collectibles such as furniture, lighting and glassware, we'll also feature Middle Eastern textiles such as antique Persian rugs."

In addition to new releases of limited edition prints by renowned artists, **Woodland Art Gallery** offers sold out works as well as repligraphs by the masters, and Lotton Studios art glass.

Original artwork by various worldwide artists is also featured at the gallery. *Lady in the Red Dress*, shown here, is an original now on display.

The gallery specializes in museum mounting, custom matting and framing. Its selection of framing materials is extensive.

Teasdale invites art and antique lovers

to visit the new location as it revolves into a special place to enjoy this unique combination of treasured collections.

Woodland Art Gallery and Frame Shoppe is open Monday through Friday 9 a.m. to 5 p.m., Saturday 9 a.m. to 3 p.m. Phone **815-459-0460**.

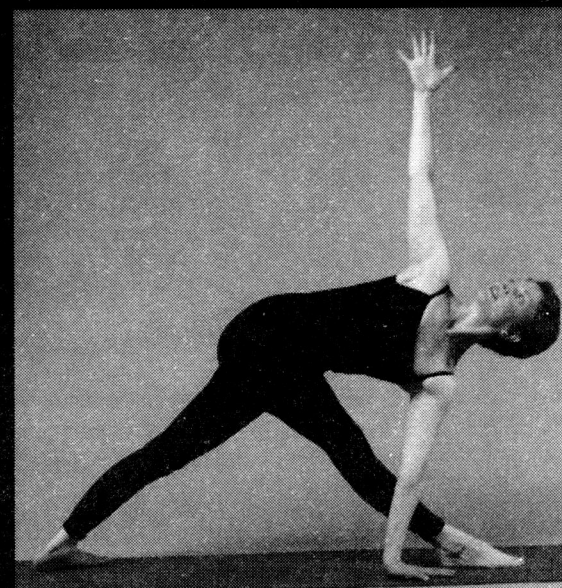


The Revolved Love Triangle

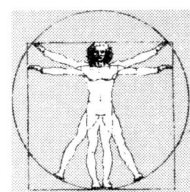
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Love
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Love
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Parivrrta Trikonasana (Revolved Triangle)



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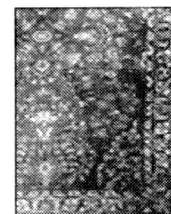
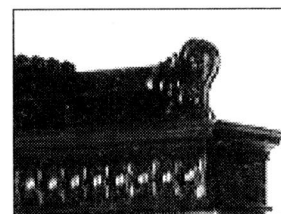
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Harper Offers Eclectic Variety of Upcoming Cultural Events

Harper College is offering an eclectic mix of cultural events for the spring 2006 semester, including Dr. Henry C. Lee, the international expert in crime scene investigation; a concert by the Siegal-Schwall Band, the "durable and spirited" blues group; and a reading/performance by award-winning author T.C. Boyle.

Dr. Henry C. Lee is considered to be responsible for popularizing forensic detection to the extent that there are now three *C.S.I.* television shows. Lee will speak about how science helps solve crime at 7:30 p.m. Tuesday, March 14, in the Wellness and Sports Center of Harper College, Roselle and Algonquin roads, Palatine.

Lee helped investigate the murders of Concetta "Penney" Serra, Martha Moxley, JonBenet Ramsey, Jennifer Ji and Suzan Barratt, and testified at the trials. He is most famous for his testimony for the defense at the O.J. Simpson trial. Lee is the author of *Cracking Cases: the Science of Solving Crimes* and *Cracking More Cases: The Forensic Science of Solving Crime*. Tickets are \$10 for Harper students, faculty, staff and senior citizens; \$12 for general admission. All tickets on the day of show will be \$15.

Best-selling author T.C. Boyle will read and perform from his works at 7:30 p.m., Monday, April 10, in the Performing Arts Center. Formerly called T. Coraghessan Boyle, he "has transformed the nature of short fiction in our time," according to one critic. In a review of his short story collection, *After the Plague*, the *New York Times* hailed him as "a writer who can take you anywhere." His latest work, *Tooth and Claw*, is a collection of short stories published in *GQ*, *Harper's* and *Playboy*. Tickets for Boyle's reading/performance are \$10 for Harper students, faculty, staff and seniors; \$12 for general admission. All tickets on the day of the show will be \$15.

Called one of the "best acts in America" by *Billboard Magazine*, the trailblazing Siegel-Schwall Band will perform in concert at Harper at 7:30 p.m., Saturday, April

22, in the Performing Arts Center. Some members of the group have worked with blues masters Howlin' Wolf and Muddy Waters, and the band recently released their first studio recording in more than 30 years, *Flash Forward*. The CD features drummer Sam Lay, who worked with Paul Butterfield, Little Walter, Howlin' Wolf and Bob Dylan. Other band members are Jim Schwall, Rollo Radford and Corky Siegel.

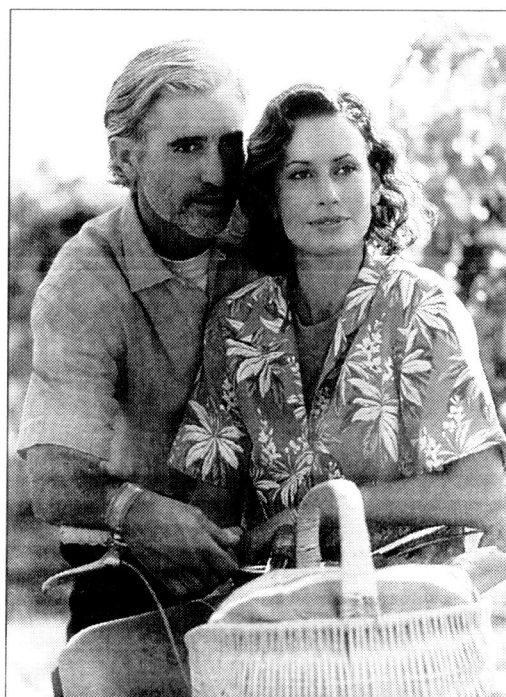
"Few groups can match the Siegel-Schwall Band for the sheer joy of their music," according to the *Chicago Sun Times*. Tickets are \$15 for Harper students, faculty, staff and seniors; general admission is \$25.

Other events in the Harper spring 2006 lineup include: classical guitarist David Burgess at 7:30 p.m., Wednesday, Feb. 8; beat poet Janine Pommy Vega at 3:00 p.m., Thursday, March 23; the Wingra Woodwind Quintet at 7:30 p.m., Tuesday, April 4; and the Janus Duo, pianists, at 12:15 p.m., Thursday, April 6.

There will be a one-woman show called *Good Lessons from Bad Women in History* with Dorothy Leeds at 7:30 p.m., Wednesday, March 15, in the J Theatre, Building J. Leeds will take us on a "theatrical adventure" using the lives of women such as Marie Antoinette and Lorecrecia Borgia as a lesson plan in solving problems.

Based on a true story, Patrick Combs' one-man comedy show, *Man 1, Bank 0*, will be performed at 7:30 p.m., Thursday, April 20, in the J Theatre, Building J. As a joke, Patrick Combs deposited a junk mail check for \$95,000. The bank accepted it, and his life changed forever. Combs' show appeared on HBO's 2004 U.S. Comedy Arts Festival and had a soldout off-Broadway run.

For ticket prices for any of the above shows, additional information or if you wish to be added to the mailing lists, call the Harper College Box Office at 1-847-925-6100 or online at harpercollege.edu. Tickets for all of the events are on sale now.



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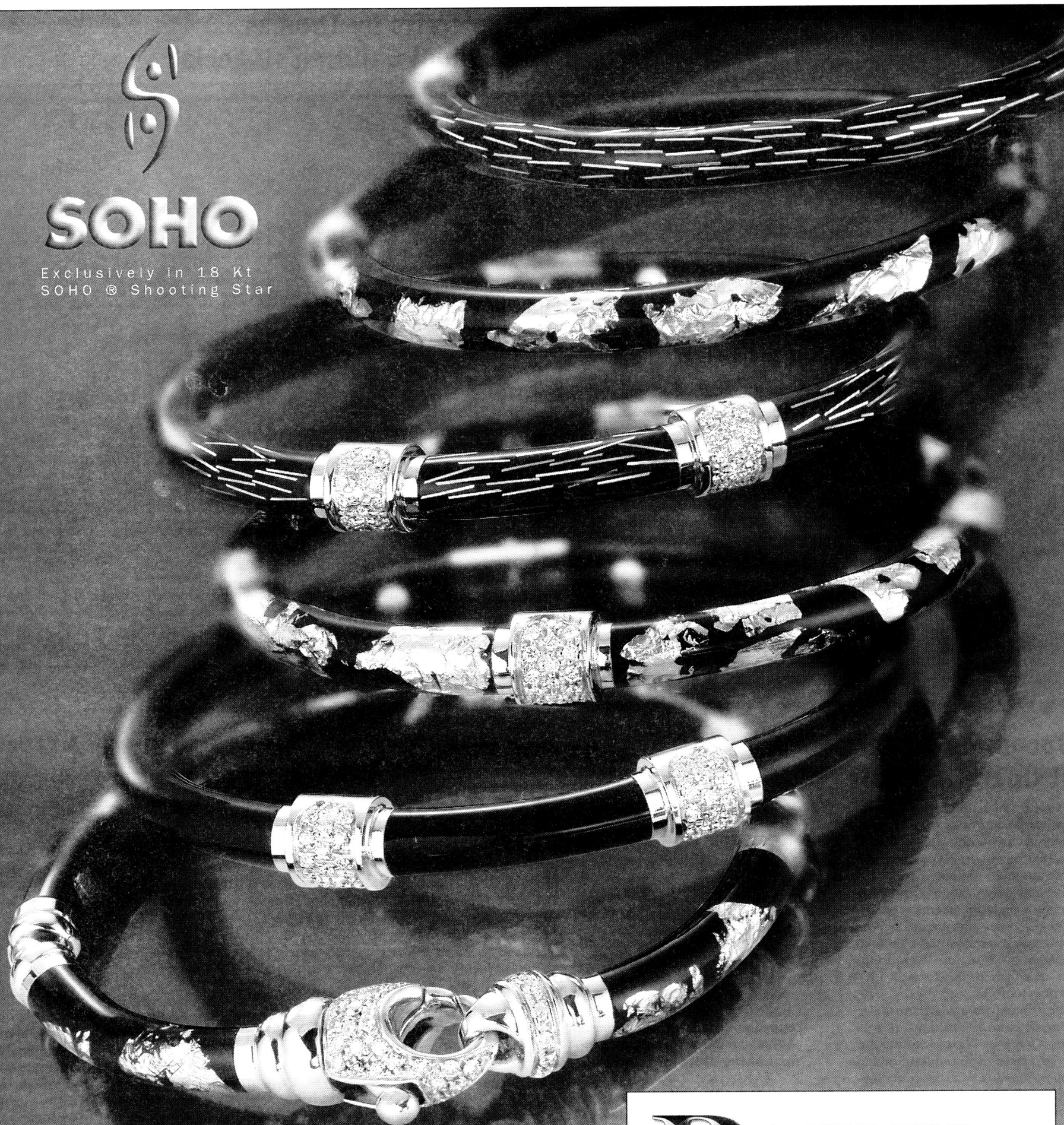
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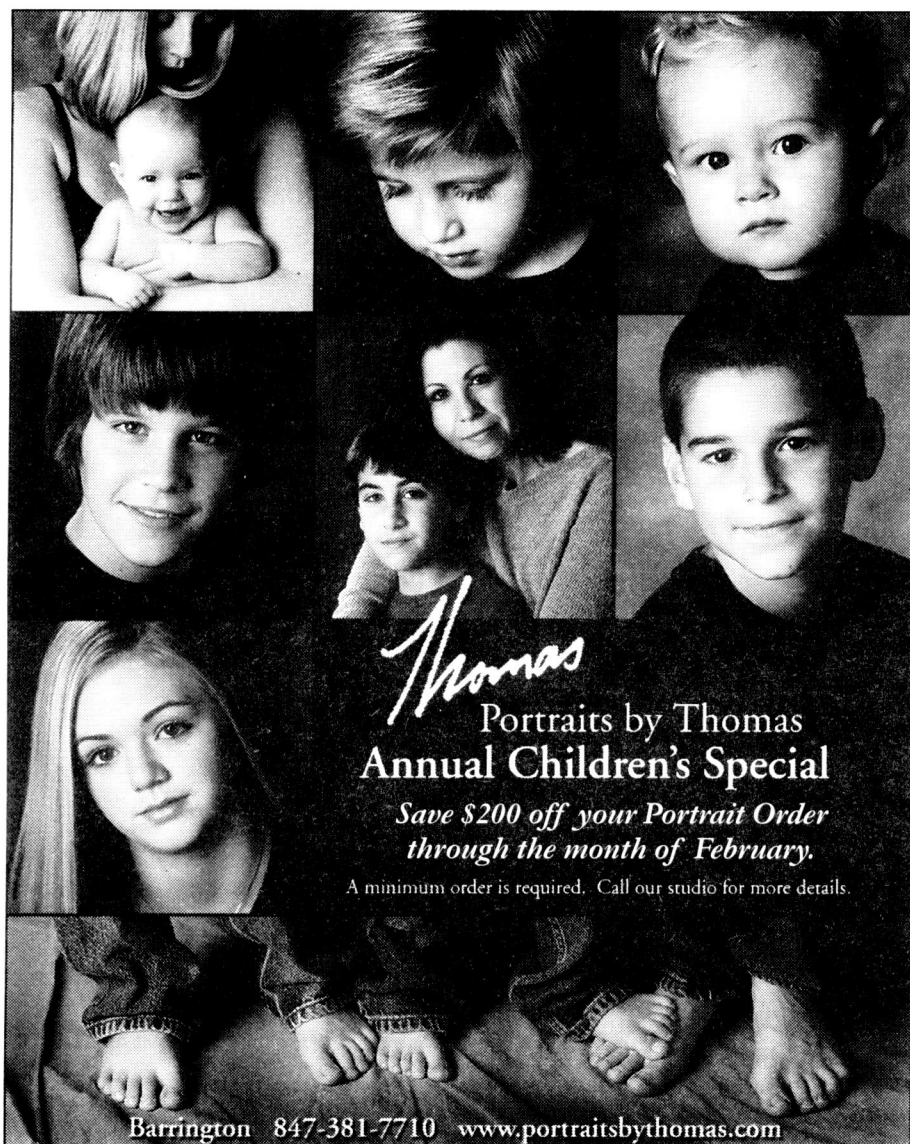
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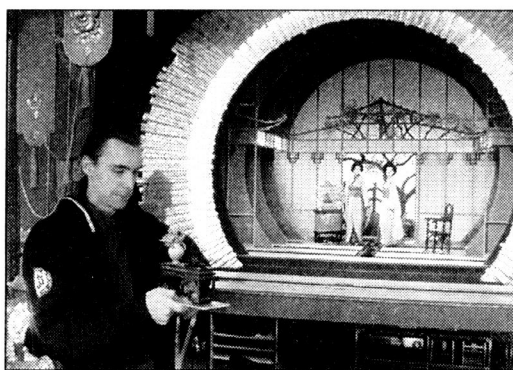


Upcoming Performances at Opera in Focus

Lavish in its staging and costuming, Opera in Focus magnificently presents operas and operettas with puppets moving to recorded music. The uniquely animated rod puppets, the only ones of their kind, are the wonderful invention of William B. Fosser and, for many, will bring back memories of the old Kungsholm Miniature Grand Opera, of which Mr. Fosser was artistic director.

Performances are Wednesdays, Thursdays and Saturdays at 1:30 p.m. Opera in Focus is located at Park Central, 3000 Central Road in Rolling Meadows (across from Rolling Meadows High School tennis courts). Doors open a half-hour prior to performances. Reservations are suggested. Admission prices are \$12 for adults, \$11 for seniors (over 60) and \$7 for children. Visa and MasterCard are accepted. For groups of 30 or more, performances for any afternoon or evening may be scheduled. Call 1-847-818-3220. The elegant 65-seat theatre is handicap accessible. A demonstration of how the puppets are manipulated and a tour of the highly technical backstage area follow every performance.

Opera in Focus is partially funded by Illinois Arts Council, a state agency. You can visit Opera in Focus on the Internet at www.operainfocus.com.



Puppeteer Shayne Snyder prepares a *Madama Butterfly* set piece in front of the Opera in Focus stage.

Opera In Focus Upcoming Productions

- Jan. 25 to Feb. 11, An Operatic Potpourri—*The Habenera* and *The Toreadore Song* from *Carmen* by Bizet; *O Mio Babbino Caro* from *Gianni Schicchi* by Puccini; *Largo Al Factotum* from *The Barber of Seville* by Rossini; and *Selections from Man of La Mancha*, *Carousel* and *Kismet* for the Fourth Edition of *Pops at the Puppet Opera*
- Feb. 15 to March 4, A Valentine's Month Salute to Lovers—Act 1, Scene 1, *Love Duet* from *Lakme* by Delibes; Act 1, *Love Duet* from *Madama Butterfly* by Puccini; and Act 1, *Love Duet* from *La Boheme* by Puccini

Call for Artists

"Sculpture Under the Sky—An Outdoor Public Art Exhibit"

The Artistic Bits Arts Center & Gallery is currently seeking outdoor sculptors and artists in the Fox River Valley area for "Sculpture Under the Sky—an Outdoor Public Art Exhibit." The exhibit will run from May 1 to Aug. 31. The submission deadline is Feb. 20, 2006. For more information, call Artistic Bits Arts Center & Gallery at 1-847-844-8140; 316 N. River St., East Dundee, IL, 60118; or artisticbits@sbcglobal.net.

Artistic Bits Arts Center & Gallery is a nonprofit arts organization that provides

both professional and aspiring artists a center to display and sell their work, attend workshops, network and obtain information. Artistic Bits also presents special events throughout the year.

For more information, call 1-847-844-8140 or visit the center at 316 N. River St., East Dundee, IL, 60118. Take Route 72 to River Road. Hours are Tuesday, Wednesday and Thursday, 11:00 a.m. to 6:00 p.m.; Friday, 11:00 a.m. to 5:00 p.m.; Saturday, 10:00 a.m. to 4:00 p.m.; and closed Sunday and Monday.

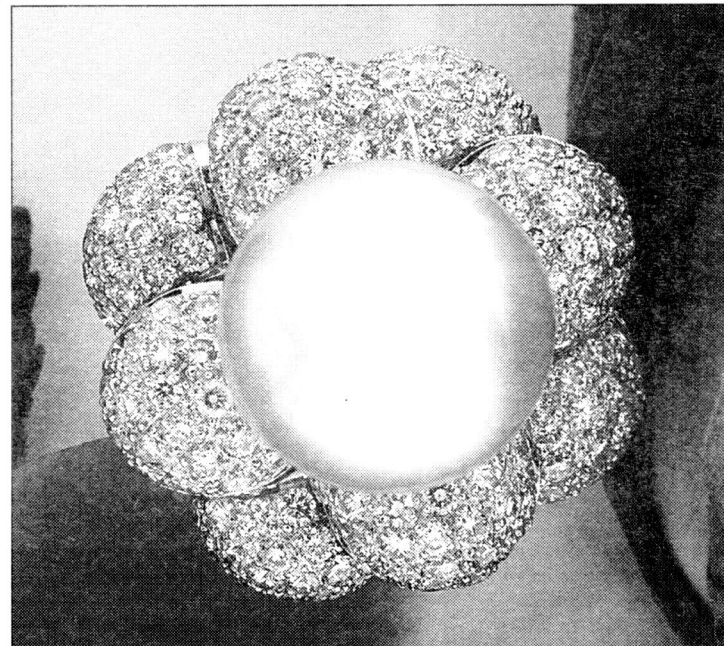
- March 8 to 25, An Opera in Focus Salute to the Princess—Prince Sou-Chong Sings *You Are My Heart's Delight* from *Land of Smiles* by Lehar; Act 3, *Monologue from Prince Igor* by Borodin; and the *Drinking Song*, *Summertime in Heidelberg*, *Serenade* and *Golden Days* from *The Student Prince* by Romberg
- March 29 to April 8—Act 1, Scene 1, *Celeste Aida* and *Ritorna Vincitor* from *Aida* by Verdi; Act 4, Scene 2, *The Cathedral Scene* from *Faust* by Gounod; and *Only Make Believe*, *Just My Bill* and *Old Man River* from *Showboat* by Kern and Hammerstein
- April 12 to 29—Act 4, Scene 2, *Pace, Pace Mio Dio* from *La Forza Del Destino* by Verdi; Act 1, *Duet* from *Die Tote Stadt* by Korngold; Act 3, *Nessun Dorma* from *Turandot* by Puccini; and *Tradition*, *If I Were A Rich Man*, *Matchmaker* and *Sunrise Sunset* from *Fiddler on the Roof* by

Bock and Harnick

- May 3 to 20—Act 1, *Casta Diva* from *Norma* by Bellini; *Summertime*, *I Got Plenty O' Nuttin'*, *Strauberies*, *Bess*, *You Is My Woman Now* and *Lord, I'm On My Way* from *Porgy and Bess* by Gershwin; and Act 3 (Complete) from *Madama Butterfly* by Puccini

- May 24 to June 10, Pops at the Puppet Opera, First Edition, Segment One—Featuring Jeanette McDonald and Nelson Eddy with *Indian Love Call* and *Only A Rose*; Act 3, *E Lucevan La Stile* from *Tosca* by Puccini; *Pops at the Puppet Opera*, First Edition, Segment Two, *Rosalie* and *Les Filles De Cadiz*; Act 2, *Una Furtive Lagrima* and *Duet* from *L'Elisir D'Amore* by Donizetti; and Pops at the Puppet Opera, First Edition, Segment Three with *I'm Falling In Love With Someone* and *Ab, Sweet Mystery Of Life*

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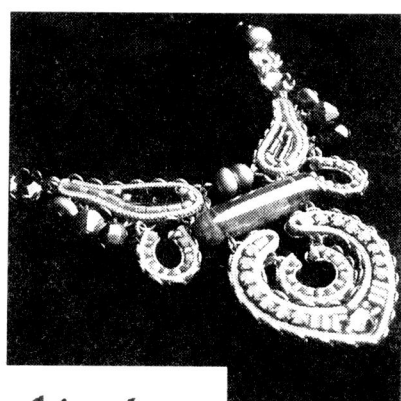
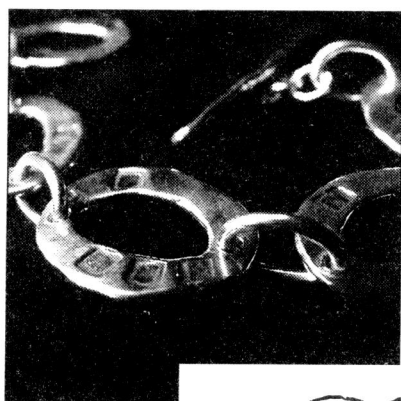
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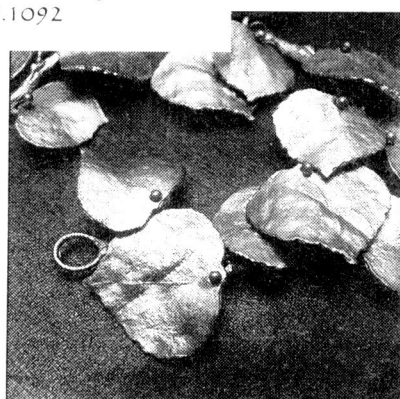
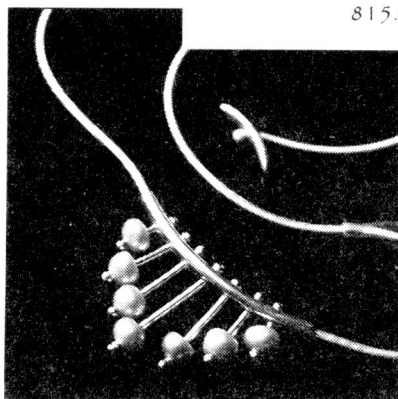




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Got Valentine Troubles, Mr. Cupid?

Have you done it before? The goof, the boo-boo, the bad Valentine gifts that made her eyes swell with tears... of sorrow. Did she look at you with confusion and bewilderment? Did you vow to make Valentine's Day 2006 the breakthrough year when you make up for your misguided past? Well, Mr. Cupid, do we have some ideas for you.

1. Consider the **CLIX** Tip List: A successful Valentine gift for your wife/girlfriend/daughter/etc. must meet these five key criteria:

- No Plugs (just say no to weed whackers, floor polishers, etc.)
- No Batteries (such as electric carrot peelers 'as seen on T.V.')
- Not Practical (forget a gift certificate for an oil change)
- Requires no physical labor on her part (i.e. laundry machines of any sort)

Think Jewelry (it's sweet, timeless & personal)

2. Go straight to **CLIX**. This mission doesn't have to be difficult, so why shop around? We are the one-stop-shop for unique home accessories and original gifts of all sorts, especially jewelry (hint, hint).

3. Ask for help. Perhaps you've missed her subtle hints in the past, but we can help you figure out her style, taste and

preferences. The **CLIX** staff is well trained and very clever about putting together a gift that will make you seem so darn thoughtful!

4. Let **CLIX** wrap it for you. We will put your very excellent gift in an equally excellent package that will complete the transformation.

5. Pick out a nifty little card, write a special note with lots of XXX's and OOO's and be prepared to pucker up.

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Spring Showcase of Arts & Crafts



The jury committee reviews exhibitor applications for the 34th Spring Showcase of Arts & Crafts: (from left) Mary Herther, Kathy Testa, Rose Alberts, Pat Smith, Carol Mosse and Reta Holmgren.

The Spring Showcase of Arts & Crafts for 2006 will be held on Saturday, March 4, and Sunday, March 5, at the Samuel A. Kirk School, 520 S. Plum Grove Rd., in Palatine. Featured will be 90 artists who will present their handmade/handcrafted, juried works of jewelry, ceramics, fine art, glass, photography, metalwork, woodwork, toys, home décor, clothing and much more. New exhibitors are featured each

year along with favorite returning artists.

The cafeteria will serve delicious, freshly made sloppy Joes, hot ham-and-cheese sandwiches, soup, snacks and beverages. And the bakery will sell its famous pies and popular low-sugar cookies among a variety of other freshly baked items.

Proceeds benefit the Kirk School and Alpha Gamma Delta Foundation.

Wellness Place Names Healthcare Executive as President

Karen Maczka-Bishop, a healthcare executive with more than 20 years of management experience, has been named president of Wellness Place, a community-based, not-for-profit cancer resource center in Palatine. She will be responsible for operations, strategic and long-range planning, and major philanthropy.

Most recently, Maczka-Bishop was a consultant for Cardinal Health Consulting and Services at The University Hospital in Cincinnati, Ohio.

"We are delighted to find a leader who will bring a strong clinical background and real-world business acumen to Wellness Place," said Carol J. Blackwood, board chairman. "Our mission is to enhance the lives of people who face the challenge of cancer through education, encouragement and empowerment. As part of that goal, we provide excellent services and programs, conducted by licensed healthcare professionals at no fee."

Maczka-Bishop began her healthcare career as a registered nurse at Chicago area hospitals and later held clinical management positions at Advocate Lutheran General Hospital, Elmhurst Hospital, Provena St. Joseph Hospital and St. Joseph Hospital before joining Cardinal Health.

A graduate of DePaul University, Karen Maczka-Bishop holds a master's degree in business administration from Dominican University, River Forest. She is a former



Karen Maczka-Bishop

regional president of the Illinois Organization of Nurse Leaders and is a member of the American Organization of Nurse Executives and the Schaumburg AM Rotary Club.

She lives in Schaumburg with her husband, Jack, and son, Kyle.

Wellness Place, 1619 W. Colonial Parkway, Palatine, provides free professional, cancer-related counseling, services and programs to enhance the lives of people living with cancer, their families and caregivers. The cancer resource center serves 60 communities in the Northwest Suburbs of Cook County and parts of McHenry, Lake and Kane counties. For information, call 1-847-221-2400 or visit www.wellnessplace.org.

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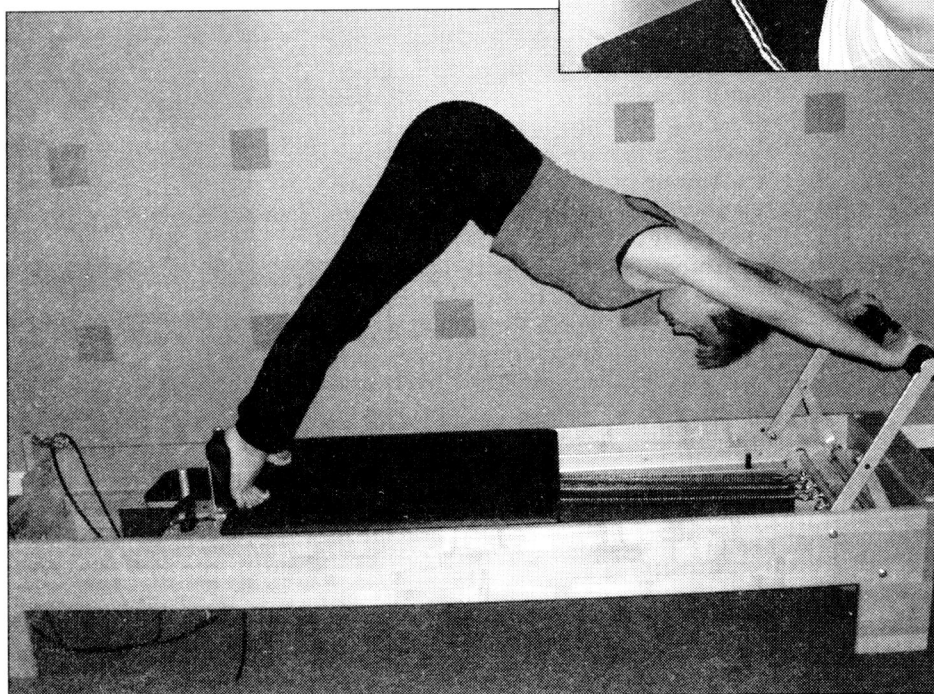
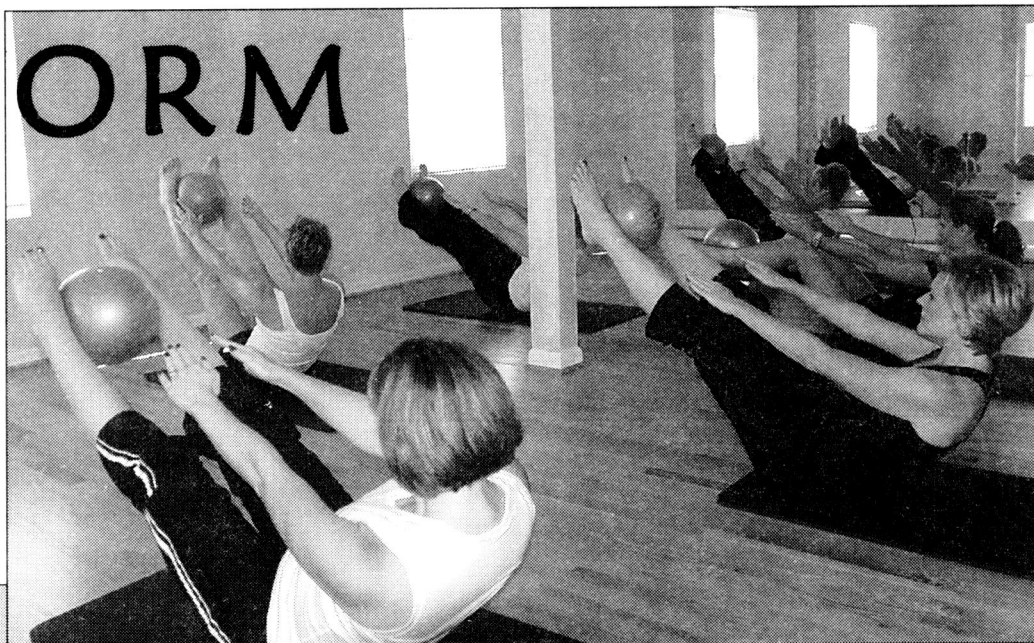
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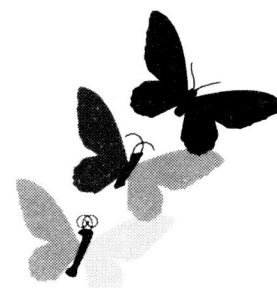
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SPECIAL EVENTS
Tiffany Trunk Show, Feb. 17 to 20th,
and Prom Shopping, Sunday,
Feb. 19, Noon to 3 p.m.

The Comfort Zone

by Julie Lavacchi

Does this sound like you? You're enjoying your early morning coffee, the kids are still asleep, and the stillness of a cold winter day surrounds you. Suddenly, as you look around, you come to the realization that your home is not as comfortable as you would like. What to do? Where to start? Am I up to the task? So much for that quiet morning!

Some refer to this as the wintertime blues. I prefer to call it opportunity knocking!

As most Chicagoans know all too well, winter provides us with plenty of indoor time. I encourage my clients to look at this as the perfect opportunity to reassess the comfort condition of their home. Is it everything you're looking for and more? Or do you need to put some thought into getting to a better state? Take advantage of these long winter days to do your own home inventory. My advice—leave no stone unturned.

Start with the clutter. Getting a more comfortable home starts with something as simple as cleaning your countertops to something as complex as a room redesign. It's difficult to imagine rooms in a new state until you remove unwanted items. Clearing the clutter will help stimulate your creative juices.

So here's how I would recommend getting the ball rolling to a home-comfort makeover.

Comfort Zone 1: Start Small. Try cleaning out your basement, guest rooms, closets or other rooms in desperate need of attention. Consider simple changes or



embellishments to make the room warmer. How about fresh new towels for the bathroom? Try new linens on your bed. Take a chance on that new paint color you've been dying to try.

Comfort Zone 2: Out With the Old, In With the New. Now that you've rid yourself of the unwanted items, what ideas do you have for this newfound space? Try starting with a room plan. A room plan will allow you the latitude to consider exactly how you want to use the room in the context of your lifestyle. For example, I've got a client who is passionate about her scrapbooking hobby but had no craft room to relax in. Since they



rarely if ever used their living room, I recommended we shift the use of the space to her crafting. We designed a room with concealed cabinets, work space, comfortable seating, and additional craft specialty items—a room that went unused is now a comfortable getaway from a hectic day.

Comfort Zone 3: Get Creative, Plan Your Comfort. Most homeowners agonize over this step. "How do I arrange the room?" Many times, they simply give up. Stop struggling, call a designer, we can help. If you've determined how you'll use the room, you're halfway there. A space plan is the only thing standing between you and the finished product. At this point, we will decide what is needed to make it functional, beautiful and comfortable. These are not mutually exclusive. If you're not certain what will maximize your rooms' utility, a designer can lead you to a more creative vision. Rely on a designer with the proper credentials and experience to provide the most effective plans. Interior design is something practiced by professional firms, not furniture stores.

Comfort Zone 4: Select Your Comfort. Selecting furnishings, wall colors, floor coverings, window treatments and accessories is all that remains. What makes

a room comfortable is different for everyone. The right designer will be sure to uncover your exact comfort level. I find this to be the most exciting phase of a makeover. When selecting items, remember, it's about you and what makes you comfortable. A professional designer will listen carefully to what you love and help make it happen. We will also make sure to select your sofas and chairs with your ultimate comfort in mind to instill that warm and inviting feeling we all long for. If done right, you'll no longer be bogged down by "museum rooms"—the rooms full of uncomfortable furniture or decorated for viewing but not for use. Rooms should be used, not admired.

Comfort Zone 5: Ahhhhhh! Sit down with that cup of coffee, relax and enjoy your new comforts of home. You've earned it!

About Julie

An interior-design graduate of Illinois State University, Julie has been designing beautiful residential interiors for over 14 years throughout the Northwest Suburbs. Julie has been a design consultant with **Designs Of The Interior** in Barrington for over a decade and was the designer of the year for 2005.

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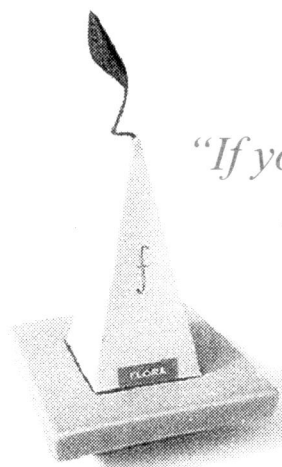
—DOTI client Gwendolyn B. with daughter Kirsten



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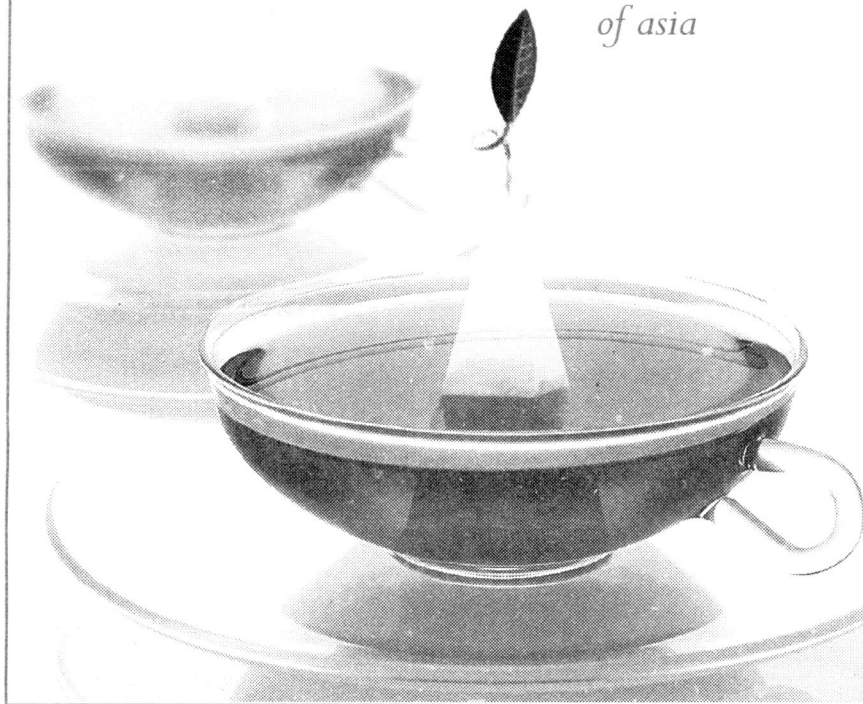
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Fill Your February with Color Artwork— Ben Jurevicius and Nancy Reid

Do you want to rid yourself of the February blues and bring some color into your life? If you do, then a visit to one of the Barrington Arts Council's galleries is the answer.

On Jan. 13, "Urban Edges IX" opened at the BAAC Gallery. The juried exhibit is fine mix of oil paintings, watercolors, mixed media, colored pencil drawings, etchings and sculpture.

Eligible applicants had to live within a 150-mile radius of Chicago. Selected Illinois artists are: Kris Blum, Cary; Thomas Celewicz, McHenry; Gail Collier, Lake Barrington; John Goulet, Cary; Ed Iverson, Algonquin; Ray Grzebielski, Chicago; Ben Jurevicius, Libertyville; Jin Young Kang, Chicago; Doris Mamon-Kucik, Palatine; Doug Manley, Port Barrington; Eileen Mueller Neill, Riverwoods; Dennis O'Malley, Wilmette; Nancy Reid, Gilberts; Joan E. Robertson, Wauconda; Nadine Meyers Saitlin, Chicago; Ryan Schultz, Libertyville; Artsan Skosek, Woodstock; Robert Koch, Naperville; and Monica Stanton, Palatine. Also featured is Martha Hayden, who resides in Sharon, Wis.

Judge and juror Linda Kramer, a well-known artist and collector, presented awards for best of show, award of excellence, award of merit and honorable mention.

The exhibit will be on view through Feb. 17 at the BAAC Gallery. The gallery is at the Barrington Area Arts Council, 121-B Barrington Commons Court, Barrington. For more information, call 1-847-382-5626.

"Beyond the Rainbow," an exhibit of colored pencil drawings by Joan E. Robertson, is overflowing with hues that will brighten all your days. The outstanding exhibit at the BAAC Gallery at the Garlands is a show that should not be missed.

"My colored pencil drawings reflect the vitality and variety of life as well as a sense of the passage of time," says Ms. Robertson. "Textural contrasts and intense



***Des Plaines River Morning,*
Pastel by Ben Jurevicius**

color created by painting, while in reality they are built up with a complex series of pencil lines."

Ms. Robertson was the gallery coordinator at Lake Forest College, the corporate art curator at Kemper Insurance and is currently the curator of the BAAC Gallery. She has been exhibiting her work since 1977 and has received many awards.

The exhibit will be on view through Feb. 26 at BAAC Gallery at The Garlands, 1000 Garlands Lane, Barrington. The gallery is a partnership between The Garlands and the Barrington Area Arts Council. To view the exhibit, please call 1-847-756-3000 to arrange an art tour.

A visit to the BAAC Gallery at the Barrington Area Library will add the final touch of color to your winter palette. There you will see "Contemplation," an exhibit of vibrant pastels and colored pencil drawings by Yvonne Burdine, a Barrington artist. The mixed-media work is on view through Feb. 26 during regular library hours. The library is located at 505 N. Northwest Hwy., Barrington.

The Barrington Area Arts Council is "Your Community Connection to the Arts." BAAC is a nonprofit 501c3 local arts organization that presents, promotes and provides programs in the visual, literary and performing arts. The council is partially funded by a grant from the Illinois Arts Council, a state agency.

Barrington Youth Services' Rainbows Program Registration Now Accepted

Registration is now being accepted for the Barrington Youth Services Rainbows Program. Rainbows offers a support group for children and preteens who have experienced a significant loss in their lives due to divorce or other painful family transition, because it doesn't need to hurt forever. The program helps children discover the path to understanding and acceptance.

Nearly 69% of children in the United States live in nontraditional families coping with some type of loss. Rainbows is endorsed by educational and religious institutions as well as many "helping" professions. Since Rainbows' inception, nearly one million children and their families in 49 states and 17 countries have benefited. Rainbows gives youth the opportunity to meet with others their own age who share similar circumstances and begin the process of emotional healing. Activities are designed to help children process their feelings when they don't have the words to describe them. Adult

sessions are held at the same time as children's groups to provide parents the opportunity to discuss the challenges of helping their children and themselves through a difficult period in a peer setting.

Rainbows is offered free of charge to elementary and middle school students who reside within the School District #220 boundaries and their parents. This marks the 15th year that Barrington Youth Services has been able to offer Rainbows to Barrington-area residents. BYS is a local nonprofit social service agency that receives widespread support from the community for its work in building healthier families.

Rainbows groups will meet each Monday from 7:00 to 7:45 p.m. through March 6 at the Barrington Youth Services' building at 110 S. Hager Avenue in Barrington. For more information or to reserve a place in the program, please call BYS at 1-847-381-0345.



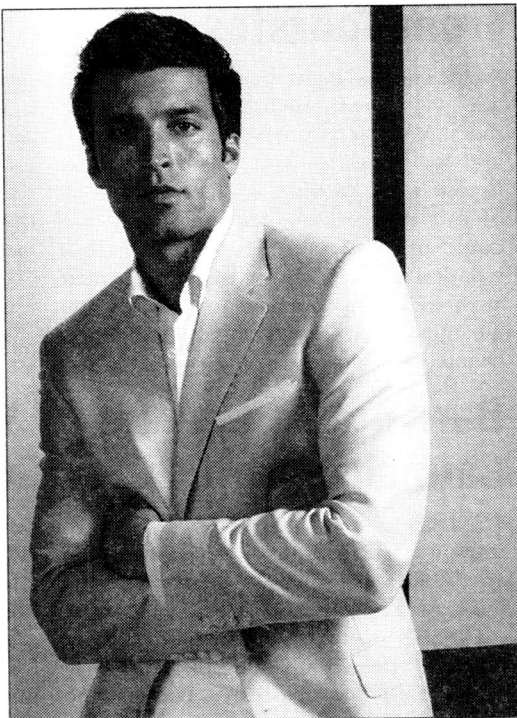
Spring has Arrived at Peter Daniel

New spring collections are arriving daily at **Peter Daniel**. The "Croc" is back with casual wear from **Lacoste** for both men and women. Don't miss the **Blue Willis** Collection of casual denim and related separates for women. They make a great fitting jean. The next time you are in the store, be sure to try on a pair of the "Tummy Tuck Jeans" from **NYDJ** (Not Your Daughter's Jeans). Great fit and very slimming!

Check out what's going on at **The North Face Shop!** Denali jackets in new spring colors—mars green, polka dot pink, relay blue, white, ionos purple, pinnacle blue, molten red, and lush green are all now in stock. Come take a look.

Final reductions have been taken in both our men's and ladies departments—it's a great time to add a new piece to your winter wardrobe at a very good price.

Valentine's Day is Feb. 14. We have great gifts for that special person in your life. See you soon.



The Village Shops of The Ice House Mall Celebrate Customer Appreciation Days with a Red Hot Tag Sale

The Village Shops of the Ice House Mall invite you to their **Red Hot Tag Sale, Feb. 1 to 15th**. Look for merchandise with a Red Hot Tag and receive an additional **20% off**. The Red Hot Tag Sale is in conjunction with the Barrington Customer Appreciation Days.

Valentine's Day is just around the corner and shopping for the perfect gift to say "I Love You" to your special someone couldn't be easier for you during our Red Hot Tag Sale. Customers will receive an extra 20% off items that are tagged with the Red Hot Tag.

Treat yourself or your valentine to a chocolate hot stone massage or a chocolate hot stone facial at the Sanctuary Salon and Spa. Look for other gift items tagged Red Hot and receive 20% off your purchase. Also the month of February, the Sanctuary Salon and Spa will offer 20% off Salon services and products. Gift Certificates are always available and make a perfect Valentine gift.

The Ice House Mall would like to introduce you to a new village shop, **TT Patton for the Art of Fine Writing**. TT Patton is the destination for everything you need in elegant fine writing papers, luxurious pens, hand bound leather journals and unique greeting cards. Join TT Patton for its **Grand Opening Celebration on February 12** starting at 11 a.m. with a course on "Journaling with Intent" —"The Importance of Keeping a Journal" led by Carole J. Parke, Ph.D. Browse through their collection of fine journals made in Italy by EPICA and in the U.S. by Molly West. Stop by to meet Sue Freuden-

thal, who will demonstrate elegant writing instruments by Caren d'Ache of Switzerland. At 3 p.m. until 6 p.m., join us for jazz featuring the Skinny Williams Trio of Chicago.

The Ice House Mall's Village Shops offer a wide range of one stop shopping that includes apparel, accessories and shoes for men, woman and teens at **peter daniel**. For exceptional woman's apparel, accessories and shoes, visit **Tootsies** during their **Retirement Sale**, where you will **receive 50% to 70% off designer merchandise**. Don't miss shopping at **Savvy Spirit**, **Savvy Casual** and **Filly's** for weekend and causal wear and accessories. Stop in at **Accessories by Lauren's** for accessories to match all your needs. Shopping for your children? Apparel and shoes can be found at **Tommi-Terri**, **Young Tootsies** and **The Girl Scout Express**. For an exceptional toy selection, don't miss shopping at our new **Learning Express**. For home furnishings and gifts, visit **The Canterbury Shoppe**, **TT Patton** and **Tina Han Gallery**. Looking for one of a kind jewelry? Visit **one in a blue moon**. Planning a vacation or a getaway weekend? Talk to the experts at the **Travel House**. Stop by or make an appointment to speak to the experts at **AG Edwards**. Looking for a new you? **The Sanctuary Salon and Spa** can assist you with a look that is just for you, with manicures, pedicures, massages, facials and much more. Complete your shopping experience with lunch or dinner at Barrington's landmark restaurant,

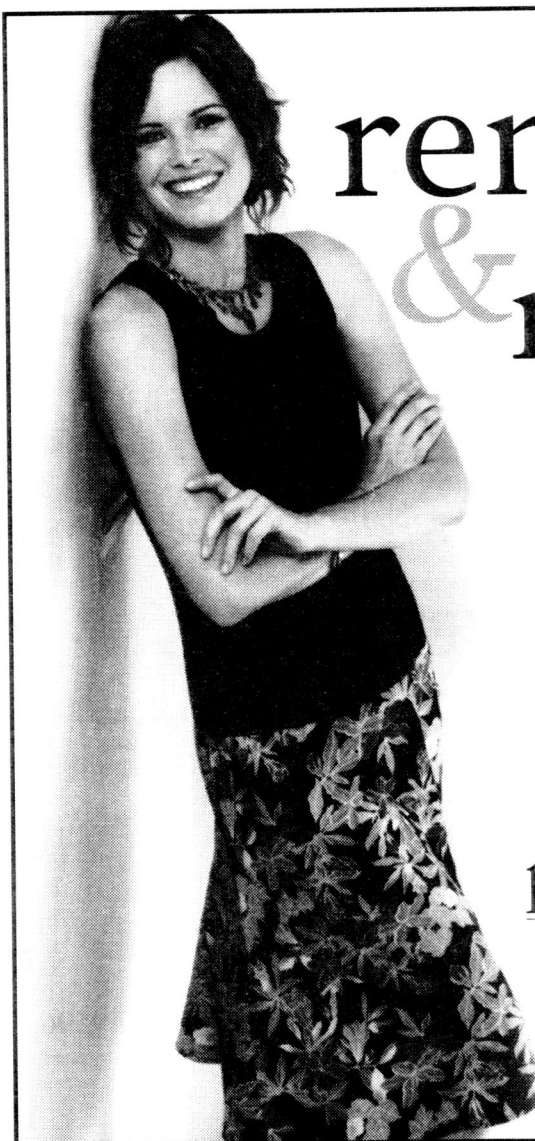
(Please continue on page 16)

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February 1 - 15



LOOK FOR ITEMS WITH THE RED HOT TAG

at these Village Shops

Accessories by Lauren, The Canterbury Shoppe, Filly's, Learning Express, once in a blue moon, peter daniel, TT Patton, Savvy Spirit, Savvy Casual, The Sanctuary Salon & Spa, Tootsies, Tina Han Gallery, Tommy-Terri, Young Tootsies



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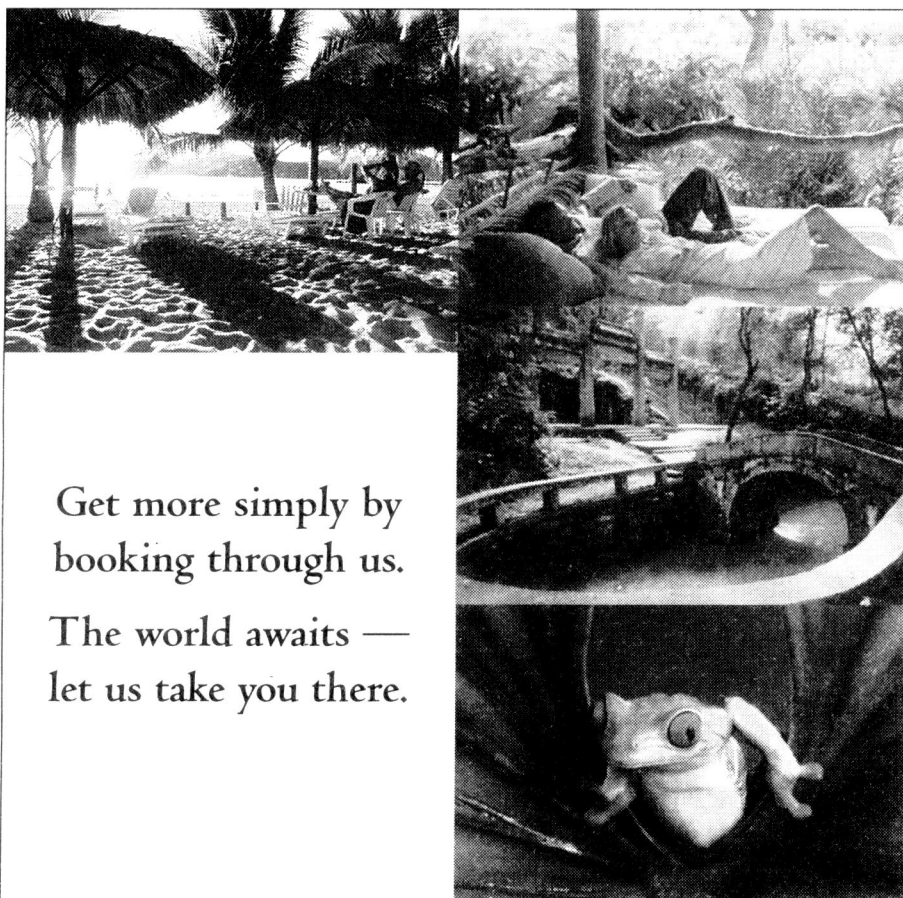
Tootsies

Apparel ~ Accessories ~ Footwear

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ICE HOUSE MALL
VILLAGE SHOPS & CHESSIE'S RESTAURANT



A Big "Thank You Barrington!" from Tootsies

We've enjoyed eight wonderful years here and will cherish each and every one of them. Many of you have become friends, and we hope that you will help us stay in touch. We would also like to thank all of our co-workers; without them, we could not have succeeded. They are a wonderful group and will soon reappear at other local businesses in town. In the meantime, please support your local merchants. They make Barrington a town, not

just a suburb.

We've moved back to Dallas, Texas, to be near our grandmothers, children and four grandchildren. But we will miss Barrington and Chicago. So please stop by the Ice House Mall and say goodbye to us and enjoy the fabulous bargains.

Goodbye and good luck!

—Nick and Patty Fletcher
and all of your friends at **Tootsies**

Barrington League of Women Voters Launches Child Care Guide

The League of Women Voters of the Barrington Area has launched a Barrington area child care guide, available through the league's Web site.

LWVBA collected information from nearly 30 preschools and child care providers in the Barrington area. Parents who are researching child care can access the site and get information on size of schools, types of accreditations, approach to child care and other issues. The league also plans to update the guide regularly.

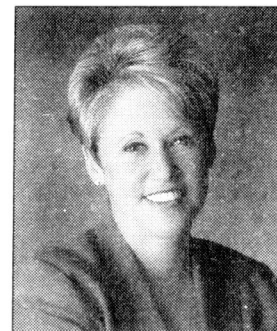
"Day care and preschool play an im-

portant role in both children's and parents' lives, and the availability and quality affect the entire community as well. We hope that a useful, concise list of day care options will help area parents make informed and thoughtful decisions about this important step," said Mary Anderson, the LWVBA member who coordinated the survey.

To access the guide, visit www.LWVBA.org/child.htm. For more information, contact Anderson at 1-847-381-9213.

Aloha, Hawaii

by Eleanor Nelson



Always wanted to visit Hawaii? Dig your flip-flops and snorkeling gear out of the closet. This is the time to go to Hawaii! Can you name the five islands to visit? Whether it's by land or sea, Hawaii is the perfect place to plan an intimate getaway, family reunion, or the best honeymoon ever!

To make your trip carefree, **Travel House** has explored all aspects of travel to and among the islands preparing your way. We offer an array of accommodations, in many categories to meet your particular needs. Our staff will schedule and coordinate flights to take you there, hotel accommodations, ground transportation to meet you and a car to enjoy once you're settled.

Once you reach your destination we can coordinate activities such as golf, hiking, bicycle rentals, catch and release fishing, scuba and windsurfing lessons and ocean or river kayaking. An authentic Polynesian luau, restaurant reservations, sunset catamaran cruises, whale watching

and other unforgettable experiences can also be arranged for the perfect evening out.

Travel House has remained a leader in the travel industry for 38 years. We have an unwavering commitment to giving our clients nothing but the best—and it shows! We offer special services which set us apart from our competition and this keeps our clients coming back year after year.

Call us today and find out more about affordable Hawaii.



The Ice House Mall

(Continued from page 15)

Chessie's.

The Ice House Mall is conveniently located on Applebee Street in downtown Barrington off of Lake Cook Road/Main Street next to the Jewel shopping center. Our Village Shops offer a variety of unique and exceptional gift ideas for our loved ones this Valentine's Day. Mall Gift

Certificates are always available and make a wonderful gift. Mall hours are Monday through Friday, 9:30 a.m. to 5:30 p.m.; Thursdays, 9:30 a.m. to 8:00 p.m.; Saturday, 9:30 a.m. to 5:30 p.m.; and Sunday, noon to 4:00 p.m. For more information, call **1-847-381-6661**.



For Your Daughter's Special Day

Tommy Terri has the perfect communion dress and veil for your daughter's special day. Featuring styles by Cheri, Lito, Fanci-Fanci and Letoile. A selection of sizes and styles available or special orders can be taken.

For a beautiful selection of communion dresses and veils as well as other children's fine clothing, visit **Tommy Terri** in the Barrington Ice House Mall.



Valentine's Day is Coming

Treat Your valentine to a Chocolate Hot Stone Massage or try our Chocolate Hot Stone Sanctuary Facial. Enjoy the warmth of the stones. You'll experience a deeper relaxation, feel refreshed, and have increased energy levels.

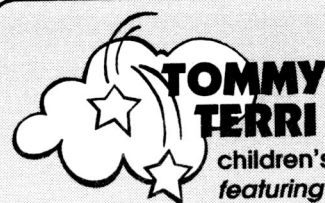
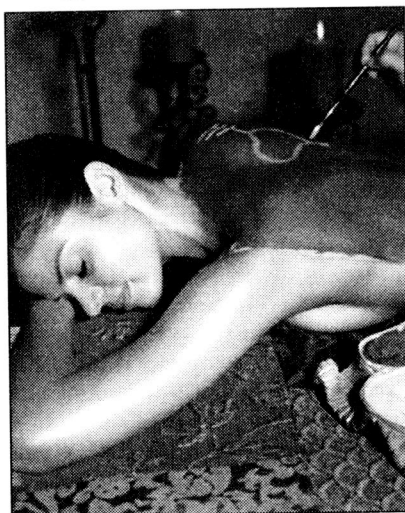
For massage, try our specials scents, including chocolate mint, chocolate cake, chocolate cherry and chocolate raspberry.

For our facials, we offer champagne, raspberry, chocolate surprise or mint & rose scents.

Receive **20% off** these services for the month of February.

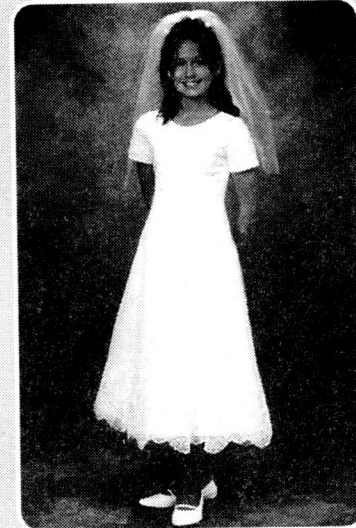
Other services we offer: body wraps, waxing, ear candling, nails, paraffin treatments, hair, make-up and salt glo.

Gift certificates are available.



*The perfect
communion dress and veil
for your daughter*

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Valentine's Day is Coming

Receive 20% off All Services*
in February

*Body Wraps, Waxing,
Ear Candling, Nails,
Paraffin Treatments, Hair,
Make-Up, Salt Glo

Gift Certificates Available

Not valid with any other offer.



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Barrington Junior's "Still Swinging at 70!"

The Barrington Junior Women's Club is thrilled to announce they are turning 70 years old this year!

In honor of this huge accomplishment within the Barrington community, they are having an anniversary gala titled "Still Swinging at 70" on Saturday, March 11, at the Chicago Marriott Northwest in Hoffman Estates. This exciting night will consist of dinner, dancing, games, prizes and an elaborate live and silent auction.

BJWC is a group of women committed to enhancing the community by providing philanthropy and community service through camaraderie and volunteerism. Throughout the 70 years, the hard-working group has raised money at major fund-raisers which have helped them run important programs in the community as well as fund organizations that make a difference every day.

This year alone, BJWC has made a significant contribution to NISRA's universally accessible tree house project; has made a large donation towards a new family waiting area in the new emergency department at Good Shepherd Hospital; and has launched the I-SAFE Internet safety training program in conjunction

with the Barrington/Inverness police department.

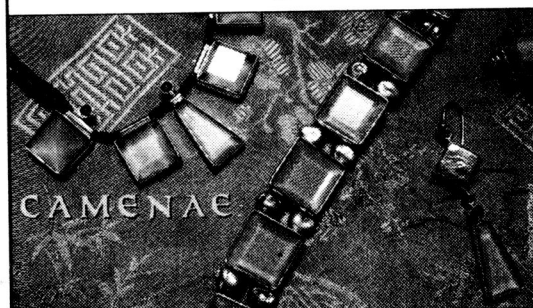
Last June, they granted more than \$100,000 to organizations such as BHS scholarships, the American Cancer Society, the Barrington Area Arts Council, the Barrington Council for the Aging, Barrington Giving Day, YMCA, Beds for Kids, Barrington High School PTO, Clearbrook, Cowboy Dreams, Home of the Sparrow, Hospice, Jeffery Pride Association, PADS, La Casa, WINGS, NISRA and Wellness Place. BJWC also provides hundreds of community service hours to Barrington events and organizations such as the Barrington Brat Tent, the Wellness Place Prostate Walk, the Hospice Duck race, PADS and Giving Day.

To join in on all the fun the upcoming year, tickets for their 70th anniversary "Still Swinging at 70" are available via their Web site at www.bjwc.org or by calling 1-847-622-3838. The price will be \$125 per person if purchased prior to Feb. 15 or \$150 after that date.

If you are a business interested in becoming a sponsor or an auction donor, please contact Doreen Colletti-Muhs at mdmuhs@hotmail.com.

Earrings...Necklaces...Bracelets...Belts...Wraps... Purses...Sunglasses

Our transition to an accessory store is now complete! We're excited about all our new merchandise and can't wait for you to see it. Stop in to find the perfect accessory to spice up your new outfit. Our Spring accessories are arriving daily.



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Barrington • 847.381.0715

*Accessories by
Lauren*

BACOA Seminar to Address "Taking Away the Keys"

One of the hardest jobs a caretaker can face is convincing a person with dementia to stop driving.

The Barrington Area Council on Aging and the Barrington Area Library are sponsoring "Taking Away the Keys," an insightful seminar that will give suggestions and guidance to caregivers dealing with this difficult task.

The seminar will be held Wednesday, March 1, from 7 to 9 p.m. in the Zimmerman Room at the Barrington Area Library,

505 N. Northwest Highway, Barrington.

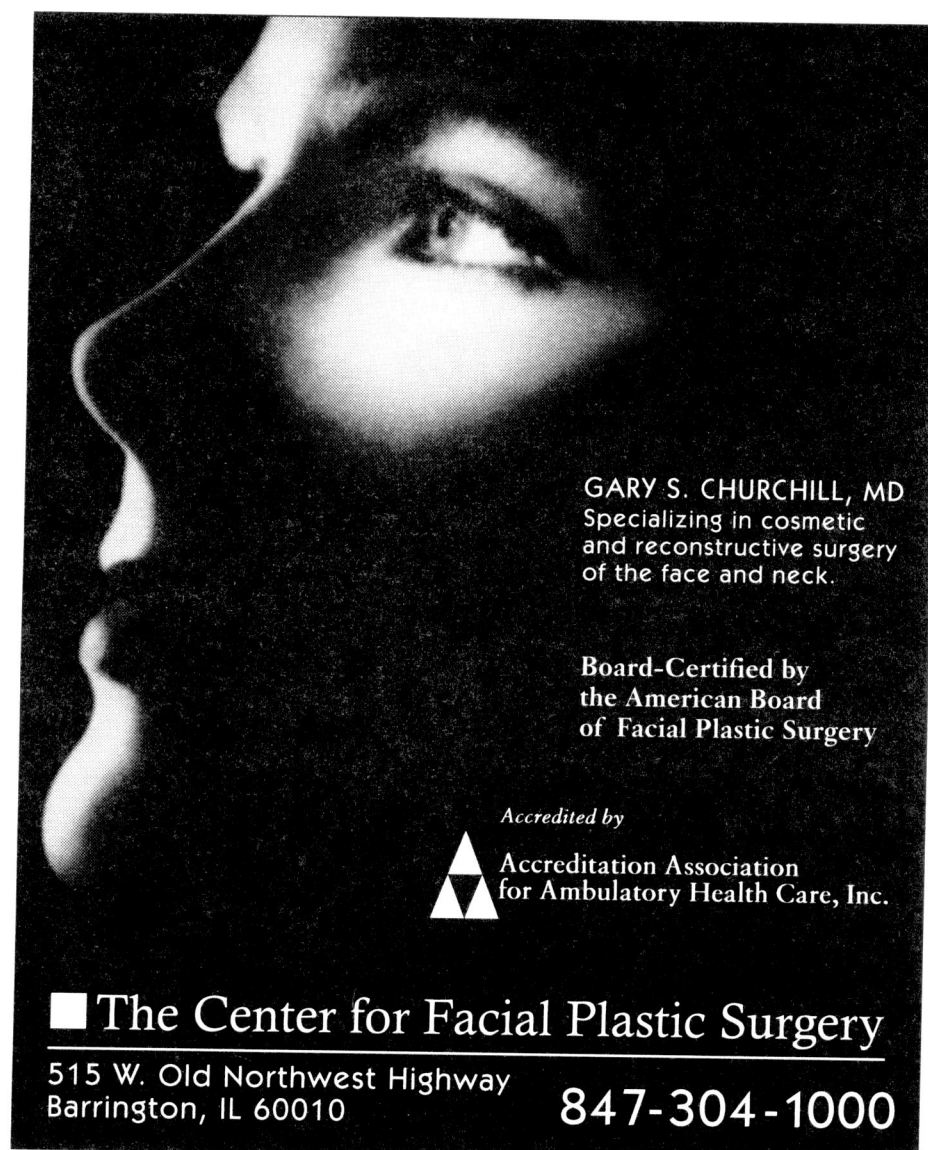
Speakers will include Catherine Prusko, associate director of program services for the Greater Illinois Chapter of the Alzheimer's Association; Dr. Denise Fiducia, clinical psychologist with Advocate Lutheran General Hospital in Park Ridge; and representatives from Alexian Brothers Hospital's Driver Evaluation Program.

For more information or for registration, call Penny LeNeveu at BACOA at 1-847-381-5030.

To learn more about this great group of dedicated ladies, please visit their Web site


or come to their Feb. 7, 2006, meeting at 7 p.m. at the Barrington Park District.

Barrington LIFESTYLES February 2006 17



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Barrington United Methodist Church's Missions Ministry in Action

The Missions Ministry of Barrington United Methodist Church wishes to thank the community and the church's members for their generosity this Christmas season!

- A record \$2,800 was spent at the church's "Ten Thousand Villages Craft Sale," which aids third-world villages by selling its handmade goods. The proceeds are enough to support one family for a year! Ten Thousand Villages is a Christian organization that pays artisans in the developing world a fair price for their goods and then sells them here in the United States. They have retail stores in Evanston and Glen Ellyn and many other locations throughout the country.

- Two hundred special gifts were purchased for inner-city children through the United Methodist social service agencies, Marcy Newberry Association and Child-Serv in Chicago. Barbara Bond of Barrington tirelessly computerized all of the details of this vital project!

- The "Treats for the Troops" project, under the direction of George Gill of Barrington Hills, collected a massive load of candy, gum and other treats to fill eight boxes, as well as telephone cards, which were mailed to the soldiers on Nov. 3!

- The Heifer Project ornament sale, coordinated by Antonia Jenks and Linda McGill of Barrington, was a grand success! By purchasing adorable sheep ornaments in honor of loved ones and friends, donors helped buy everything from flocks of chicks to heifers for developing countries. Heifer Project International is a Christian organization that supplies livestock and agricultural training through missions around the world.

Barrington United Methodist Church is located at 98 Algonquin Road (at Route 59) in Barrington. For more information about its Missions Ministry, please call 1-847-836-5540. Visit the church's Web site at www.Barrington.UMC.com.

New "Mommy and Me" Group

There's a new, exciting opportunity for mothers of young children! A monthly "Mommy and Me" gathering will occur on Thursday, Feb. 9, in the nursery of Barrington United Methodist Church, 98 Algonquin Road (near Route 59) in Barrington.

From 9:00 to 10:30 a.m., children from birth to 5 years old and their mothers or

caregivers are welcome to attend! The gatherings will have a monthly Bible-story theme and will include songs, stories, simple crafts, snacks and playtime! Coffee will also be provided. Come join us!

For more information, call Tricia Elliott or the church office at 1-847-836-5540. Visit the church's Web site at www.BarringtonUMC.com.

Facial Plastic Surgery, Looking Your Best

by Gary S. Churchill, MD

Eyelid Surgery

"The eyes are the windows to the soul!" Eyes are one of the most expressive features we have and reveal a lot about us. Subtle changes in their appearance let people know if we are happy, sad, well rested, or tired. We are able to "read" people and at the same time be "read" by others through our eyes. Many have found that an energetic, youthful appearance can enhance others' perceptions of their performance at work. If their eyes look half closed due to excess upper eyelid skin or have "bags" beneath them because of excess fat bulging from beneath the lower eyelids, the overall appearance is one of tiredness and lack of energy. Even when they get plenty of sleep they can still look tired. Many people just feel younger than they look and would like to improve their overall appearance.

These are some of the reasons that a large portion of the cosmetics industry is devoted to enhancing the appearance of our eyes; through makeup, anti-aging and rejuvenating creams. Cosmetic companies realize that a first step in improving our looks is to improve the look of our eyes.

How Do the Eyes Change as We Age?

The effects of aging are usually seen first in our eyes. As we get older the skin of the upper eyelid tends to increase and become redundant. This can hide the smooth skin just above the eyelashes where women wear eyeshadow. If enough excessive skin forms, it can actually hang over the eyelashes and obstruct vision. There can also be bulging of fat from behind the eyelid, causing a fullness or discreet bulge in the middle corner of the eyelid.

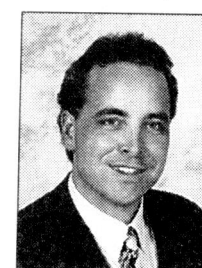
In the lower eyelids the first sign of aging normally seen is a bulging of the orbital fat creating the puffiness most people refer to as "bags". This is caused by a relaxation of the septum, a membrane beneath the eyelid muscles, which allows the fat of the eyesocket to bulge out beneath the skin. This relaxation is a normal consequence of aging but can occur in young people as a family trait. As pressure is applied to the closed eye one can see this bulge increase. Excess skin of the lower eyelid can also form but not usually to the same degree as in the upper lid.

What Can Surgery Accomplish?

In the upper eyelid excess skin is removed to allow a smooth contour when the eye is gently closed. When the eye



Stacie McClane, MD



Gary Churchill, MD

opens this results in a normal crease approximately 7mm above the lash line. Excess fat, if present, is removed with the skin to reduce the fullness of the upper eyelid. The incision line is closed precisely at the crease to hide it during the healing process. Eyelid skin heals very rapidly. Special techniques are used in Asian eyes and selected others to create a more prominent crease.

In the lower eyelid an incision is made just beneath the lashes or in selected patients on the inside of the lower eyelid. The excess fat, which is contained in three separate compartments, is then removed. Any excess skin is removed taking care not to place too much tension on the lower eyelid.

An upper and lower blepharoplasty can be performed together or in combination with other facial rejuvenation procedures such as a facelift or rhinoplasty. The eyelids can also be improved in certain individuals with chemical peeling and/or brow lifting. The need for these are determined at the preoperative consultation.

Where is Surgery Performed?

Eyelid surgery is most often performed in our office surgical suite, however if preferred, surgery can be performed at a number of different hospitals or ambulatory surgery centers in the area.

What is the Recovery Period?

Dissolving sutures are used in the lower eyelids and do not have to be removed. Nonabsorbing sutures are normally used in the upper eyelids and are removed on the fifth postoperative day. Makeup can be worn the day following suture removal and most people return to work at this time. There can be swelling of the eyes for one to two days following the operation which might interfere with vision so we recommend not driving until the swelling is down. After this most people can easily be out in public with sunglasses. Any bruising that occurs fades in the first 7 to 10 days. Makeup can conceal this after the second postoperative day.

Village Church of Barrington to Host Katrina Relief Auction

As the need for food and supplies continues to be a very real need in the Hurricane Katrina-affected areas, the Village Church of Barrington is hosting an auction to raise funds to purchase food and supplies for Trinity Church in Covington, La. (near New Orleans). Trinity Church has set up a store at their church, offering free food and supplies to Hurricane Katrina victims.

Please join us on Feb. 25, at 6 p.m. for hors d'oeuvres, dessert, jazz music, and a

silent and live auction. Auction items will include tickets to White Sox and Cubs baseball games. Tickets are \$10 to cover the cost of food; all remaining monies earned will be used for the supplying of the store at Trinity Church in Covington. Please call 1-847-540-8532 for further details or to donate an item or service for the auction. Village Church of Barrington is located at 1600 E. Main St. in Barrington, 1-847-381-5221.



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Trunk Show

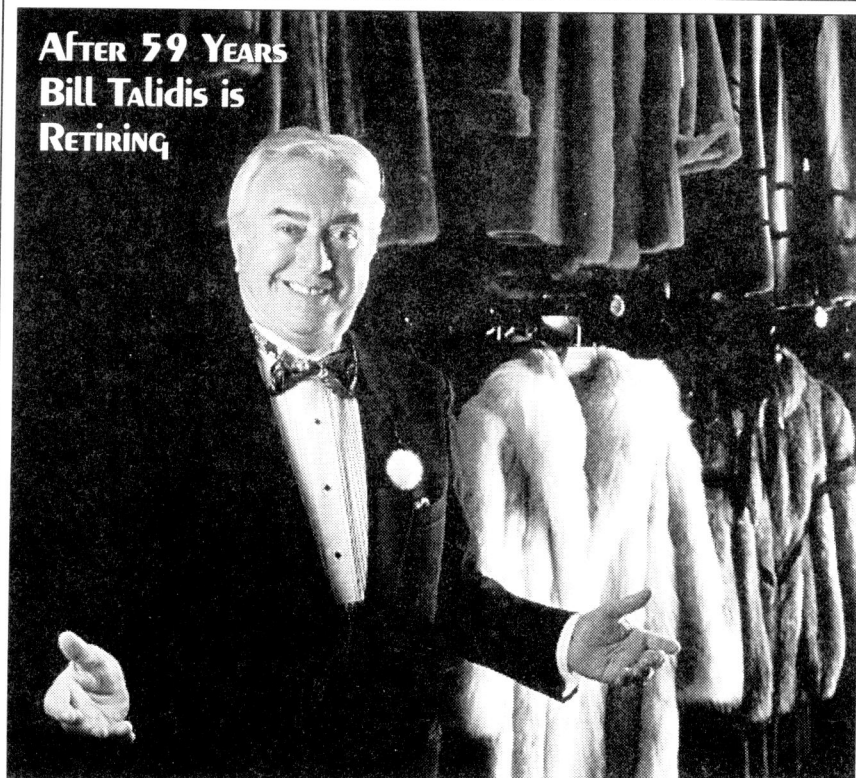
February 10-12, 2006

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Over 50 First Communion dresses!

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At the conclusion of the sale, Bill's daughter Vanessa will continue to serve you with the same excellence and tradition.

Exquisite First Communion Dresses at Our Us Angels Trunk Show

With a winter chill still in the air, it's hard to believe that First Communion time is just around the corner. Which means that the staff at **Britches n' Bows** is busy preparing for our **Us Angels Trunk Show**. Us Angels is one of the premier First Communion dress designers in the country. With over 50 "must-see" dresses to choose from, you are sure to find that perfect dress for your little girl's very special day.

From silk to satin, organza to taffeta—no matter how discriminating your taste, you will find a picture-perfect dress at **Britches n' Bows**. We have a style to suit every little girl. To coordinate with all our beautiful dresses, we also will be featuring Us Angels' full line of headpieces, satin gloves, shawls and purses—everything she must have on her special day.

If you are looking for that unique gift to give a special someone for their First Communion, something they will cherish forever, we carry a stunning line of pearl jewelry from Simply Tiffany Taite, Julia Roberts' and Courtney Cox's choice of jewelry for their little girls. We also have a large collection of Lladro's available.

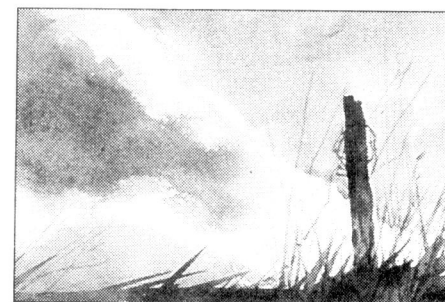
Please stop in for our **Us Angels Trunk Show** on **Feb. 10, 11th and 12th**. We will be open on Sunday the 12th from 11 a.m. to 2 p.m. We are truly excited to help you put together a stunning ensemble for your beautiful little girl's First Communion. Start creating memories that will last a lifetime at our first annual Us Angels Trunk Show. Please call with any questions or to set up an appointment for our trunk show at **815-477-7426**.

"Paintings of Color" Exhibit

Artistic Bits Arts Center & Gallery in historic East Dundee announces "Paintings of Color," an exhibit of watercolors by Michael Ireland and paintings by Eric Lee from Feb. 17 to March 25. The exhibit also features functional art, ceramics, glass, jewelry, pottery and more.

Michael Ireland is primarily known and cited for his use of color and bold simplicity. He invites the viewer to share his love of nature, rural America and simple pleasures through the experience of his paintings. Whether it is the fleeting light across a prairie or the sunrise breaking across a table through pane windows, his paintings depict familiar and ordinary scenes with extraordinary results. He has participated in the creative process for over 25 years as a watercolorist, musician, muralist and art director for multimedia and film.

Eric Lee's approach to painting reflects his philosophy about aesthetics in general, that the key to what works and what doesn't lies in the transitions. The effective juxtaposition of what may seem to be conflicting or incompatible colors may lie in the way they blend, how one handles



Against the Wind,
watercolor by Michael Ireland

the segue. For his evolution as an artist, his work, both in terms of his paintings and his functional art pieces, is an outgrowth of his experience. The majority of his adult life has been spent in some way related to the built environment. During that time, he was fortunate enough to be exposed to a wide range of interpretations as to what constitutes good design. It wasn't until he began painting that he realized how deeply he had internalized the effect of color as part of the overall design process.

The opening reception will be Saturday, Feb. 18, 1 to 3 p.m. The event is open to the public. Light refreshments will be served.

Other exhibiting artists through March 25th include Susan Dyer, Wis.; Dwight Crane, Rantoul; Silly Sisters Pottery, Naperville; Jenny Steinman, Chicago; Lisa Williams and more.

In addition to the gallery, also visit the Artistic Bits Antiques and Finds in the lower level.

Artistic Bits Arts Center & Gallery is a nonprofit arts organization that provides both professional and aspiring artists a center to display and sell their work, attend workshops, network and obtain information. Artistic Bits also presents special events throughout the year.

For more information, call 1-847-844-8140 or visit the center at 316 N. River St., East Dundee, IL, 60118. Take Route 72 to River Road. Hours are Tuesday, Wednesday and Thursday, 11:00 a.m. to 6:00 p.m.; Friday, 11:00 a.m. to 5:00 p.m.; Saturday, 10:00 a.m. to 4:00 p.m.; and closed Sunday and Monday.



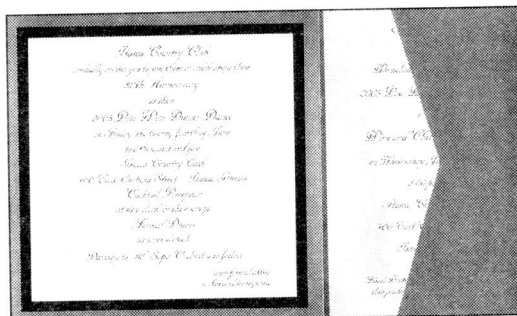
Barstockzapped, painting by Eric Lee

The FOUNDRY of BARRINGTON

Do You Hear Wedding Bells?

Visit **Little Shop of Papers** for your special day. From simple to traditional to sophisticated, we can find something to suit every bride and groom. Let our experienced staff guide you through this important wedding decision. Every wedding invitation order receives **50 free monogrammed thank-you notes**. *Appointments are not necessary but are appreciated.*

Little Shop of Papers is located in The Foundry at 740 W. Northwest Hwy. Open Monday through Saturday, 9:30 a.m. to 5:30 p.m. Open until 6:00 p.m. on Thursdays. Call **1-847-382-7733** for more information.



Featuring Elegant Affairs—
Custom Invitations by Gina

Spring Fashion at Satin Filly

We made it through our **3rd Annual Early Bird Sale**. We were open at 6:30 a.m. It's really a lot of fun and everyone appears in good spirits for the great bargains! We still have some good pieces—if it's your size, it's a terrific savings. So please stop in and take a look.

The store is taking on its spring look, as the colors become lighter in color and weight. At the moment, we have lots of 'take away' clothes in linen and gauze and, of course, the rage this spring—jerseys. Everyone who is not walking four-to-five miles a day will want "Spank" (which we have!) to wear under all their

matte jersey.

Satin Filly has a wonderful assortment of belts right now for all those jeans and long tunic tops you bought last season.

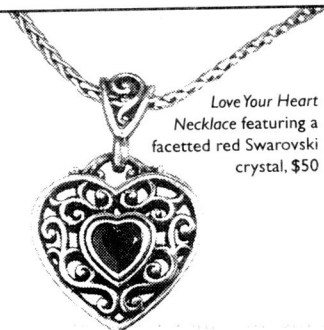
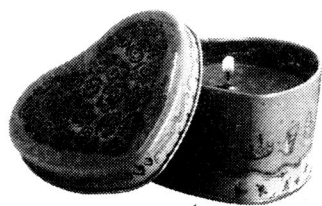
The end of February will bring our **Yansi Fugel Spring Trunk Show**. Yansi outdid herself this season. Her collection is better than ever; please stop by for a look. The actual dates are **March 2 to the 4th**. If you'd like more information, give us a call at **1-847-381-1019**.

Can you believe winter is almost over? Take care, stay healthy and happy, come visit **Satin Filly** at The Foundry.

—Karen

Two Heartfelt Offers...

Lift up your heart with this exclusive candle (a \$24 value). It's our special gift to you with a Brighton purchase of \$100 or more. (Quantities limited; one gift per customer.)



Love Your Heart
Necklace featuring a
faceted red Swarovski
crystal, \$50

Brighton is donating \$5 from the sale of this limited edition necklace to the **American Heart Association's Go Red for Women movement**. We also have the heart charm bracelet featuring the Red Dress symbol from Brighton!

G. Whiz

Brighton.

724 W. Northwest Hwy.—The Foundry • Barrington
847-304-0255 • Hours: Mon-Fri 10-7 Sat 10-6 Sun 11-5

Chelsea Flower Show Focus for Garden Club

The Four Seasons Garden Club meets at 9:30 a.m. on the first Tuesday of each month, September through June. The meetings are usually held in a member's home or at the Barrington Library. Meetings typically include a social coffee, visiting among members and guests, a short business meeting, and a presentation or demonstration concerning some aspect of gardening and gardening interests. For further information regarding the club or its activities, please contact Lenore Law-

rence at 1-847-381-2883.

The meeting on Feb. 7 will be held at 9:30 a.m. at the Northern Trust Bank, located in The Foundry Shopping Center at the intersection of Northwest Highway and Hart Road in Barrington. Member Diane Hunter will present a slide program and lecture on the topic, "The Glorious Chelsea Flower Show And The Gardens That Inspire It." Guests or visitors are welcome.

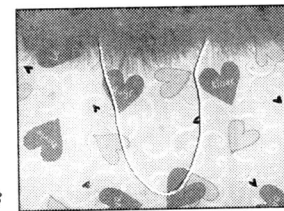
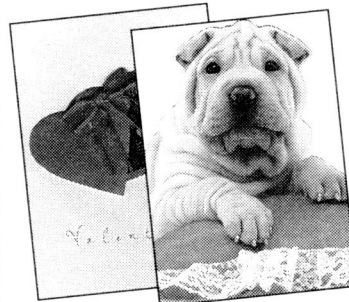
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Valentine party invitations, too!

Gifts galore and gorgeous wrap, ribbon and bags will complete your Valentine shopping!



Little Shop of Papers, Ltd.

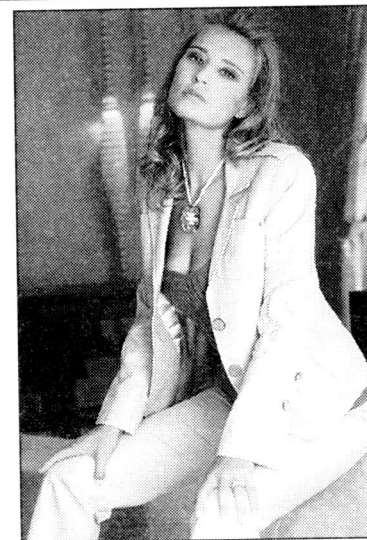
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Taking On A Spring Look

Satin Filly

WOMEN'S CLOTHING

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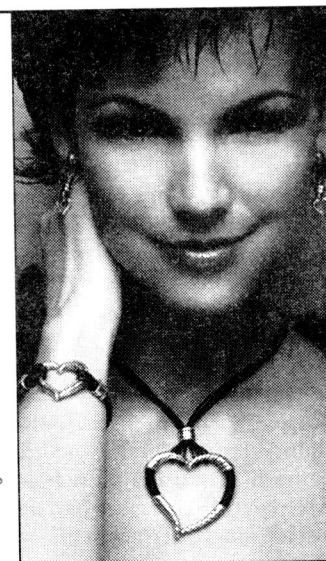
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Perfect gifts for the one you love!
See our **HUGE Brighton** collection!

G. Whiz

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Little Sisters of the Poor to Host Spaghetti Dinner

The Little Sisters of the Poor at St. Joseph's Home for the Elderly will host their Annual Spaghetti Dinner on Thursday, Feb. 9, from 5 to 8 p.m. Tickets for the event are \$10 for adults or \$5 for children up to 12 years of age and will be available at the door. The menu will include all the pasta you can enjoy, several different types of sauce, salad, and freshly baked breads and rolls. Cake and coffee will be served for dessert.

Funds raised for the event will assist the Little Sisters in their ministry to care for the aged poor.

St. Joseph's Home is located at 80 West Northwest Highway in Palatine. Reserva-

tions are not necessary but would be appreciated. Call 1-847-358-5700 for tickets or questions.

The Little Sisters of the Poor at St. Joseph's Home are a 501c3, not-for-profit organization. The Little Sisters are committed to serving the needs of the elderly poor regardless of race, creed, sex or nationality. They offer a loving home, a family-like atmosphere, care, compassion and respect, while striving to meet the individual, physical, social, spiritual and emotional needs of the residents and helping them to maintain their sense of dignity and self-esteem. For more information, visit www.LittleSistersHome.org.



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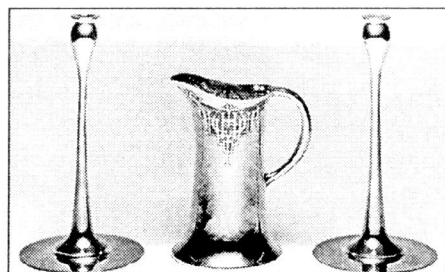
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Prairie-Style and Arts-and-Crafts Period to be Discussed

Frank Lloyd Wright revolutionized American residential architecture during the early 20th century when he turned away from the prevailing Victorian style and introduced open floor plans, horizontal lines and homes that complemented their natural surroundings. Wright popularized what came to be known as the "prairie-style," based on the title of an article he wrote for the *Ladies Home Journal* in 1901.

The Chicago Arts and Crafts Movement, founded in 1897, flourished during the ascension of the Prairie School of Art and Architecture. But several factors influenced the artists and craftsman working in and around Chicago at this time. Many captured the cleaner, less-confining lines identified with the prairie-style, but other influences also prevailed, ranging from the Gothic to the Japanese tradition.

For the second topic of the Seminar Series sponsored by the Barrington/Northwest Community Associates of the Art Institute of Chicago, the lecture will focus on the overlapping styles evident in the arts and crafts during this vibrant period. On Thursday, Feb. 16, Jane Clarke will present a program titled "Arts and Crafts in Chicago: From Hull House to Ragdale." Jane Clarke has been a member of the Art Institute's Department of Museum Education since 1971. In 1988, she became asso-



Accessories Reflecting
Arts-and-Crafts Movement

ciate director of the department in charge of a division now called communications. Her responsibilities included administrative work and editing all museum education publications. Although recently retired, she continues to lecture for the Education Department and works as a free-lance editor.

Ms. Clark's program on Feb. 16 will be held at the Barrington Area Library, 505 N. Northwest Highway, Barrington, and will begin with refreshments at 12:30 p.m. followed by the lecture at 1:00 p.m. The fee is \$15, and guests are welcome. To register for this event, contact seminar chair Betsi Orr: 330 Mallard Point, Lake Barrington Shores, Barrington, IL, 60010, 1-847-381-2863. Advance registration is preferred. Make checks payable to The Art Institute of Chicago.

What's So Special About Our Children's Portrait Special?

"The children. It will always be about the children."

Dear Readers,

Best wishes for a very happy new year. It's hard to believe a month in this new year has already flown by, which means it's finally time to quit those silly New Year's resolutions. All kidding aside, February is always a very busy month around here. In just over four weeks we will say good-bye to this year's annual children's portrait special until next year. If you are a procrastinator like me, it's time to step up and make the call now.

What's this lump in my throat all about?

I've had the privilege of photographing children professionally for almost 30 years. Yes, I started doing this at about age seven! It's been more than fun watching children, in many cases, go from toddlers to getting married and having kids of their own... talk about coming full circle! The funny thing is, it only seems like yesterday when I started this whole thing. Your little ones are your most precious gifts. Sure, it's not always easy raising them. It takes a lot of patience, sweat, tears and love of another kind. One other thing that is not always easy for parents is seeing them grow up. A number of our clients make their annual pilgrimage for portrait updates of their children. There comes an

age of a child when a parents experience a profound **"lump in their throat."** It's when they view the portraits of their children, only to realize they are not little children anymore. Unfortunately, there is no cure for this symptom.

Getting the lump to subside.

Since the lump will recur periodically when viewing portraits of your children it is very important to "capture this moment in time" It's sounds so cliché, but it's true. Do yourself and your children a favor by having their portraits made on a regular basis. The next time you experience "the lump", it will be comforting to know you have a glimmer of the past preserved in a one of a kind Buschauer portrait.

As always, I appreciate your business. Hope to see you soon.

Sincerely,
Al Buschauer

Detail:

- Children must be between ages 3-15 years old.
- 10% off on the portrait order when ordered at time of initial viewing appointment
- Sessions only \$75 (normally \$175)
- Call 1-847-382-8484

Capture Their Heart and Soul This Valentine's Day

When was the last time you took time out for yourself, or when was the last time that special someone took time out for themselves? Step into a world of timeless elegance and affordable luxury... step into **The Woodhouse Day Spa**.

St. Valentine's Day is just around the corner, and it is the perfect time to treat yourself or to remember that someone who always seems to give and never takes time for themselves. Treat everyone on your valentine's list with a gift card

from **The Woodhouse Day Spa**. We are a full-service day spa that offers over 70 different services, including massage, facials and pedicures. To make it easy on you, we offer gift card purchases over the phone and online, where you have the option to select an instant gift card. Visit our Web site at **woodhousespas.com** for more information on our spa and our services. To order gift cards, click on the "Algonquin" link and then click on the "gift card" link.

Field and Flower Garden Club of Barrington February Meeting

Your trees and shrubs are not asleep but preparing to burst into bloom and leaf, some as early as next month. It may be cold and snowy, but winter is an excellent time to think about and plan for that one landscape maintenance task that stymies many gardeners—pruning!

Appropriate for a February meeting, Field and Flower Garden Club's guest speaker on Wednesday, Feb. 1, at 7 p.m. will be Mel Zaloudek, a Triton College horticulture instructor. The program, "Proper Pruning of Woody Ornamentals," will address the aesthetic goals and techniques involved in pruning trees and shrubs.

Has your forsythia nearly stopped blooming? Flowering crab apples out of control? Did you notice damaged and dead branches in your trees last autumn after leaf drop? Do you know when to shape your spruces by snipping off growth tips? When is the best time to shear your yews? What do you do with

a tangled row of grapevines? Do your lilacs have a few blossoms high on spindly branches? Have you ever been tempted to cut off an old shrub at ground level in the hope that it would rejuvenate itself?

Your pruning chores may be handled by a tree service, but it makes excellent sense to be aware of the optimum timing, technique and goals for pruning the valuable trees and shrubs in your landscape.

For over 45 years, Field and Flower Garden Club has been a part of the greater Barrington area. Its membership includes novice gardeners as well as those very knowledgeable in growing, landscaping and design. Meetings are typically held on the first Wednesday of each month in private homes or at the Barrington Area Library and include a program, a short business meeting, refreshments and always time to ask myriad gardening questions. For information, please call 1-847-358-7785.



What's Happening at Starr Couture

This is your final chance to save on the finest European winter fashions. We have taken **drastic reductions up to 80%** & more to make room for our Spring shipments coming from Europe. Most items are priced under **\$99** with many items from **\$19 to \$49**. If you have never been in our store now is a good time to stop in. This is the only time we bring all the merchandise out on the racks. If you are planning a wedding call us about our **Mother of the Bride** and **Mother of the Groom** dresses not found in other stores. Looking forward to seeing you soon.

—Starr



Starr Kondos, Owner

Chers Amis...

D & J Bistro and its owners/managers do not claim they have in their power to turn anyone into a "romantic." But, if you're looking for the right setup to express your romantic side, then—and only then—should you come and celebrate **Valentine's Day** here, amongst 300 red, pink and white balloons that turn our cozy bistro into what I like to call "Cupid's Loft". We will have a special "romance menu," our regular menu, our traditional "Grio Kir" offered at a mere \$4.50—all available **Sunday, Monday and Tuesday, Feb. 12, 13th and 14th.**

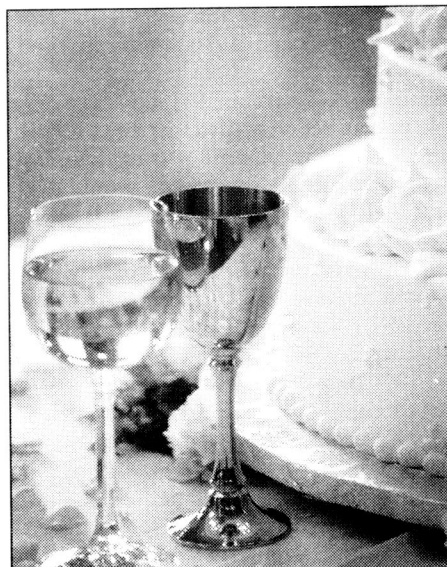
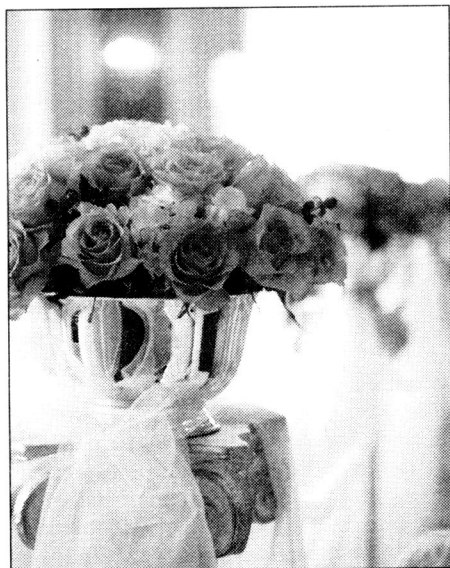
Another date to mark on your calendar is **Sunday, Feb. 19**; at 5 p.m., we will introduce you to the beautiful region of France, "**Alsace, the Wine Road to the French Alps**," through slides, narration, anecdotes and a regional dinner featuring the famous "Choucroute"—\$54.50 all inclusive (food, wine, tax, gratuity). It's a great way to spend a winter evening!

One more thing: we will accommodate wedding parties on any Sunday, up to 150 people. Contact us for details.

Thank you for reading me, and be well!

—Dominique

Year 2006 Chicago's Magnificent Bride Show



Chicagoland's premier wedding professionals combine forces every year to create "Chicago's Magnificent Bride." This lavish bridal-planning seminar and fashion show showcases the finest wedding service providers available in Chicago.

This year's spectacular show, sponsored by **Stuart-Rodgers Photography** in Chicago, will be held **Sunday, Feb. 19**, at the Drake Hotel Chicago, 140 E. Walton Place.

Powerful Tools Class Helps Caregivers Help Themselves

The Barrington Area Council on Aging will begin its next six-week "Powerful Tools for Caregivers" class on Thursday, March 2, from 6:30 to 9:00 p.m. The class will be held at the BACOA office in the Prairieview Building at The Garlands of Barrington, 6000 Garlands Lane, Suite 100, Barrington.

The course is designed for the nonprofessional caregiver who is helping to care for a parent, spouse or friend who lives at home, in a nursing home or across the country. This program helps family caregivers reduce stress, improve self-confi-

dence, better communicate their feelings, balance their life, and enhance their ability to make tough decisions and to locate helpful resources.

The course, which will run through April 6, consists of six weekly sessions and is conducted on an ongoing basis throughout the year. The suggested donation is \$30 per person to cover the cost of materials and instruction, but no one is turned away due to inability to pay.

For more information or to register, please call BACOA at 1-847-381-5030.



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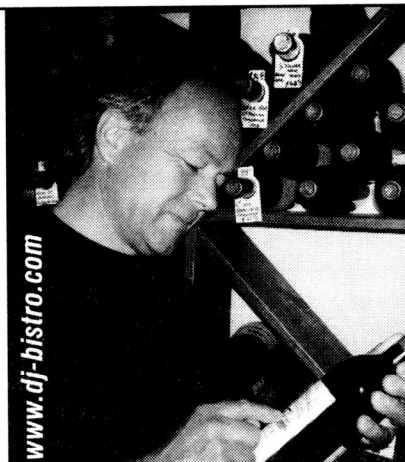
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February 12th, 13th, 14th
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Up to 150 for a Glorious
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1:00 - 4:00 P.M.

The Drake Hotel Chicago

140 East Walton Place

Tickets \$40 each (or 2 for \$70)

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Barrington Area Council on Aging Senior Activity and Lunch Programs for February

The Barrington Area Council on Aging's Monday lunch program is held at the Barrington Park District, 235 Lions Drive, Barrington. Games begin at 10:30 a.m.; lunch is served at noon.

• Monday, Feb. 6—We will play games and have lunch. February is National Heart Month; wear red to celebrate. The program will be announced.

• Monday, Feb. 13—In addition to games and lunch, Ms. Caryl Derenfeld of Across Generations will present a special

Valentine's Day program of music and games, including "Name That Tune," featuring music from the '30s, '40s and '50s.

• Monday, Feb. 20, Presidents Day—The Monday lunch program will be closed due to the Presidents Day holiday.

• Monday, Feb. 27—We will play games and have lunch. The program will be announced. February birthdays will be celebrated, and blood pressures will be taken by Diane Vos Hansen, BACOA social services coordinator.

Happenings!

in the area

"Venetian Carnevale" to Benefit Omni



Kildeer resident Janelle Osborne and Bruce Brown of Allstate Insurance are among the excited members ready to bring the magic and masquerade of the "Venetian Carnevale" alive to benefit OMNI Youth Services.

"Venetian Carnevale," an annual black-tie event benefitting OMNI Youth Services, will be held Saturday, March 11, at the Westin O'Hare in Rosemont. Over 300 friends, supporters and business leaders are expected to attend. The evening will include a lively auction, dinner, dancing and a performance by Reality, OMNI's

teen theatre ensemble.

Established in 1972, OMNI is the most comprehensive youth services agency in the Northwest Suburbs of Chicago, serving over 15,000 individuals each year.

Please visit www.omniyouth.org or contact Sarah at 1-847-353-1604 for event details and sponsorship information.

Art Associates to Tour Lyric Opera House

Attending an opera at the Lyric Opera House in Chicago is much more than just listening to beautiful voices and enjoying compelling music. The experience also includes admiring the magnificent costumes, the vibrant lighting and sound effects, and spectacular scenery.

Backstage tours at Lyric's Civic Opera House are available to the public only three times a year. But on Sunday, March 19, members of the Barrington/Northwest Community Associates will have the opportunity to tour the various departments that make up the backstage facility. These departments include the wardrobe department, wigs and makeup, scenery, armory room, props room, stars' dressing rooms, and others.

From the time that it was introduced as a new art form, opera has always had a complex relationship with the visual arts. The magic and grandeur expected on the baroque operatic stage influenced and was influenced by the art of painting. Subject matter, whether historical, mythological or poetic, was shared by both art forms. All this culminated in the 19th century with the ideas of composer Richard Wagner, who visualized opera as a "complete work of art" in which music, drama and visual effect would all serve a higher artistic ideal.

Today's operatic performances echo Wagner's vision; the visual effects are designed to integrate with the story and the music. Jeff Nigro, director of adult pro-

grams in the Department of Museum Education at the Art Institute, will focus on the historic development of the art forms as part of the operatic experience in a lecture he will present before the tour. Jeff Nigro has been lecturing on the Art Institute's collections since 1988 and became a full-time lecturer in 1993. In addition to lecturing at the museum, he has given preconcert lectures for the Chicago Symphony Orchestra, both at Symphony Center and at the Ravinia Festival. Jeff received the Art Institute Chairman's Award for outstanding service in 2003.

The fee for the trip is \$50. This event is limited to 50 BCA members, so do not delay! Reservations are due by March 1. Send checks to day chair: Patrice Bender, 27467 W. Flynn Circle Dr., Barrington, IL, 60010. Call 1-847-382-6415 for more information.

Schedule for March 19

Bus departs Langendorf Park parking lot at 9:45 a.m.

Lecture at Morton Auditorium, 11:00 a.m.

Box lunch at Lyric Opera House at 12:15 p.m.

Backstage tour of Lyric Opera House, 1:10 p.m.

Second group tour, 1:30 p.m.

Bus departs Chicago, 3:30 p.m.

Women's Club of Inverness 2006 Fashion Show Theme Revealed

"As Time Goes By: A Tribute to Romance, Elegance & Style"

Prepare to be dazzled by the romance, elegance and intrigue of the Bogie-and-Bacall era as the Women's Club of Inverness presents its 2006 fashion show and luncheon, "As Time Goes By: A Tribute to Romance, Elegance & Style," on April 21 at Stonegate Conference & Banquet Centre, 2401 West Higgins Road, Hoffman Estates.

Once again, we will offer our spectacular prize baskets, silent auction items and unique boutique items for your shopping pleasure. Stonegate Executive Chef Dan Schmika will prepare another one of his fabulous luncheons for us, and ZZAZZ Productions of Oakbrook will present elegant and exciting fashions in a beautifully choreographed show.

We hope you will mark your calendars and plan on joining us for a fun and fabulous fashion day out! For more information and reservations, please call Jay Kist at 1-847-358-6526.

The Shoe Box Express

The club established this wonderful program two years ago and continues to send packages to the soldiers in Iraq and Afghanistan. A list of needed items is available at your request. Also feel free to write a personal note or send a card thanking them for their sacrifice. If you would prefer to help with the shipping cost, a monetary donation payable to the Women's Club of Inverness will be specifically earmarked to be used for these boxes. For the list of items or further information, call Gert at 1-847-382-6006.

Luncheon and Program

Our monthly luncheon and program will be held Thursday, Feb. 9, at 9:00 a.m. at Rolling Green Country Club, Arlington Heights. The program will be "Millennium Park: From Ft. Dearborn to Frank Gehry."

Jane Clarke, a retired member of the Art Institute of Chicago's Museum Education Department, will provide the almost 200-year history of the evolution of Chicago's



Eileen Quinn, director of social events, and Les Nasciszewski, general manager of Stonegate Conference & Banquet Centre, will host the event.

lakefront. We encourage you to bring a guest. Morning beverages will be served. The cost of lunch is \$35. For reservations, please call Jay at 1-847-358-6526.

Scholarships

Scholarship applications are available at the local high school guidance offices of districts 211 and 220. Several \$1,000 and one \$2,000 scholarship will be awarded. You may also obtain an application by writing to: The Women's Club of Inverness, Scholarship Chair, P.O. Box 797, Palatine, IL, 60078. Awards are based on financial need and strong academic achievement. The deadline is March 15, 2006. For further information, please call Liz at 1-847-359-6685.

Club Information

Becoming a member of this wonderful club is very rewarding, due in part to the fact that all the proceeds from their fundraisers benefit area philanthropic organizations and our college scholarship program for students. It's also a lot of fun. We have 25 new members this year, and the membership fee is \$40 for the year 2005-2006. For membership, call Ruth at 1-847-202-1423.

Northwest Circle of Friends February Luncheon

What better antidote to the grey doldrums of winter than to spend some time considering the glorious world of color? The NWCF Feb. 14th luncheon immediately brings to mind shades of valentine red. But that is only one of the hues that Sally McDavid will feature in her presentation on "The Wonder of Color." Her topic will include the history of various colors, and how they can be interpreted according to the different messages they send.

Ms. McDaniel, who developed programs in fashion design for the family and taught in the consumer sciences department at Palatine High School until her re-

tirement, was one of 30 finalists for the Golden Apple Award in 2000. She currently is a member of the fashion design department at Harper College, teaches continuing education courses in District 211 and is on the board of the Haute Couture Design Club.

For details regarding the luncheon, please call Lois at 1-847-991-6494.

Other Northwest Circle of Friends events for February include a 10:30 a.m. coffee on Feb. 21 and a Super Bowl party on Feb. 5. For information on membership in NWCF, call Cheryl at 1-847-934-1286 or Georgann at 1-847-359-2712.



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February Programs at Barrington Area Library

From Page to Screen

Hollywood screenwriters love to use popular books as sources for their movies. Countless novels have made the leap from page to screen and have earned new fans along the way. With the Academy Awards approaching, join us in our salute to the love affair between books and movies.

During the month of February, you're invited to share your movie picks with the community. Indulge your inner movie critic and post your "thumbs-up" and "thumbs-down" ratings on the interactive display in "Movies, Music and More."

• *The Envelope Please! Songs from the Oscars*, Tuesday, Feb. 28, 7:00 p.m., Adults—Movie buffs and music lovers alike will delight in this tribute to songs from the Oscars. Chicago pianist Eugene Kwok will showcase favorites old and new in this captivating performance.

• *Red Carpet Retro: Decades of Dresses*, Wednesday, Feb. 8, 7:00 p.m., Adults and Young Adults—Watching the stars make their red carpet entrances is almost as fun as the award shows themselves. Ruth Thomas will present a glitzy selection of 20th century vintage special occasion dresses, from the glamorous looks of Hollywood's Golden Era to the '80s daring designs.

• *Pizza and Pages: From Page to Screen*, Grades Sixth to Eighth, Thursday, Feb. 9, 6:00 to 7:30 p.m.—Bring your appetite and your movie knowledge for an evening of food and fun! We'll eat pizza while we rate movies made from our favorite books

and play movie trivia games.

• *Family Movie Matinee*, Saturday, Feb. 18, 2:00 to 4:00 p.m., All Ages—Bring the whole family to our presentation of *Babe* (92 minutes, rated G), based on the popular book by Dick King-Smith. Free tickets available in Young People's Services beginning Monday, Feb. 6.

• *Hollywood @ Your Library Book Discussion*, Adults and Young Adults, Monday, Feb. 20, 7:00 p.m.—Popular literature has provided Hollywood with some of its most creative and compelling movie ideas. Examine an exciting cross section of book titles that have inspired excellent film versions. Get some fresh inspiration for your reading list—Hollywood style!

• *Encore! Afternoon: Love Songs and Duets from the Movies and Musical Stage*, Tuesday, Feb. 21, 2:00 p.m., Adults—Paul Corona and Melissa Treinkman will perform selections from *Oklahoma!*, *The King and I*, *Showboat*, *Annie Get Your Gun*, *Kiss Me Kate*, *Phantom of the Opera* and other favorites. Refreshments will be served.

Additional Programs for February

• *Swing Blvd*, Friday, Feb. 10, 8:00 p.m., Adults—Duke Ellington says, "It Don't Mean a Thing If It Ain't Got That Swing," and Dan Zahn and Kate Moretti certainly agree. As *Swing Blvd*, Kate's rhythm guitar and lead vocals shine while Dan cooks up some Django Reinhardt-inspired guitar leads. *Swing Blvd* will get you swing- ing! Refreshments will be served.

Garden Club of Lake Zurich

The next meeting of The Garden Club of Lake Zurich will be held Feb. 7 at 7 p.m. at the Foglia YMCA on Old McHenry Road. The program will be "Landscape Design Principles" by Cindy Tyley, owner of Carriage House Garden Design. Visitors are welcome.

For more information, call 1-847-438-2989 or 815-444-6289. The Garden Club of Lake Zurich is a member of both The Garden Club of Illinois, Inc. and The National Garden Clubs, Inc.

Future Meetings and Activities

• March 7, 7 p.m., Garden Expertise by

Michael Nowak

• April 4, 7 p.m., Flowering Shrubs, Selection & Care by Glenn Grosch

• May 2, 7 p.m., The Perennial Garden by Susanne Lankin

• May 13, 8 a.m., Plant Sale at Ela Area Library, Lake Zurich

• June 6, 7 p.m., Perfect Perennials for Perpetual Color for Real Lazy Gardeners by Greg Bartosuk

• July 11, 6 p.m., Members Work at Ela Library Garden, Clean Up and Maintenance

• *Baby Steps* (Infants from Birth to 12 Months with Adult), Tuesday, Feb. 14, 10:00 a.m.—No registration is required. Siblings are welcome if they do not cause a distraction.

• *Nursery Rhyme Time* (Infants from Birth to 23 Months with Adult), Tuesday, Feb. 7, 9:30 or 10:15 a.m.; Tuesday, Feb. 21, 9:30 or 10:15 a.m.; and Saturday, Feb. 25, 9:30 a.m.

• *Registered Storytime*, Monday, March 6 to Thursday, April 13 (Various Sessions for Children Age 2 and Up)—Registration begins Monday, Feb. 20. Children must be the appropriate age by the first day of the session.

• *Drop-In Storytime*, Ages 2 to 5 with Adult, Tuesdays, Feb. 7 to 28, 11:00 to 11:30 a.m.; and Saturdays, Feb. 11 and 25, 10:30 to 11:00 a.m.—Perfect for families that make impromptu visits to the library, this drop-in version of our registered

storytime is filled with stories, fingerplays and songs. No registration required.

• *Teen Gaming Grotto*, Saturday, Feb. 25, 2:00 to 4:00 p.m., Grades Fifth to Eighth—Beat the winter blahs with a visit to the Teen Gaming Grotto. Drop by with your friends and play a variety of new and classic board games. We'll even have a few computers available if you want to take your game online!

• *Friends of the Library Humongous Book Sale*, Saturday, Feb. 4, 9:00 a.m. to 5:00 p.m.; and Sunday, Feb. 5, 1:00 to 5:00 p.m.

• *Computer Class, Family Memories: Presentations for Special Occasions (Demonstration)*, Thursday, Feb. 16, 7:00 p.m.—Preserve and share your family and holiday memories electronically with PowerPoint presentations (including audio) that can be shown at anniversaries, retirements, family reunions and other events.

SWEETS



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Wellness Place Expands Mind, Body, Spirit Services for Cancer Survivors, Families

An evening yoga class, a mindful awareness meditation hour and five "healing arts" circles are among the new additions to mind, body and spirit services offered in 2006 at Wellness Place, a cancer resource center located at 1619 W. Colonial Parkway, Palatine, for anyone touched by cancer.

Registered yoga instructor Sandy Moore will teach the new evening yoga class from 6:00 to 7:15 p.m. on Tuesdays for people who may or may not have experience in practicing yoga postures, breath awareness and relaxation. The class requires preregistration by calling 1-847-221-2400.

A mindful awareness hour, will be held from 1:00 to 2:00 p.m. on Tuesdays, Feb. 14 and 28, and will focus on the book, *Everywhere You Go, There You Are* by Jon Kabat-Zinn, founder of the Mindfulness Based Stress Reduction program. Wellness Place Program Coordinator Lois Coldewey will facilitate the drop-in meditation hour.

Those affected by cancer may select any of five "healing arts" circles devoted to scrapbooking, healing for self-care, introduction to journaling, knitting or Native American flute. A professional leader will facilitate each drop-in circle. Call Wellness Place for varying day and evening meeting times in February.

Other Wellness Place mind, body and spirit services in February include the fol-

lowing:

- *Introduction to Yoga*, for people undergoing cancer treatment or anyone who prefers a more gently paced sequence, will be held Tuesdays, Feb. 7, 14, 21 and 28 from 9:45 a.m. to 11:00 a.m., directed by Sandy Moore. Preregistration is required.

- *Intermediate Yoga*, for people recently enrolled in yoga or another form of exercise, will be held Tuesdays, Feb. 7, 14, 21 and 28 from 11:15 a.m. to 12:30 p.m., directed by Sandy Moore. Preregistration is required.

- *Tai Chi Chih* classes will meet Wednesdays, Feb. 1, 8 and 22, from 10:30 to 11:30 a.m., led by Diana Durkin. As the classes progress, participants will learn gentle movements to soothe body and mind, based on 20 Chinese healing principles. Preregistration is required.

- The medical self-hypnosis workshop, *Finding the Love You Need*, will be held from 10:00 a.m. to noon on Saturday, Feb. 4. Conducted by the Rev. Dr. C. Scot Giles, a board-certified hypnotist and chaplain, the workshop is part of an ongoing series, "Wellness through Deep Hypnosis," designed to help participants release pain and encourage self-healing. Preregistration is required.

- *Meditation and Relaxation Techniques*, led by Betty Fagerman, Wellness Place clinical specialist, will be held Thurs-

Fall in Love with Deer Park Town Center this February

The season of love is in full swing this February at **Deer Park Town Center**. Shop, dine and relax at our luxurious, convenient "lifestyle" center. You'll find all you need to sweep her off her feet this Valentine's Day.

Arriving at the perfect time is **Deer Park Town Center's** newest store, ethel's chocolate lounge (Suite 416). ethel's chocolate lounge features a wide variety of gourmet chocolates, including traditional truffles, nut and caramel selections, and cocktail and fruit-inspired flavors. Specialties include the etheltini, a signature "martini" of vodka and dry vermouth paired with dark chocolate as well as the PB & J, made of rich peanut butter and sweet strawberry jam sandwiched in milk chocolate. The great thing about ethel's chocolate lounge is that you can have your chocolate and eat it too! Either stop in to pick up a box to bring home to your sweetie or bring her to the lounge for the perfect chocolate experience, complete with comfortable décor, an inviting atmosphere and tasty chocolate-infused beverages.

While strolling through the center, be sure to stop at Bath & Body Works, whose wide selection of aromatherapy products, massage oils and candles are sure to set a relaxing, soothing mood. Top off your shopping at Victoria's Secret, where you can find the best in lingerie, shower products, body lotions and perfumes to set the tone for a romantic night in. Don't forget

—to add some sparkle to this Valentine's Day, pick up a little something sure to delight her from Bailey, Banks, and Biddle or Kay Jewelers. Featured for the holiday are delicate heart-themed necklaces, bracelets and earrings, detailed with diamonds and set in the finest gold or platinum.

Hoping to treat her to a more traditional "dinner and a movie" date? Look no further than **Deer Park Town Center**. For a romantic, candle-lit dining experience, try Biaggi's Ristorante Italiano, featuring authentic Italian cuisine, an impressive wine list, and unique, flavorful desserts. Then catch the latest romantic comedy at the state-of-the-art Century Theatres, featuring loveseats in all theatres to snuggle up to your special someone. The theatre also has stadium seating, digital surround stereo, and 16 movie screens, creating a paradise for moviegoers.

Deer Park Town Center features more than 70 stores and restaurants including: Stoney River Legendary Steaks, J. Crew, Le Gourmet Chef, Yankee Candle Company and Eddie Bauer. Shopping hours are Monday through Saturday, 10 a.m. to 9 p.m., and Sunday 12 to 5 p.m. For more information about the center including the center-wide gift card program, please visit www.shopdeerparktowncenter.com or call 1-847-726-7755. **Deer Park Town Center** is owned and managed by Developers Diversified Realty (www.ddr.com).

Local Barrington Author, Sandra L. Samek, Finds Cooperation and Team Spirit in Barrington

Sandra L. Samek, at the request of her Vantage Press publisher, asked a few local businesses to display her book during the holiday season.

It is with appreciation that Ms. Samek extends sincere gratitude to Exotique Thai, Fresh Flower Market, Michal's Jewelry, The Catchpenny, Peter Daniel and Pizza Venti for their kindness and team spirit

shown in the display of her book and the kind words they offered.

The book, *Gross Navigational Error*, is a fictional story of a quest for personal happiness and professional dignity, covering life challenges, courage and a spirit that will not give up.

The author resides in Barrington and attended Roosevelt University.

day, Feb. 2, and Thursday, Feb. 16, from 2:00 to 3:00 p.m. Class participants will practice sustained, simple focus to bring awareness to breath and the connection between the mind and body. Preregistration is required.

- *Guided Imagery and Visualization*, facilitated by Mary Sinclair who is certified in interactive guided imagery and holistic stress management, will be held Mondays, Feb. 6, 13, 20 and 27, from 2:00 to 3:30 p.m. Each session will present a different component in a "tool bag" of skills to complement ongoing cancer care and introduce participants to a variety of practical ways they may benefit from imagery. Preregistration is not required.

- *Creative Moments: the Power of Writing* will meet Tuesday, Feb. 7, and Tuesday, Feb. 21, from 7:00 to 8:30 p.m., taught by Wellness Place clinical specialists Betty Fagerman and Anne Walker. Preregistration is required.

- *Look Good, Feel Better*®, a workshop for women presented by Kathy and Judy Devyak, licensed cosmetologists, will demonstrate beauty techniques for coping with skin and nail changes resulting from chemotherapy and/or radiation from 6:00 to 8:30 p.m. on Wednesday, Feb. 22. Free makeup kits are available for those who have not participated before and respond with complexion type three weeks in advance. The workshop is underwritten by the American Cancer Society. Preregistration is required.

Wellness Place provides free professional, cancer-related counseling, services and programs to enhance the lives of people living with cancer, their families and caregivers. The not-for-profit cancer center serves 60 communities in the Northwest Suburbs of Cook County, and parts of McHenry, Lake and Kane counties. For information, call 1-847-221-2400 or visit www.wellnessplace.org.

\$69 Summer Special

This award-winning program starts 6/1/06. Two months of Tae Kwon Do and Karate classes for \$69 plus a FREE uniform. This offer will expire 5/1/06. Classes fill up fast, so call **1-847-382-9599** to register and ask for Gladys.

Program Features

- Our beginner classes are custom designed for students 7 years and older.
- Our classes are *FUN* and a great source of physical activity.
- Our classes increase self-discipline, one's focus and self-esteem.
- Our classes will give your child the edge in life, in school, and sports.
- We have classes for adults and teens too.

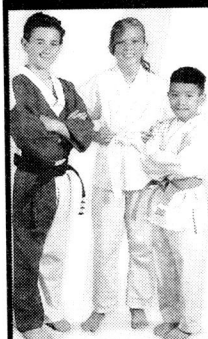
Testimonials

"It's amazing how much the instructions have helped my child over come shyness and low self-esteem, I can't say enough about the programs here nor do I know what I would have done or what would of become of my child, if we had not come to Barrington Martial Arts."

—Barrington mother of three children
"My husband travels a lot for his work, and in his absence, my son who is a good child can sometimes be a little hard to handle. The discipline that is instilled in the students at Barrington Martial Arts is awesome. I also really appreciate the manner in which the instructors work with the parents too."

—Barrington mother of two children

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- Raise Children's Grades

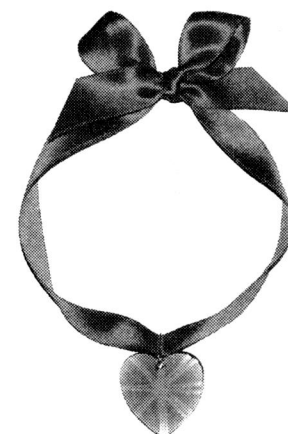
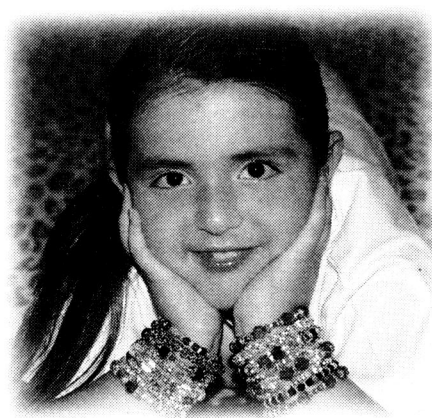


\$69 SUMMER SALE SPECIAL:

\$69 for 2 months of classes plus a FREE Uniform (a \$365 value)! On May 1st, the price will be \$99, so CALL NOW!

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Isabella Rose Designs, a creator of distinctive jewelry, was founded in 1998 when Renee Trikolos decided to share her passion of making beautiful jewelry with everyone. Through her own experiences and by traveling extensively both domestically and overseas, Renee has discovered the finest materials available. Over the years, Isabella Rose Designs has built a loyal clientele who enjoy the fruits of her passion and who communicate their love for jewelry and provide her with a sense of where the fashion is headed. When you purchase any of our designs, you'll easily find that you are getting the **highest quality** products without paying department store prices.

Isabella Rose Designs has always made the viewing and buying of our unique products an entertaining and fun experience by offering trunk shows in your home. **We are now accepting reservations for 2006.** Host an event and find out what everyone is talking about. Also, as a hostess, you will enjoy generous rewards, including a gorgeous Genuine Quartz and Swarovski Crystal Bracelet (above, left) simply by booking a trunk show in your home.

Visit **www.isabellarosedesigns.com** or call 1-847-726-2300 for information about becoming a hostess and when you purchase any item **online** during the month of February, you will receive an exclusive Swarovski Heart Pendant Choker **FREE** in honor of Valentine's Day.

Brain Aerobics to Highlight BACOA's Low Vision Support Group

The February meeting of the Barrington Area Council on Aging's Low Vision Education and Support Group will feature a session on brain aerobics. Ms. Bonnie Scherkenbach, social services coordinator at BACOA, will conduct the meeting on Thursday, Feb. 9, from 1:00 to 2:30 p.m. at Lake Barrington Woods, 22320 Classic Court, Lake Barrington.

Studies have shown that brain cells continue to grow with new experiences and challenges, and the more we use our brains, the more mentally acute and functional we remain. Attendees at the Feb-

ruary meeting will participate in fun activities that will be geared to persons with low vision.

BACOA's Low Vision Education and Support Group meets on the second Thursday of each month from 1:00 to 2:30 p.m. at Lake Barrington Woods. The meetings are open to all ages, and transportation is available to residents of the Barrington area.

For general information on the group, call BACOA at 1-847-381-5030. If you need transportation, please call Denise at Lake Barrington Woods at 1-847-842-8900.

David Burgess, International Classical Guitar Virtuoso, to Perform Music of Brazil at Harper

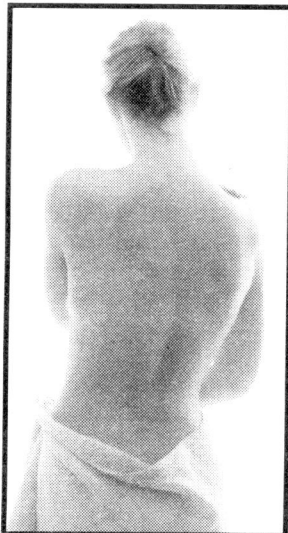
International classical guitar virtuoso David Burgess, whose musical style has been described as "lush, evocative and brimming with emotion," will perform music from Brazil at 7:30 p.m., Wednesday, Feb. 8, in the Performing Arts Center of Harper College, Roselle and Algonquin roads, Palatine.

Burgess' Harper program will include music by some of the finest Brazilian composers of all time, including Ernesto Nazareth, who "transformed the tango

into a fascinating style of Brazilian ragtime"; Joao Pernambuco, who could not read or write but composed some of the best-loved Brazilian music from the 1920s and '30s; and Luiz Bonfá and Antonio Carlos Jobim, the two best-known composers of bossa nova.

Tickets for the Harper Burgess concert are \$10 to \$15; call 1-847-925-6100 for tickets and information or go online at, harpercollege.edu.

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Getting Your Tummy Back

**by Gregory Michael Bazell, M.D., Diplomate
of The American Board of Plastic Surgery, Inc.**

Liking the way you look in your lingerie or tight-fitting clothing can be a reality again and being embarrassed to wear a two-piece bathing suit in the summer can be a thing of the past!

A tummy tuck or abdominoplasty is the outpatient procedure designed to produce dramatic improvements in the shape of your abdomen while improving your self-esteem.

Many women spend countless hours in the gym and months, if not years, dieting in an effort to recapture the youthful look of their tummy and waistline. Unfortunately for many women, consistent exercise and weight loss do not produce the results they desire. Even more unfortunate is that many women begin to feel guilty about the appearance of their abdomen and start to believe it is their own fault. This is especially true for women who have had children. With a single pregnancy, the pressure of a baby resting against the abdominal wall along with hormonal changes can permanently stretch the skin, weaken the abdominal muscles, and lead to fat accumulation that is very difficult to get rid of.

Fortunately, the tummy tuck procedure is specifically designed to remove excess abdominal skin, fat, and stretch marks and to restore the abdominal wall muscles to a more youthful position.

Women who undergo this procedure come from many different backgrounds—homemakers, fitness trainers, models, teachers, and other professionals—and they all share the common, predictable appearance of an abdomen subjected to one or more pregnancies.

From a technical standpoint, the tummy tuck incision is hidden in the bikini line, women go home the same day after surgery, swelling and bruising are minimal, pain/discomfort is quite tolerable, and visible results are immediate. Recovery time is about 7 to 10 days with most women returning to light, normal activity within one week following surgery.

Women who undergo this procedure have a profoundly improved appearance of their abdominal area and they will tell you that their body image and self-esteem are greatly improved, that their clothes fit better, that their posture is improved, that they no longer bloat after eating, and that they no longer have to "suck it in" while in public.

Don't forget to make an appointment with our plastic surgery skin care specialist Catherine Zedan Grandi, L.E. Catherine is one of the most experienced aestheticians in Illinois and only offers the safest and most effective treatments... Experience the Difference!!!

Learn "Tips on Trees"

The next meeting of the Long Grove-Kildeer Garden Club will be held on Feb. 13 at 9:30 a.m. at Reed Turner Woodlands located at 3849 Old McHenry Rd., Long Grove.

The program will be "Tips on Trees" by arborist Tony Seeger. Among the topics he will discuss will be pruning techniques, dealing with the drought, and common diseases of trees and their treatment.

For more information, contact Penny at 1-847-540-8212.

Gum Recession—What Does it Mean?

Exposed roots are the result of gum recession, not the natural aging process. There are many factors that contribute to a receding gumline. First, receding gums may be caused by bone loss beneath the gums, which cannot be seen. The supporting bone of the tooth could be deteriorating without the patient realizing it. Periodontal disease (bacterial infection) is most often painless and needs a dentist to diagnose the problem by X-rays and a clinical examination. Second, a receding gumline may be caused by a lack of strong gum tissue around the tooth. Genetics play a role in having strong or weak gum tissue surrounding particular teeth. Everyday brushing and chewing can make weak receding gum tissue even worse. Aggressive tooth brushing can damage fragile gum tissue as well.

Dr. Patrone specializes in advanced periodontal procedures to stop gum recession, repair/re-establish the missing gum tissue, and improve the esthetics of your gumline and smile. Perhaps you wish to enhance your smile by covering one or more roots that make your teeth appear too long? Maybe you're not bothered by the appearance of those areas, but you are concerned about the bone support around your teeth or you cringe because the exposed roots are sensitive to hot or cold



Dr. Phillip Lee Patrone

foods or liquids? You may not be in control of what caused the recession. Prior to treatment, **Dr. Patrone** will help you identify the factors contributing to the problem. Once these contributing factors are controlled, a soft-tissue graft procedure will repair the defect and help to prevent additional recession and bone loss.

Dr. Patrone is also a certified dental anesthesiologist and is trained to administer general anesthesia and intravenous sedation. **Dr. Patrone's** goal is to provide his patients with a comfortable treatment experience.

Dr. Patrone is partners with Dr. Stanley Treitler and Dr. Terry Sandroff with offices in Barrington, Arlington Heights, Bloomington and Vernon Hills. Please give us a call at **1-847-277-0181** if you have any questions.

Enjoy a Unique and Traditional European Menu at Fritzl's Country Inn

Do you enjoy traditional European dining, something unique, a little different? Who doesn't? No need to head to Chicago or Milwaukee when **Fritzl's Country Inn** is nearby in Lake Zurich.

Fritzl's offers the discriminating diner exquisite ethnic and continental cuisine, served in quaint chalet surroundings. Enjoy savory soups and juicy steaks, mouth watering seafood and delightful Austrian, German and Swiss entrees such as wiener schnitzel, sauerbraten, roast duck and rouladen of beef. Leave room for a luscious dessert such as apple strudel or one of their elegant Viennese pastries.

Every Friday, **Fritzl's** offers a wonderful fish fry, half-pound Icelandic cod fi-

lets (lightly breaded or broiled) for only \$10.95.

Every Sunday, Bavarian roast pork is offered for only \$10.95.

Didn't I tell you **Fritzl's** is unique, a little different and wonderfully European? Call **1-847-540-8844** for reservations.

For **Valentine's Day**, **Fritzl's** chef has delicious specials such as escargots, shrimp bisque soup, lamb chops, roast duck, lobster and fresh seafood, along with their regular menu at regular prices.

Reviewed and recommended by Zagat Survey.

Fritzl's Country Inn will be open at 4:00 p.m., February 14, to help you celebrate Valentine's Day!

Check it Out!

The Zagat Survey says, "Excellent and always tasty South American and Caribbean cooking awaits adventurers to this Northwest Suburban outpost, where the unusual, upscale offerings and great margaritas are served by lovely people."

We say "Once Discovered, Never Forgotten" and would like to invite you to our cozy and colorful dining room where the food is served with flavor and the margaritas are made with freshly squeezed lime.

But what we really want you to know about is a spectacular event that should not be missed. **Carnaval—A Night in Rio** will take place **Sunday, Feb. 26**. It's a Brazilian Mardi Gras, where we feature

a four-course dinner including appetizer, Feijoada buffet (a traditional Brazilian dish with all the trimmings) and dessert. Live music by Hector and Paulinho Garcia will enhance the evening, and there will be carnival masks and beads for everyone. Dare to come in costume and you could win a prize. The price is \$28; beverage, tax and gratuity will be added. The festival begins at 4:30 p.m., and reservations are a must.

Don't forget Valentine's Day! Bring out the "Latin Lover" in your sweetheart and romance them at **Julio's Cocina Latina** with wine, food and live music. Call **1-847-438-3484**. Located at 95 South Rand Road, Lakeview Plaza, Lake Zurich.

Custom Catering Beyond "Chicken and Beef"

Happy new year and bon appetit!

As winter really sets in, we find warmth in "comfort food". For me, items like beef stroganoff, meatloaf, braised pork chops, Swedish meatballs with noodles and even fluffy buttermilk pancakes on Sunday morning make me forget the business of parenthood and work. Even the grill can provide awesome foods on a freezing day a charcoal roasted turkey is unbelievable and I like to grill garlic rubbed parmesan bread. *This is comfort food!!!*

Our catering philosophy at **Dave's Spe-**

cialty Foods is: 100% homemade comfort foods prepared by an owner and staff who actually love their jobs!!! This passion translates to great food for your event.

We have also created a dinner party niche—Dave comes to your home bringing a five-course meal, demonstrates the appetizers, serves plated the dinner, and cleans up afterwards. What an awesome, relaxing evening!!!

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Spa to Nurture Spirit of Family Caregivers on Feb. 18 at Wellness Place

Family members who care for loved ones living with cancer are often unprepared for the challenges of ongoing caregiving. "Spa for Your Spirit," a program designed strictly for family caregivers, will be presented from 8:30 a.m. to noon on Saturday, Feb. 18, by Wellness Place, a cancer resource center at 1619 W. Colonial Parkway, Palatine. The class is offered at no charge, but preregistration is required by calling 1-847-221-2400.

Wellness Place clinical specialists Betty Fagerman and Kathy Scortino will explore effective ways for caregivers of cancer patients to learn self-care skills. The professionals will also discuss strategies to

improve organization and communication, provide educational and resource materials, and lead interactive exercises and relaxation techniques. Light refreshments will be served.

Wellness Place provides free professional, cancer-related counseling, services and programs to enhance the lives of people living with cancer, their families and caregivers. The cancer resource center serves 60 communities in the Northwest Suburbs of Cook County, and parts of McHenry, Lake and Kane counties. For information, call 1-847-221-2400 or visit www.wellnessplace.org.



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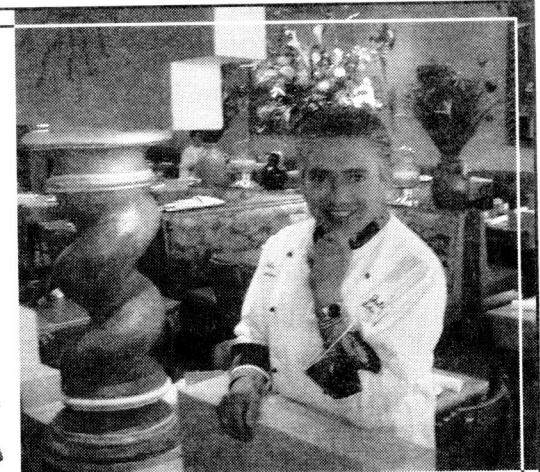
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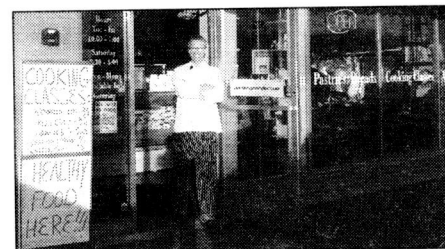
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Auxiliary Good Shepherd Hospital Scholarships Offered

The Auxiliary of Good Shepherd Hospital is again offering scholarships for students residing in the hospital service area who will attend school in Illinois and pursue an education in a health-related field.

The GSH service area includes the following zip codes: 60010, 60012, 60013, 60014, 60021, 60042, 60047, 60050, 60060, 60067, 60073, 60074, 60084, 60098, 60102, 60110, 60118, 60156 and 60195.

The number of scholarships to be awarded will be based on the number and qualifications of applicants. Current references, transcripts and proof of acceptance from the institution and acceptance into

a health care professional program are required. Applicants will be evaluated on the basis of attitude and desire toward education, leadership, citizenship, personality and financial need.

Applications must be postmarked or hand-delivered and filed with the Auxiliary Scholarship Committee no later than April 30, 2006. The recipients will be notified by early June. Applications will be available Feb. 1. For further information or to receive an application, call the volunteer office at Good Shepherd Hospital, 1-847-381-0123, ext. 26-5104.

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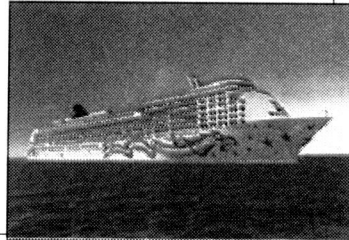
Sun: Hilo (volcano); Evening sail by volcano

Mon/Tue: Maui

Wed: Kona (Big Island)

Fri/Sat: Kauai

Sun: O'ahu



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Hearthstone Village

Senior Living Community

Carl and I lived in the same community for 58 years, so it was very hard to leave. We both have health problems and our kids were worried about us there alone. Our children checked out several senior facilities in the area and they all liked Hearthstone the best. Carl and I took the tour of the building and asked a lot of questions. We liked what we saw and what Hearthstone had to offer.

We were living here less than two months when I had the misfortune to fall and break my hip. After my hospital stay I was transferred to Hearthstone Manor for rehab. I can't say enough good things about the staff there. Everyone from the professional staff to the kitchen and housekeeping staff were extraordinarily dedicated people.

I'm happy now we made the decision to move here and it is feeling more like home all the time. We're getting to know more of the friendly residents and are finally able to take advantage of some of the activities they offer.

Carl and Evelyn Boe
Woodstock, IL



Hearthstone Village
Senior Living Community

840 N. Seminary Ave. (Rt. 47) • Woodstock • 815.338.2110 • wclsil.org

2nd Annual Gala, Feb. 11, to Benefit Woodstock Early Learning Center

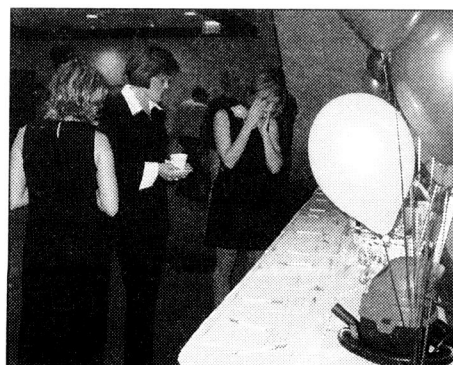
Woodstock Christian Life Services (WCLS) is hosting their Little Hands, Big Dreams fund-raising dinner and auction on Saturday, Feb. 11, 2006 at Boulder Ridge Country Club. Entertainment is provided by Stockwood, World's Youngest Beatles Tribute Band, and local favorites, Ken and Ed. The dinner, program and auction will conclude by 8 p.m. followed by two hours of big band style music and dancing. A dance instructor will be on hand to provide free dance lessons.

Auction and prize items include golf packages, a vacation condo in Mexico, weekend getaways, tickets for sporting events, dining certificates, party packages for kids and adults, theatrical performances, sports memorabilia, gift baskets, home furnishing, spa packages and much, more more.

This event will benefit Woodstock Early



Event co-chairs Deb Rabine and LeeAnn Atwood are pictured at the 1st Annual Gala



Event attendees check out the silent auction.

Learning Center. WELC cares for 200 children from McHenry County as a pre-school, child care and early learning center. More than 70% of WCLS' students are from families who have earnings below the poverty level. Proceeds from this event are used to offset tuition and childcare for needy families.

WCLS's goal is to raise \$50,000 and community assistance is greatly needed. Because WCLS is a not-for-profit 501(c)(3) organization, contributions are deductible to the extent the law allows. Formal recognition will be presented during the event.

Sponsors of this event include *Northwest Herald*, Amcore Bank and several anonymous community leaders. Sponsorships are available.

(Please continue on following page)

Cosmo Girl! Prom Issue Shot at Milwaukee Art Museum



The feature story for the prom issue of *Cosmo Girl!* was shot at the Milwaukee Art Museum. The spread features *American Idol*'s Carrie Underwood in the Calatrava-

designed building. The museum's breathtaking architecture makes a great backdrop for the star's photos.

Opportunity to Care Offered by Hospice of Northeastern Illinois

Hospice of Northeastern Illinois needs men and women who are compassionate, flexible and nonjudgmental to provide emotional support and care to people who are terminally ill and their families, including pediatric patients. Volunteers will receive a rare opportunity to create and share meaningful memories, establish rewarding friendships and obtain professional training in seven classes that will qualify participants as patient and family care volunteers.

The training program will be held Fridays, March 17 through May 5, from 9 a.m. to noon in Crystal Lake. There will be no training on Friday, April 14, for those who observe Good Friday. The sessions will cover a broad spectrum of topics related to death and dying.

Hospice is seeking volunteers that live throughout the areas served: McHenry, Lake, northwest Cook, Kane, Boone and DuPage counties. No medical or professional background is required, simply a

desire to reach out to others in the community who are in need. An interview and registration are required prior to training. Hospice of Northeastern Illinois must receive a completed application by Friday, March 3, to attend the training.

In addition to patient and family care volunteers, there are a number of volunteer opportunities that do not require special training, such as providing clerical support in the office and assistance with fund-raising and special events.

For more information or to receive an application, call 1-847-381-5599 or apply online at www.HospiceAnswers.org.

Hospice of Northeastern Illinois is a not-for-profit, community resource serving adults and children at the end-of-life and their families throughout McHenry, Lake, northwest Cook, Kane, Boone and DuPage counties. Since 1984, Hospice of Northeastern Illinois has provided care to more than 12,000 patients and their families.

Woodstock Early Learning Center

(Continued from preceding page)

Tickets are \$75 per person, \$140 per couple or \$550 for a table of 8. For more information call Deb Rabine at 815-321-

4039 or online at welsil.org (click on Calendar of Events).

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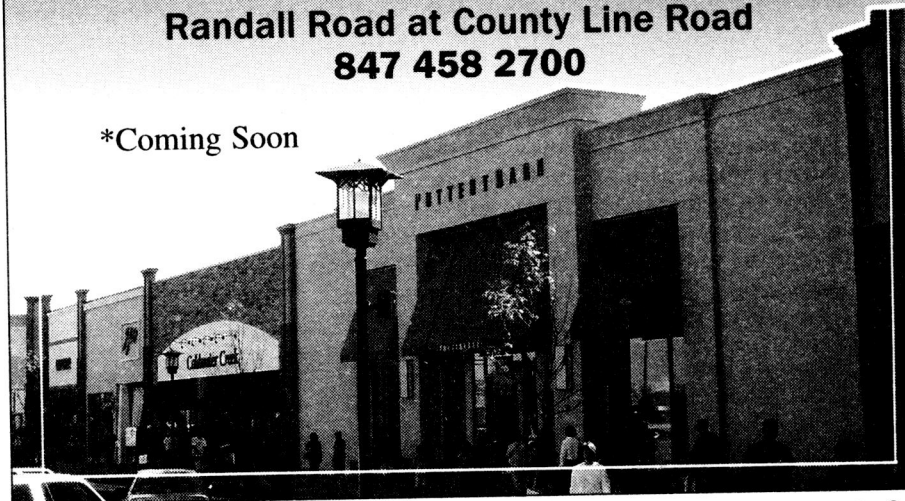
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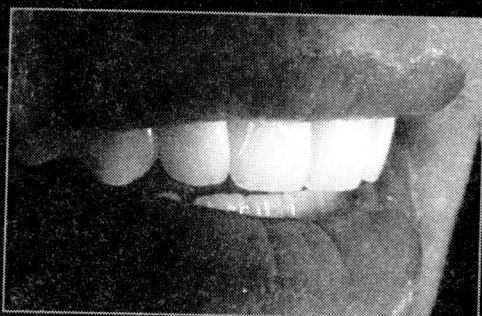
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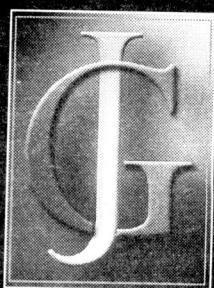
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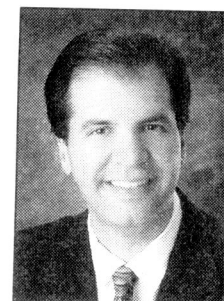
A Gray Area

One of the greatest challenges in dentistry is finding materials that can withstand the forces generated in the mouth. In the past, gold has been the material that combined biocompatibility with strength. It is still the standard by which all new materials are measured.

But what do we do when we have to crown a front tooth? Decades ago, gold was used on the front teeth. But as you can imagine, their appearance was far from satisfactory. Technicians started to experiment with different plastics and porcelains to cover the gold and create a crown that was white in appearance. This is the system that is most frequently used today when making tooth-colored crowns. The drawback to this system has always been the opacity of the crown. Light cannot be transmitted through the restoration because of the gold substructure, and this resulted in teeth that looked like Chiclets. Another problem is the appearance of this gold at the gumline. When someone smiles and you see a gray area at the margin where the crown ends and the gums begin, you're looking at unpolished gold that appears to be gray. In some instances, this grayness will radiate into the gum tissue because the metal used under the porcelain was not gold but a cheaper substitute. The molecules of the cheaper metal are leached into the gum tissue creating a gray tattoo.

Over the past 20 years, dental technology has introduced many different white

by James T. Gavrilos, D.D.S.



substructures in order to eliminate the gray appearance and the opacity. Unfortunately, many of them have fallen short on the durability scale and resulted in fractured porcelain. That is, until now. A company from Europe produces a white substructure that is just as strong as gold without the undesirable appearance. The substructure is fabricated in a central lab using digitized information e-mailed to them using the dentist's impression. The substructure then has porcelain applied to it just like the gold ones do. The result is a natural-looking crown that doesn't show any gray at the gumline.

Our office has been delivering these crowns to our patients for over five years and has seen no signs of early breakdown or fracture. If you are seeing gray and want to make a change, now is the time you can do so with long-lasting, predictable results.

Dr. James T. Gavrilos can be reached in his Barrington office, 1-847-381-4040.

Struggling to Lose Weight?

Have books, fad diets, trendy exercise equipment, or self-help programs failed to get you off the weight-loss roller coaster?

Dr. Barry Berger may have the answer for you. Dr. Berger's revolutionary long-term weight reduction program incorporates all of the following components:

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- ◆ BALANCED, MODIFIED ZONE DIET PLAN
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- ◆ DOCUMENTED 93% SUCCESS RATE!

Dr. Berger has spent 13 years practicing nutrition and weight loss. He is board certified in internal medicine, and prides himself in his long list of satisfied patients.

Dr. Berger sees all of his patients in person.

Dr. Barry Berger, D.O.

*Specializing in Weight Control and Nutrition
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Lose the Weight... and Keep It Off!

New Weight Loss Program Shows Dramatic Results

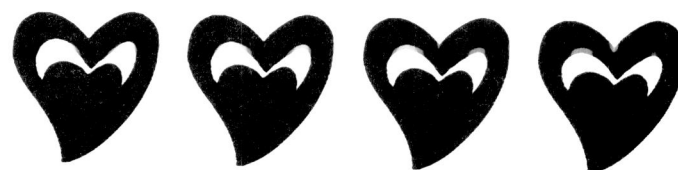
Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.



Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call 1-847-438-2454 in Lake Zurich or 1-847-291-0772 in Northbrook to make an appointment for your consultation today.



Will You Be My Valentine?

Barrington Community Child Care, located at 560 Carl Ave. in Barrington, has many activities to keep young minds busy. Our highly qualified staff strives each and every day to ensure that all the children here have a positive first school experience. Our theme-based curriculum includes activities such as art, circle time, sensory experiences, fine motor development and phonics. Come on out and see what we have to offer!

We offer full-day childcare for children ages 6 weeks to 6 years. Some age groups

offer flexible scheduling and a morning preschool program. Our hours of operation are 7 a.m. to 6 p.m., Monday through Friday. Our facility offers large, child-friendly classrooms with a diverse environment that promotes self-esteem, independence and cognitive growth. Our program focuses on the whole child, with all areas of development included in our program.

We have limited spaces available! For enrollment information or to schedule a tour, contact Terri Knaack, director, at 1-847-381-0272.

Quest Academy Open House

Quest Academy will hold an open house on **Sunday, Feb. 12**, from 1:00 to 2:30 p.m. at 500 North Benton, Palatine.

A brief presentation at 1:00 p.m. will be followed by the opportunity to visit classrooms and talk with **Quest Academy** teachers, parents and students. Children are welcome.

Quest Academy is an independent day

school for over 300 gifted and talented students, preschool through eighth grade. Quest students come from over 60 Chicago-area communities. For more information about the open house, call Judy Jankowski, director of admission, at 1-847-202-8035, ext. 438, or visit **Quest Academy** online at www.questacademy.org.

DAR to Hold Honor Awards

Signal Hill Chapter, National Society Daughters of American Revolution, will hold its annual Honor Awards at 1:30 p.m., Sunday, Feb. 12, at the Barrington Area Library, first floor meeting room. The ceremony will honor the winner of the Good Citizen Scholarship Contest for high school seniors and winners of the American History Essay Award, open to area public, private, parochial or home-schooled students in grades fifth through eighth. Chapter Regent Donna Fesselmeier will preside over the ceremony.

Four area high schools were each invited to nominate one senior student for the Good Citizen Award, and Ross W. Baranowski of Barrington High School was selected. The prestigious award is given annually to one senior student in the area based on the candidates' application packets and proctored essays. Ross' essay theme was "Our American Heritage and Our Responsibility for Preserving It." Qualities of a good citizen at the senior level, which the three judges considered, include dependability, community service, leadership and patriotism. Ross ranks the highest out of 701 students. His application will now be forwarded to the district level for competition. He is the son of Robert and Christine Baranowski of Barrington.

Wisconsin Fine Art Academy Announces Summer Intensive

Craig Blietz, artistic director for the Kewaunee Academy of Fine Art, recently stated, "In response to strong demand, KAFA will provide a two-week summer intensive drawing program for artists wishing to improve their drawing skills in the classic atelier manner."

Students will draw from live figure and portrait models and from plaster reproductions of antique casts. Over 80 hours of drawing will be required from each student.

Since the 1300s, drawing training has been the starting educational base for virtually all of our master painters, including Michaelangelo and Leonardo da Vinci.

The intensive is a program provided by KAFA, a full-time academy dedicated to the highest level of instruction in classical drawing methods and direct painting for students wishing to pursue careers as professional artists.

For further information, please call Dick Bell 920-388-4391.

Barrington Community Child Care Center

• **Programs for Children
Ages 6 Weeks to 6 Years**

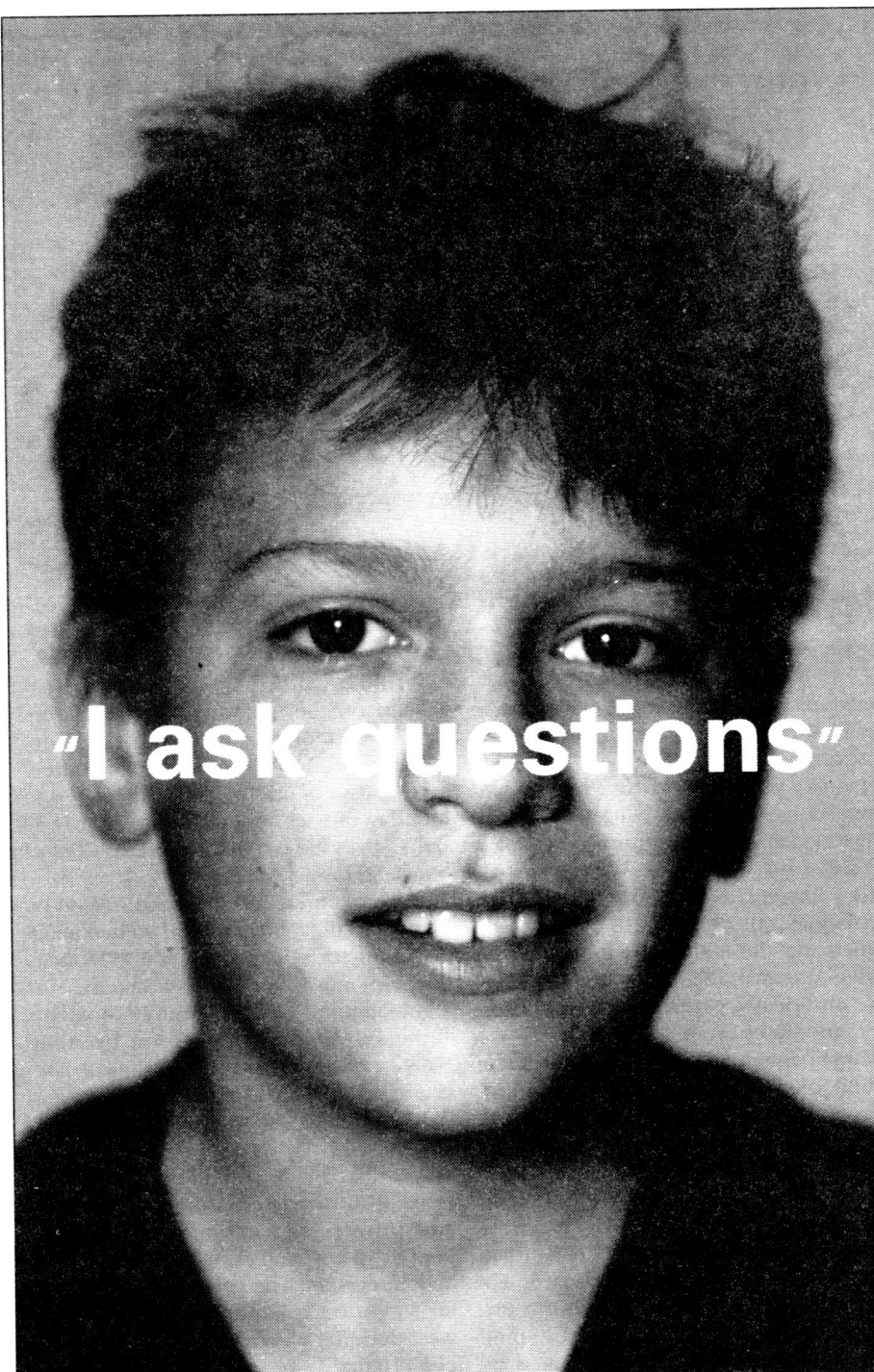
• **Morning Preschool
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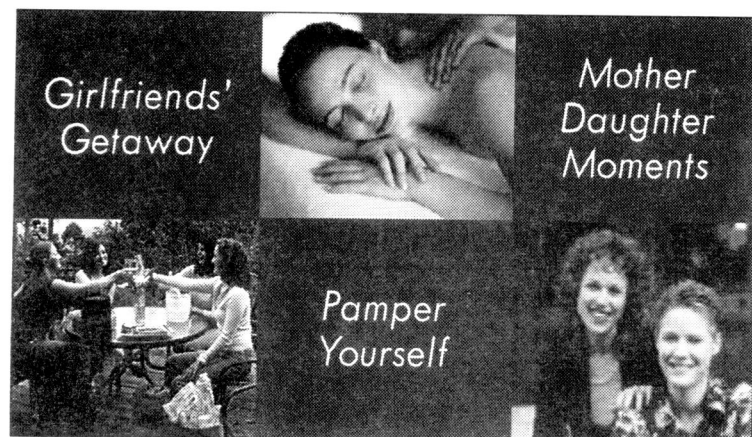
Quest Academy is an independent school committed to honoring and encouraging intellectual curiosity and to inspiring a lifelong love for learning. Gifted and talented students have never had educational opportunities like this before.

Call or come visit us!
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847.202.8035

Quest Academy



Women's Weekend in Lake Geneva, WI March 3-5th, 2006



- ◆ **Special Hotel Packages**
- ◆ **Weekend Shopping "Passport"**
- ◆ **Special Interest – Spa Services • Yoga
Cooking Classes • Nutrition & Health • And More!**

For Information 800-345-1020
www.lakegenewawi.com

New "Healing Arts Circles" Offer Cancer Support at Wellness Place

Cancer patients are exploring new ways to reduce stress and increase their well-being in several "healing arts circles" launched in January 2006 at Wellness Place, a cancer resource center at 1619 W. Colonial Parkway, Palatine. For information, call 1-847-221-2400.

Ken Raven Gibson and Peg and Dave Hernandey, all of Chicago, are teaching participants the melodious sounds of the Native American flute from 10:00 to 11:30 a.m. on Fridays. No experience is necessary, and flutes are provided.

Participants may also choose circles in scrapbooking, healing for self-care, introduction to journaling and knitting. All circles are provided at no charge and welcome anyone affected by cancer to drop in.

The knitting circle, led by Wellness Place Outreach Coordinator Kara Kordick and Child and Family Coordinator Liz Bolash, meet the second and fourth Fridays of the month from 2:00 to 3:30 p.m.

The scrapbooking circle, facilitated by Carol Thomas of Schaumburg, an avid scrapbooker and Wellness Place participant, and Wellness Place Clinical Assistant

Joyce Hofbauer will meet the third Monday of the month from 3:30 to 4:30 p.m.

The introduction to journaling and free-style writing circle meets the second Monday of each month from 3:30 to 4:30 p.m. and is led by Wellness Place Clinical Specialist Anne Walker.

Healing for self-care circle, directed by Mary Sinclair, Wellness Place guided imagery instructor, will meet the fourth Monday of the month from 3:30 to 4:30 p.m.

An ongoing circle, "Creative Moments—the Power of Writing," led by Anne Walker and Wellness Place Clinical Specialist Betty Fagerman, meets the first and third Tuesdays each month from 7:00 to 8:30 p.m.

Wellness Place provides free professional, cancer-related counseling, services and programs to enhance the lives of people living with cancer, their families and caregivers. The cancer resource center serves 60 communities in the Northwest Suburbs of Cook County, and parts of McHenry, Lake and Kane counties. For information, call 1-847-221-2400 or visit www.wellnessplace.org.

Industrialists' Lavish Mansions

Around 1900, industrialists, who had amassed great fortunes investing in the growth of America, began building lavish mansions to display their wealth and secure their social position. These great

estates featured spectacular interiors and equally impressive landscape settings and were often modeled after the grandiose "country homes" of European aristocracy.

On Feb. 8, in the first of the two lec-

Women's Weekend in Lake Geneva, Wis.

Plan on breaking up the winter "blahs" by enjoying a fun-filled women's getaway weekend in Lake Geneva on **March 3rd, 4th and 5th**. Area lodging establishments and businesses are launching the first annual **"Women's Getaway Weekend,"** which will be packed with activities, demonstrations and exceptional shopping.

Here is a sampling of activities for the weekend:

- Paint your own votive at Artopia Shop and Gallery.
- Hear about and discuss *The Year in Review 2005*—top book club selections.
- Learn how "not to look your age"—options for maintaining a youthful appearance.
- Enjoy appetizers and an open house at The Cornerstone.
- Sample Irish soda bread at Flemings.
- Step into The Bootery, where beautiful shoes are all about spring color and fun.
- Find your one-of-a-kind fashions at Wild and Woolly.
- Enjoy spa treatments and makeovers.

• Make the most of many opportunities to win gift certificates and door prizes.

In less than an hour, you can be relaxing in the beauty of Lake Geneva. You will enjoy the quaint village, breathtaking scenery and a truly unique shopping experience. Whether you are shopping for clothing, furniture, gifts, accessories, food or wine, you are bound to find exactly what you are looking for. At the same time, you will find many opportunities for relaxing, learning something new or just plain fun with friends! And, to make it easy on your budget, the Grand Geneva, Bella Vista, Cove and Mill Creek hotels are all offering special packages and room rates for the weekend. But call soon, as space is limited!

For a schedule of events, please check www.artopiashop.com for more information and Web links to the hotels offering special weekend packages. Or contact The Lake Geneva Chamber of Commerce at **800-345-1020**, www.lakegenewawi.com.

Clifford's Nationally Touring Musical Adventure Show at The Raue Center

Featuring a brand new story, *Clifford The Big Red Dog Live!* brings the beloved characters from Birdwell Island—including Emily Elizabeth™, Charlie, Cleo, T-Bone, Jetta and, of course, Clifford—to an energetic spectacle for the whole family.

The show will run at the Raue Center For The Arts in Crystal Lake for two shows only, Feb. 9 and 10 at 6:30 p.m. The Feb. 9th show is *sold out*, however great seats are available for the Friday evening show! Tickets are \$22 and \$19.

For more than 40 years, Scholastic's beloved *Clifford The Big Red Dog™* has charmed and delighted children with his engaging adventures and "Big Ideas," simple life lessons that help young children navigate their world. Now, Turnstile Entertainment has created a new way for families to experience the crimson canine.

"We've created a fun, smart musical adventure that speaks to multiple generations through story, song and dance," said Stuart Snyder, Turnstile Entertainment principal. "We're proud of putting together quality live entertainment shows that can be enjoyed by the whole family."

Call now for tickets at the Raue Center Box Office, 815-356-9212. Box office



hours are Wednesday, 10:00 a.m. to 4:00 p.m.; Tuesday, Thursday and Friday, 10:00 a.m. to 6:00 p.m.; and Saturday, 10:00 a.m. to 5:00 p.m. Raue Center For The Arts box office is located at 26 N. Williams St. in Crystal Lake. Or visit Raue Center on the Web at www.greatnightout.org.



tures for the Seminar Series sponsored by the Barrington/Northwest Community Associates of the Art Institute of Chicago, Kathleen Roy Cummings will present a lecture entitled, "Great Estates: American Country Houses and Gardens."

Ms. Cummings has been connected with the Museum Education Department of the Art Institute since 1977. She received degrees in Art History from Northwestern University and Brown University and has been an instructor at Northwestern University's School of Continuing Studies since 1984. In addition to lecturing and instructing, Ms. Cummings serves on the

Board of Pleasant Home Foundation, Oak Park, and is a member of the Society of Architectural Historians.

The program on Feb. 8 will be held at the Barrington Area Library, 505 N. Northwest Highway, Barrington, and will begin with refreshments at 12:30 p.m., followed by the lecture at 1:00 p.m. The fee is \$15, and guests are welcome. To register for this event, please contact seminar chair Betsy Orr, 330 Mallard Point, Lake Barrington Shores, Barrington, IL, 60010, 1-847-381-2863. Advanced registration is preferred. Make checks payable to The Art Institute of Chicago.

Hypnosis

by Martin A. Nathan, M.A., L.C.P.C.

Hypnosis is being used more than ever for treatment of a variety of issues. These include nicotine addiction, eating disorders, nail biting, anxiety and panic attacks, weight loss, depression, anger, pain, and sleep disorders. *It is particularly helpful with stopping smoking.*

I'm a licensed clinical professional counselor and have been in private practice for over 28 years. I see couples for marriage and relationship counseling, and individuals for a variety of issues. I am certified in the use of clinical hypnosis and have been using it in my practice for the past 27 years.

I use hypnosis most often with individuals in order to quickly change habit and behavior patterns that the client considers undesirable. Using hypnosis helps the changes to take place in a much shorter

period of time than traditional counseling alone. The combination of short-term counseling with hypnosis saves both time and money.

If you think that you have an issue that may be treated by hypnotherapy, call and discuss your issue or issues with me. You will learn the approximate number of sessions, the cost per session and whether or not it's for you.

I am also a certified meditation instructor and teach "Introduction to Meditation" classes on a regular basis. Meditation helps you to respond better to stressful situations, lowers blood pressure and generally makes you feel better. If you are interested in learning how to meditate or wish to restart your meditation practice, please call 1-847-934-6555 for information.

Smooth, Hair-Free Skin for the Upcoming Summer

by Catherine Zedan-Grandi, L.E.,
Plastic Surgery Skin Care Specialist

Safe and long-lasting hair removal treatments are performed on a daily basis at **The Aesthetic Plastic Surgery Center of Barrington, LLC.**

The demand for hair removal is tremendous. Women as well as men are interested in having unwanted hair removed at the speed of light. As a Plastic Surgery Skin Care Specialist and with my many years of clinical experience removing hair, I am convinced that the noninvasive technology of Intense Pulsed Light is the best way to remove your unwanted facial and body hair.

Hair removal by IPL is faster and longer lasting as compared to waxing, shaving and topically applied creams. IPL is as effective as laser hair removal, yet it is safer.

Intense Pulsed Light hair removal uses gentle pulses of light to selectively remove hair follicles and impair its growth without injuring the surrounding skin. By a process termed "selective photothermolysis," the gentle pulses of light are absorbed by the substance that gives hair



its color (melanin) and converts the light energy into heat. The heat is transferred to the hair follicle, which is then selectively destroyed, making it unable to produce new hair. The IPL hair removal system offers very satisfying results in most people.

If you would like to schedule an IPL treatment and receive safe, effective and long-lasting hair reduction, please contact **The Aesthetic Plastic Surgery Center of Barrington, LLC**, at 1-847-382-4160.

Investment Strategies for Higher Oil Prices

Many investors are worried about the effects of higher fuel prices on the value of their investments. But high prices at the pump shouldn't prompt you to make big changes to your long-term investment strategy.

Though rising oil prices can contribute to an economic slowdown that sends stock prices lower, those negative results are not inevitable. Consulting Group examined the 10 largest average monthly oil price increases from 1970 through July 2005 and found that the relationship between oil prices and stock prices is somewhat unpredictable. For example, in January 1974, oil prices soared nearly 135%. However, the S&P 500 fell only 1%. In 1986, oil and stock prices moved in lockstep, rising 30.4% and 7.1% respectively. In fact, stocks gained 60% of the time oil prices rose.¹

It's likely that recent high gas prices

have left you with less money to spend elsewhere. And because consumer spending accounts for two-thirds of U.S. Gross Domestic Product growth, a weakened consumer can dampen corporate profits and pull down the economy.

But gas prices have not been prohibitively high. When we factor in inflation, the price of gas today is significantly less than it was back in 1981. In fact, oil prices would have to hit approximately \$90 per barrel—well above the current price—to match their previous inflation adjusted highs from 1980.

There are also several key differences between today's economy and that of the 1970s. Oil consumption as a percentage of U.S. GDP recently stood at 4.1%, down from 8.5% in the early 1980s, according to the Department of Energy. Inflation today is extremely low by historical standards compared to the double-digit levels of the

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1970s.

Given the current environment for oil and gas prices, you may want to consider these ideas:

• Stay fully invested. While there most likely is a relationship between oil prices and stock prices, it's not always clear how they'll interact.

• Stay diversified. Because it's not always certain which types of investments will perform best during periods when oil prices rise, it's prudent to build and maintain a well-diversified portfolio.

• Stay focused. Don't let media headlines or any short-term event—such as a spike in oil prices during a particular week or month—cause you to abandon your long-term investment strategy.

• Be opportunistic. Focus on sectors

that provide opportunities that are in line with your investment objective.

Debbie Schoendorf is a Certified Financial Planner and Second Vice President—Wealth Management with **Smith Barney** in Barrington and may be reached at 1-847-304-3530.

¹Source: *Standard & Poor's, Federal Reserve Bank of St. Louis—Standard & Poor's 500 composite Index is an unmanaged but commonly used measure of common stock total return performance.*

Past performance is not a guarantee of future results. Diversification does not ensure a profit and does not protect against loss.

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Elgin Academy Hosts Biographer's Tea for Students and Parents



Sixth-grader Máiread Nordli of Barrington Hills played the part of Margaret Mead at Elgin Academy's recent Biographer's Tea

Elgin Academy's fifth- and sixth-grade students once again celebrated history by hosting a Biographer's Tea at the Academy recently.

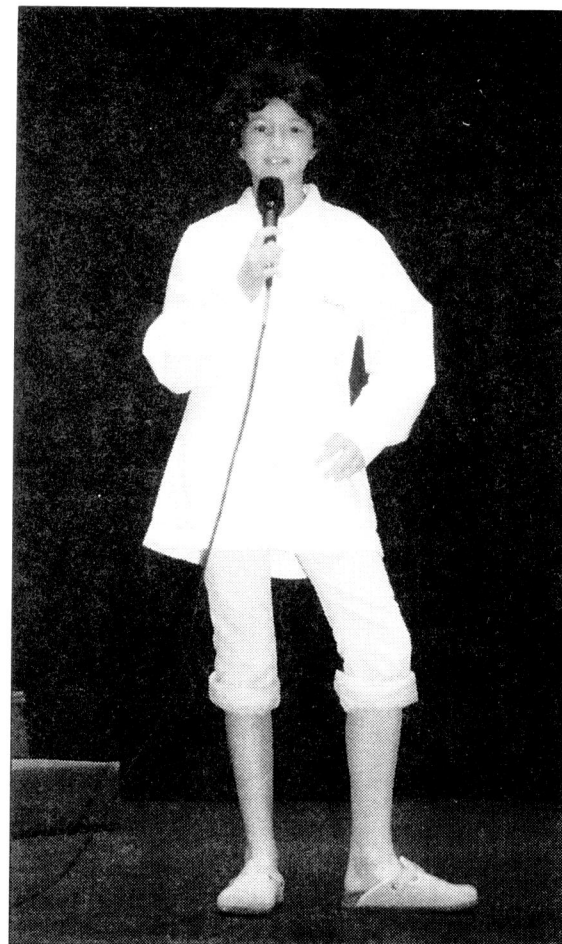
This year the theme was "Scientists and Explorers;" students were required to choose a scientist or explorer from history, research that person, construct a visual display, complete an oral presentation, and write a research paper. Then they dressed as the historical figure for a special tea where they remained in character while serving refreshments to parents, faculty and Upper School students.

"This part of the curriculum really helps students to analyze all of the personality traits and events that allow a person to make an important mark on history," said Erik Calhoun, director of admissions. "Years after they graduate from the Academy, students often say that the Biographer's Tea and what they learned from the research required was one of their favorite learning experiences."

From Astronaut Sally Ride to Sociologist Margaret Mead, approximately 40 students dressed the part. "It was a fun learning experience because I could act out my character," said Abby McArdle who played the part of Conservationist Rachel Carson. "She wrote a very important book, *Silent Spring*, that changed the way people thought about pesticides.

Elgin Academy is an independent, college prep-aratory school serving students from the northwest suburbs of Chicago. It offers small class sizes and academic, drama, art, music and theater instruction for students from preschool through high school. Chartered in 1839, Elgin Academy has an 18-acre campus located in the historic district of Elgin, Illinois.

For more information on Elgin Academy, visit its website at www.elginacademy.org or call Erik Calhoun at 1-847-695-0300.



Barrington Hills resident Abby McArdle, a sixth grader at Elgin Academy, posed as Rachel Carson while serving tea to parents.

Wellness Place Adds Reflexology, Individual Services for Cancer Survivors

Reflexology is a therapy complementary to conventional medicine. It promotes relaxation, reduces nausea and pain, and improves the quality of sleep. Susan Warris-Liepa and Helen Burns, certified reflexologists, will conduct 25-minute sessions for people affected by cancer from 4:00 to 7:00 p.m. on Tuesday, Feb. 21, at Wellness Place, a cancer resource center at 1619 W. Colonial Parkway, Palatine. Preregistration is required by calling 1-847-221-2400.

Reflexology is one of several new offerings introduced in the 2006 schedule of individualized services that Wellness Place provides at no cost to participants. Other services include networking and support groups, cancer-related counseling, and massage and healing touch therapies.

Networking and support groups for people living with cancer and their loved ones meet at regularly scheduled times and are facilitated by professionally trained staff to encourage conversation and information exchange. Some groups require preregistration by calling 1-847-221-2400, while others take walk-ins. Groups meeting in February include:

- *Finding Your Way*, a group of men and women who engage in ongoing conversations about how to live fully in light of their mortality, will meet from 12:30 to 2:00 p.m. on Thursday, Feb. 16. Using music, videos, and written and spoken words, participants will discuss how they make choices about the quality of their

lives.

- *Explore Your Spirit*, an ongoing discussion group that explores individual spiritual beliefs and practices to enhance well-being, will meet from 2:00 to 3:00 p.m., Thursday, Feb. 23. Explorations are not affiliated with any formal religious practices.

- *Stars*, a group for children aged 6 to 12 who have an adult family member living with cancer, explores questions, concerns and fears related to cancer through the use of art, play and storytelling. Call for details.

- *Pediatric and Adolescent Oncology Groups* will meet simultaneously in separate rooms for children and teens with cancer or brain tumor diagnoses, their siblings and parents, from 7:00 to 8:00 p.m. on Wednesday, Feb. 15, at Lutheran General Center for Family Care, Des Plaines.

- *Leukemia/Lymphoma/Multiple Myeloma Group* for cancer survivors will meet from 11:30 a.m. to 1:00 p.m. on Wednesdays, Feb. 1 and 15.

- *Men with Cancer Networking Group* will discuss issues faced by men with cancer from 7:00 to 8:30 p.m. on Tuesdays, Feb. 14 and 28.

- *Recurrence/Metastatic Group* for people with recurrence or metastatic disease will meet from 10:30 a.m. to noon on Thursdays, Feb. 9 and 23.

- *Breast Cancer Group* for anyone diagnosed with this disease will meet from 6:30 to 8:00 p.m. on Wednesday, Feb. 15.

BACOA's Caregiver Support Group to Focus on Adult Day Care

The Barrington Area Council on Aging's February Caregiver Support Group will focus on adult day care programs. Heather Schurke, coordinator of the Palatine Senior Center program, and Sara Sondergaard, coordinator of the Friendship Village program, will lead the discussion.

The group will meet Wednesday, Feb. 1, from 7 to 9 p.m. at the BACOA office

in the Prairieview Building at The Garlands of Barrington, 6000 Garlands Lane, Suite 100, in Barrington. Anyone interested is welcome to attend.

BACOA's Caregiver Support Group provides ongoing education and support for caregivers; meetings are held on the first Wednesday of each month from 7 to 9 p.m.



- *Family/Friends/Caregivers* will meet from 7:00 to 8:30 p.m. on Wednesday, Feb. 22.

Ongoing, individualized services, offered at no fee, include:

- *Cancer-Related Counseling* for individuals, couples and families to discuss resources and ways to cope with the impact of cancer. Specialized sessions are also available for children and adolescents.

- *Massage Therapy* is provided by professional volunteers and supervised interns from the Chicago School of Massage Therapy and Harper College to ease stress and fatigue. New appointment schedule begins the 25th of each month.

- *Healing Touch Therapy* is provided by volunteer practitioners who use a variety of techniques to balance the body's energy system and promote self-healing. New appointment schedule begins the 25th of each month.

- *CancerHelp*, a free computer-based

educational tool available to anyone who visits the Wellness Place Resource Center, is available during the regular hours of 9:00 a.m. to 5:00 p.m., Monday, Wednesday and Thursday; Friday until 3:00 p.m.; and Tuesday until 9:00 p.m. A lending library of books, printed materials, videotapes and cassettes is also available. Staff will assist.

- *Welcome to Wellness Place*, an orientation and tour, is held Tuesdays from 6:30 to 7:00 p.m. Other tour times and appointments for consultation are available by calling 1-847-221-2400.

Wellness Place provides free professional, cancer-related counseling, services and programs to enhance the lives of people living with cancer, their families and caregivers. The not-for-profit cancer resource center serves 60 communities in the Northwest Suburbs of Cook County, and parts of McHenry, Lake and Kane counties. For information, call 1-847-221-2400 or visit www.wellnessplace.org.

Quality Skin Care Services Available at Northwest Dermatology

Northwest Dermatology in Hoffman Estates will be offering discounted prices for **GentleLASE hair removal** through Feb. 28. At a reduction of \$25 per treatment, you can safely and effectively reduce unwanted hair. The GentleLASE laser is a fast, effective treatment of unwanted hair, requiring no creams or needles. Patients do not need to let their hair grow. The GentleLASE system, a revolutionary, long-pulse high energy Alexandrite laser with a dynamic cooling device emits a gentle beam of light that passes through the skin to the hair follicle where it is absorbed.

In addition, through Feb. 28, we are offering first time **microdermabrasion** treatments at a reduced cost of \$50. We have available the latest organic micro-exfoliation microdermabrasion. This microdermabrasion uses sodium bicarbonate crystals which are less irritating than tra-

ditional aluminum chloride crystals. In addition to surface exfoliation, microdermabrasion promotes the production of new cells in the deepest layer of the dermis; it cleans the pores, and stimulates collagen networking that can further improve skin textures. Our usual treatment cost is \$100 but through Feb. 28, we are offering an introductory special of \$50 for your initial treatment. Discounted package pricing is also available.

The physicians of Northwest Dermatology, **Susan Liebovitz, M.D., Patricia Ledwig, M.D., Leslie Beaird, M.D., and Alka Madan, D.O.** are all board certified dermatologists who provide quality patient care in general, surgical and cosmetic dermatology. Please call our office, 1-847-884-8096, for more information or to schedule an appointment.

Local Doctor Discovers New Side Effect to Muscle Pain Therapy—Younger Looking Skin!

Arlington Heights chiropractor Dr. Joseph Vistitsky stumbled upon new technology which eliminates or reduces lines, wrinkles, fluid and broken capillaries; reduces effects of sun damage; tones, lifts and shapes facial muscles; minimizes age spots; fades scarring, acne, rosacea and more. While researching new technology to help his patients with painful conditions and muscle injuries, he discovered that the same technology works to rejuvenate your skin with amazing results. There are no known side effects, and it is totally painless. Each treatment lasts about an hour, typical treatment protocol is four to 12 sessions to achieve optimum results. This, of course, depends on your individual case and your goals. It is important to note that many clients will experience

substantial improvement in their appearance after just few sessions and some after only one.

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Just call my office at **1-847-870-7980** and mention that you want a "free younger looking skin" qualifying evaluation. It's absolutely free with no strings attached. There is nothing to pay for, and you will not be pressed to become a client.

Due to expected demand for this new technology, I suggest calling at once. Any delays can lead to being placed on the waiting list. *And here's an extra bonus—* if you are one of the first 12 who call, I will give you your first treatment absolutely free. The regular fee is \$317. Call **1-847-870-7980** right now.

HomeBodies Helps Clients Firm Up and Shed Pounds

If the thought of going to a gym to work out turns you off, then HomeBodies may be just what you are looking for. Lisa Farley, owner of **HomeBodies by Pro-Fit**, has been serving the Chicagoland market for more than 15 years. Her staff of nationally certified trainers will work with you to develop a regiment of exercise and healthy eating that will help you firm up and trim away those extra pounds. You set the goals. They help you achieve them. All in the privacy of your own home. You don't own any exercise equipment? No problem. Their trainers can design effective exercise programs using no equipment.

Lisa says, "All of our programs are de-

signed to be convenient, fun, motivating, safe, diverse and above all, results-oriented." Implementing new health behaviors and making changes that will last is a specialty of HomeBodies' fitness trainers. They work closely with their clients to make sure they get the most out of each exercise session. HomeBodies' fitness programs can also be designed for those with special health needs, including sufferers of arthritis, lower back discomfort, knee and shoulder injuries, stress and osteoporosis. If you are serious about getting into shape, this one-on-one fitness training may be your best solution.

For more information, call HomeBodies at **630-261-1013, Ext. 21**.

Barrington Woman's Club "Fun-Raiser"

Lake Barrington Woods, a rental retirement community which provides independent and assisted-living facilities for seniors, will host the Barrington Woman's Club members and guests in a "Fun-

Raiser" event. Yes, you read that correctly. The club is planning on having some lively fun in this serene, wooded setting.

This event will take place on Wednesday, Feb. 15, at Lake Barrington Woods,

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located just off Northwest Highway at 22320 N. Classic Ct. A social hour will begin at 11 a.m., and tours of the facility will be provided. Lunch will be served in the dining room at noon. A \$15 donation to the Barrington Woman's Club scholarship fund is requested. Seating is limited to 50, so send your checks made out to Barrington Woman's Club to Judy Ligan, 468A Valley View, Lake Barrington, IL, 60010, by Feb. 10.

Each year, the Barrington Woman's Club provides scholarships and grants to promising university students. For the 2005-2006 school year, the club is already committed to giving \$38,000. This amount includes both new and continuing scholarships.

At 1 p.m., the members and guests of the Barrington Woman's Club are invited to gather in the Community Room. Prizes will be donated by local merchants and club members. Seating is limited to 75.

The Barrington Woman's Club's purpose is to promote cultural, recreational and educational activities in the community and to support various charitable and philanthropic organizations. Since 1987, BWC has contributed over \$280,000 in scholarships and donations toward social services for the Barrington area. Membership is open to any woman residing in the greater Barrington area. For information, contact Judy Gentile, membership chairwoman, at 1-847-882-6450.



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Japanese Gardens of Kyoto— A Stroll Through Paradise

Imagine the peace of the Japanese garden and contemplate the tranquility of these most-refined works of landscape art with the Garden Club of Inverness. The monthly meeting at 9:30 a.m., Thursday, Feb. 16, at All Saints Lutheran Church, 630 S. Quentin Road, Palatine, will feature a program by Diane Hunter on the Japanese gardens of Kyoto.

Hunter has been involved in Japanese garden design for 17 years, having studied in Kyoto, Japan, on five separate occasions. Her slide presentation, featuring 10 of the most beautiful gardens of Kyoto, includes gardens rarely viewed by the public. Viewers may feel they are strolling through the serenely beautiful Moss Garden or are experiencing the magnificent fall color of the Japanese maples, and will, perhaps, gain an understanding of the gardens' timeless serenity.

The program will begin after a brief business meeting and refreshments. Guests and new members are welcome. For information, call the membership chair at 1-847-358-8994.

The Garden Club of Inverness is a member of The Garden Clubs of Illinois, Inc., District IX, Central Region, and of National Garden Clubs, Inc.

Garden Club of Inverness Offers Scholarship

The Garden Club of Inverness is offering a \$1,000 scholarship to graduating high school seniors and college and postgraduate students with a demonstrated interest in an environmentally related field, e.g. horticulture, botany, landscape design, agriculture, forestry, conservation, natural resources management or environmental engineering. Applicants must reside in High School District 211 or in the area served by Barrington High School. For an application or for more information, please call the Garden Club of Inverness scholarship chair at 1-847-934-7929 or write to P.O. Box 562, Palatine, IL.

Since 2001, the Garden Club of Inverness has granted 15 scholarships and looks forward to continuing its support of qualified applicants.

BACOA Offers AARP Income Tax Assistance Program

The Barrington Area Council on Aging is once again offering the AARP Income Tax Assistance Program.

A trained AARP volunteer will assist seniors with their taxes on Wednesday and

Thursday mornings from 9 a.m. to noon at the BACOA office at the Prairieview Building at The Garlands of Barrington, 6000 Garlands Lane, Suite 100, Barrington; and Saturday mornings at Barrington Bank

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Dr. Dan Follmer graduated from Northwestern University Dental School in 1975. He then returned to the college to teach dentistry for two years, after which he returned to his hometown of Wauconda where he has practiced since 1977.

Committed to both academic and clinical excellence, **Dr. Follmer** assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

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Compassion in Action: Catholic Charities Provides New Hope Apartments

Sue Geegan of Inverness, director of the Service, Justice and Peace Community at Holy Family Parish in Inverness, tells us that seven local parishes have joined Catholic Charities to combat homelessness.

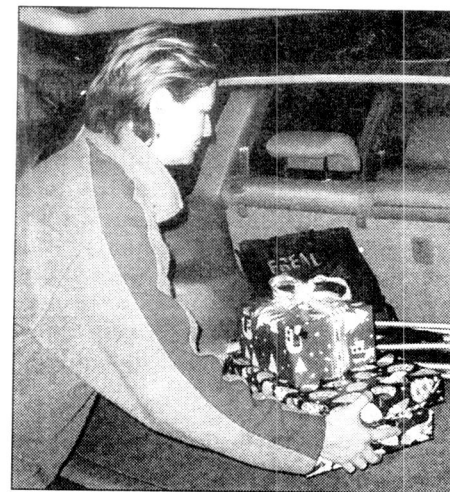
Each parish within the cluster contributes monthly to support families who reside in Catholic Charities' New Hope Apartments. At these locations, families are provided with a safe home and services to help them gain independence.

Parishes in the cluster include: St. Hubert, Hoffman Estates; St. Marcelline, St. Matthew and Church of the Holy Spirit, Schaumburg; St. Anne, Barrington; Holy Family, Inverness; and St. Peter Damian, Bartlett.

Catholic Charities' New Hope Apartments Program, north/northwest suburban region, provides housing in 22 apartments for heads of households who are at least 18 years of age and their children. These 22 apartments are scattered throughout Des Plaines, Glenview, Arlington Heights, Schaumburg, Palatine, Hoffman Estates, Elk Grove Village, Mt. Prospect, Niles and Evanston.

Entering the first stage of achieving self-sufficiency, new families to the program receive food for three balanced meals a day, utilities for their new apartment, personal care products and needed transportation. Each family is responsible for its own cooking, cleaning and shopping. In the second stage, families gradually assume more responsibility for monthly bills. As they become increasingly self-sufficient, they pay a percent of their rent. Most importantly, families are actively involved in a well-formulated plan for improving their life skills and planning positive changes.

Catholic Charities' social workers offer



Sue Keegan, of Inverness, loads toys for needy children into a van at Holy Family Parish in Inverness. She is director of the Service, Justice and Peace Community at the parish.

intensive professional coordination of community services and counseling. Goals are established for families, some of which include achieving greater self-determination to pay down debt, increase income, maintain employment and move on to independent living. Initiated in 1999, a job mentor program with volunteer mentors offers additional support. If needed, Spanish-speaking staff is available.

With the New Hope Apartments Program and additional supportive services, the average monthly cost to Catholic Charities per family is \$2,250. The average cost to Catholic Charities annually for a family of four is \$27,000—a figure significantly less than the cost of continued homelessness.

For information on the New Hope Apartments, please phone Catholic Charities at 1-847-376-2100.



& Trust, 201 S. Hough, Barrington. Assistance is by appointment only and will run from Feb. 1 through April 13.

Appointments fill quickly, so call as ear-

ly as possible to schedule an appointment. For more information or to schedule an appointment, please call BACOA at 1-847-381-5030.

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"Making Sense of Memory Loss" Program Aims to Aid Family Members

Some memory loss is normal as we age, but there are older people who experience frequent forgetfulness. What should family members know—and what can they do to help someone who is beginning to experience memory loss or other cognitive difficulties?

The Barrington Area Council on Aging and the Barrington Area Library will present "Making Sense of Memory Loss," a five-part educational program to help family members of persons in the early stages of memory loss. The program was developed by the Mather Institute on Aging and the Greater Illinois Chapter of the Alzheimer's Association.

The program will be presented on Thursdays from March 2 through 30. Each

class will meet from 9:30 a.m. to noon at the Barrington Area Library, 505 N. Northwest Highway, Barrington.

The topics will include: an overview of memory loss and related symptoms (March 2); communication strategies (March 9); dealing with changing roles and relationships (March 16); planning for the future (March 23); and effective ways of coping and caring (March 30).

Cost for the class and materials—including a book—is \$20. Registration is required at least a week in advance, and participants are encouraged to attend all five sessions.

For registration and further information on the program, call BACOA at 1-847-381-5030.




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Form, Function—Fabulous!

by Tamara Tabel

Ron and Bobbie Wood of Inverness were looking to change their 17-year-old kitchen. But they didn't want to merely replace their current cabinets—they wanted to truly renovate the space with something new and different. The Woods approached several kitchen/bath design shops looking for just the right approach. Once they saw the design from Kaye Hathaway of **Barrington Kitchen & Bath Studio**, they knew their search was over.

"Kaye's design was head and shoulders above anything else we saw," say the Woods. "She had an excellent concept for a totally different configuration that was both unusual and usable. It gave us three to four times more space, and made everything much more accessible."

To gain extra space, Kaye took the footprint of the original space and moved the kitchen to be in closer proximity to the breakfast room. This allowed the addition of a bar area, a walk-in pantry and a closet accessed near the back entry. The ovens, cook top and refrigerator wrap around the wall, and a long island provides plenty of additional counter space. The overall design provides a better traffic flow, and gives the Woods new efficiencies and amenities.

"It is truly a timesaving kitchen," say the Woods. "Everything is easy to find without having to search, and the work areas are grouped logically; so for example, the dishwasher is right across from where we store the dishes."

The Crystal cabinetry, finished in a light warm stain with a highlight, gives an inviting, Old-World charm to the Wood's new kitchen. Bordeaux Granite countertops add a splash of drama. As a special touch, a built-in toaster was added to the cabinetry in the breakfast area, allowing the Woods to enjoy breakfast while gazing out upon the pond and its majestic swans.

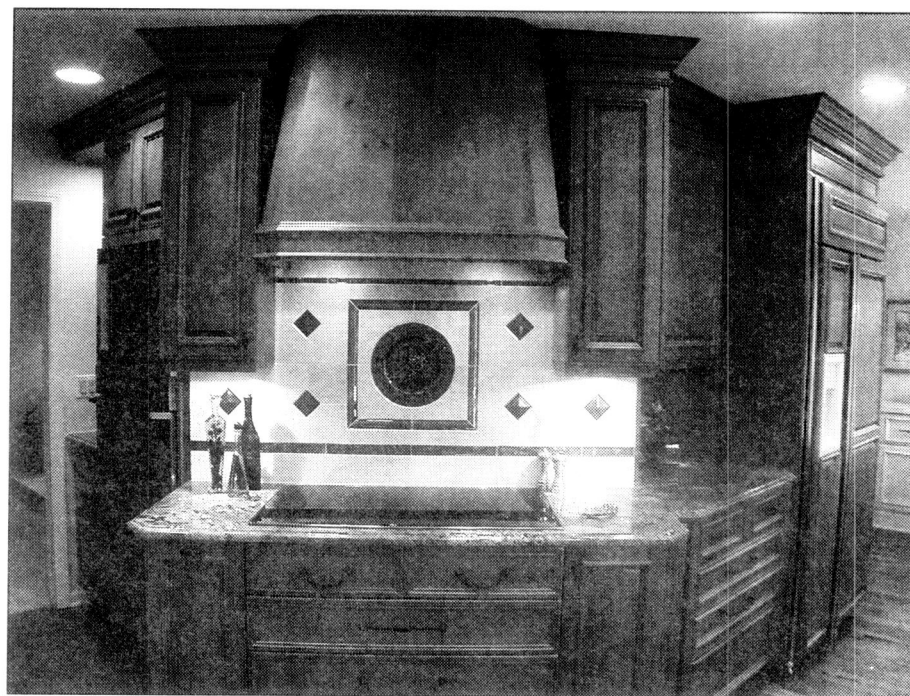
The renovation and installation was expertly performed by **Delta Renovations**. Delta oversaw every detail, from the cabinetry and molding, to the beadboard and reeding on the island, to the custom tile work above the cook top.

"The finished job is superb," said Ron Woods. "Every cabinet door closes perfectly, every draw slides beautifully. Everyone who sees our kitchen comments on the quality of **Delta Renovation's** workmanship."

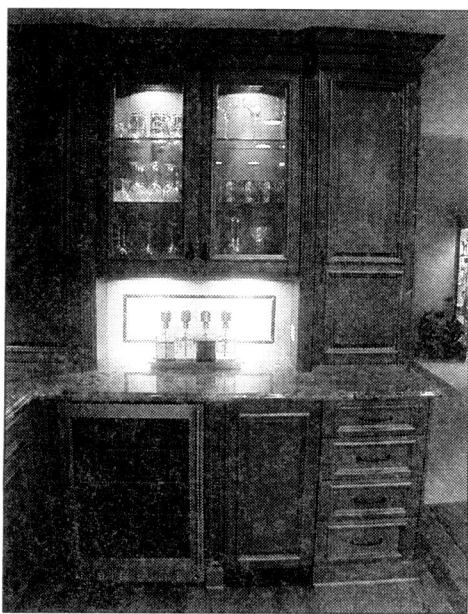
In fact, the Woods are so pleased with their new kitchen, they're now working with **Barrington Kitchen & Bath Studio/Delta Renovations** on a new master bath.

If you're considering a change to your home, talk to the experts at **Barrington Kitchen & Bath Studio** and **Delta Renovations**. Just call 1-847-381-3084. They'll help you transform your home from outdated to outstanding!

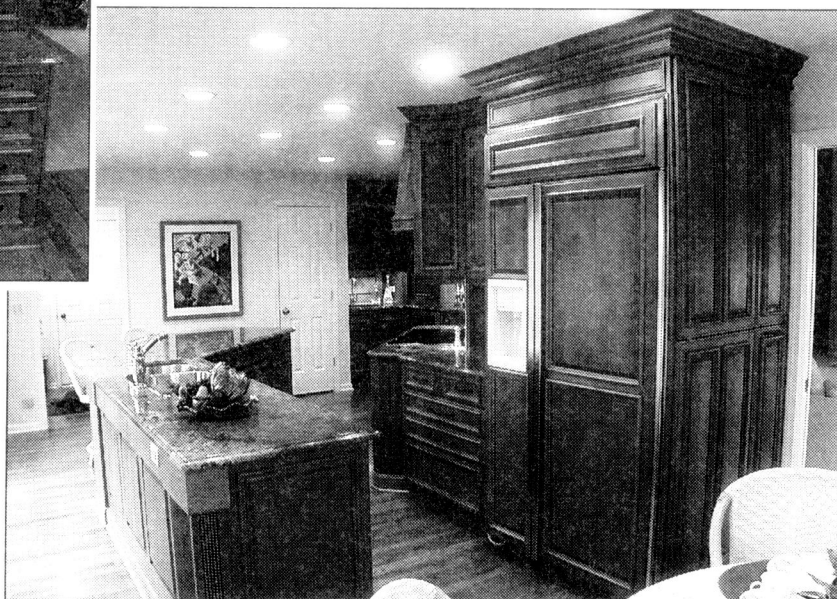
The new, open kitchen allows an easy flow between key work stations, and a generous island topped in Bordeaux Granite.



The focal point is a bronze, metallic medallion, beautifully inset with custom-cut, re-toned limestone.



The dramatic, built-in bar includes a wine refrigerator, wine rack, ice maker, wet sink and lit glass shelving to display glassware.



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LIFESTYLES

Homes & Interior Designs

SECTION

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What is **ORG**anization? To some, it's finding empty space and stashing things away, out of sight, out of mind. To others, it's tidying up an existing mess, taming the clutter.

But we at **Closet Masters** think **ORG**anization is more than that—it's part art, part science. It isn't just about having extra space for all your things; it's about having smart storage solutions. It's about putting things away, keeping them in order and being able to find them again, ready for use.

Since 1995, **Closet Masters** has been

committed to creating imaginative yet practical **ORG**anizing solutions. Quality materials and innovative accessories are combined with our experienced and professional design and installation to solve your toughest challenges. Our endless line of products is designed with you in mind and offers flexibility for your ever-changing **ORG**anizational needs. Check out some ideas and solutions at www.homeorg.com.

For a free in-home estimate, call **Closet Masters** at 1-847-669-7015.

We do more than closets.



Entry Turret Highlights Long Grove Home Nottingham Faces 400-Acre Buffalo Creek Forest Preserve

There's still time to put your finishing touches on our final custom home, located on a premium one-plus-acre wooded site, surrounded by a magnificent forest preserve in Long Grove. An intimate neighborhood of 15 one-of-a-kind opulent residences, the **Brookstone** community is being built by **Homes by Richmond**.

You can move into your 5,000-square-foot estate featuring a majestic turret entry, four large bedrooms and 5½ luxurious baths next spring.

A scenic nature preserve in a breathtaking setting is as close as your front door. Enjoy bird and deer watching and interesting wildlife—all within your neighborhood. It's secluded and totally immersed within a natural oasis, yet it's close to all the necessities you want.

The home features a two-story foyer with a circular staircase, a first-floor study, and great room with a carved stone fireplace, separate laundry and mud rooms, and a front and rear staircase. The custom kitchen is adorned in Tuscan alder wood cabinets with granite counters, and there is a center island, a walk-in pantry, a Sub Zero® 48-inch refrigerator, Bosch® dishwasher, Dacor® double oven and cooktop, and Maytag® washer and dryer. There are marble floors in the foyer, a master bath and cherry hardwood floors throughout, as well as Kohler® plumbing fixtures and Eagle® wood windows within the home.

Upstairs, the spacious master bedroom has a sitting room, two walk-in closets and a deck for relaxation.

European exterior features showcase a turret entry into the foyer and the dramatic façade is adorned in brick and stone with stucco accents. The back yard has plenty of room for a pool.

Other luxurious inclusions are an eight-foot, stained-oak front door, a custom circular staircase, French doors, tray ceilings, oversized crown moldings, highly detailed casings and base trim, carved limestone fireplace, cedar shake roof, elaborate entertainment system, television and data communications system, state-of-the-art phone system, and a nine-foot full basement.

At Brookstone, you will be impressed with the timeless architectural design of each residence. We take pride in creating impressive homes with European architecture. Our careful attention to detail and dedication to quality construction serve to protect your investment.

Located in southeast Long Grove, Brookstone has been described as a multimillion dollar island of lavish estate homes surrounded by the rural ambiance of a magnificent forest. Yet, it's close to everything important to you. The Nottingham is open Sundays from 10 a.m. to 5 p.m., but we will gladly arrange a private tour at your convenience. Call 1-847-541-2100.

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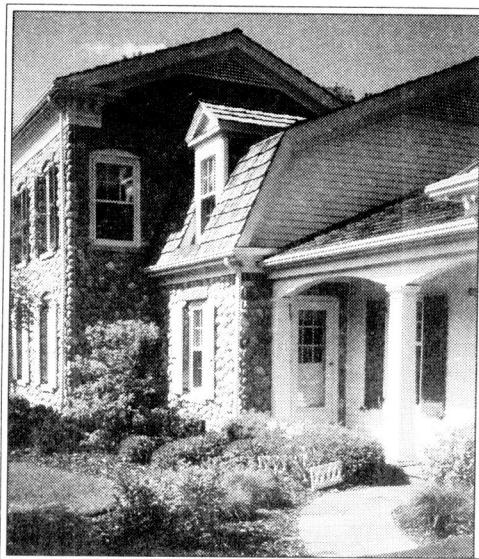


Take Lake Cook Rd. to Arlington Heights Rd., go north to Checker Rd, west to Schaeffer Rd. south, left on Richmond Lane to Open House. Broker Participation Invited.

Ask us about other premier one-plus acre properties in Kildeer and Long Grove.

Opulent 5,000 sf. residence, turret entry, 4 bedrooms, 5½ baths

Imagine overlooking 400 acres of majestic forest preserve at Brookstone in Long Grove. Take advantage of the last opportunity to build a custom home on a 1 1/2 acre wooded site in this highly desirable and prestigious community. There's still time to make your interior finish selections and move in this spring. Sumptuous appointments include natural stone and cherry hardwood floors, custom alder kitchen cabinets, granite countertops throughout, carved stone fireplace and convenient dual staircases. Children attend Stevenson High School District. This exquisite home is offered at \$1,449,000.



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Katrina Fund-Raiser



(From left) Master S. Morris Lawson, Congresswoman Melissa L. Bean, Rania El-Sorogy and Temi Ogunbodede

A Katrina fund-raiser that was held on Saturday, Dec. 10, at Prairie Middle School in Barrington by the Barrington High School student council and Barrington Martial Arts. All proceeds from this successful event were donated to the Salvation Army.

Many hard-working people contributed to this thoughtful event: Master Lawson, owner of Barrington Martial Arts; Melissa

L. Bean, a member of the U.S. House of Representatives and a local Barrington resident; Rania El-Sorogy, the public-relation liaison for Barrington Martial Arts; Temi Ogunbodede, head of the student council at Barrington High School; and 85 volunteers from the student council who tirelessly helped from 9 a.m. to 5 p.m.

WC of Inverness Collecting for Servicemen and Women in Iraq

The Women's Club of Inverness is collecting items to send to our servicemen and women in Iraq. If you know military men or women to whom we could send supplies, please call Gert Jacobson at 1-847-382-6006 or send an e-mail to rongert@comcast.net.

The club is collecting items such as: eyedrops, lip balm, suntan lotion, foot powders, beef jerky, small packages of tissues, small packages of hand wipes, playing cards, bandages, ointments, disposable cameras, gum, breath mints, individually wrapped snacks, over-the-

How to Choose Your Architect

New homes and home remodeling projects of long standing grace and beauty begin with hiring a good architect.

1. Look for an architect with the experience and expertise necessary for the kind of home you are dreaming of. Traditional or contemporary, historical or modern, custom or semi-custom, your architect should be able to share in your home interests and bring the necessary artistry and knowledge.

2. Examine the evidence of the architect's work. View drawings, photographs, and ideally visit a project or two in order to assess if the architect's work meets or exceeds your expectations. This bit of homework remains the best measure of an architect's suitability for oneself.

3. Consider personal compatibility and character. Your architect is a professional

you will need to work well with through out the planning and building process. Speak with a couple of references and ask some tough questions. You should be hearing and confirming a reasonably strong vote of confidence.

4. Review the fees and services associated with the architect. The home or home remodeling project you are working toward is achieved only by a certain level and quantity of applied artistry, and the commensurate level and quantity of architectural services and fees.

5. If you are considering a new home or home remodeling project on par with the best of previous generations consider investigating the services of **Shaffer, Coath & Potter Architects Limited**. Contact us at **1-847-381-4071**.



Oakview Pet Resort Proudly Announces Its New Expansion for Late Spring 2006

Oakview Pet Resort offers a full-service grooming salon and modern boarding facility to meet the needs of your beloved pet.

Oakview Pet Resort's expansion will include many new amenities such as a state-of-the-art dog training facility, dog

hydrotherapy pool, suites for the most pampered pet and wonderful new indoor and outdoor play yards for the most discriminating pet.

Call **Oakview Pet Resort** at **1-847-526-1388** to make an appointment.

Children's Choir Performs *Miracle at Midnight*



Members of the Barrington United Methodist Church's Children's Choir performed *Miracle at Midnight* by Kathie Hill on Sunday, Dec. 4.



counter pain medication, socks, etc. Monetary donations payable to the Women's Club of Inverness will be used to purchase additional items or pay shipping costs.

We thank our members and those in the community who continue to support these efforts. We know it means a lot to these men and women to be remembered and supported by their local community.

Take a Landscape Journey—Life is What You Make It... and So is Your Landscape

So often, we read about "purpose" and how when we know the "why" or reason for something, we will be happy and fulfilled and able to deal with life's stresses. Question is, how do we do this?

Our purpose as a 26-year-old landscape design/build firm is to help you discover your landscaping "why" and then take that "why" and turn it into a reality.

Begin by asking yourself, "Why do I want this? What am I trying to accomplish?" And when you answer yourself honestly, your path will be clear and answers will come.

So my first question to you is: "Why are you choosing to change your present landscape? What is your dream?" Because only when you know your "why" will you ever be happy with the change.

The Four Steps

Our approach in designing a successful landscaping project is no different than how you have created other accomplishments in your life. All successes in life—and that includes a successful landscape—are composed of four steps:

- Determine what you want
- Decide what you're willing to trade for what you want
- Associate with people who can help you reach your goal
- Have a plan that works, then work the plan

Determine What You Want

Always be clear on what you expect. Ask yourself questions. Is your outdoor envi-

ronment grass to cut and trees to trim or is it a life lesson, always challenging because it offers constant change? Are you concerned about privacy? What's important to your family, throwing a ball, relaxing by a pool or enjoying the birds? Whatever your answers to these and other questions, the only right answer is yours.

The Trade-Off

Don't fool yourself into thinking you can get something for nothing. Everything costs either time or money. Know what you're willing to spend, both now and in the future. Quality landscaping takes money now to begin and time to allow it to flourish. Your gain will be commensurate with how you spend these two precious commodities.

Your Associations

When hiring a contractor, make sure their vision and abilities can fulfill your dreams and goals. Do your due diligence. Read books, get recommendations and meet with the contractor. Ask yourself if this is someone who is capable of doing what you want and will you be able to work with them.

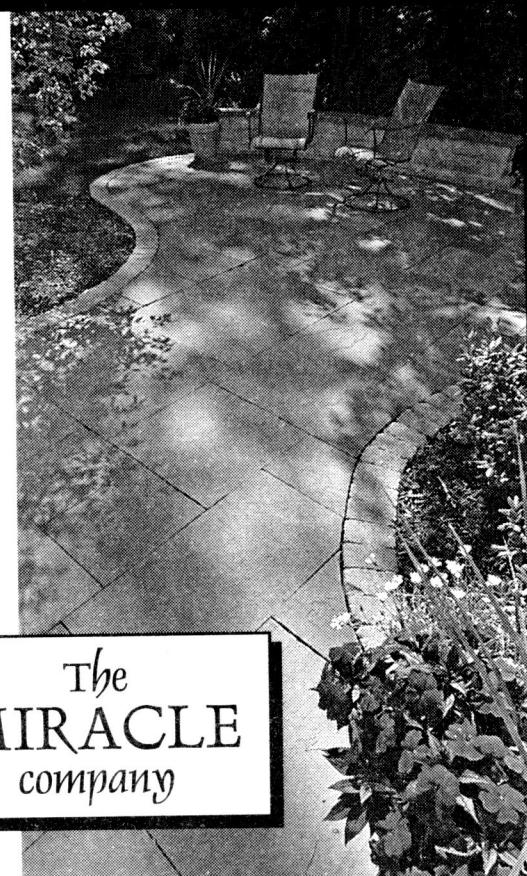
The Plan

Once you've addressed the first three elements, now it's time for action and decision. Create your plan while always keeping the end in mind—your purpose. If you can't make up your mind, maybe it's because it doesn't feel right and you've veered off course away from your "why."

(Please continue on following page)

- Licensed Architects
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BARRINGTON HILLS

Designed w/ the highest quality finishes & craftsmanship, this exquisite home, completed in 2004, features 2-story great rm w/ soaring stone FP, kit w/ fire-lit hearth rm, stunning master retreat, 4 FPs, 5 generous BRs & 4 full, 1 half BAs, 5 car garage w/ workshop, screened porch, in-ground pool and gorgeous landscaping.

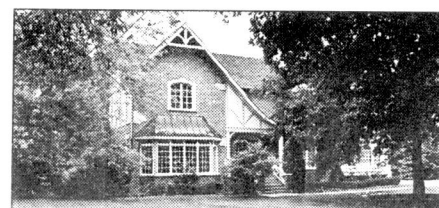
OFFERED AT \$1,695,000



BARRINGTON HILLS

A long, winding drive leads to this stunning brick residence. Set on an idyllic, private, wooded, cul-de-sac w/ prof & natural landscaping, a flowing floor plan, dramatic 2-story family room, study & sunrm. Fab new gourmet kitchen w/ granite countertops, inviting master w/ balconied terrace, 3 FPs, fin walkout LL & 4 car gar.

OFFERED AT \$1,599,000



BARRINGTON

Stunning updated English Tudor nestled in a heavily wooded setting. Fabulous new gourmet kitchen, gorgeous master suite & fresh decor. Full walkout lower level, two FPs, meticulous attention to detail and finest finishes. Three car garage, extensive terrace areas, and brick paver drive further enhance this special offering.

OFFERED AT \$1,199,000



BARRINGTON HILLS

This delightful equestrian property is set on 15 magnificent acres. The charming, updated 3 BR brick home features a fresh decor, inviting sunroom w/ Vermont casting stone, firelit living room, formal dining room & sunfilled kitchen. The gorgeous setting offers a pond, barn w/ ample turnouts, gardens & hardwoods.

OFFERED AT \$1,800,000



BARRINGTON HILLS

This charming Cape Cod home is set on 7.5 private, wooded acres. Renovated & expanded, it includes a new gourmet kitchen w/ top-of-the-line appliances & granite counters, dramatic FR & master suite additions, & inviting porch. A 2 stall barn w/ ample turnouts, stone terrace & gar for 5 vehicles complete the perfect picture.

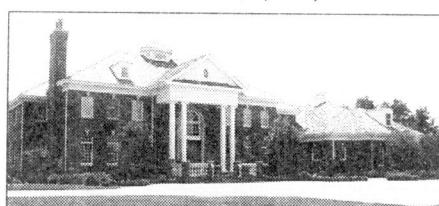
OFFERED AT \$1,059,000



BARRINGTON HILLS

Set on a private, wooded site, this 5 BR classic is the epitome of refined country living. Abundant in character & charm, & designed for personal comfort & festive gatherings, it features exquisite architectural detail, 5 FPs, gourmet kitchen, idyllic views, sparkling pool, 4 car gar, magnificent grounds & expansive stone terraces.

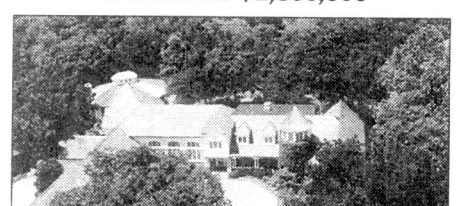
OFFERED AT \$1,949,000



BARRINGTON HILLS

Outstanding 6 br, 8.1 ba custom brick Georgian set on 10 rolling acres overlooking picturesque Goose Lake. Magnificent architectural design and detail. It includes a stunning gourmet kitchen, sumptuous master suite, 6 fireplaces, finished walkout lower level, Stone terraces and 4 car garage. It is elegant, warm & very livable.

OFFERED AT \$4,990,000



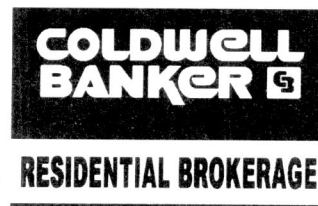
BARRINGTON HILLS

Incomparable estate set on 17 rolling, wooded acres. Designed for a gracious lifestyle, this stone & cedar residence offers the finest custom finishes throughout its substantial comfortable interior. This beautiful estate includes 2 guest houses, pool, tennis court & 4 stall barn. Its location is prime and protected, its appeal, timeless.

OFFERED AT \$5,190,000



Greg Bradley
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Meg Cleavenger
847-212-0917

Landscape Journey

Life and landscaping should be a wonderful adventure to be enjoyed. Surround yourself in beauty, and success will be yours!

We hope you found this information

(Continued from preceding page)

helpful. If we can be of service for any landscaping needs, give **Mark McGinnis** or **Michael SanFilippo** a call at **1-847-426-9190**.

Blues and Poetry Rocks One-Man Show

Barrington Area Arts Council presents *These Locks Are So Easy*, bluesman-poet Geary Smith's one-man show of harmonic blues music and powerful poetry, on Saturday, Feb. 18, at 7 p.m. Admission is \$15. Beverages and light snacks will be available. Seating is limited, so please call 1-847-382-5626 for reservations.

Geary Smith was raised on Johnny Cash, Willie Nelson and "the good book." His formative years were influenced by Kurt Vonnegut, Jim Carroll and southern guitar armies. He later picked up harmonica and discovered John Lee Hooker, Muddy Waters and Skip James.

Geary has been reading his riveting poetry in the Northern Illinois area for several years. His longer narrative works have allowed him the opportunity to share the stage with some of the Midwest's finest

storytellers. A self-published book of poetry is in the works for late 2006.

While the Geary Smith Band has been performing live for several years, Geary has also been playing harmonica for the renowned J.W. Rice Band. Currently, he is working on a blues CD of original songs with musicians from a variety of backgrounds.

"It's mostly blues, but has a spoken-word influence. The people I'm playing with come from blues, rock, classical, jazz and punk. We're a fun mix," he said.

A veteran performer and BAAC audience favorite, Geary's harmonica playing will blow you away, while his free-verse song, blues and country poetry will move you and sometimes make you laugh out loud.

Call for Artists—"Places We Call Home"

"Places We Call Home" will run from June 6 to July 27, 2006. This photographic exhibition will explore what "home" means to the artist. All forms of photography and digital imagery will be accepted. There is a \$25 jury fee, but cash awards will be presented. Jurying will be via slides only;

no e-mail or CD submissions will be accepted.

The deadline for slide submission is March 16, 2006. Please send a #10 SASE for prospectus to: NWCC Corporate Gallery, 5999 New Wilke Rd., Suite 307, Rolling Meadows, IL, 60008.

Backyard Beauties and Beasts

All events will take place on Saturday, Feb. 25, from 8:00 a.m. to 3:30 p.m. at the McHenry County College Conference Center.

• *The Myths of Coyote Ugly*—Chris Anchor of the Cook County Forest Preserve District will speak on "Coyotes in Urban Areas." There has been a consortium of experts studying urban coyote populations in Northeast Illinois, led by Dr. Stanley Gehrt of Ohio State University, Cook County Forest Preserve District, Brookfield Zoo and the Max McGraw Wildlife Federation of Barrington. Hear about the interesting findings from this unprecedented study.

• *Requiem for Your Lawnmower*—Mike Sands, Ph.D., is the environmental team leader at Prairie Crossing, Illinois, where a natural yard is the norm, not the exception. Prairie Crossing has received national recognition for their environmentally friendly development. Mike is in charge of the natural landscaping program at this community and will share this amazing success story of turf grass to prairie haven.

• *Monarch Magic*—Back by popular demand is Randy Korb from the Audubon Society in Wisconsin. Randy delighted the audience at last year's seminar with his "Meet the Frogs" program. This year, Randy will be back with a talk on butterflies, caterpillars and all things lepidoptera.

• *Got Shade?*—Author of both the popular book *Go Native* and the recently released *Got Shade?*, popular garden lecturer Carolyn Harstad will delight the audience with her experiences in gardening with natives. Carolyn is a founding member of the Indiana Native Plant Society, master gardener, nature photographer and contributor to several gardening newsletters.

All this and lunch for the bargain price of \$30 if paid in advance (\$35 if paid at the door).

Vendors of native gardening services and products will be available. There will be books for purchase to enhance your knowledge of native plants.

BACOA to Assist Seniors and Families with Medicare Part D Questions

The Barrington Area Council on Aging is providing assistance to area seniors and family caregivers trying to decide which Medicare Part D insurance policy they will take.

Seniors can call the BACOA office with

questions; one-on-one appointments may also be available at the office at 6000 Garlands Lane, Suite 100, Barrington. Seniors can call BACOA at 1-847-381-5030 for information or to schedule an appointment.

Sharon Prassel Interiors

847-381-3888 – sharon@prassel.com

Sharon Prassel Interiors works on projects, large and small, in a variety of styles. She offers consultation and 21 years expertise in new construction, kitchen and bathroom design, lighting design, furniture and accessories, custom cabinetry, home offices, space planning, fabric and upholstery, floor coverings and window treatments.

Few design firms can offer such diversity and professionalism. Attention to detail is one of Sharon Prassel's strengths. She has worked with clients around the Chicago area, but she focuses primarily on designing homes in the northwest suburban communities.

Her specialty is pulling the whole look together that is unique and fits the needs of each of her clients' while still being sensitive to the client's budget and lifestyles.



Office: 847-381-3888

Email: sharon@prassel.com

Web: SharonPrassel.com

Purchasing Office Space is More Cost Efficient Than Leasing

If you are a savvy professional in the medical, dental, accounting or marketing fields, you may be interested in owning luxurious office space in Barrington. We offer a great location, upscale ambiance, and the rewards of individual ownership. **The Barrington Commerce Center** is a four-building complex comprised of 2,000-to-2,500-square-foot office suites built by **Harris Builders**.

"Wise entrepreneurs and business owners are looking for ways to leverage opportunities for maximum benefit," said Evan Harris. "Barrington Commerce Center offers an opportunity to stop paying rent, build equity and own quality office space in a prime location at an affordable price," he added. More business owners are realizing the advantages of office ownership as a better alternative to leasing.

Purchase vs. Lease

For example, when comparing a five-year savings of purchase vs. rent for a 2,000-square-foot office space including utilities and association dues, the purchase expense is \$93,000 while leasing the same space costs \$184,000. This translates into a huge \$91,000 cost savings over a five-year period.

Prime Location

Barrington Commerce Center is in a great location, next to the Grove Street Post Office and one block east of the intersection of Barrington and Dundee roads. It offers convenient access to I-90, NW Tollway, downtown Barrington, O'Hare Airport and

Chicago.

Upscale Space

An upscale cluster of two-story luxury office buildings featuring low-maintenance stone, brick and stucco exteriors, Barrington Commerce Center has lots of curb appeal and is surrounded by extensive manicured landscaping. Visitors enter through an inviting beveled glass door into the soaring marble foyer. Greeted by rich cherry woodwork, a grand staircase, elaborate chandelier and intricate crown moldings, clients and owners will be impressed by the luxury of each building. Office condominiums range from approximately 2,000 to 2,500 square feet and include an additional 262 feet of secured lower-level storage. Single or multiple units are available, priced from \$363,300 to \$459,000.

Special Features

All buildings are handicap accessible with state-of-the-art video surveillance as well as security and fire suppression systems. Owners will have key card access. Energy-efficient buildings have R-28 and R-38 insulation with low E windows. Included in each office are 125-amp electrical service and Internet services.

Control Over Your Destiny

Entrepreneurs who purchase office space no longer have to face the uncertainties of increased rents. No more jitters when it comes to renewing a lease and enduring escalating rents. To learn more, call us at **1-847-381-4343**.

LUXURY OFFICE OWNERSHIP

Custom Office Condominiums in Barrington



You can save money by owning rather than leasing luxurious office space in the Barrington Commerce Center, an upscale complex of 2-story, low maintenance office buildings. Exterior architecture is a combination of stone, brick and stucco surrounded by beautifully landscaped grounds.

Our office condominiums are suitable for dentists, lawyers, entrepreneurs, business owners and other professionals looking for a way to maximize their profits. As an extension of your at-home lifestyle, our condominiums offer high ceilings, cherry woodwork, decorative moldings, a grand wrought iron staircase, and much more. Come in and tour our on-site model.

Available for immediate occupancy
2,000 sf. unit divided into 5 executive offices

LUXURY INCLUSIONS

- Elevator/handicap accessible
- Security & fire suppression systems
- State-of-the-art video surveillance
- Key card entry for safety
- High-speed Internet access
- Upgraded phone systems
- 1,800-2,250 sf. luxury units
- 262 sf. climate controlled storage office space
- Inviting common entrance with chandelier
- Close to I-90 & Northwest Highway
- Starting from \$363,300

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Food Expert to Advise Cancer Survivors About Healthy Eating

Joyce Angell, a registered dietitian, will help people affected by cancer to look at wise choices for healthy eating in four sessions during February at Wellness Place, a cancer resource center at 1619 W. Colonial Parkway, Palatine. Small groups will meet from 12:30 to 2:00 p.m. on Thursdays, Feb. 2, 9, 16 and 23. Attend one or more of the free sessions and preregister by calling 1-847-221-2400.

Angell will lead a group discussion on diet, nutrition and eating concerns, and participants may share success stories and learn how to fine-tune their healthy eating choices. Angell has more than 20 years

experience in food research and is coordinator of the Campus Wellness Program at Concordia University, River Forest, where she also is a member of the university's adjunct faculty.

Wellness Place provides free professional, cancer-related counseling, services and programs to enhance the lives of people living with cancer, their families and caregivers. The not-for-profit cancer resource center serves 60 communities in the Northwest Suburbs of Cook County, and parts of McHenry, Lake and Kane counties. For information, call 1-847-221-2400 or visit www.wellnessplace.org.

EARLY Deadline!

The deadline for the **March Issue** is **Thursday, February 9.**

Please send your press release/advertising materials to:

Lifestyles Magazines c/o Editor

P.O. Box 293

Crystal Lake, IL 60039-0293

or e-mail: editor@lifestylesmagazines.com

(815) 459-4820

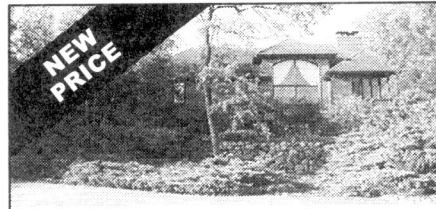
CONTINUING TO SERVE BARRINGTON AS THE #1 OFFICE



South Barrington **\$3,927,000**
Lakefront 6 BR, 7+ BA, 4 fplc. 14,000 sq ft on 3-levels. 2-story kit w/ granite counters & Sub-Zero. Bonus rm, sun rm, finished walkout, pool, 4-car gar on 2.8 acres.
Bob Untch **847/277-2295**



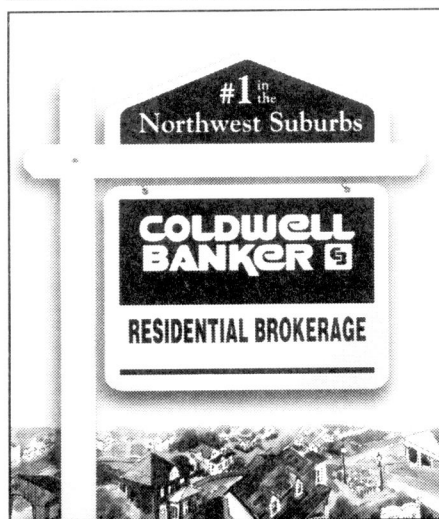
Deer Park **\$1,960,000**
Striking 4 BR, 4+ BA lakefront hm on 20 ac w/ priv 5-7 ac lake. Dramatic views, cath clgs, fin ll w/ wkout, FP & 2 lrg rec rooms. Htd gar, wraparound deck/brk patio.
Mary Spinner **847/277-2284**



Barrington Hills **\$1,575,000**
Beautiful 6 br, 4.5 ba hilltop Colonial w/ sweeping countryside views. Finished ll w/ rec rm, exercise rm. Sunny patio w/ pool, cabana. 3-stall barn. Quiet setting.
Mary Spinner **847/277-2284**



Barrington **\$1,395,000**
All brick 5 BR, 4.5 BA Colonial. Maple flrs, cabs, trim, drs & built-ins, granite. 2-sty foyer. Approx 8300 sq ft. on 3 levels. Lrg. Mstr. 6 Car Heated Gar.
Bob Untch **847/277-2295**



**303 E. MAIN ST.
SUITE 101
BARRINGTON**



Barrington Schools **\$699,000**
Barrington Schools! 4 year new, 4 BR, 10' or cath ceil, study, sun rm, kit w/ granite counters & 2 islands, 2-story FR, English bsmt, huge mstr suite. Hdwd flrs.
Sherl Wheeler **847/370-3808**



Barrington **\$469,900**
4 BR, 3.5 BA home. New kitchen w/ center island, hdwd floors & more. Den. Updated baths, fin bsmt w/ full bath & office. Pro landscaped interior lot. New roof & furnace.
Joan Burny **847/277-2705**



Lake Zurich **\$414,900**
Two story Colonial w/ 4 BR, 2.5 BA in newer Lake Zurich neighborhood! Eat-in kitchen w/ double pantry, ceramic floor & countertops. Master suite w/ walk-in closet.
Jane Pohlman **847/277-2722**



Chicago **\$408,700**
Fantastic 4 BR, 2 BA home w/ lrg living rm & dining rm, wd flrs. Updated kit w/ oak cabinets & sunny breakfast rm. MBR suite w/ office/den. 2-car gar. Great yd.
Jackie Edwards **847/277-2266**



Barrington Schools **\$479,000**
Victoria Woods 5 BR, 2.5 BA Colonial. Largest model. Backs to Hunter's Farm Woods. 2-stry foyer, open floor plan, 2-stry family rm w/ frpl, hdwd.
Sherl Wheeler **847/370-3808**



Wauconda **\$324,900**
Brick & low-maintenance 4 BR, 2.5 BA 2-story in desirable Oak Grove! Corian in sunshiny bright kit, newer appl, 2nd fl lndry. Fabulous interior lot, party-sized deck.
Holly & Wayne Wyckoff **847/277-2291**

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AAUW Plan Events

The American Association of University Women, Barrington Area, Illinois Branch, Inc., promotes equity for all women and girls, lifelong education, self-development and positive societal change. Membership is open to any graduate of an accredited university/college, and guests are welcome to attend two meetings prior to joining.

The branch annual winter luncheon will be Saturday, Feb. 18, at The Garlands at 11:30 a.m. Dr. Mary Herrmann, superintendent of District 220 schools, will speak on the national No Child Left Behind law and its impact in District 220 schools. The Barrington League of Women Voters co-sponsors this event.

The luncheon book group will meet the second Wednesday, Feb. 8, at The Garlands, noon to 2:00 p.m., to discuss

Travels with Charlie by John Steinbeck. Call chair Loretta at 1-847-381-5012 or 1-847-381-1804.

The evening book group will meet Tuesday, Feb. 28, at 7:30 p.m. in a member's home to discuss *The Mermaid Chair* by Sue Monk Kidd. Call Peg at 1-847-381-4791.

Great Decisions will continue for consecutive Tuesdays until March 14 at the Barrington Library at 1:00 p.m. Topics to be studied and discussed are: UN Reform, US and Iran, Brazil, Energy, Human Rights /Terrorism, China and India, Turkey, and Global Pandemics. These are based on materials prepared by the Foreign Policy Association. Call Bobbie at 1-847-381-3315.

Clearbrook Wine Tasting Wrapped in Chocolate

Join us for Friends of Clearbrook's wine tasting called "A Grapevine of Friends" at the Stonegate Conference & Banquet Centre in Hoffman Estates on Saturday, Feb. 25. Beginning at 6:30 p.m., guests will be treated to gourmet food stations, jazz music and a sampling of wines, courtesy of Whole Foods in Palatine. Back by popular demand, the VIP Room will showcase

delectable chocolates from Chocolate Potpourri and a variety of champagnes.

Proceeds benefit Clearbrook's Employment Services Program for adults with developmental disabilities. Tickets are \$85 per person for general admission or \$105 including VIP Room entrance and can be ordered at gdrake@clearbrook.org or by calling 1-847-385-5012.

"The Joy of Bees" on Program for Green Thumbs

The Green Thumbs of Barrington Garden Club will meet on Monday, Feb. 20, at the Barrington Area Library at 12:30 p.m. Those attending will be treated to an interesting program, "The Joy of Bees," presented by Vicki Wiedenheft, who is a member of the club.

In years past, Vicki and her husband were keepers of two beehives. She is going to share information about the honey bee and man's relationship with it through the ages. The audience will learn how this non-native bee came to America, the story of its westward expansion, its social style of living, and its importance to agriculture. Some beekeeping equip-

ment will be on display to show how the modern beekeeper manages a hive.

The historical recognition of the bee's special attributes is evident in a description by Jonathan Swift (1667-1745) who stated that the honey bee has furnished mankind with "the two noblest of things, which are sweetness and light." Visitors and guests, both men and women, are welcome to attend this exceptional program.

The Green Thumbs Garden Club is a member of Garden Clubs of Illinois and National Garden Clubs, Inc. For further information, please call Trudy at 1-847-381-6427.



Lakeshore Ski & Sports Club's Feb. 1st Meeting

Lakeshore Ski & Sports Club will meet on Wednesday, Feb. 1, at Chief O'Neill's Pub, 3471 N. Elston at Albany in Chicago. The meeting will begin at 7 p.m.

The 2005-2006 ski season is half over, but there are still a few openings left on some ski trips for anyone who would be interested. All who are interested are cordially invited to attend our meeting and

learn about the advantages of becoming a member.

For further information, visit our Web site at www.lssc.org, call 708-786-3992 or e-mail us at lakeshoreskiandsportsclub@yahoo.com.

The Lakeshore Ski & Sports Club was founded in 1955 and is celebrating its 50th anniversary this year.


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Five Acre Wooded Paradise with Beautiful Imported Finishes - Just Three Years New.
Suzanne Luby/Liz Luby 847/277-2777




Long Grove \$1,925,000
5 BR, 4+ BA country estate. True masonry stucco exterior, rich millwork, 5 fireplaces. Gourmet kit. 3 acres. Stone terrace, 6 yrs old. 4 car gar.
Anne Kaplan 847/465-3646



Barrington \$1,875,000
Sweeping Views of Adjacent Nature Preserve - 8,400 Square Foot Sanctuary with finished walk out LL + 4 car garage.
Suzanne Luby/Liz Luby 847/277-2777




South Barrington \$1,750,000
Stately all brick beauty on 1.5 acres in Spring Creek offers nearly 10,000 sq ft. 5 BR, 5 & 2 half BA. A full fin Eng LL & a spacious wing set up for a home office or hobby.
Suzanne Luby/Liz Luby 847/277-2777



Barrington Hills \$1,750,000
Waterfront-4 br, 4+ ba home on 5 acres. 2-sty fam rm, kit w/2 granite islands, sun rm. Mstr w/sitting rm. 4 flpc, loft & walkout w/rec rm, off, exercise rm, 4 c gar.
Sherl Wheeler 847/370-3808



Barrington Hills \$1,750,000
10+ Gorgeous Acres Contiguous to Riding Trails offer Broad Vistas - Attached 2nd Residence Perfect for In-law, Home Office or Multi Generational Arrangement.
Suzanne Luby/Liz Luby 847/277-2777



Deer Park \$1,175,000
Spectacular Waterfront Location - Full Finished Lower Level. 1st floor master suite + 4 car garage.
Suzanne Luby/Liz Luby 847/277-2777




Lake Barrington \$1,089,000
Set on 1+ prof landscaped wooded acres. 4 BR, 4.5 BA, 3 flrpl & hrdwd floors thruout. Magnificent kit w/ granite, stainless appls. Fin. w/out.
Laura Balistreri 847/277-2707



Barrington \$989,900
Former Model Poised High on Lush Acre offers Vol Entry & Family Room, Bedrooms W/ Private Baths & Dual Staircase. "SPACIOUS"
Suzanne Luby/Liz Luby 847/277-2777



Barrington \$899,000
Totally Renovated with Today's Most Sought After Amenities - The Epitome of Elegance.
Suzanne Luby/Liz Luby 847/277-2777



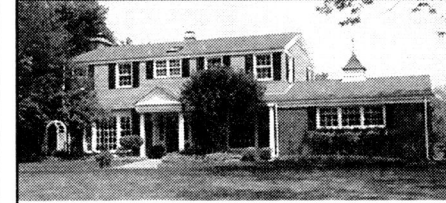
South Barrington \$895,000
Versatile Lay Out on 1.6 Acres, Makes Life Easier - In law apt. w/Private Entrance & 2 BR, Kitchen & Bath + 4 Car Garage.
Suzanne Luby/Liz Luby 847/277-2777



NEW CONSTRUCTION
Carpentersville \$874,700
Custom 4 BR, 5 BA home in upscale Spring Acre Hills Features Brazilian cherry floors, cherry/granite kit, study, finished walkout LL & 3-car gar.
Jack Sanderson/Barb Wessberg 847/903-9688




Barrington Hills \$865,000
Horses are Welcome on 5.9 Acres, Perfectly Suited for Barn & Pasture - Handsome Tudor W/ Stone Accents.
Suzanne Luby/Liz Luby 847/277-2777




North Barrington \$699,900
Wonderfully Remodeled Colonial Poised on Wooded Acre - The Difference is in the Details.
Suzanne Luby/Liz Luby 847/277-2777



North Barrington \$674,900
Come Home to this Elegant Sunfilled Residence in Gated Golf Course Community. With Gleaming Hardwood Floors & New Neutral Décor.
Suzanne Luby/Liz Luby 847/277-2777



Inverness \$649,900
Meticulously Maintained and Deceivingly Large, on 2+ Acres in Inverness.
Suzanne Luby/Liz Luby 847/277-2777



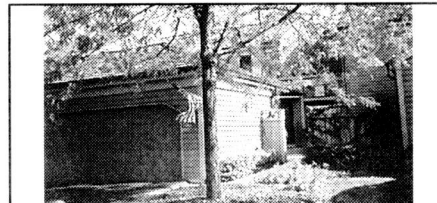
WATERFRONT
Barrington \$539,900
Premium waterfront location-2 MBR, 3.1 BA townhome. Magnificent views of Fox River. Loft for additional fam rm, office or BR. Fin walk-out LL. Balcony & scrnd patio.
Barb Wessberg 847/277-2770




Barrington \$539,000
Totally rehabbed 4 BR, 2 BA 1924 home. Kitchen w/ SS & granite. LR & MBR w/ flpcs. Fin bsmt. Hardwd & granite flrs. 1st flr den/BR. Upd roof boiler, c/a, H2O + more.
Sherl Wheeler 847/370-3808




Barrington \$464,500
Charming home set on a fabulous wooded lot w/ 4 BR, 3 full BA. Cathedral ceilings in huge FR. 27x12 MBR w/ glorious BA. Hardwd flrs. Gorgeous landscaping.
Sherl Wheeler 847/370-3808



Lake Barrington \$419,000
Lake Barrington Shores! Outstanding 3 BR, 2+ BA TH. 1st flr Mstr Suite, hardwood floors, vaulted ceilings, huge lower level w/ mini-kit & large screen TV, 2-car gar.
Ron & Jeanine VanDeVelde 847/277-2282



Hoffman Estates \$282,900
Great Neighborhood in North Hoffman, Exc Condition, 2 Mstr Suites, Powder Rm 1st Flr. 2 Story LR, Loft, Fresh new paint. Great Investment Property.
Kerry Franze 847/277-2703



Palatine \$185,900
Immaculate condition. 2 BR, 2 BA, Beautiful wood floors. Great closet space. Overlooks pool & clubhouse. All appliances. Heated parking space.
Ron & Jeanine VanDeVelde 847/277-2282



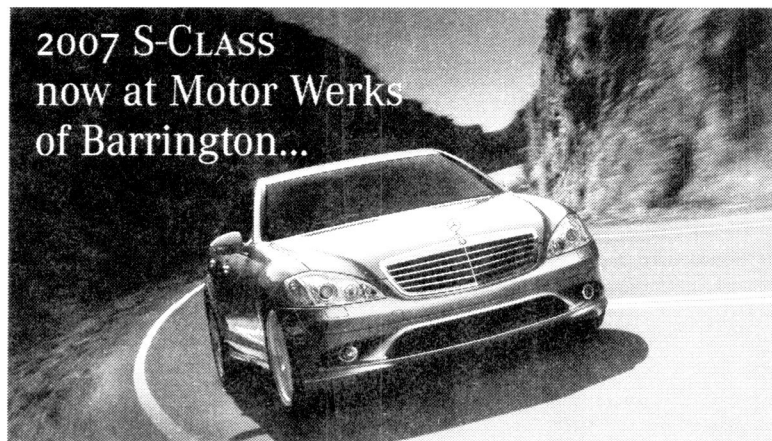
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Be First in Town to Enjoy Mercedes-Benz 2007 Flagship S-Class, Now Ready for Your Road Test at Motor Werks of Barrington

The revered Mercedes-Benz S-Class has often been emulated but never duplicated. Every year since its 1950 debut, S-Class has strengthened its reputation as the benchmark against which all sedans are measured.

The all-new S-Class, now available at **Motor Werks** of Barrington, was designed to be the most intelligent Mercedes-Benz ever, with technology to assist the driver in every aspect of the driving experience. A hard-drive-



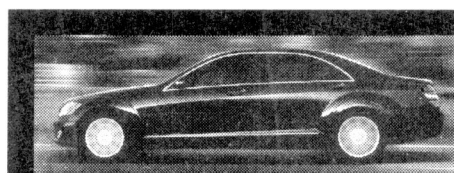
Normand Neal

based navigation system with visual and audio directions is standard. To help you see better in the dark, the optional Night View Assist can display an infrared picture of the road ahead in the instrument cluster. And to give you a glorious view of the sun and stars, there's an available Panorama Roof. For added confidence while moving in

reverse, an available Dynamic Rearview Monitor has a rearview camera that uses dynamic visual parking lines to help guide you into your chosen spot with confidence and ease.

The long list of active and passive S-Class safety systems has been expanded to include the next generation of PRE-SAFE as well as Brake Assist Plus. Driving convenience is further enhanced with optional Distronic Plus adaptive cruise control—an astonishing system that relieves driver stress by maintaining a preset distance from the vehicle in front of you via automatic braking and accelerating.

Motor Werks sales manager and longtime Barrington resident **Normand Neal** will be pleased to assist in your purchase, lease or service needs for the entire line of Mercedes-Benz products. His direct line is **1-847-304-3050** or e-mail your inquiries to: nneal@motorwerks.com.



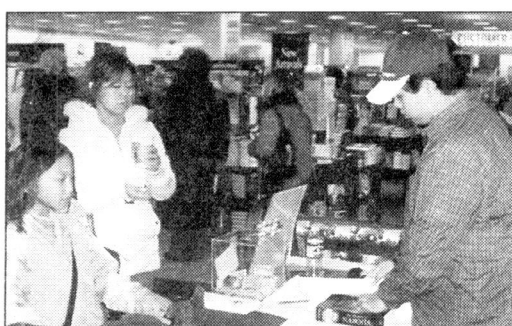
MODEL	2007 Mercedes-Benz S550
ENGINE	5.5 liter V-8
POWER	382 hp
TORQUE	391 lb-ft @ 2800-4800 rpm
SPEED	0-60 mph in 5.4 seconds
TRANSMISSION	7-speed automatic
WEIGHT	4,260 lbs
LENGTH	205.08"
WIDTH	73.7"
HEIGHT	57.99"
WHEELBASE	124.61"

Educate the Children Raises Funds

During the week before Christmas, volunteers for Educate the Children charity wrapped books at Barnes and Noble in Deer Park.

Barnes and Noble provided the paper and the table, and volunteers from Educate the Children gift-wrapped books for busy holiday shoppers. Contributions from these efforts are used to fight illiteracy both locally and abroad. Tuition scholarships are provided for 450 underprivileged children annually.

Alejandro Cruz, an eighth-grader from Lake Zurich, is shown in the picture giftwrapping a book for some holiday shoppers. Other volunteers who helped during the week were: Gustavo Cruz,



Christine Aaronson, Stefan Zeidler, Dr. Gerald Carlson, Jeanne Advani and Prem Advani, the charity's founder.

For further information on the charity, please visit www.educatechildren.org or call 1-847-494-6410.

Stretch Your Mind with Brain Aerobics

Aerobics keep your muscles in shape. Brain aerobics keep your mind in shape.

The next meeting of the program, sponsored by the Barrington Area Council on Aging, will be Wednesday, Feb. 15, from 10:30 a.m. to noon at The Garlands of Barrington.

The Brain Aerobics program is aimed at all ages and is designed to increase brain activity through logic exercises, imaginative exercises, opinion exercises, reminiscence and more.

The monthly meetings include:

- Using the eye to stimulate the mind: visual puzzles and optical illusions
- Discovering how you learn—and your brain's unique strengths
- Humor as a brain builder
- Words for the wise: puzzle word games to make you think and laugh
- Tapping both sides of the brain

The group meets on the third Wednesday of the month from 10:30 a.m. to noon at The Garlands of Barrington.

For more information or to register, call BACOA at 1-847-381-5030.

Tree Dedicated in John Blanke Park

On Veterans Day of this year, the Four Seasons Garden Club of Barrington dedicated a ginkgo tree at the John Blanke Park in Barrington in memory of our Barrington area soldiers, policemen and firemen. This was also part of our Patriotic Trees effort for National Garden Clubs.



(From left) members
Judy Amorosa, President
Judy Palmer and Carol Dymond



A Sunday Afternoon Wine & Dine

Artistic Bits Arts Center & Gallery invites you to A Sunday Afternoon Wine & Dine auction and gala, wine tasting event on Feb. 12, sponsored by The Anvil Club, East Dundee and The Village Vintner Winery, Carpentersville.

Join us for an afternoon of wine tasting, silent auctions and fun. From 3:00 to 4:30 p.m., join us at Artistic Bits Arts Center & Gallery where you can enjoy samples of wine, compliments of The Village Vintner Winery. You can also view "Fresh & Fanciful," an exhibit of pen and ink, watercolors and more. Then from 4:30 to 6:00 p.m., join us across the street at The Anvil Club, a unique private club dating back to 1911, for silent auctions, appetizers and wine tastings. Dinner reservations are available through The Anvil Club.

The \$35 admission charge includes the wine tastings, appetizers and the silent auction. Call for reservations at 1-847-844-8140. Availability is limited.

Artistic Bits Arts Center & Gallery is a nonprofit arts organization that provides both professional and aspiring artists a center to display and sell their work, attend workshops, network, obtain information and enjoy special events.

For more information, call 1-847-844-8140 or visit the center at 316 N. River St., East Dundee, IL, 60118. Take Route 72 to River Road. Hours are Tuesday, Wednesday and Thursday, 11:00 a.m. to 6:00 p.m.; Friday, 11:00 a.m. to 5:00 p.m.; Saturday, 10:00 a.m. to 4:00 p.m.; and closed Sunday and Monday.



From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford Lincoln Mercury

I am writing this just as we are starting the accounting finish for 2005. It was a good year for **Wickstrom Ford, Wickstrom Lincoln Mercury** and our employees. Once again, it appears we will win the President's Award at both dealerships.

One thing that particularly stood out when we were reviewing our sales for the year was the large increase in our used vehicle sales. I asked our sons, Colin and Richard, why there was such a large increase in the volume. They said that we changed our guidelines on wholesaling our trade-ins.

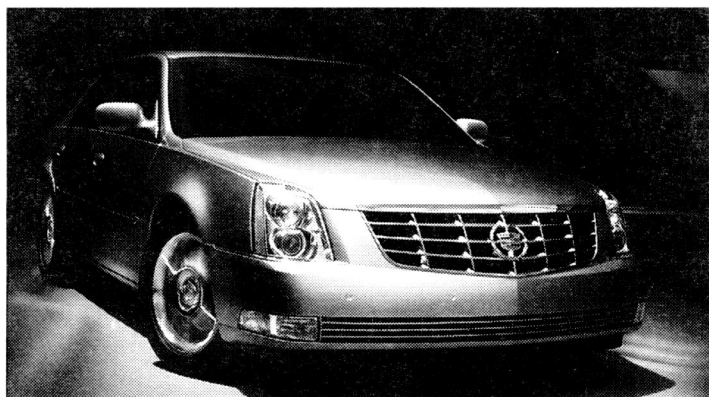
We used to only keep the newest and low-mileage vehicles for resale. There were always a group of wholesalers that hung around the dealership waiting for our trade-ins. We find that our customers by and large take unusually good care of their vehicles. Our busy service departments are testament to that.

Because of this, trade-ins at our dealerships went for a premium. We decided to



capitalize on our own good customers and keep almost all of the trade-ins. Now we detail them and put them on the lot at one low, "go to auction" price. Business has been so brisk that we are in the market for any preowned vehicles, regardless of the make or model, that you want to sell. Please give Colin or Richard a call at **1-847-381-8850**.

Come In and See the All-New Cadillac DTS



Call Vince at 847-605-4000 for an appointment or information.

Any new or used car purchased through this ad will receive our valuable **RED STAR VALET SERVICE** included at no charge.

Auditions for Heartland Voices

Heartland Voices, a critically acclaimed choral ensemble in the Fox Valley, is pleased to announce auditions for Soprano I, Soprano II and Bass II for the remainder of its seventh season.

Please prepare one selection for your audition. An accompanist will be provided for you along with sightreading and tonal memory selections.

Audition appointments may be scheduled with Heartland Voices and Dr. John G. Slawson, artistic director and principal conductor, by calling 1-847-429-9486.

Rehearsals for Heartland Voices are Tuesday evenings from 7:00 to 9:30 p.m. at First United Methodist Church, 216 East Highland Avenue, Elgin, Ill.

Clearbrook PAL Dinner Dance

The Clearbrook PAL (Partners in Adult Learning) Program will host its Ninth Annual "Fulfill the Dream" Dinner and Auction on Saturday, March 11, 6:30 p.m. at the Concorde Banquets in Kildeer.

Enjoy an evening of fine dining with a live auction, a silent auction with over 200 items and prizes. Tickets to the event are available for \$75 per person. Proceeds

from the evening will support community-based opportunities for young adults with developmental disabilities.

To learn more about the PAL Program, place an ad in the event program or donate an auction item, please contact PAL parent Paul Jochim at 1-847-310-8876 or pjochim@clearbrook.org.

Alzheimer's Support Group

The February meeting of the Alzheimer's Association Support Group, sponsored by the Barrington Area Council on Aging, will be held Thursday, Feb. 16, from 1 to 3 p.m. The meeting will be held at BACOA's office in the Prairieview Build-

ing at The Garlands of Barrington, 6000 Garlands Lane, Suite 100, Barrington.

There is no fee to participate, but registration is encouraged. Please call BACOA at 1-847-381-5030.

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Audition Notice for City of Angels

Music on Stage will hold auditions for its spring musical, *City of Angels*, on Sunday, Feb. 12, and Monday, Feb. 13, starting at 7 p.m. These are by appointment only and are held at Cutting Hall, 150 E. Wood St. in Palatine.

We are looking for 10 males (four leads, two supporting and four ensemble roles) and 10 females (four leads and six ensemble roles). The roles call for strong actor/singers age 20 and up. Be prepared to

sing 24 bars of upbeat music and 24 bars of a ballad, preferably from the show. An accompanist will be provided. Callbacks will be held on Wednesday, Feb. 15, at 7 p.m. at Cutting Hall.

Performances will run weekends, April 15 through 30, at Cutting Hall with Frank Roberts directing. Audition appointments must be made by phone—Ann Stewart, music director, 1-847-526-2493.

Shining Star Ball Benefits Clearbrook Clinic

The 18th Annual Shining Star Ball will be held at the Four Seasons Hotel in Chicago on Friday, April 28. This \$450-per-person, black-tie gala will begin with cocktails and a silent auction at 7:00 p.m., followed by dinner and dancing to the music of The Roy Vombrock Orchestra with a live auction at 8:00 p.m. Prizes include a \$5,000

cash windfall, airline travel and vacation packages. Proceeds from the evening will go to the Clearbrook Clinic, which provides therapeutic services to children and adults with developmental challenges. For information, contact the Shining Star Ball Hotline at 1-847-385-5024.

Annual Black & White Charity Gala to be Held in February

It's that time again! The Hawthorn Woods Women's Club is proud to present the 40th Annual Black & White Charity Gala on Saturday, Feb. 25, at Kemper Lakes Golf Club in Kildeer.

The evening will include dinner, dancing, a cigar lounge, and live and silent auctions. All proceeds will benefit A Safe Place, a Lake County women and child-

ren's shelter. Tickets are on sale now for \$125 per person or a table sponsorship for \$1,000, which will include a table for 10.

For more information or to purchase tickets, please call 1-847-438-0723. For table sponsorship details, please contact Pam Miller-Carone at 1-847-726-1015.



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- Full Height Splashes
- Fireplace Surrounds & Hearths
- Full Wall Fireplaces
- Custom Tub Decks
- Reception Desks
- Architectural Stone Details
- Stone Columns

During a visit to **Stonecrafters**, you can tour our supply yard stocked with an inventory of over 1,000 stone slabs. This can save you time by allowing you to see an entire slab of stone, and when it is time to order you can select the exact slab to use for your project. We purchase stone direct from our suppliers, allowing us to pass the savings to you—our customer.

Every order starts with custom measurements and ends with a quality installation by our experienced staff. All service work is completed within seven days, and **Stonecrafters** guarantees its on-time delivery. Come visit our showroom and see true attention to detail.

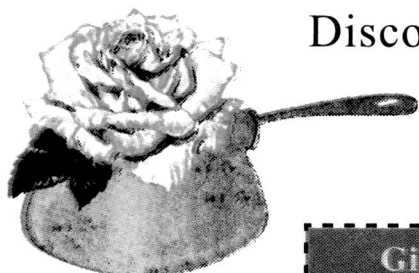
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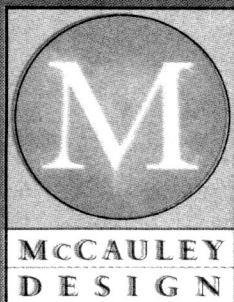
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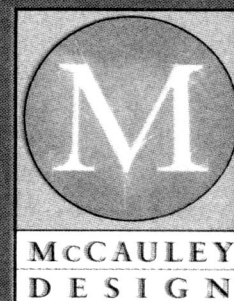
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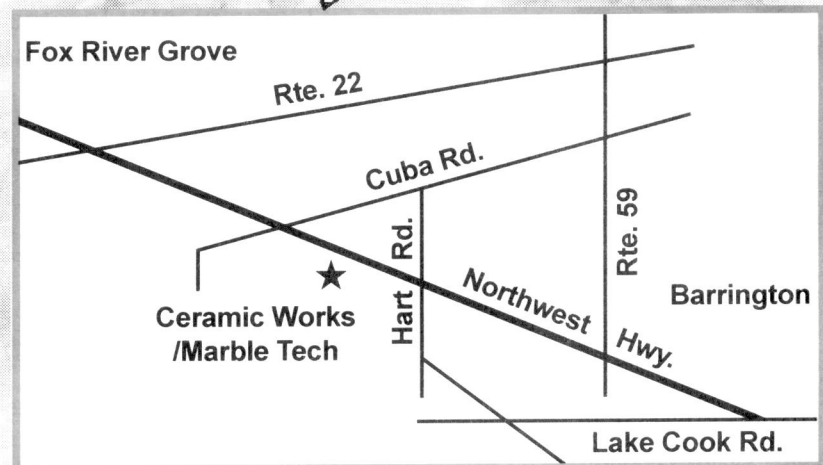
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