

September 2009

FOR REFERENCE

Do Not Take From This Room

As Autumn
Approaches

27th Barrington Area
CROP Hunger Walk

Art Associates to View
Japanese Screens

"Fall Frenzy" to Benefit
Families in Crisis

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During the month of September, enjoy the **Oktoberfest Platter**: chicken schnitzel, two Nurnberger sausages, and a thinly-sliced boneless smoked pork loin, served with warm German potato salad and sauerkraut. There will also be **Spaten Oktoberfest** beer on draft.

Mark your calendar for **Fritzl's famous Oktoberfest** to be held **Friday, Oct. 9**. The fun begins at 6:30 p.m., dinner at 7:30 p.m., and dancing at 8:30 p.m. Dinner includes Austrian mixed salad, unlimited bratwurst and Thuringer, chicken schnitzel, spaetzle, homemade potato salad, sauerkraut, red cabbage, dinner rolls, Colombian coffee and warm apple strudel for only \$29.95 per person. The price includes dinner and entertainment; add \$5 for tax and gratuity. The fest will be held in the Banquet Hall.

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For advertising inquiries, contact:

Sean McMonigal, Lifestyles Magazines Inc.

P.O. Box 1772, Crystal Lake, IL 60039-1772

(815) 479-0695 • advertising@lifestylesmagazines.com

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(815) 459-4820 • editor@lifestylesmagazines.com

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Editor's Ink

September 2009

Dear Reader,

As autumn approaches, much is happening. Not only are children back in school but seniors are heading back to class, thanks to LaFarge Lifelong Learning Program Director Sister Mary Eisile. This program is designed for adults 50 and better, and is offered for the pure joy of learning. Look for more information in this issue of *Barrington Lifestyles*.

The Barrington Area CROP Hunger Walk Committee is gearing up for the 27th annual event. Last year, the walk raised over \$65,000 and over 440 walkers participated. Proceeds go toward wonderful causes. To learn more and possibly take part, call the Salem United Methodist Church.

Project Hope's "Fall Frenzy" returns to benefit area families in crisis. House of Hope Resale will host this event Sept. 9, 10th, 11th and 12th. Terrific bargains are guaranteed and you'll be helping area families in need.

Support Barrington Youth Dance Ensemble's fundraiser on Saturday, Oct. 17 by attending their Venetian Night Gala. Proceeds will support BYDE's 15th annual production of *The Nutcracker*.

Until next time, may all your thoughts be sunny.

With warm regards,

Glenne McMonigal, editor

Barrington Lifestyles News Magazine



About Our Cover

Plaid is Big This Fall.

A navy multi-tartan plaid shawl blazer is teamed with a cream multi-plaid mid-calf dirndl skirt. Finishing the look is a multi-plaid square fringe scarf and Spruce NY Confidential doctor bag. Liz Claiborne New York.



Project Hope's "Fall Frenzy" Returns to Benefit Area Families in Crisis

House of Hope Resale, downtown Barrington, will host its annual Fall Frenzy event Sept. 9, 10th, 11th and 12th to benefit northwest suburban families in crisis. "We call it 'Fall Frenzy' because absolutely everything in our store will be ½ price to clear the decks and help us get ready for the upcoming holiday season," explained Caryn Habley, store manager. "All furniture, collectibles, vintage treasures, housewares, clothing, toys—everything goes for half price." All sale proceeds benefit Project Hope, a nonprofit organization established in 1986 to lend emergency assistance to area families in need.

"This fundraiser will provide us with an extra boost of resources to meet the increasing need for assistance during these tough economic times," said Sister Lorraine Menheer, founding director of Project Hope. "Fall and winter months are especially difficult for families in crisis. Our goal is to provide as many as possible with temporary, timely support that will enable them to become self-sufficient once more."

"We've recently expanded our space to deliver even more bargains," noted Habley. "Our new kids' room offers more clothing, toys, books and accessories for babies through pre-teens, conveniently grouped together. Many customers look forward to Fall Frenzy and thanks to our additional space, it will be bigger than ever. This is bargain hunting at its absolute best—great deals plus guilt-free shop-



"Fall Frenzy" returns to House of Hope Resale Sept. 9 to 12th. Everything is half price during the four-day event, with all proceeds benefiting area families in crisis through Project Hope.

ping, with every penny helping families in crisis."

Fall Frenzy runs 10 a.m. to 4 p.m. and wraps up with a special \$3-per-bag sale on clothing and accessories, shoes, toys, books and linens all day Saturday. Plenty of free parking is available. Come early for best selection.

The House of Hope Resale Shop is located at 200 N. Hough St., just north of Hough and Main streets, in downtown Barrington.

For more information, call 1-847-756-4673.

Art Associates to View Japanese Screens

The art depicted on Japanese folding screens has fascinated Western audiences since the 16th century. Japanese artists have used the screens to unleash their imaginations and to realize their most expansive visions. Often the screens represent career-defining masterpieces; however, because of their size and other transportation difficulties, there have been very few opportunities to see many of these gold-leafed treasures at a single venue. A new exhibition at the Art Institute entitled *Beyond Golden Clouds: Japanese Screens from the Art Institute of Chicago and the Saint Louis Art Museum* showcases 32 exquisite screens, illustrating the full scope of this exalted medium from the 16th century through today.

Members of the Barrington/Northwest Community Associates will have the opportunity to view these treasures for their first excursion of the 2009-2010 season when they travel to the Art Institute on Wednesday, Sept. 16 from 8:30 a.m. to 4 p.m. This program, includes transportation, a lecture by Lucas Livingston, assistant director of Senior Programs, and a complimentary coffee hosted by the Women's Board of the Art Institute.

In his discussion, Livingston will explore the variety of media demonstrated in the screens, including traditional examples on paper and silk and more innovative examples of stoneware and lacquer. He will also explain the particular role of screens as functional works of art, focusing on characteristic materials and painting techniques developed as this art medium flour-



Part of the new exhibition at the Art Institute, *Beyond Golden Clouds: Japanese Screens from the Art Institute of Chicago and the Saint Louis Art Museum*

ished. Their historical development reflects Japanese culture over the past five centuries and the increasing interest by Western audiences in these unique art treasures.

Following Mr. Livingston's informative lecture, members will have time to view the exhibit and to enjoy lunch on their own.

The cost is \$45 which includes transportation. Women's Board Coffee and lecture reservations required and will be accepted in the order received. The reservation period closes Sept. 8. Contact day chair Carole Bulakowski at 1-847-358-5837.

This excursion is the first of several that members can select from the rich and varied choices during the exciting 2009-2010 season. Others include the Antique Fair at the Merchandise Mart in early October; a lecture by Konstantin Grcic, the award-winning furniture, tableware and jewelry

2009 Barrington Area CROP Hunger Walk Committee Gears Up for 27th Event



Representatives of area churches, schools, businesses and civic organizations are preparing for the 27th annual Barrington Area CROP Hunger Walk, determined to improve upon last year's outstanding performance of 442 walkers and over \$65,000 in receipts.

Members of the 2009 Barrington Area CROP Hunger Walk Committee pictured (from left) are Pat Enders, Salem United Methodist Church, Barrington; David Chidley, member at large, Barrington; Barbara Schmidt, St. Mark's Episcopal Church, Barrington; Kathy Peterson, alternate committee member, Presbyterian Church of Barrington; Konrad Bald, Lutheran Church of the Atonement, Barrington; Candee Nustra, Wauconda Federated Church; Betty Reed and Linda Osikowicz, Barrington United Methodist Church; and John Grom, Community Church of Barrington. Not pictured are participating representatives from Barrington High School; First Church of Christ, Scientist; Messiah Lutheran Church; St. Anne Catholic Community; St. Michael's Episcopal Church; St. Paul United Church of Christ; and Willow Creek Community Church.

Twenty-five percent of all funds raised in Barrington is kept in our area for the Barrington Giving Day, Barrington Meals With Wheels, Wauconda-Island Lake Food Pantry, the Northern Illinois Food Bank, the People in Need program of the Barrington Area Ministerial Association, Project HOPE and the FISH Food Pantry, Carpentersville.

The Barrington Area CROP WALK is an annual community hunger education and fund raising event sponsored by Church World Service, an international ecumenical relief, development and refugee resettlement agency providing assistance in the United States and around the world.

The walk takes place throughout the Village of Barrington, beginning at St. Paul United Church of Christ, 401 E. Main Street, with registration at 12:30 p.m. on Sunday, Oct. 18.

To learn more, contact one of the event chairs, Pat Enders, representing Salem United Methodist Church at 1-847-381-0524, or John Grom, representing Community Church of Barrington at 1-847-381-1294, or any of the pictured representatives.

Fifth Annual Stargazers Ball to Benefit Raue Center For The Arts

Raue Center For The Arts will hold the Fifth Annual Stargazers Ball, to benefit the performing and cultural arts center in downtown Crystal Lake, on Sept. 25 at the Boulder Ridge Country Club, 350 Boulder Drive, Lake in the Hills, beginning at 6:30 p.m. in the country club's ballroom.

Celebrating its ninth season of programming, Raue Center's annual Stargazers Ball will benefit the theatre's arts education and community outreach programs, as well as future artistic and programming initiatives. As a 501(c)(3) nonprofit organization, Raue Center depends upon those who value the arts to join us on this celebrated evening to keep the arts alive in McHenry County.

More than 250 distinguished guests from the McHenry County area will enjoy a celebrated evening filled with a live auction, an exquisite four-course dinner prepared

by the executive chef of Boulder Ridge Country Club, and the festive music of the Anthony Kawalkowski Orchestra.

This year's event will feature a special performance by young violinists from the Martin Lopez Academy. The group is comprised of children ranging in age from 4 to 11 years. In addition, the first annual "Stargazer's Treasure" necklace, designed exclusively for the Stargazers Ball by Dalzell & Co. Fine and Antique Jewelry, will be auctioned off.

Raue Center graciously thanks the sponsors of the Fifth Annual Stargazers Ball: Advocate Good Shepherd Hospital, Centegra Health System, Schaumburg Audi, Countryside Flower Shop and Harris Bank.

For additional information about the dinner or for reservations to the Stargazers Ball, contact Laurie Bivona at 1-815-356-9010 ext. 17.



artist; a tour of the outstanding Holiday Lights in downtown Chicago in December; a trip in April to Symphony Center to learn more about the artist Henri Matisse and music reflecting his time period; and a Spring Excursion to Hyde Park to in-

clude Robie House, Rockefeller Chapel, and the Smart Museum.

For information on membership contact board chair Carole Bulakowski at 1-847-358-5837 or membership chair Carol Merritt at 1-847-991-2889.



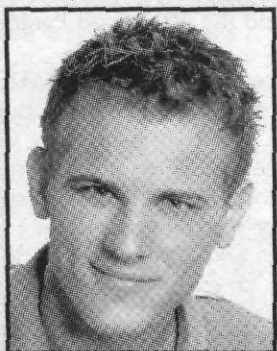
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BACOA Announces Support and Education Groups for September

The Barrington Area Council on Aging (BACOA) has announced its support and education groups for September.

Alzheimer's Association Support Group will feature a presentation by a geriatric care manager who will provide information about the services she provides. The group will meet Thursday, Sept. 10 from 1:30 to 3 p.m.

Parkinson's Education and Support—The group will meet for a discussion of depression on Saturday, Sept. 26 from 10 to 11:30 a.m. in the Performing Arts Center at The Garlands of Barrington, 1000

Garlands Lane, Barrington.

Low Vision Education and Support—The group is open to persons of all ages and offers monthly informational meetings as well as resources and local educational trips to persons with low vision.

Caregiver Support—The group will hold a planning meeting to discuss future meeting topics. It will meet Wednesday, Sept. 2 from 7 to 9 p.m. at the BACOA office, 6000 Garlands Lane, Suite 100, Barrington.

For more information on any of the groups, please call BACOA at 1-847-381-5030 or visit the BACOA Web site at www.bacoa.org.

Fall's Hottest Looks: Assemblé Makes Them Work for You

Fall is in the air—and **Assemblé** is here to put you on top of the trends! We'll boost your spirit with luxe fabrics and versatile silhouettes for the new season. Here's some must-buys to update your look:

The Blouse: A soft feminine top in plush paisley from **Anac**, an edgy black/white cowlneck from **Bailey 44**, or a silky geometric print from **Ella Moss** can anchor an entire wardrobe.

Cozy Sweater: Soft, drapy cardigans from **Splendid** combine versatility with comfort. Yogi-inspired motifs adorn fun, fresh hoodys for a new infusion of casual cool. Heathered, jacquard cardies from **Dex** and voile-trimmed wraps from **Velvet**

make for hip, easy layering.

New Jeans: The look is slimmer. The wash is dark. Black is better than ever. Our collection from **Joe's** will take care of your needs, as will our jeans from **Silver** and **Jag**. We have a fit for you!

A Great Tee: As always, our California collections of fabulous tees await your perusal. Opt for the unique with one of our new tees—to step up your style for the new season.

Now you have a preview of some of fall's hottest trends—arriving daily at **Assemblé**—and we're here to make them work for you!

Visit often as sizes go fast.

See ya soon!

Now It's YOUR Turn to be Pampered

You worked so hard getting everyone to school looking their best. Now it's time to pamper yourself! The team at **Elevation Salon** is here to do just that. Stop in and let one of the highly trained team members explain what cut, color or style would be perfect for you and your lifestyle. Whether you just want to freshen up your existing color and cut, an update, or a complete transformation, **Elevation Salon** is the place for you.

Stop in for your complimentary consultation. **Elevation Salon** is conveniently located at 28686 W. Northwest Highway in Petersen Plaza, one block west of Kelsey Road, in Lake Barrington. Call **1-847-304-5970** for an appointment.



Supreme Court Increases Burden of Proof in Age Discrimination Cases

by Joette S. Doran, Esq.



The U.S. Supreme Court recently held in that the Age Discrimination in Employment Act does not allow a worker to establish discrimination by showing that age was one motivating factor for the employer's action. Instead, the majority held, employees must show that age was the decisive factor behind the employer's adverse job action. In *Gross v. FBL Financial Services, Inc.*, 129 S.Ct. 2343 (2009), 54-year-old Gross was a claims administration director until he was reassigned to the position of claims project administrator. Many of his previous duties were transferred to the newly-created position awarded to an employee in her early 40s, who Gross once supervised. Gross saw this as a demotion and sued the employer for age discrimination under ADEA. The jury returned a verdict Gross but the appellate court overturned the jury verdict and instructed that age discrimination must presented with direct evidence sufficient to support a finding by a reasonable fact finder that an illegitimate criterion actually motivated the adverse employment action. The U.S. Supreme Court considered whether a plaintiff must present direct evidence of discrimination in order to obtain a "mixed-motive" jury instruction in a non-Title VII discrimination case. The Supreme Court held that the statutory language of Title VII is materially different than the ADEA. Unlike

Title VII, the ADEA does not authorize a "mixed-motive" cause of action. Instead, the ADEA makes it unlawful for an employer to make an adverse employment decision "because of" an employee's age. The Supreme Court interpreted "because of" to mean that age must be the determining factor in a decision.

For additional employment information, please visit our Web site at—www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois, all Illinois federal courts and is a member of the Federal Trial Bar. She is the past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association, a past president of Barrington Area Professional Women and a member of the National Employment Lawyers Association.

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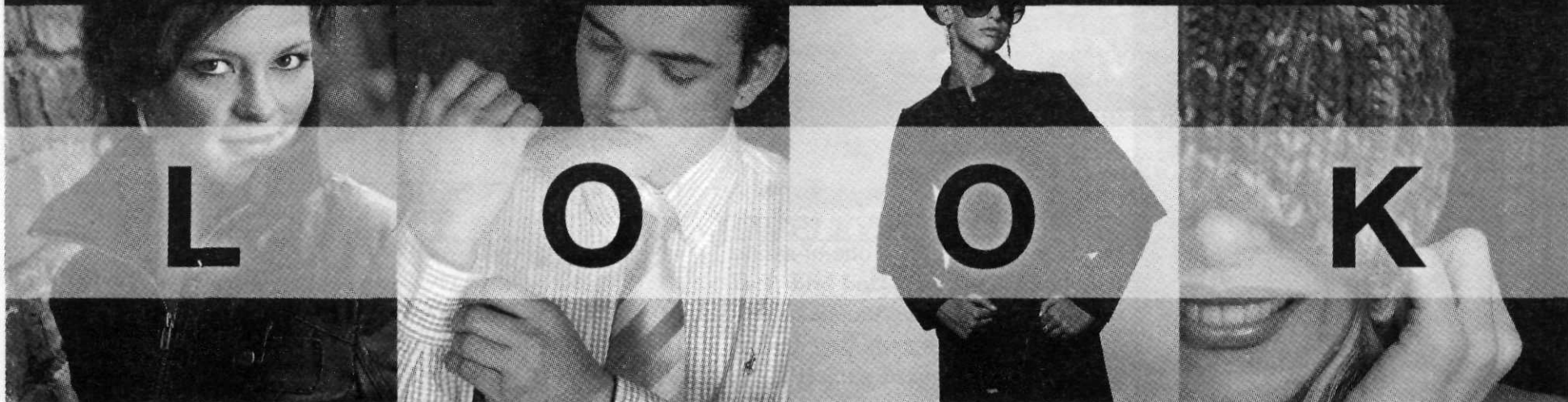
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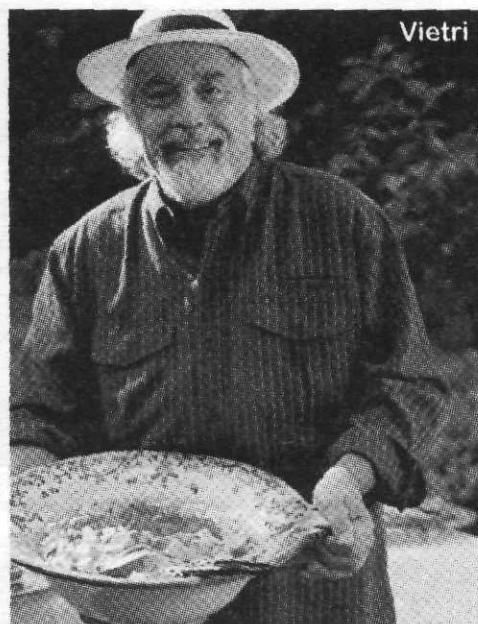
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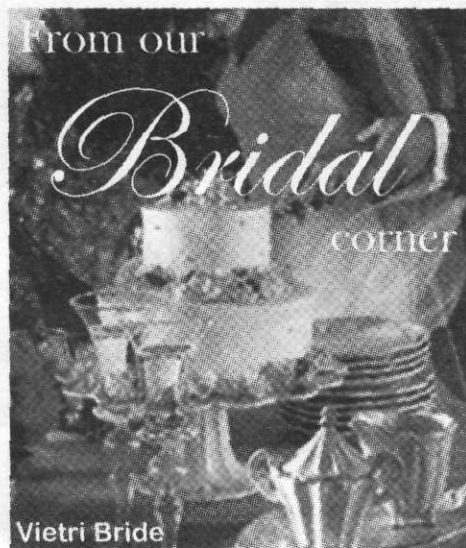
Whether it's from the Barrington's Farmers Market or your own garden, there is no better way to celebrate the season with fresh vegetable and salads. Stop by and see our fantastic collection of over-sized pasta and salad bowls that have arrived just in time for harvest and home gatherings.



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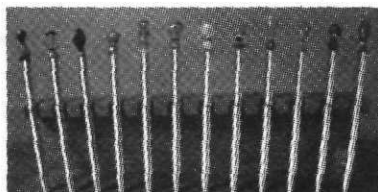


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It's Back to School Time Love your Local!

It's **Back To School** season... complete with all of the activities that make our community vibrant including; school, charitable, medical, art fundraisers and the multitude of causes that makes our world a better place.

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Spend \$100 at a local and \$68 of that stays in your community. Spend the same \$100 at a national chain, and your community only sees \$43. Local businesses create higher-paying jobs for our neighbors. More of your taxes are reinvested in your community where they belong, including support to school districts.

Buying local means less packaging, less transportation, and a smaller carbon footprint. Shopping in a local business district means less infrastructure, less maintenance, and more money to beautify your community.

Local retailers are your friends and neighbors, support them and they'll support you. Local businesses donate to charities at more than twice the rate of national chains.

More independents means more choice, more diversity, and a truly unique community.---



The Barrington Home Shoppe is now taking reservations for private fundraising shopping parties. Call for more details.

Find the Barrington Home Shoppe and other "indie" businesses across the USA at indiebound.org

After 25 years, we are sorry to learn of the retirement of Sud & Co, Provence.

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photography by Anthony Tortorello

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Peter Daniel Celebrates 36th Anniversary

We are excited to be celebrating another milestone anniversary this fall at **Peter Daniel**. It's great to look back and know that we are still dressing so many of our customers for every occasion. We have also made wonderful friendships over the years, which is one of the best parts of having a small business in a beautiful community.

To celebrate our anniversary, we always have a fabulous **Anniversary Sale**. It is a perfect time to treat yourself to something new for fall and register to win something special from our weekly drawings (no purchase necessary).

Our **Men's Department** has been revamped with great fall merchandise from Tommy Bahama, Cutter & Buck, Peru Unlimited, Robert Talbott, Gitman Brothers, and Jack Victor.

The **Ladies' Department** is filled with gorgeous fall apparel. "Must-have" items include animal prints, metallics, ruffles, long sweater coats, skinny pants with tunics, stud details, fabulous bold accessories and sassy shoes.

It is always an exciting time when the weather changes and new fall clothes start to arrive. It is a great time at **Peter Daniel**! Stop in and celebrate with us.

We look forward to seeing you this fall. Thank you again for your loyal support.



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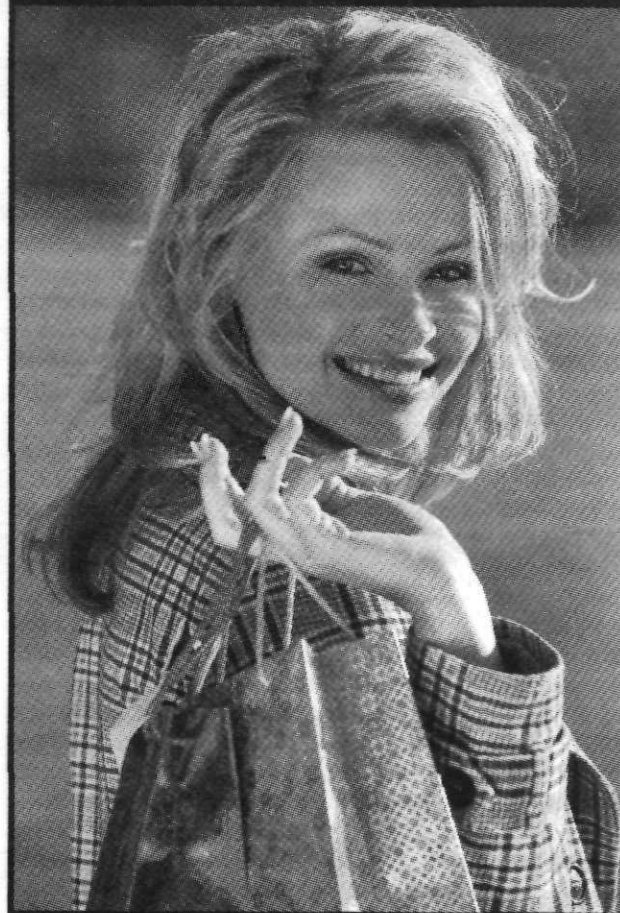
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Local Authors' Book on Chess is National Indie Excellence Awards' Finalist

Chess! Lessons From a Grandmaster, written by local authors Yuri Shulman and Rishi Sethi, was selected as a Finalist for the National Indie Excellence Awards for 2009.

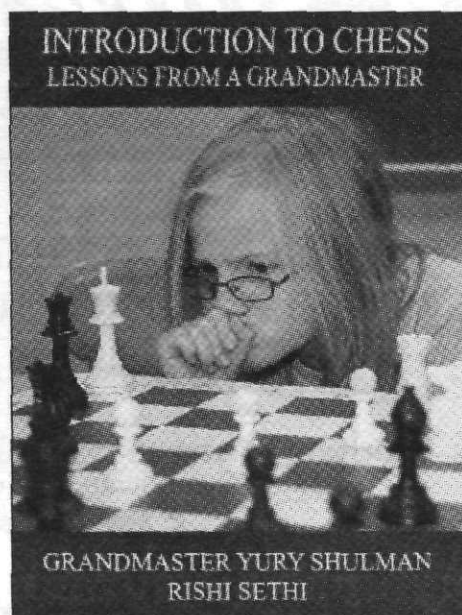
The book methodically teaches chess to beginners and upon completion, students are able to algebraically write their chess moves. This method of learning develops multiple intellectual skills.

Photos in the book feature local area chess students.

Grandmaster Shulman offers a Chess Coach Certificate for students who complete the book and volunteer a minimum of 20 hours.

A portion of the sales from the book has sponsored chess clubs locally and around the world.

For additional information, please visit www.shulmanchess.com.



BYDE Announces Auditions for *The Nutcracker*

The Barrington Youth Dance Ensemble (BYDE) is excited to announce open auditions for its 15th annual production of *The Nutcracker*.

Auditions will be held on Sunday, Sept. 13 at the Barrington Dance Academy, 758 W. Northwest Highway in the Foundry Shopping Center. Dancers must be 7 years old to audition. There will be a \$20 registration fee. Please arrive at least 15 min-

utes prior to the audition to register.

Dancers should wear a solid-colored leotard, pink tights and ballet shoes to the audition. Please bring pointe shoes if applicable.

Following is the audition schedule: noon to 12:30 p.m., ages 7 and 8 (last names beginning A through L); 12:45 to 1:15 p.m., ages 7 and 8 (last names M through Z); 1:30 to 2 p.m., ages 9 through

A L'Amour Fall Events

A L'Amour has the perfect dress for your special occasion—whether you are in search of a dress for a bat mitzvah, homecoming, mother or guest of the wedding, evening or a black-tie gala, or **THE** dress for your ultimate day—the wedding gown of your dreams—we have the latest styles from the world's top designers. Our newest loft space contains the latest styles for mothers of the wedding showcasing our newest designers—Fiesta by Pronovias, Spain, Marisa Baratelli Silk Separates, and the Couture Designs by Ian Stuart, London.

FALL EVENTS

Jade and Jade Couture Trunk Show Sept. 17, 18th and 19th

Along with the vast selection of dresses for mothers and grandmothers of the wedding that A L'Amour currently carries, the newest collection of Jade and Jade Couture will be featured the 17th through the 19th. This collection is currently our #1 resource for special dresses for mothers of the bride and groom. Plan now to see this fabulous collection of dresses created for every age and every body type.

35th Art in the Barn: Quality Art in a Country Setting

Lower barn, upper barn, corn crib, machine shed—a perfect country setting for a Saturday or Sunday outing. This is the setting on the grounds of Advocate Good Shepherd Hospital on Route 22, Barrington, where on **Sept. 26 and 27th** there will be displays of works of art in varying media as well as activities that every age can enjoy.

Art in the Barn was conceived by 10 women, artists and craftsmen, who wanted to bring an event to the area which would not only present and sell quality art, but educate visitors about what "quality art" was all about. At the same time, the Barrington Area Auxiliary that was working toward the dream of building a hospital met one of the artist-dreamers and two dreams merged toward a perfect fundraising effort for the Auxiliary. The first Art in the Barn was held in 1975 and the event's success contributed to the over \$2 million which the Auxiliary has contributed to the hospital.

Over 170 artists are selected by a jury of experienced art specialists. A visitor can enjoy or purchase quality art created from acrylic, ceramic, drawing, fiber, jewelry, oil, glass, photography, printmaking, sculpture, watercolor or wood.

A brat tent and vendors offer a variety of food. Children's art activities and pony rides always please the young set. Visitors



Contemporary styling, soft chiffons, stylish taffetas, luxurious dupioni silk in a myriad of colors with jackets or wraps which can be removed for an evening of dancing. You will not want to miss the opportunity to see this new collection.

Martina Linea and Essense of Australia Bridal Trunk Show Sept. 24 through Oct. 4

These beautiful silk bridal gowns are embellished with just enough Swarovski crystals to make you feel like a princess all the while wearing sleek, contemporary designs. Do not miss this opportunity to view this beautiful collection of very special gowns.



An artist shows a boy her artwork.

can watch performances by the Barrington Children's Choir, Second Wind, Suzuki Strings, Big Sky String Band, Joyful Noise, Bataille Dancers, Lee Bassett, Reunion Jazz and Jeweled Ice.

Admission is \$5; children 12 and under are free. Parking is free. The event is wheelchair accessible. The hours are 10 a.m. to 5 p.m. Please, no pets. For more information, call 1-847-381-2094.

The Auxiliary donates net proceeds to Advocate Good Shepherd Hospital.



11 (last names A through L); 2:15 to 2:45 p.m., ages 9 through 11 (last names M through Z); 3 to 3:45, ages 12 and 13; 4 to 4:45 p.m., ages 14 and older.

Nutcracker performances will be held Dec. 4, 5th and 6th at Barrington High School. Rehearsals will be held on Sundays at The Barrington Dance Academy. Dancers must be available for all scheduled rehearsals and performances.

BYDE's production of *The Nutcracker* is one of the most lavish in the area. With over 100 area children and adults cast each year, along with world renowned guest artists and a professional design staff, the Barrington Youth Dance Ensemble's *Nutcracker* is an event not to be missed. For more information on the BYDE and *Nutcracker* auditions, please call 1-847-382-6333 or visit www.byde.org.

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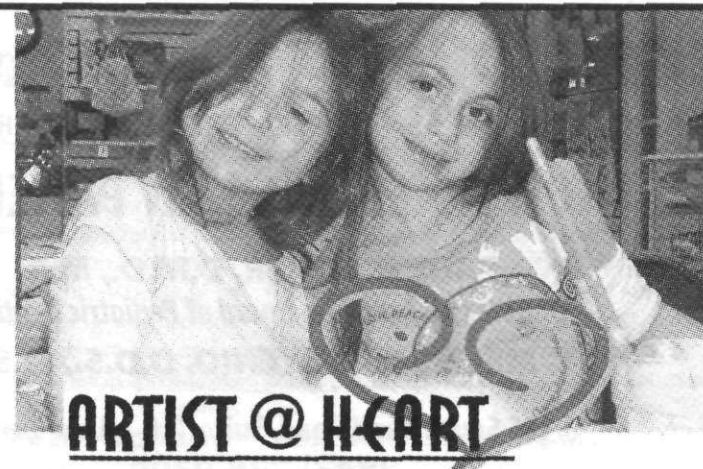
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Artist @ Heart Open House

Artist @ Heart in Long Grove is having an **Open House** on **Saturday, Sept. 5** from 11 a.m. to 5 p.m. This is a great opportunity to learn more about this unique art studio. You will be able to test out our new fall classes, meet our teachers and see what we are all about! If you sign up for a class during the Open House, you will receive **10% OFF!** Sign up with a friend and receive **20% OFF!** Samples of our upcoming workshops and birthday parties will be on display too! Fall classes include mosaics, batiking, watercolor, peyote stitch jewelry, memory journals and more. Fun for the whole family!

Visit our website www.artistatheartlg.com for details



120 S. Old McHenry Rd., Long Grove 60047
(847) 478-9278 www.ArtistAtHeartLG.com

Raue Center Offers Great Music Acts for All Ages

This season, **Raue Center For The Arts**, has placed a special emphasis on bringing the sweet sound of music to the ears of young and old alike.

Family Fare

A perfect show for young kids, **Red Grammer** is set to take the stage on **Saturday, Oct. 3 at 3 p.m.** Grammer has been described by *Parent's Magazine* as "The best voice in children's music." This interactive, singalong will get you and your children bopping and shimmying in your seats. Tickets to the concert are \$20, \$17, \$14.

On **Saturday, Oct. 17 at 11 a.m.**, join us for a unique classical piano kid's program with the **Ahn Trio**. Created for families, the trio will use selections from their concert program and discuss the music, giving children things to listen for and think about. For adult fans of classical piano, a second program at 7:30 p.m. will demonstrate the Ahn Trio's ability to redefine your definition of rock music. The group's dynamic and nuanced performance will leave you spellbound.

For Music-Lovers Only

In October, Raue Center launches a brand new series—**Lucy's Café, A Night of Music**. A new spin on an old favorite, this series offers up an eclectic selection of

musical acts in the same intimate setting as the original Lucy's Café, Comedy Series. Tickets are \$20 in advance, \$25 day of.

The first performer for **Lucy's Café, A Night of Music** is **Louis Landon** on **Friday, Oct. 2 at 8 p.m.** A solo piano recording artist, Landon has shared the stage with James Taylor, Bonnie Raitt, Carly Simon, Bruce Springsteen and many others. A great night of cabaret music!

Join us again on **Friday, Oct. 9 at 8 p.m.** **Lucy's Café, A Night of Music** presents **Danny Wright**. With 27 recordings and millions of albums sold worldwide, Wright's music is playing 24 hours a day. Wright has sold over 4 million CDs since his debut album in 1986. It is from real-life experiences that Wright draws his inspiration and through his composing and playing that he is truly a "healer of hearts." His Christian faith, love for animals, and the innocence of children inspire him to perform numerous benefit concerts in support of such organizations as the Humane Society, Children's Charities and the American Red Cross.

HOW TO BUY TICKETS

Tickets can be purchased at the Raue Center Box Office in person at 26 N. Williams St., Crystal Lake, via phone at 1-815-356-9212 or online 24/7 at www.rauecenter.org.

The 2009-2010 Season Is Here!



3 Blonde Moms

September 12 at 7:30 p.m. • \$37, \$34, \$31

Opening Night
Party Included

They're back! Call your girlfriends...don't let them miss this show! A hysterical, national hit starring some really desperate housewives. Featuring the talents of TV's Joanie Fagan, join three completely different moms from the cul de sac who present the pleasures and disasters of motherhood in a brutally funny 90 minutes flat.

Corporate Co-Sponsor: Centegra Health System, L&V Distributors, Inc, Schaumburg Audi



Red Grammer

Oct 3 at 3:00 p.m. - \$20, \$17, \$14

A great sing-along for kids! Grammer is a Grammy-nominated children's singer and songwriter. Described by *Parent's Magazine* as "the best voice in children's music," he has set the standard for writing and performing music that playfully reconnects each one of us with the best in ourselves. Purchase your tickets by Sept. 1 and come to our Kids Red Carpet Party for free!



Ahn Trio

Oct 17 at 11:00 a.m. (Kid's Program) - \$25, \$22, \$19
Oct 17 at 7:30 p.m. - \$42, \$39, \$36

Specifically created with families in mind, the morning show is similar to an educational outreach program. The evening performance will redefine your definition of rock music. The group's dynamic and nuanced performances have earned it a place as one of the world's premier piano trios.

Corporate Co-Sponsor: Harris Bank, Holiday Inn, Schaumburg Audi

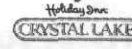


ABBA Mania

October 30 at 7:30 p.m. • \$53, \$50, \$47

Unleash your inner Dancing Queen! Relive the glitz and glam of the 70's when ABBA Mania launches into hits like "Mamma Mia," "Take a Chance On Me" and many more memorable songs. Purchase tickets by Oct. 1 and come to our disco party for free!

Corporate Co-Sponsor: Centegra Health System, Northwest Herald, Schaumburg Audi



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**Children's Dentistry Group
Welcomes Dr. Melissa Patenio**

We would like to welcome **Dr. Melissa Patenio**, who will be joining **Dr. Paul Herer** in practice at **Children's Dentistry Group, LLC**. Dr. Patenio started her dental career as a dental assistant, working in a pediatric dental office for four years. Upon graduation from DePaul University with dean's list honors, she completed her dental degree at University of Illinois in 2007. Her love for children led her to a residency in pediatric dentistry, also at the University of Illinois along with a master's degree in oral sciences, which was completed in 2009.

Dr. Patenio is Illinois Board Certified in Pediatric Dentistry, a Board Candidate to the American Board of Pediatric Dentistry and belongs to the American Academy of Pediatric Dentistry, Illinois State Pediatric Dental Society, Illinois State Dental Society, Chicago Dental Society and the American Dental Association. She has been involved with Colgate Mobile Dental Screenings for children, Give Kids a Smile Day and Healthy Smiles Day.

Children's Dentistry Group, LLC is dedicated to the oral and dental needs of infants, children, teenagers and special-

needs patients. As important as the technical aspects of dentistry are, it is equally important that the child have a good experience in the dental setting. It is our priority that our patients have good experiences at our office. Whether a child, teenager, or an individual with special needs, each child requires a unique approach in providing dental care. As a pediatric dental office, we are trained and prepared to meet these needs.

At **Children's Dentistry Group, LLC**, we provide total comprehensive dental care for our pediatric patients. This includes preventive care (diagnostic, oral hygiene instruction, cleanings, fluoride treatments and sealants), restorative care (fillings, crowns and pulp therapy), minor surgical (extractions, selected gingival or gum surgery) and emergency care (accidents/trauma, infected/abscessed teeth and gums).

For any questions or to make an appointment for your child, please contact our office—**1-847-726-0300** or info@childrensdentistrygroup.com. We are located at 195 S. Rand Rd., Ste. 110, in Lake Zurich.

**Benefit Concert to Help Build a
High School in South Sudan**



Photo by Connie Wilson

**Elementary school children in South Sudan are in need
of a high school to continue their education.**

St. Michael's Episcopal Church, Barrington, invites the community to a benefit concert, "Elevation for Education—Build a High School in South Sudan," at Barrington High School featuring Elevation—The Greatest U2 Tribute Band on the Planet!, Sunday, Sept. 20, 7 to 9 p.m.

The proceeds will go towards building a high school in South Sudan. There is an urgent need to provide secondary education after the 21-year civil war left the South Sudan without schools and other services. The area is struggling to redevelop and rebuild destroyed infrastructure.

Bishop Joseph Garang Atem of the South Sudan brought this urgent priority to

the attention of the congregation. He will be in Barrington as guest of St. Michael's and will attend the benefit.

Performing with Elevation will be the Sudanese Lost Boys Choir of Chicago, as well as some surprise performers.

Tickets are \$10. For advance tickets, call St. Michael's at 1-847-381-2323. Tickets will also be available at the door the evening of the benefit.

St. Michael's has been supporting development in the area since 1998, with teams of members traveling there on four occasions.

For further information, contact Jackie Kraus 1-847-381-5518.

A Whole Day of Holy Play

Church Women United (CWU) of the Barrington Area invites all women to a "Whole Day of Holy Play" at Techny Towers in Northbrook on Saturday, Oct. 10, 8 a.m.

to 3:30 p.m. Candee Nustra, CWU President describes the day, "Based on the Biblical story of Queen Esther... who really knew how to play... we will explore

AOII Hosts the Ultimate Elvis Evening

The Northwest Suburban Chapter of Alpha Omicron Pi would like to invite the public to attend their Ultimate Elvis Evening to be held at the Cadillac Ranch in Bartlett at 7 p.m. on Friday, Oct. 9.

Joseph Hall, an Elvis impersonator who has appeared at Legends in Las Vegas, on *America's Got Talent*, and on morning and news shows, will perform.

There will also be many prize baskets available with themes like country/rock, Chicago keepsake, Halloween haunt, Thanksgiving and Christmas.

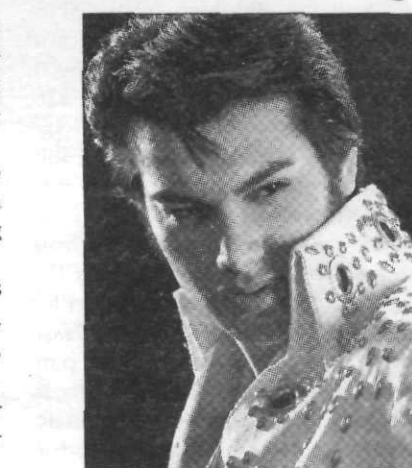
Appetizers, dinner entrees, sodas, cocktails, and desserts are available for purchase during the show.

The AOII alumnae group is sponsoring this event in order to raise funds to benefit the Arthritis Foundation and other local charities.

Tickets can be purchased for a variety

how we, as women of God, may play, be pampered, love our sisters and serve our God by serving others!"

For complete information, see down-



of seating locations, such as a VIP ticket, front row or general seating. Attendees must be 21 or older to attend. To purchase tickets, please call Terry Palmer at 1-847-658-0051.

loadable details at churchwomenunited.freehostia.com, contact any Church Women United representative or call Community Church of Barrington, 1-847-381-1294.

Making Unique Memories This Fall

Gorgeous red and yellow leaves are showing up and summer is almost over, fall is just around the corner. Plan a visit to **MUM** to see our exciting new fall merchandise featuring colors of sage, Tuscan yellow, plum and deep red.

Autumn also brings to mind get-togethers, parties and events—whether home or business, one centerpiece or a hundred, our designers, Lynn and John, will personally meet with you and create spectacular flowers for all occasions.

MUM is a full-service floral studio carrying 100% organically grown flowers, custom silk arrangements and beautiful items for gifts and home. Whenever possible, **MUM** sources only sustainable, recycled and recyclable products for you. Check out our new "Trash for Teaching" vase covers—a great way to repurpose those water bottles!

Traditionally, June has been the month for weddings. Today, couples are selecting autumn as their favorite time of year for nuptials! Call **1-815-444-6867** to schedule a personal bridal consultation.

MUM designers will create exceptional florals in your budget, whether an intimate event or a wedding of 400 or more.

Located in downtown Crystal Lake, make **MUM** your first stop for fall.

See **MUM** at the Service League Housewalk on **Friday, Sept. 18** and the Johnny Appleseed Festival on the **26th** in Crystal Lake!

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Growing Herbs for Tea

With fall on the way, members of the Green Thumbs of Barrington Garden Club are ready to begin their regular season of monthly meetings and programs at the Barrington Area Library. The first gathering will take place on Monday, Sept. 21 at 12:30 p.m., when visiting and refreshments will begin.

The program for the day is titled "Growing Herbs for Tea." It will be presented by Charlene Breitlow who will lead the audience through the process of brewing a cup of tea using herbs we grow in our own yard. That's a satisfying way to join

the Green movement, which is so popular. Those attending are asked to bring a china tea cup for tea tasting. The business meeting will follow.

During the summer, some of the members got together for socializing. In July, they enjoyed a tasty pancake breakfast with a side trip to Heron Creek Forest Preserve or Reed Turner Nature Center. In August, a Garden Tea Party was enjoyed at the home of a member.

Guests and visitors are welcome at the September gathering (bring a cup). Call Vicki at 1-847-526-5998 for more info.

Barrington Lions to Host Free Eye Exams

The Barrington Lions Club will host a free eye screening on Friday, Sept. 4 from 9 a.m. to noon at the Barrington Area Library, 505 N. Northwest Highway.

Glaucoma, macular degeneration and diabetic retinopathy are among the major issues concerning our sight, especially as we grow older. The screening will provide feedback to the individuals who attend.

Helping people with vision problems has been the main focus of Lions Clubs after being dubbed "Knights of the Blind" by Helen Keller. The Lion motto, "We Serve," has meaning on a grander scale worldwide by their efforts to prevent river blindness in under developed countries.

Locally, the Lions Club offers screenings such as this one on Sept. 4. This free screening is offered through the cooperation of the Lions of Illinois Foundation, the charitable arm of the state's more than 700 Lions Clubs and is funded primarily from Candy Day donations held statewide on the second Friday and Saturday of every October. This year's Candy Day is scheduled for Friday, Oct. 9 and Saturday, Oct. 10.

The free eye screening will be held in the Meeting Room, second door on the left after entering the library.

For more information, please contact Lion Glenn Engelhardt at 1-847-381-2070.

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"Grandparent's Day"
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Happenings!

in the area

Kimberly Jones Presents "Operatic Arias and Broadway Show Tunes"

The Barrington Chapter of Lyric Opera of Chicago (BCLOC) members and guests are looking forward to an exceptional afternoon with internationally acclaimed soprano Kimberly Jones, who will perform "Operatic Arias and Broadway Show Tunes" in a lovely Barrington Hills residence at 2 p.m. on Sunday, Oct. 4. She will be accompanied by renown Mongolian pianist Maralguia Darjaa.

Following the program, members and guests will enjoy wine and sumptuous hors d'oeuvres provided by Toni's Serendipity Party and Event Planning. Hospitality co-chairs are Toni Savadel of Carpentersville and Maureen Brown of Lake Zurich. Cost is \$60 for members and \$75 for guests. Reservations are very limited. Please send checks payable to BCLOC by Sept. 27 c/o Margit Vogel, 260-A Timber Ridge Lane, Lake Barrington 60010. Your check is your reservation. For more information, call 1-847-304-0422.

Jones, an alumna of the prestigious Ryan Center for Young Artists at Lyric, has graced the opera stages of La Scala in Milan and the Bastille in Paris, received rave reviews in her concert appearances



Kimberly Jones

in Germany and Denmark, was showcased in the Chatelet in Paris and has performed Handel's *Messiah* throughout the United States, including New York's Lincoln Center and Alice Tully Hall.

This winter Jones was showcased in Lyric Opera of Chicago's "Meet the Artist" program, a one-woman show presented to schools throughout Illinois. Jones is on the voice faculty at Merit School of Music and the Sherwood Conservatory of Music.

Please join Barrington Lyric members and guests for this wonderful afternoon. You may wish to visit Lyric Opera of Chicago's Web site, www.lyricopera.org.

BYDE's Venetian Night Gala to Support 15th Annual Nutcracker

Jasper and Marian Sanfilippo will graciously open their Barrington Hills Estate at 6 p.m. on Saturday, Oct. 17 for the Barrington Youth Dance Ensemble's (BYDE) Gala "Venetian Night." Proceeds from this elegant evening will support BYDE's 15th annual production of *The Nutcracker*, a treasured Barrington area tradition.

Tickets are \$150 per person and include an estate tour, gourmet dinner, open bar, valet parking, and three performances by the Barrington Youth Dance Ensemble. Tables of 10 are also available at a group price by calling BYDE at 1-847-382-6333. Reservations are limited. Please respond by Oct. 10. Checks may be made payable to BYDE c/o Barrington Dance Academy, 758 W. Northwest Highway, Barrington, IL 60010. Visa and MasterCard are also accepted via phone.

The evening begins with docent-led tours of the Sanfilippo's Victorian Palace, which includes the world's largest collection of restored antique music machines. Highlighting the tour will be a viewing of the world's largest indoor theater pipe organ. Following the tour, guests will retreat to the Eden Palais, which houses the most spectacular hand-painted European carousel in existence. Cocktails and hors d'oeuvres will be served as guests visit the festive silent auction tables.

The live auction will enliven guests' palates as they enjoy a gourmet dinner. Included in the auction are an electric scooter package donated by Flat Squirrel Scooters, a pig roast at your home for 50

guests, a hunting lodge vacation, a Joffrey Ballet ticket package to *Othello*, and much more.

As the live auction comes to a close, the spotlight will move to the main stage. Barrington Youth Dance Ensemble members will entice audience members with *Italia Interlude I*, choreographed by Karen Janet, with music by Suzanne Ciani; and a number featuring guest performer Roman Antonov and the entire BYDE company entitled *Mambo Italiano*. This dance was created especially for the event by Antonov and artistic director Mary Brennan.

Venetian Night will benefit the 15th annual production of *Nutcracker*, to be presented at Barrington High School on Dec. 4, 5th and 6th. Performance times are 7 p.m. on Dec. 5, 2 p.m. and 7 p.m. on Dec. 6, and 2 p.m. on Dec. 7. Tickets to *Nutcracker* will be available beginning in October, both through the BYDE ticket office at Barrington Dance Academy, and online at www.BYDE.org.

Barrington Youth Dance Ensemble is generously supported by the Illinois Arts Council, a state agency, the Roberts Family Foundation, The Benson Family Foundation, the Sanfilippo Foundation, Rose Packing Company, Barrington Junior Women's Club, the DEMAR Family Foundation, the Barrington Area Community Foundation, The Stephenson Family Foundation, and Buxton & Kasper L.T.D.

Through quality dance training and performance, BYDE promotes artistic integrity, understanding, involvement, and aware-

Seniors Take a Cue from Kids and Head Back to Class

While this time of year may bring to mind images of freshly scrubbed faces, new shoes and dashing out to meet the bus, the kids aren't the only ones heading back to school this fall. Adults 50 years and better are getting ready to return to the classroom with LaFarge Lifelong Learning continuing education courses. Presented by St. Anne's Catholic Community in Barrington, LaFarge courses are designed to provide area seniors with educational opportunities close to home but far from the usual fare.

"We are pleased with the continued growth of our program," said Sister Margaret Eisele, LaFarge program director. "Our high number of returning students speaks to the enjoyment and the quality of the courses that we offer." Now in its eighth year, Sister Eisele is especially proud of the instructors who volunteer their time and talent teaching in their area of expertise. "Their enthusiasm is contagious," Sister Eisele continued. "That, combined with a love for learning gives our courses an extra spark."

With topics covering a range of interests from technology to fine arts, this nonprofit program is recognized by the Barrington Area Community Foundation as a significant contributor to the quality of life for seniors in the area. "We encourage seniors to keep active and connected in the community," notes Sister Eisele. "LaFarge caters to this time in life when



LaFarge Lifelong Learning Program Director Sister Margaret Eisele invites adults 50 years and better to take a cue from the kids and head "back to school" this fall with LaFarge Lifelong Learning continuing education.

you learn just for the sheer joy of it. It is a time for continued personal growth, which is like finding your own fountain of youth."

Fall term courses start the week of Sept. 14. Nominal fees are charged to cover course materials. Classes are held once per week for six weeks on the St. Anne's campus in Barrington. Course registration will be held Sept. 8, 9th and 10th from 9 to 11 a.m. in the St. Anne Senior Center, 120 N. Ela St., downtown Barrington, or may be completed by appointment at the LaFarge Program office. For more information, call 1-847-381-5799.

Flute and Guitar Mission Concert

Enjoy an exquisite blending of flute and guitar music while supporting a newly independent Hispanic church. Barrington United Methodist Church Missions presents Belinda C. King and Steve Vazquez in a Flute and Guitar Concert Saturday, Sept. 12, 7 p.m., at Barrington United Methodist Church, 98 Algonquin Road (at Route 59) in Barrington. This special mission concert celebrates the success of Bethel United Methodist Church, a "Harvest 2020" church, which has been worshipping at Barrington United Methodist Church for nearly a decade and is transitioning to a new church home in Carpentersville. Beginning at 5:30 p.m., Bethel United Methodist Church will provide refreshments characteristic of Puerto Rico and Mexico, and an opportunity to socialize prior to this very special evening of Spanish music. Beautiful program selections are planned, including works by Caliendo, Villa-Lobos, Poulenc, Torrealba, Folk, Ibert, and Piazzolla.

A freewill offering will be taken during intermission to benefit the Bethel Church. All are welcome. For further information,



Flautist Belinda C. King

tion, please call 1-847-836-5540. Visit the church's Web site at www.BarringtonUMC.com.

ness among people of all ages throughout the Chicagoland area.

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DAR in Fourth of July Parade

Thirty-two patriotic members of the Barrington chapter of the Daughters of the American Revolution (DAR) and their families participated in the annual Barrington Fourth of July parade. The 18-foot float, draped in red, white and blue bunting, flags and banners, was created by DAR husband Randy Matecki and Tom Horcher of Crown Renovations in Palatine, and the DAR car magnets were created by Signpost in Elgin.

Special DAR guest Christopher Katrakis, a recent graduate of Barrington High School and 2009 winner of the National Society of the Daughters of the American Revolution (NSDAR) Good Citizens Award, waved to parade-goers from the back of a decorated convertible.

NSDAR is a nonprofit, nonpolitical volunteer women's service organization dedicated to promoting patriotism, preserving American history and securing America's future through better education for children.

The Barrington chapter's next chapter



South Barrington DAR member June Shuldes and her husband Bob proudly display their patriotic colors aboard the Signal Hill chapter of the Daughters of the American Revolution's float in Barrington's Fourth of July parade!

meeting will be held Sept. 16, 11 a.m., at the Barrington Area Library.

For more information please contact membership chairman Joanne Farrell at 1-815-603-7824.

Fox Chapter of the American Needlepoint Guild September Meeting

The Fox Chapter of the American Needlepoint Guild will meet on Tuesday, Sept. 8 from 6:30 to 8:45 p.m. at the Eastgate Branch of the Algonquin Library, 115 Eastgate St., Algonquin. The meeting begins with a short business meeting, show-and-tell, and is followed this month by Eileen Gurak teaching a piece called "Weaving"

to all interested members.

Membership is open to all levels of stitchers. Guests are welcome at no charge so bring some stitching and join in.

For further information on membership or the September meeting, please contact Linda Eckl at 1-815-759-8985 or Jan Hyser at 1-847-639-2592.

Lincoln Bicentennial Celebrated at Mettawa Manor



(From left) Bill Kurtis, event co-chairs Lori Lennon of Lake Forest and Mary Yovovich of Kenilworth, and Donna LaPietra prepare to greet guests for a celebration of Lincoln's 200th birthday at the home and gardens of Bill Kurtis and Donna LaPietra in Libertyville (Mettawa).

The mission of the Abraham Lincoln Presidential Library Foundation (ALPLF), a not-for-profit organization, is to support the exhibitions and programs of the Abraham Lincoln Presidential Library and Museum located in Springfield, Ill.

Board members and ALPLF friends enjoyed exploring the 65-acre grounds of Mettawa Manor, a historic mansion built in 1927. Kurtis provided personal tours of the grounds including the prairie, woodlands, gardens, tree house, lily pond and walled English garden. Museum Curator James Cornelius was guest of honor and gave a brief presentation about the Lincoln Collection and the museum's history.



Kathleen and Nicholas Amatangelo of Barrington Hills enjoyed the celebration.

Barrington Area AAUW Events

Founded in 1881, the American Association of University Women (AAUW) has been a catalyst for change and improving women's lives. With approximately 100,000 members across the country, they contribute to a more promising future for women and girls by educating women for a lifetime of success, advocating for laws that give women and girls a fair chance, and supporting the Educational Foundation (EF).

EF awards monies to women to pursue doctoral studies or career changes as well as to individual states or branches to fund exemplary projects. Raising revenue for EF and a local scholarship provides Barrington Branch members the opportunity

to enjoy the friendship of other members.

Barrington Area Branch of AAUW is finalizing plans for general meetings in the coming 2009-2010 year. In October, one will honor literacy, one in winter will honor music, one in March will be held jointly with the Barrington League of Women Voters, and a meeting in June will honor women and philanthropy.

On Sunday, Dec. 6 they will hold their annual Soup Supper, a delightful social event, at a member's home.

In January, Branch members will join members of eight other Northwest Suburban branches at the annual Networking Luncheon at the Hyatt Deerfield. The featured speaker will be Barbara Flynn Curry,

speaker of the Illinois House of Representatives.

The luncheon book discussion group meets monthly on the second Wednesday at noon for lunch and discussion at The Garlands in Barrington. On Sept. 9, the book is *The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer and Annie Barrows. Loretta is chair and can be reached at 1-847-381-1804. New members are welcome.

The daytime bridge group meets monthly on the second Thursday in a member's home. Each player donates \$2 to the AAUW EF.

The Woman's Issues book group meets every other month on Saturday morning

at the Barrington Library. Pat is chair—1-847-550-1282.

The Great Decisions study and discussion group meets weekly for eight consecutive weeks in February and March at the Barrington Library on Tuesdays at 1 p.m.

Meetings are open to all members and guests.

Membership in AAUW is open to anyone holding a two-year degree or higher from an accredited institution of higher learning.

For additional information on membership, or any AAUW events or activities, call Louise Sullivan, membership vice-president, at 1-847-382-8028.



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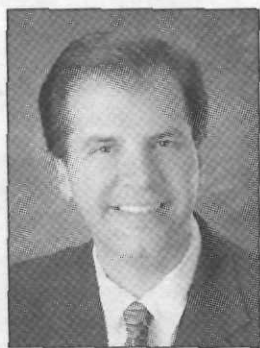
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Cosmetic Dentistry: Need vs. Want

by James T. Gavrilos, DDS

Tremendous changes are taking place in dentistry. It has become one of the most appealing professions to young college graduates. Dental school GPAs have surpassed medical school GPAs for the first time ever. Applications have quadrupled from 10 years ago. Why the big change? Patients are now going to the dentist and instead of asking if they have any cavities, they are asking about ways to improve their appearance. This shift from "need-based" dentistry to "want-based" dentistry is what is fueling these changes.

During the "dark ages" of dentistry, the dentist was seen as a necessary evil. Taking care of needs like decay, infection and trauma was the norm for a dentist back then. He had to manage with the same technology that had existed for the past 50 years. Little changed in the technology because little changed in the procedures that he was doing. In the mid-1990s, advancements in dental porcelains and implants aided the boom in cosmetic dentistry. People saw that crowns and veneers could be made to look natural. But these advancements required new technologies and continuing education. For dentists who invested the time and money, the dividends have been tremendous. The patients come to the office excited about



seeing their new smile instead of dreading a procedure that will not have any affect on their appearance.

"Want-based" dentistry is here to stay. It has created a demand that is changing the scope of the dental profession. With it comes the necessity to adapt to new technologies. Last August, we updated every one of our systems from clinical to IT. Stop by and ask us for a tour... we'll be happy to show you around. Our office is located in downtown Barrington, on Main Street, just one block east of Hough Street.

For a thorough examination and evaluation of your oral health, contact **Dr. Jim Gavrilos** in Barrington at **1-847-381-4040**. Please feel free to check out our Web site at www.barringtondentist.com.

Garden Club of Lake Zurich Plant Sale

The Garden Club of Lake Zurich's Annual Fall Plant Sale will be held on Saturday, Sept. 5 from 8:30 a.m. to noon at the El

Area Public Library, 275 Mohawk Trail, in Lake Zurich.

For more info, call 1-847-550-0329.

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The Merchandise Mart Antiques Fair

Each spring since 1998, the Merchandise Mart of Chicago has hosted an International Antiques Fair. Because of the overwhelming popularity of this event, they have added a Fall Fair which will occur in early October. This event showcases an exceptional variety of antiques and fine art—ranging from antiquities to mid-century modernism. More than 100 international dealers will present diverse antique genres and styles, including Americana, Asian art, books, ceramics, clocks, decorative arts, folk art, furniture, glass, jewelry, paintings, posters, prints, maps, sculpture, silver, textiles and tribal art.

On Friday, Oct. 2 from 8 a.m. to 4 p.m., members of the Barrington/Northwest Community Associates will have the opportunity to explore the vast collection offered during this International event as well as appreciate the address presented by Darryl Carter, the keynote speaker for the Fall Fair.

The Merchandise Mart, 4.2 million gross square feet, is the world's largest commercial building and art deco landmark. More than three million visitors peruse its retail shops, boutiques, and showrooms for residential, casual, and contract furnishings. The Mart is the perfect venue to host the comprehensive antiques exposition which also includes high-profile speakers, special events, and an engaging lecture series.

This year's keynote speaker, Darryl Carter, is nationally recognized as having spearheaded the emergent American design movement of "new traditionalism," hence the title of his best-selling book, *The New Tradition*. His work is distinguished by his fresh, deft integration of the modern with the antique. Carter has recently launched several lines of home products with a number of iconic brands, intended to outfit the entire home and reflect his goal of creating the sense of welcome and comfort within the home. His remarks are guaranteed to provide intelligent commentary and to excite interest in this exceptional exposition.

This excursion to the Merchandise Mart is for members only and will include a tour of the fair, the keynote address and lunch on the premises at the Blueprint Restaurant. The cost is \$70, includes transportation, lecture, self-guided tour and lunch. Reservations are required and are accepted in the order received. The reservation period opens Sept. 2 and closes Sept. 23.

For more information, contact day chair Emma Gerosa at 1-847-540-1103.

Welsh, auxiliary president.

The auxiliary's 2009 event, "Bet on Wellness," will be held on Friday, Oct. 9 at Medinah Country Club. The event will recreate the ambience of a Monte Carlo casino—all in support for Wellness Place. Additionally, the evening will include a gourmet dinner, live music and dancing, and themed prizes and favors. Guests will also be able to participate in the live auction which will feature vacations, a private cocktail party, sport outings, and a special "10-for-10" Chicago package which commemorates the auxiliary's anniversary.

For more information, please contact Jenny Welsh at 1-847-909-3996.

Wellness Place Auxiliary Celebrates a Milestone

The Wellness Place Auxiliary is celebrating its 10-year anniversary this year. The auxiliary was initially started to help promote awareness in the community and raise funds for Wellness Place and is comprised of members from the Northwest Suburbs.

Wellness Place offers support, educa-

tion and encouragement to those impacted by cancer at no cost to participants. Through various events over the last 10 years ranging from family parties, wine tastings, holiday luncheons and evening galas, the auxiliary has raised over \$1.7 million for Wellness Place. All funds raised by the auxiliary over the last 10 years

have helped to support Wellness Place's programs and services, such as children's and teens programs, the resource library and stress management classes.

"Our past events have received a great deal of support from the Barrington area and we are grateful for the generosity of our sponsors and guests," remarked Jenny

My Hair is Thinning, Everything is Going South and Now My Teeth are Falling Apart!

by Agnes Kumar, DDS

We all know that with aging often comes the advantages of being wiser and calmer. However, it also comes with a flurry of ever-increasing drawbacks. Besides sagging from head to toe, our vision, hearing, manual dexterity, and strength also go downhill. Those who have kept up with their dental hygiene significantly through the years may be encountering many problems as they age. These problems sometimes result from poor oral hygiene, medications, waiting to seek care until the pain sets in, and infrequent trips to the dentist. We see it! A patient, whose mouth is very well restored, suddenly is facing bad breath, gum disease, cavities at root surfaces, and recurring decay under good restorations such as crowns or fillings. Some may even have painful abscesses. Medications which can severely dry out the mouth and predispose to these problems, frequently add insult to injury! This can be further complicated by some people being unable to express very well what they're feeling, due to various conditions such as strokes and Alzheimer's disease.

As our hands get weaker and are less able to maneuver into tight areas of the mouth, our oral hygiene suffers greatly. We may not even realize it because our vision has become so poor... we can't see the plaque we've left behind. Aids such as a Sonicare toothbrush help remove plaque between teeth and along the gum line, and could be very beneficial. Go-between-brushes and floss handles are other products that make removing plaque easier as manual dexterity declines.

Family members and care takers often do not even realize how severe the problem can be. Some family members may fear that drastic and expensive treatment may be suggested for those whose time and funds are limited. One does not always have to do heroic dentistry. However, maintenance and infection control are important for good quality of life. The elderly deserve to have their mouths, a part of their body, attended to properly. It is important for speech, as well as for good nutrition. It may be difficult for some elderly to get proper nutrition when every other tooth hurts from breakdown. Sometimes it may be necessary to appoint the elderly more often to help maintain better oral hygiene. Simple procedures that help strengthen and protect exposed weak root surfaces should become part of their care. The dentist can help with the fight against dry mouth and its consequences.

With the aging of America, the elderly patient segment is steadily increasing. **The Oaks Dental Center** staff has become more aware and sensitive to these patient's oral care and special needs. Being able to chew and eat a balanced diet is paramount to keeping the body well nourished and healthy.

Aging with dignity includes having good dental care.

So, Father Time... you may take my lovely hair, firm skin and hard muscles, but you can't have my teeth!

Dr. Kumar practices general dentistry at
The Oaks Dental Center, Ltd. in Crystal Lake.

Viewing the Colors of Fall

The fall season brings us many enjoyable events. Probably the most obvious for anyone is the change of the greenery to red, orange and yellow. Imagine not being able to distinguish these vibrant colors. Some people are unable to, which makes them **color deficient**. Color deficiency is often referred to as "color blindness." Many people think anyone who is "color blind" only sees black and white. This is a big misconception. There are many different types of "color blindness." Color deficiency may vary from not being able to tell certain colors apart to not being able to identify any color. When our eyes are viewing, the retina is responsible for our viewing. It is made up of rods and cones. The rods give us our night vision. The cones make up our daytime color viewing. A person becomes color deficient when any of the three cone pigments are missing. An estimated 8 percent of males and 1 percent of females have a defective gene which give the wrong information to our brain, thus resulting in seeing our world in the wrong colors.

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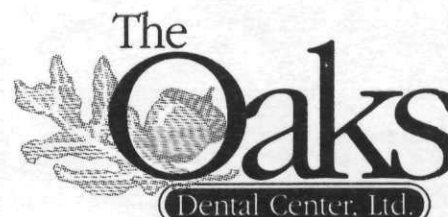


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- Missing teeth can be replaced.

Dr. Follmer graduated from Northwestern University Dental School in 1975. He returned to the college to teach dentistry for two years, then returned to his hometown of Wauconda where he has practiced since 1977.

Committed to both academic and clinical excellence, **Dr. Follmer** assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

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Women's Club of Inverness Fall Kickoff

Please join us on Thursday, Sept. 10 at the Inverness Golf Club for the 2009-2010 Kickoff Meeting and High Tea. A brief business meeting will begin at 9 a.m., followed by the High Tea. The Women's Club of Inverness embodies the strength of women dedicated to supporting various philanthropic endeavors and promoting cultural and educational activities in our community.

All members and prospective new members should call Karen at 1-847-397-8955 for High Tea reservations.

The Women's Club of Inverness Meets September through May. Most regular meetings are held at 9 a.m. on the second Thursday of the month at the Inverness Country Club (with special exceptions in November, February and April). A brief meeting is followed by an informative and interesting program.

The Inverness Women's Club is a philanthropic 501(c)(3) organization. All proceeds from their activities are distributed to local community-based organizations and scholarship grants to graduating seniors and college students residing within the boundaries of school districts 211 and 220.

The Shoe Box Express

The club is always looking for donations and names of servicemen and women stationed in Iraq and Afghanistan to send care packages to. If you would prefer to help with the shipping cost, a monetary donation payable to The Inverness Women's Club and marked "Shoe Box Express" will be specifically earmarked to be used for postage to mail these packages. The list of items needed by soldiers changes from month to month, so please call Kim at 1-847-934-1456 for more information.

Garden Club of Inverness is "Buzzing" About the New Season's Programs

Program chairs Ann Priest and Laura Hoover have planned an outstanding lineup of programs, and the September meeting is just the beginning of a whole group of presentations that are sure to interest and intrigue Garden Club of Inverness members.

On Thursday, Sept. 17, William Buckley, president of the Illinois Beekeepers Association and a beekeeper for 38 years, will be addressing club members. Buckley is a very enthusiastic speaker who will explain the many contributions bees make to our gardens and what we can do to protect these important creatures. He will talk about the honey bee life cycle and how bees are managed by beekeepers. He will also differentiate honey bees from other stinging insects like wasps, hornets

and yellow jackets. Buckley's knowledge and experiences will certainly give club members something to "buzz" about.

The Garden Club of Inverness meets from September through November and January through May on the third Thursday of the month at 9:30 a.m. at All Saints Lutheran Church, 630 S. Quentin Road, Palatine. After a brief business meeting, there is always a program of interest to area gardeners. All gardeners are welcome. For more information, call Beth at 1-847-934-7929.

Save the Date

On Thursday, Dec. 3, the Garden Club of Inverness will hold their Holiday Luncheon. Proceeds from this spectacular event are used to fund area scholarships and other community projects.

MCC Resumes Second Sunday Concert 2009-2010 Series Oct. 11

The Second Sunday Concert Series at McHenry County College (MCC) begins its 2009-2010 season at 3 p.m. on Oct. 11 featuring Chicago Brass Band Players. The concert will be held in the MCC Conference Center, 8900 U.S. Highway 14, in Crystal Lake.

The Chicago Brass Band Players (CBBP) was founded in 2002 as the elite small ensemble within the 30-piece Chicago Brass Band. The group consists of 10 players, similar to the famous Phillip Jones En-

semble, and includes four trumpets, one horn, four trombones and one tuba. Both the band and the CBBP perform and compete in the Chicago area, in festivals throughout the U.S., and in international contests. The CBBP won the small ensemble competition in 2003, 2005 and 2006 at the North American Brass Band Association (NABBA) and was runner-up in 2004.

The following Second Sunday and other MCC concerts are free and at 3 p.m. unless otherwise noted: Nov. 8, Brian Tor-

osian, classical guitarist; Nov. 18, MCC Music Department Fall Concert (Wednesday evening, 7 p.m.) featuring the MCC Performing Ensembles; Dec. 13, Handel's *Messiah* at 4 p.m. at the Raue Center For The Arts, 26 N. Williams St., Crystal Lake, featuring the MCC Choir and Voices in Harmony; Jan. 10, 2010, Cooper, Nelson & Early folk musicians; Feb. 14, Maureen Christine and Michael Bazan, jazz artists; March 14, Winds Off The Lake woodwind quintet; March 18 (Thursday evening, 7

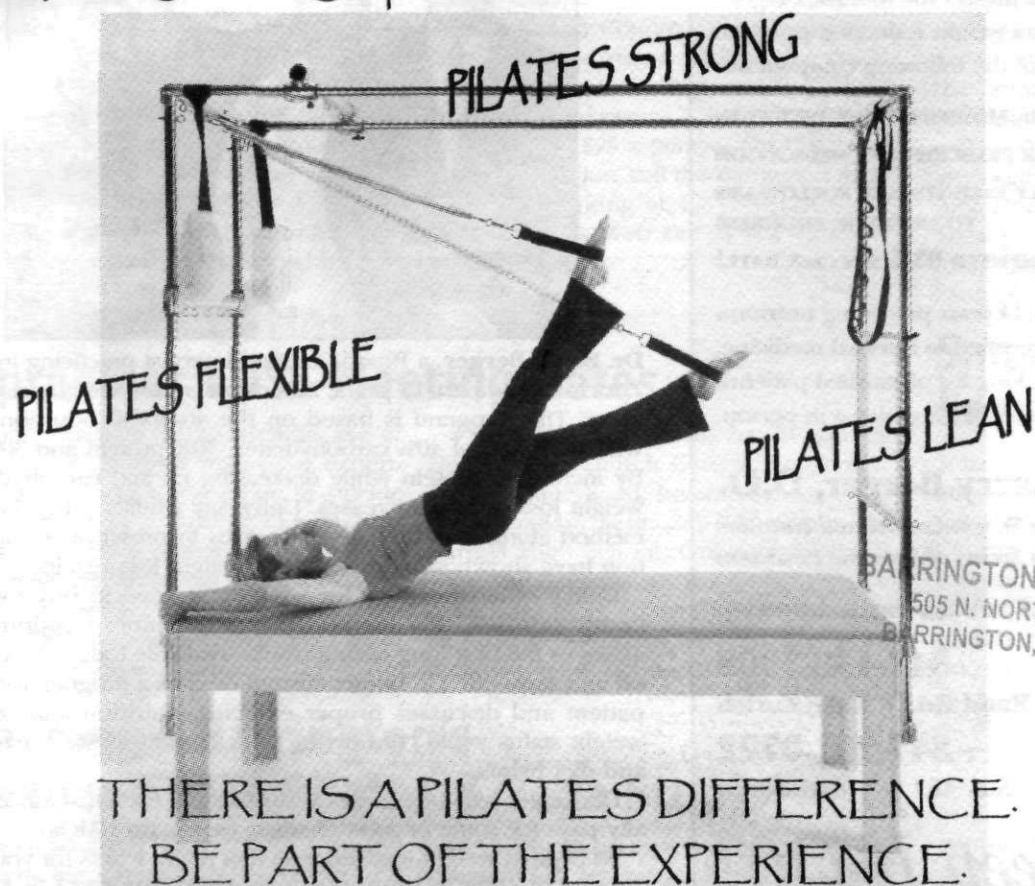
p.m.), St. Patrick's Day Concert featuring Pat Gaughan and L.J. Slavin; April 11, MCC Music Department Spring Concert featuring MCC Concert Band, MCC Choir and MCC Chamber Ensembles; April 21, (Wednesday evening, 7 p.m.) MCC Spring Jazz Concert; and May 2 (first Sunday), Sessions Jazz Quartet.

The concerts are open to the public. A reception follows each Sunday concert. For more information, contact Michael Hillstrom at 1-815-479-7814.



Transformation

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Third Annual "Women fore Women" Golf Lunch Outing and Luncheon

The third annual "Women fore Women" Golf Outing and Luncheon will be held Monday Sept. 21 at Makray Memorial Golf Club in Barrington. It will be a relaxed 9-hole scramble format followed by an auction and luncheon. Tickets are \$150.

There will be Longest Drive, Closest to the Pin, Lowest Scoring Foursome, "Most Honest Foursome" and Hole-In-One contests.

Registration begins at 8 a.m. with an optional Putting Contest at 8:30 a.m. Carts roll at 9 a.m.

Many thanks to Jon Barrett of Schaumburg Honda for sponsoring the Putting and Hole-In-One contests.

This is a fun day, with all skill levels invited. For more information on the golf

outing, contact Marie at 1-847-304-0252.

If you are not a golfer, you can still enjoy the auction which begins at 11:30 a.m., followed by a luncheon at 12:30 p.m. Tickets are \$50.

All proceeds to the benefit of Home of the Sparrow, which provides emergency services including transitional housing, counseling and job-skills training to those women and children of the northwest suburbs finding themselves in personal distress due to loss of a job, illness, death of a spouse, divorce or abusive situations. Facilities are located in McHenry and Crystal Lake.

Plan to enjoy a fun day to benefit a great local cause. Call Judy 1-847-382-6572 for reservations.

Barrington Newcomers and Neighbors Welcome All to Open House

The Barrington Newcomers and Neighbors invite all area residents to attend an open house on Wednesday, Sept. 9 from 9:30 to 11:30 a.m. at the Barrington Area Library, 505 Northwest Highway, Barrington. Complimentary child care will be available.

"The Open House is our traditional kickoff, and is a great place to meet members and learn about our full slate of activities and interest groups," said Michelle Shockley, president. "We are looking forward to a busy year of fun events, includ-

ing a new Road Rally. Many of our programs exploded in popularity last year—we're up to three book groups and enjoyed overflow crowds at our wine-tastings."

Barrington Newcomers and Neighbors is a social organization offering its members a wide variety of activities and interest groups from which to choose, including Almost Gourmet, Moms and Tots, Bunko, Bowling and more. Members also gather monthly for an informative program, adventurous outing, coffee or a

Prairieview at The Garlands and BACOA "Take Steps" to End Alzheimer's Disease



Friends, family and staff of Prairieview at The Garlands join in the fight to end Alzheimer's Disease.

The public is invited to join staff, residents and family members associated with Prairieview at The Garlands in the fight against Alzheimer's Disease on Saturday morning, Oct. 3 at the Lake County Alzheimer's Association Memory Walk. The event will be held at Independence Grove, 16400 W. Buckley Road in Libertyville.

The Memory Walk, a 5K (3.2-mile) walk, is the nation's largest event to raise awareness and funds for Alzheimer care, support and research.

The Alzheimer's Association, the leading

voluntary health organization in Alzheimer's Disease research and support, is advancing progress in prevention, treatments and an eventual cure and provides support for all those affected by the disease. The Memory Walk is a noncompetitive walk and a festive event for families, coworkers and friends of all ages.

To join Prairieview and BACOA in taking steps to end Alzheimer's Disease, as either a walker or a sponsor, please contact team captain Lynn Laystrom at 1-847-756-3106.

social evening.

Membership is open to anyone who lives in the 60010 ZIP code or CUSD 220.

For more information, a representative will be on hand to answer questions at

the Barrington Farmers Market Thursday, Sept. 3. "We're also excited about our new website, and hope people will check it out," Shockley said. The Web site is www.barringtonilnewcomers.org.

Struggling to Lose Weight?

Have books, fad diets, trendy exercise equipment, or self-help programs failed to get you off the weight-loss roller coaster? Dr. Barry Berger may have the answer for you. Dr. Berger's revolutionary long-term weight reduction program incorporates all of the following components:

- ◆ **BALANCED, MODIFIED ZONE DIET PLAN**
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- ◆ **DOCUMENTED 93% SUCCESS RATE!**

Dr. Berger has spent 14 years practicing nutrition and weight loss. He is board certified in internal medicine, and prides himself in his long list of satisfied patients. Dr. Berger sees all of his patients in person.

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Lose the Weight... and Keep It Off!

New Weight Loss Program Shows Dramatic Results



Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 15 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call **1-847-438-3008** in Lake Zurich or **1-847-291-0772** in Northbrook to make an appointment for your consultation today.

ACICS Evaluator of the Year

The Washington D.C. Accrediting Council for Independent Colleges and Schools (ACICS) has named Joyce Bryan Strout the "Evaluator of the Year" for Student Relations college evaluations. There are over 1,000 private institutions that are accredited by the ACICS organization and over 600 evaluators. Strout was selected for this honor by her peers and by the management of the Accrediting Council. She travels to independent colleges and schools across the U.S. and other countries to perform the evaluation process with a team of professionals at each institution. The Evaluator of the Year Award was presented in Tampa, Fla. at the Career College and ACICS Conference in June 2009.

Strout is president of J.B. Strout & Co., a firm specializing in sales and management training, human resource training,



motivational speaking, and planning and facilitating events. She has worked with the Washington D.C. Accrediting Agency for three years.

Strout lives with her family in South Barrington.

Take Charge of Your Own Personal Safety

Developing your own personal safety plan is part of the free Women's Self Defense Workshop being sponsored by Safe Daughters, a nonprofit organization. The five-session program, which begins on Wednesday, Oct. 21, is designed to reduce the risk of sexual assault. It emphasizes prevention and awareness, and teaches basic street self-defense techniques.

The course includes information about:

- Sexual assault myths and facts
- Rape prevention and awareness
- Date rape and date rape drugs
- College campus safety
- Effective verbalization skills

• Home, parking lot and mall safety
Hands-on basic street self-defense techniques will be taught by certified rape prevention instructors. Students may participate in a simulated attack situation. The program is open to women and girls age 12 and above. Those under 16 must be accompanied by a parent or guardian.

Funding from the Barrington Area Community Foundation and the Barrington Junior Women's Club has enabled the course to be offered free of charge. A registration deposit of \$100 is required and will be refunded to those attending all of the sessions.

Quote!

"Work isn't to make money; you work to justify life."

—Marc Chagall (1887-1985)

Fashion Show Fundraiser "Escape to Paradise" to Aid Those in Need

Under the South Pacific sun, near the sea and spray, "Escape to Paradise," this year's show, will be held Saturday, Sept. 26 at The Stonegate Conference & Banquet Centre, 2401 W. Higgins Road, Hoffman Estates. A social hour begins at 11:30 a.m., with the luncheon and show at 12:30 p.m. The cost is \$50.

The Ladies Philoptochos Society of St. Nectarios Greek Orthodox Church is a philanthropic organization whose mission is to aid those in need. The word "Philoptochos" literally translates to "friend of the poor." Each year, the Ladies of Philoptochos work tirelessly to raise money to support all their charitable endeavors. The fashion show is the society's main fundraiser, which enables them to meet their

charitable obligations and commitments. Whether it's the poor, the sick, or victims of disaster, Philoptochos is committed to provide assistance. They have contributed to the Autism Speaks Foundation, American Heart Association, Home of the Sparrow, Children's Memorial Hospital, victims of Hurricane Katrina, St. Jude Hospital, Smile Train, The Wheelchair Foundation and so many more. At the local level, the society assists food pantries, families in need of funds to pay medical bills and utilities, and their own beloved St. Nectarios church community.

For more information or reservations to "Escape to Paradise," please contact Fran Geary 1-847-842-9104 or Mary Sue Solley 1-847-259-2543.



The workshop will be held Wednesdays from 7 to 8:30 p.m. on Oct. 21 and 28th, and Nov. 4, 11th and 18th, at Lake Zurich Family Martial Arts, 215 S. Rand

Road, Lake Zurich. Class size is limited. To register for the workshop or for more information, please call Nancy at 1-847-331-2977.

Welcome Autumn with "Aged to Perfection"

Reservations are still available for "Aged to Perfection," the Barrington Area Council on Aging's (BACOA) 14th annual wine tasting.

The fundraiser will be held Friday, Sept. 18 from 6 to 9:30 p.m., at the Chicago Marriott Northwest, 4800 Hoffman Blvd., Hoffman Estates.

The event will be sponsored by Advocate Good Shepherd Hospital, Alden Estates of Barrington, and The Garlands of Barrington.

Guests will be able to sample more than 50 kinds of wines provided by Barrington Cellars, while enjoying a buffet supper and bidding on an array of live and silent auction items. Auction items include an Arlington Park "Day at the Races," a wine dinner and kitchen tour at the Barrington Country Bistro, a parking pass at the Ice House Mall for the 2009-10 school year at Barrington High School, and sports and events tickets.

Tickets are \$95 a person. For tickets or more information, call the Barrington Area Council on Aging at 1-847-381-5030 or visit BACOA's Web site at www.bacoa.org.

Catholic Charities' September LOSS Meeting Dates

Catholic Charities of the Archdiocese of Chicago invites those who have experienced the loss of a loved one to suicide to participate in its Loving Outreach to Survivors of Suicide Program (LOSS).

Meeting Dates and Locations

- Sunday, Sept. 13, 7 to 9 p.m. at Catholic Charities Northwest Office, 1717 Rand Road, Des Plaines.

- Wednesday, Sept. 16, 7 to 9 p.m. at Holy Family Church Counseling Center, 2515 Palatine Road, Inverness.

- Thursday, Sept. 24, 7 to 9 p.m. at Carmel High School, One Carmel Parkway, Mundelein.

To learn more about Catholic Charities' Northwest Suburban Services and how they may help, phone 1-847-376-2118.

Yin Yang—Barrington's Premier STOTT Pilates & Yoga Studio

Pilates and the "core." What is it exactly and why am I hearing so much about it in magazines, on TV and on the Internet? Tiger Woods, Madonna, Tina Turner, Curt Shilling, NBA and NFL teams all practice it, why should I?

The Pilates method, developed by Joseph Pilates, is an exercise system focused on improving flexibility, strength, agility, and balance for your entire body. It dramatically transforms the way your body looks, feels and performs. It builds strength without building bulk, creating a sleek, toned body with slender thighs and a flat abdomen. It teaches body awareness and good posture utilizing easy and graceful movements.

The "core" that Pilates concentrates on is your "powerhouse"—the abdomen, lower back and buttocks. These areas are supported and strengthened, enabling the rest of your body to move freely.

Myths about Pilates: It is complicated and difficult to do. It is only works for individuals already in great shape. It is expensive. It is a fad. It is only for women. It is elitist and only for the rich, Hollywood stars and professional athletes.

Facts about Pilates: Top athletes do use it for strength enhancement, flexibility and injury prevention. Hollywood celebrities and supermodels do use it to maintain their beautiful physiques. As for the rest of us, it is an affordable exercise program everyone can benefit from.

Originally developed for rehabilitation, it is now being endorsed by physicians and physical therapists for post-knee/orthopedic surgery or to alleviate chronic back, neck and hip pain.

If you are recovering from an injury, looking to cross train, or perhaps you simply want to become or stay fit. No matter what your age, gender or body

type, a **Yin Yang** total body conditioning program will reward your efforts with the improved level of fitness and self confidence you are looking for.

Our exercise program can complement any exercise program you are currently involved in. It can also replace an existing program. Leading a sedentary lifestyle at the moment? Pilates is a great way to get back into shape.

Pilates is famous for creating long, lean fit bodies. There are many ways Pilates supports weight loss and a trimmer appearance. One way is by creating lean muscle mass and increasing your calorie burning potential.

Those who commit to a Pilates workout will create a trimmer appearance. One of the best ways to look and feel thinner is to have beautiful posture. Pilates creates a leaner look by emphasizing both length and proper alignment. If a significant weight loss is your goal, we also offer Heart Zone Testing, cardio classes and work with certified nutritionist to help you achieve your goal.

At **Yin Yang** we guarantee all of our classes and sessions you take with us—we want to ensure you are always satisfied. Our clients stand behind us as well and have made themselves available for references or testimonials. Our certified trainers have a minimum of 600 hours of teacher training and are able to work safely with you and offer you the best core training available.

Laura Cappelletti and her staff invite you to make an appointment for a **FREE 30-minute private Pilates session**. Come see why Pilates is the fastest growing physical activity in the U.S. They invite you to experience the mind/body experience in their harmonious "eco-green" studio in Lake Barrington.

"When I'm 64" Workshop

Turning 65 is a milestone—in more ways than one.

The Barrington Area Council on Aging (BACOA) and the Barrington Area Library are sponsoring "When I'm 64," a four-part workshop that will help guide 60-somethings as they look toward retirement. The workshops will be on Wednesdays from Sept. 9 through 30th, from 7 to 9 p.m. at the library, 505 N. Northwest Highway, Barrington.

Workshop 1 will cover the basics, such as Social Security, Medicare, and the Senior Health Insurance Program (SHIP). Speakers will include Social Security Administrator Martha Ewert and Bonnie Sabin, Centegra Health System's coordinator for the Senior Health Insurance Program.

Workshop 2 will feature information on wartime pension benefits. Jim Cauthorn, regional director for the American Association for Wartime Veterans, will speak.

Workshop 3 will cover estate planning. Barrington attorney Irene Clark David will speak.

Workshop 4 will cover financial planning. The speaker will be Margret Schrant, CFP, associate vice-president at Wells Fargo Advisors, Elgin.

The workshops are free and may be attended separately, but registration is required. To register, or for more information, call BACOA at 1-847-381-5030.

Smart Farm of Barrington: Learn, Grow & Share Nonprofit Event

Smart Farm of Barrington will hold its first annual Fall Harvest Celebration on Saturday, Sept. 19 from 5 to 7:30 p.m. at the Citizens Park Pavilion in Barrington.

Smart Farm was born in 2008, inspired by the passion of one woman to nourish neighbors in need by growing fresh produce using sustainable gardening practices, and in the process, creating a hands-on sustainable garden learning opportunity and resource for local residents.

On June 22, 2009, Smart Farm delivered its first produce donation to a local food pantry. Weighing in at six pounds, the

vegetables donated included beets, carrots, Swiss chard, and snap peas. Since then, they have continued to make weekly produce donations and expect to continue doing so until mid-October.

Smart Farm, a 501(c)(3) nonprofit organization, is supported solely by donations. Please come and support them by attending their Fall Harvest Celebration or by volunteering your time in their garden, located in Ron Beese Park.

For more information or to purchase tickets to the Fall Harvest Celebration, visit www.smartfarms.org.



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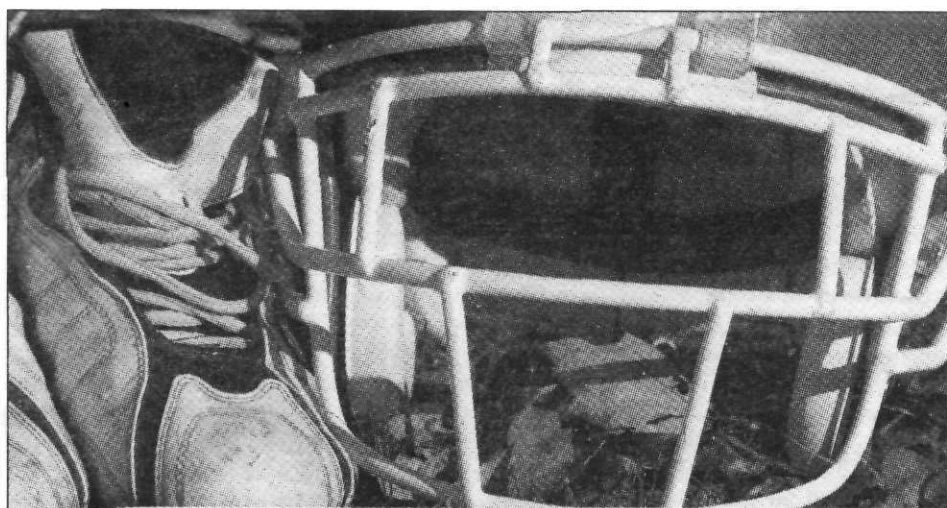
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Butterfly Fun at Vehe Farm

On a beautiful August morning, over 80 parents and children came to Vehe Farm to take part in a Leave No Child Inside event and hear stories about butterflies read by the Barrington Area Library.

Following the tales, children had the opportunity to see a monarch butterfly egg, lady beetle larvae, and walk through the Betty McLaughlin Memorial Butterfly Garden. Parents and children alike were able to touch, smell, and see the various plants that attract butterflies. After a walk through the prairie where cabbage white moths, sulphurs, monarchs and swallow-tails were seen, and children learned about the cup plant, prairie sunflowers, and other butterfly friendly prairie plants, everyone headed back to the butterfly garden. There children potted marigold seeds in Dixie cups to grow at home and each attendee received a beautiful donated butterfly nectar plant from Hampshire Farms.

Dwight Skinner of Hampshire Farms and resident of Deer Park, who had attended a previous Leave No Child Inside



(LNCI) event, felt the LNCI initiative is very important for our local children to experience nature firsthand. You can speak to him by calling 1-847-683-2751.

Barrington Woman's Club Fall Tea

The Barrington Woman's Club is beginning the 2009-2010 year with a Fall Tea on Wednesday, Sept. 16 from 1 to 3 p.m. The tea will be held in the Fellowship Hall of the Presbyterian Church of Barrington, 6 S. Brinker Road. This tea will allow new and old members to get better acquainted. They also extend a warm wel-

come to any woman interested in learning more about the organization and its activities.

There is no cost for this event but reservations are required. Please call Nancy Bengtson at 1-847-381-3767 by Thursday, Sept. 3 to place your reservation or for additional information.

Dr. James Baird Addresses Common Foot Problems



Dr. James Baird

As summer winds down and we fall back into the routine of school days, now is a good time to address the foot pain that you have been dealing with. **Dr. James Baird** is a local Podiatric Physician and Surgeon and is ready to help. Here are a few suggestions from Dr. Baird to alleviate some common foot problems.

My son has started football and he has been complaining of heel pain. He does not remember any event that would have brought this on. What could be the cause of his pain?

Most likely your son has developed an injury called calcaneal apophysitis or Sever's disease. It is most common between the ages of 8 and 14. Pain is usually felt at the back and side of the heel. Squeezing the sides of the heel bone is often painful. The pain is usually relieved by rest, and running and jumping usually make the pain worse. A recent growth spurt or weight gain can also trigger heel pain. The usual treatment for the condition involves cutting back on activity, avoiding going barefoot, performing calf stretches, icing the area after activity, and wearing a supportive shoe with a well padded heel and heel lift. It is best to have this condition evaluated by a physician for accurate diagnosis and treatment.

I am a teacher preparing to go back to school and I am already dreading my dress shoes. Is there anything I can do to make my feet feel better during the day?

General foot aches and pains are usually caused by poor shoe selection. The first thing to do is to make sure you are wearing the proper size shoe. Most people wear shoes a half to a full size to small. Our feet swell during the day, so always go shoe shopping at the end of the day when your feet are largest. Make sure the shoe has good stability. This means you should not be able to easily bend the shoe in half. Pick a shoe that bends where our feet bend, at the toes, not the arch. If you have specific spots of pain, such as the ball of the foot or the heel, a special insert made for your dress shoes may help decrease the discomfort in these areas.

If you are experiencing any of these conditions or other foot and ankle pains, call **1-847-381-5011** to schedule a consultation with **Dr. James Baird**. His office is conveniently located on Barrington Road, directly across from the Advocate Good Shepherd Hospital Health & Fitness Center.

Prairieview at The Garlands Ranked Among "America's Best Nursing Homes" by U.S. News & World Report

Prairieview at The Garlands skilled nursing program is one of three in the state and 41 in the country to receive a five-star rating and, subsequently, recognition from *U.S. News and World Report* as one of "America's Best Nursing Homes" in 2009.

To help consumers find the best choice from among the nation's more than 15,000 nursing homes, *U.S. News and World Report* ranks nursing homes on a quarterly basis and places the best on its Honor Roll. Prairieview at The Garlands skilled nursing program merited Honor Roll status for second quarter 2009, which means Prairieview achieved a perfect five-star rating from the federal government's Center for Medicare Services (CMS) in each of its three yardsticks: health inspections, nurse staffing, and quality measures of individual care.

"To be ranked in the top 41 of 15,000 skilled nursing programs in the nation is a remarkable accomplishment and a true testimony to the quality and value The Garlands offers our residents in the event they should ever need short-term rehabilitative or long-term care," said Thomas S. Herb, president and chief executive officer of Barrington Venture Holding Company LLC, local owners and operators of The Garlands.

Prairieview at The Garlands offers around-the-clock assisted living and skilled nursing services within the context of The Garlands of Barrington, a premier Continuing Care Retirement Community

(CCRC) located at 1000 Garlands Lane, Barrington. Due to state licensing agreements, access to the highly rated skilled nursing program at Prairieview is limited to members who currently live within The Garlands CCRC as independent-living or assisted-living members. As such, the peace of mind that comes with having access to such top-notch care, should it ever be a need, is an added benefit that is offered exclusively to Garlands members and one to consider when looking into The Garlands lifestyle for yourself or a loved one.

U.S. News and World Report's "America's Best Nursing Home Honor Roll" and the CMS Five-Star quality rating system help consumers, their families and caregivers easily compare nursing homes. The ranking system is important because skilled nursing programs vary in the quality of care and services they provide to their residents. Reviewing health inspection results, staffing data, and quality measure data are three important ways to measure nursing home quality. This information gives consumers a "snap shot" of the care individual nursing homes give.

For more information about *U.S. News's* Honor Roll visit www.usnews.com or for information about the CMS ratings visit www.medicare.gov and select "nursing home compare." For information about The Garlands, please call 1-847-304-1996 or visit www.TheGarlands.com.

Beautiful Homes & Gardens

SPECIAL SEASONAL SECTION



Freshen Holiday Tables Now!

Wickham Interiors Beautiful Table Linen Trunk Show

Sumptuous, refined, vibrant, subdued or luxurious, table linens are essential to complement and magnify the beauty of your china. Now is a great time to get prepared for holiday entertaining by acquiring a special tablecloth to dress up your table!

Come view the gorgeous table linens shown by manufacturer rep. Diane Baker at our fun **Table Linen Trunk Show** on **Saturday, Sept. 12** from 10 a.m. to 4 p.m. at **Wickham Interiors**. Bring your best china, everyday dishes, and photos of your room, and have fun discovering the many possible ways you can enhance your table! Refreshments will be served.

Impressive **Beauville** linens has been making glorious, high-quality table linens from the heart of Alsace, France, as part of more than two centuries of textile history. Uncompromising, unparalleled and remarkably creative, Beauville has perfected the art of engineered silk screen printing. Jacquard French woven prints from **Garnier Thiebaut** bring a simpler elegant style to your table. **Settings by Mona** offers opaque, sheer linens that are especially outstanding for holiday use. These beautiful designs make dazzling table toppers!

Whether traditional, French country,
(Please continue on page 26)

How Do You Make Your Table
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Sept. 12 Trunk Show
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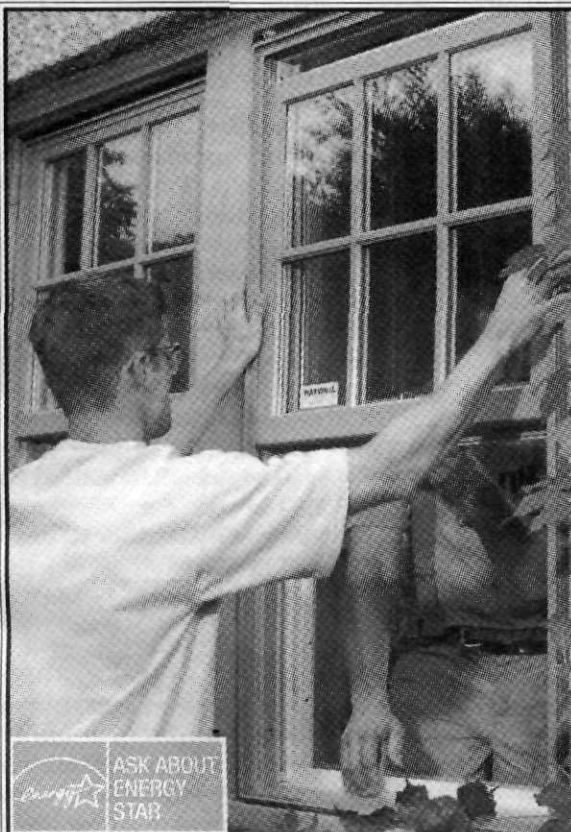
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Over 1,000 Children in 10 Countries



Educate The Children scholars in Benin

The Barrington-based Educate The Children foundation has already exceeded the original goal of supporting the education of 1,000 underprivileged children by 2010. Since its inception in 1999, this charitable organization has been providing ongoing educational support to children in India, Vietnam, Cambodia, Uganda, the Philippines, Rwanda, Benin, Ethiopia, Bolivia, USA, and since early this year, the Dominican Republic.

Educate The Children holds an annual event the first Friday in October every year to help raise dollars matched 2 to 1 by founder Prem Advani's personal funds.

The event has been celebrating a different locale every year. This year's theme is "A Night In South America" featuring Latin American food and Andean music played by New York-based Andinay.

Sponsors are needed for silent and live auction items. Advertisers can contribute with messages in the Program Book. Supporters and dinner guests can contribute.

Please RSVP for the Friday, Oct. 2 dinner or learn more by contacting Marianna Zeidler at Marianna@educatechildren.org or 1-847-726-9371 or by visiting www.educatechildren.org.

On the Move to End Alzheimer's

On Saturday, Oct. 3, the Alzheimer's Association will hold the Lake County Memory Walk at Independence Grove in Lib-

ertyville. Registration begins at 8 a.m. and the walk steps off at 9 a.m.

The Memory Walk is the Alzheimer's As-

Enhancing Homeowner Security

by Pete Panagakis, President
Advanced Security Technologies, Inc. (AST)

As our society experiences progressions in technology, unfortunately homeowners are exposed to new levels of vulnerability. These days, it's not just about someone breaking into your home and stealing a new plasma TV. If you have a 20-year-old home security system, you're really at a minimum level of protection. You're not securing everything you own. With all of the electronic information transmitted nowadays, identities are open to theft.

By utilizing various technological tools, including firewalls, homeowners can rest assured that personal information is secure from intruders.

"Homeowners need to realize that a great deal of what they own—what they hold valuable—isn't tangible," says Diane

Panagakis of AST. "If someone hacks into your bank account or gets your credit card numbers, you're looking at months of work to clear your name and restore your good credit score.

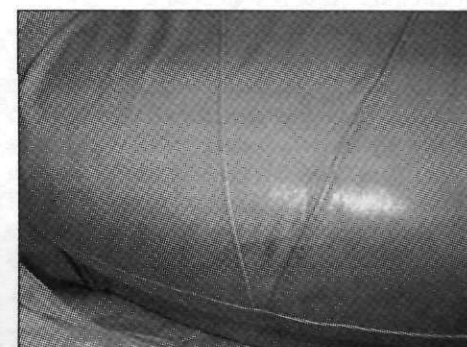
"By securing everything entering and leaving your home, you secure your way of life," she says.

Locally-owned and operated, **AST** provides security and fire detection services, including the latest in equipment advances and around-the-clock monitoring, for homeowners throughout the Northwest Suburbs. **AST** is personally in touch with securing your way of life. To learn more, call **1-847-540-9166** or visit www.advancedsecuritytechnologies.com.

Attention Turns to Home Interior: Leather Furniture



Before



After

As Summer outdoor activities dwindle away, it's time for homeowners to turn their attention to their home's interior. It may be time for cleaning and conditioning your leather furniture. Ron Nelson, of **Color-Glo Quality Leather Restoration** states, "Leather furniture manufacturers recommend cleaning and conditioning every six months. Our professional cleaning and conditioning treatment will keep your leather furniture looking great and will prolong the life and beauty of your leather furniture investment."

Color-Glo Quality Leather Restoration is a mobile service that can give your leather furniture the professional cleaning and protecting conditioning treatment that will protect and preserve the color and supple feel of the furniture. Without proper care, leather furniture can become dry, cracked, and faded. Natural body oils

can accumulate from regular use, and create dark stained areas that will eventually cause the leather to crack and be permanently damaged.

Color-Glo Quality Leather Restoration is known for dependable service and expert workmanship. They utilize products specifically designed for finished, aniline or nubuck leathers. In addition to cleaning care services, they also re-dye, repair and restore faded, torn, and damaged leathers. Complete restoration services can bring new life to your worn leather furniture. They are an authorized Restoration Center specialists. To see "before" and "after" photos of their work, visit www.QualityLeatherRestoration.com and click on "Gallery." For an estimate, call **Color-Glo Quality Leather Restoration** at **1-847-719-2934**.

Wickham Interiors

(Continued from page 25)

contemporary or any other style, this linen show is a **rare opportunity** to view, rethink, plan and acquire table linens to dramatically finish your table.

Northwest Herald readers voted **Wickham Interiors** *Best Interior Designer* two

years in a row—for 2008 and 2009! Visit **Wickham Interiors** at 67 N. Williams St., in Historic Downtown Crystal Lake, or contact them at **1-815-455-6202** or www.wickhaminteriors.com.



sociation largest annual fundraising event. Proceeds support programs and services for people with Alzheimer's, their families and caregivers.

The walk will include entertainment face-painting and breakfast snacks. The

route is wheelchair and stroller accessible.

Bring your family, friends and co-workers to the 2009 Lake County Memory Walk. Register now at www.memorywalk.kintera.org/lakecounty2009 or by calling 1-847-933-2413.



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Breathe Safe While Adding Color to Your Interior

Everyone's talking about "Going Green," but what does that mean in relation to your interior paint choice?

VOC stands for Volatile Organic Compounds. Many organic compounds are volatile, evaporate into the air, and contribute to the formation of ground-level ozone. Household products such as window cleaners, hair sprays, aerosol products, rubbing alcohol, and other cleaners contain VOCs. Many paints also contain VOCs.

VOCs are used in paint to help the film form. Recent technology allows manufacturers to produce paint with low or zero VOCs, as mandated. You want the best for your family, and with **Muralo's Breathe Safe** line you get just that... eco-friendly, high-performance and low-odor. This interior water-based, zero-VOC paint is available in 1,200 fashion colors at **Pathmann Family Paints** in Lake Zurich. Stop by to receive further advice about low- and no-VOC paint. Call to register for our free September classes.

• Thursday, Sept. 10, 7 to 9 p.m., **New Interior Trends for 2010.**

• Thursday, Sept. 17, 7 to 9 p.m., **Refresh Your Home for the Holidays.**

• Watch for upcoming seminars.

Pathmann Family Paints is now located at 481 S. Rand Road, Lake Zurich—in the Village Square Shopping Center. Phone **1-847-719-3400**.



From a Woman's Point of View

by Amy Wickstrom, Wickstrom Auto Group

Most people who travel regularly for business do not consider the travel aspect of their jobs to be much of a bonus. Time spent in airports, hotels and conference rooms can't compete with the comforts of home and the company of family and friends. In fact, sometimes a lengthy work trip, even to an exotic location, inspires the need for a vacation to get away from it all. For all of these reasons, when Richard, who is on the National Ford Dealer Council, recently returned from a quarterly four-day trip to Detroit, I was expecting a guy in serious need of some down time. Instead, you would have thought that he just got back from a four-day pep rally/spa trip. Apparently, everyone he encountered at Ford Motor Company was enthusiastic, and the good energy and forward momentum there was contagious, with good reason.

Ford Motor Company has been one of the largest gainers of market share in recent months, and they did it the good old-fashioned way—they earned it with the assistance of their dealers and customers. For the first time, Ford's customer satisfaction equals Toyota, according to a just-released study by the RDA Group, and it is tracking to be the highest qual-

ity manufacturer in the industry. For us, it's great to see public perception finally catching up to the actual quality of these vehicles, and with great new product, like the all-new Chicago-built **Ford Taurus**, **Lincoln MKT** and the debut of the **Eco-Boost engine**, Ford Motor Companies future looks very bright.

Stop by **Wickstrom Ford Lincoln Mercury** and check out some of the new products arriving daily. As for me, Richard was so inspired by his recent trip to Detroit that he wants to go back with the kids, so I'm researching a trip to the Henry Ford Museum and Village in Dearborn. If you see Josh walking around town with a "Henry Ford Rocks" T-shirt on, you'll know we made it...

Until next month,

—Amy



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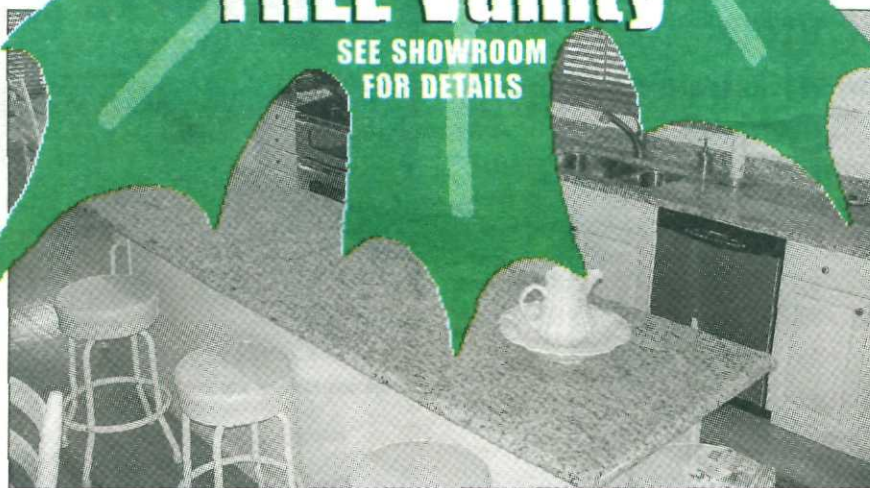
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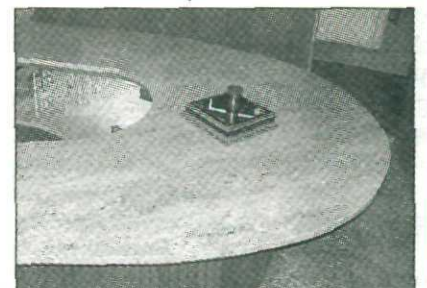
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