

February 1998

barrington

# LIFESTYLES™

NEWS MAGAZINE

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on  
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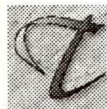
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## Editor's Ink

February, 1998

Dear Reader,

The Barrington Junior Women's Club is planning something very exciting for the community this Spring—the 1998 Barrington Designer Showcase House, Swans d'Or (meaning golden swans). The home, located in Barrington Hills, will have 32 artistic designers displaying their talent. You will be hearing much more about this event in *Lifestyles* next issues!

Mark February 28 down on your calendars. That's the date chosen for the silent auction dinner to benefit the Barrington Suzuki Strings children. This talented group has been chosen to participate in an American Festival of Music in Italy this June.

When something especially wonderful for families comes along, we like to mention it. The Museum of Science and Industry in Chicago has just begun showing a new Omnimax® film about creatures of the sea. Combining art and science, the film gives a new perspective on these mysterious marine mammoths, the whales. The Omnimax films are wonderful and this latest one promises to be truly exceptional.

We hope you have a wonderful Valentine's Day!

Until next time, may all your thoughts be sunny.

With warm regards,  
Glenn McMonigal  
Editor, *Lifestyles Magazines*



## About Our Cover

**Yves Saint Laurent.** Collection Haute  
Couture Winter '97-'98.





## New Live Auction for "Passport to Fashion"

Spring has sprung for the BJWC as "Passport to Fashion" draws near. With a little over a month to go till spring is truly in the air, the women of Barrington Juniors' are putting the finishing touches on their annual spring fashion show. "Passport to Fashion" is set to take off on Saturday March 7 at the Wyndham Chicago Northwest in Itasca.

Besides a fun day of gorgeous spring fashions, BJWC has added a new live auction that's sure to be a hit. How does a warm tropical vacation sound? Bid on two round-trip tickets anywhere in the Caribbean generously donated by American Airlines. Maybe your thinking more along the lines of sports; well how about bidding on four Bulls tickets just eight rows off the court, or a pennant autographed by the entire Bulls team? Now we know it's been a bit cold lately; warm yourself up with a micro-fiber fur coat courtesy of The Mink Barn. Or maybe a 18 Ct. diamond and sapphire bracelet from Michal's Jewelry is a better choice. The live auction will also have something for that bare wall you've been meaning to fill, a painting by artist Sherri Meketa.

BJWC is very proud to announce their last live auction prize which has been generously donated by Larry Schreiner of WGN radio. The famed radio personality has put himself on the auction block. Two very lucky individuals will get a "next to impossible" studio tour of the long time radio station. Schreiner is the current host of Chicago's number one talk radio show, which is the city's longest running talk show as well. The local area resident will also take the two on a tour of Chicagoland's most infamous haunts. He has also donated a baseball hat autographed by Spike O'Dell, and an autographed cookbook, both of which will be in the silent auction.

Speaking of silent auction, there will



**B.J.W.C. silent and live auction committee take time out at a recent meeting. Pictured are (L to R—top row) Heidi Schmeling, Laurie Santiago, Terri Votaneck, (bottom row) Denise Rapata and Doreen Colletti.**

be many different delights to choose from. Numerous local businesses have donated items, including Millrose Brewery, The Barn of Barrington, Lake Barrington Shores Golf Club, Gipper Formalware, Peter Daniel, Chuck Hines, Trinkets, Silk 'n Things, Gourmet Faire, De Paul Photography, F.K. Jewelry, and M.J. Miller to name just a few. Some unique auction items will be an autographed photo of Rosie O'Donnell, an NBC tour with breakfast or lunch with an anchor, Shedd Aquarium VIP passes, a painted chest by Linda Hovde, a Ron Santo autographed baseball, unlimited golf for two days plus overnight stay at Eagle Ridge, and tea for four at the Four Seasons. Also, there will be gift baskets, entertainment, lots of wonderful home decor and numerous sports tickets. Last year's silent auction raised over \$25,000 and this year BJWC hopes to surpass that amount.

Proceeds from the live auction will be donated to the new Women's Diagnostic Center at Good Shepherd Hospital. The silent auction proceeds will be allocated to several area organizations including PADS, DARE, Home of the Sparrow, Community Crisis Center in Elgin, BAAC, Barrington High School Scholarships and Safety Town.

Working overtime are BJWC co-chairs Becky Monek and Sue Randall. Not to mention Janice Clarke, Doreen Colletti, Julie Culver, Karen Hamilton, Linda Hanaford, Debbi Heatherly, Laura Lutsch, Ann Moll, Sue Padula, Denise Rapata, Kristin Rappe, Judy Reece, Laurie Santiago, Heidi Schmeling, Janet Sheridan, Maryann Troiani, Terri Votaneck and Ann Marie Wiley.

The BJWC "Passport to Fashion" is sure to be a hit and something you don't want to miss. So if you are interested in tickets (\$40) or for more information please feel free to call 847-734-5076.



**After a long meeting members of the fashion show committee are still all smiles. Pictured are (L to R—bottom row) Sue Randall (co-chair), Janice Clarke, Sue Padula, and Linda Hanaford all of Barrington. Middle row, Laura Lutsch of South Barrington, Becky Monek (co-chair) of Lake Barrington, and Kristin Rappe of Inverness, (top row) Ann Moll of Fox River Grove, Janet Sheridan and Sue Geshwender (President of B.J.W.C.) both of Barrington.**

## Fund Raiser to Benefit Barrington Suzuki Strings



The following students will be traveling to Italy this summer: starting from the top of the stairway, Melody Velleuer, Catherine Amrich, Megan Teschner, Eric Eng, Elizabeth Reeves, Andrew Ohlrich, Meghan Sherlock, Annette Fadrowski, Christina Fan, Dana Dettlaff, Vanessa Ohlrich, Suzanne Zayner, Billy Misik, Noah Ronczkowski, Helen Velleuer, Marianela McCammon, Marion Fadrowski, Amy Franco, Steven Stubitz, Alexandra Herzog, Caroline Amrich, Kristin Milosch, Elizabeth Eng, Amelia McCordle, Jessica Herzog, Andrew Mariano.

On Saturday, February 28th at 6:30 p.m. a silent auction dinner will be held at Pheasant Run Resort to benefit the Barrington Suzuki Strings children. They have been invited to participate in An American Festival of Music in Italy in June of 1998. The Suzuki children will play concerts in Catholic Rome, Florence, Venice, Lugano and Cremona. Join them for an evening of fine entertainment, dinner and fun. Purchase tickets at \$45 per person by contacting Kim VanFossan at 382-3529 or the Suzuki School Office at 382-7517.

## Infant Welfare Fashion Show Set for April 22



The Infant Welfare Society, Barrington Chapter, is busy making plans for their exciting spring fashion show/luncheon. Entitled "Day and Night—Night and Day" Fashions in Transition, the event will be held at the Biltmore Country Club on Wednesday, April 22. Save the date!

Pictured, making advanced plans, are Iolanda Goodfellow, President of the Barrington Chapter; Barbara Schuld Adams, Chairman of the spring fashion show/luncheon; and seated, Alicia Stephenson, invitations; Krista Debeuchelaer, decorations.





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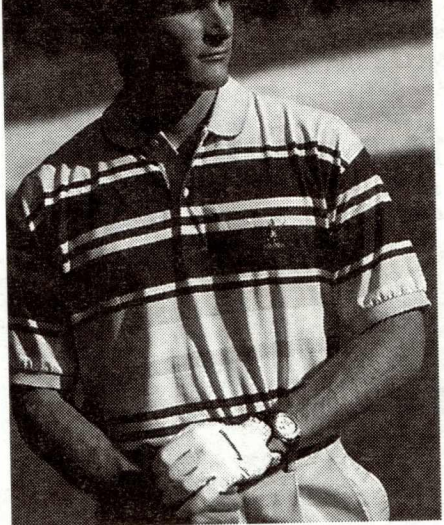
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## Barrington Rotary Introduces New Officers



The Rotary Club of Barrington has introduced its new officers and Board of Directors. The Barrington club, chartered in September of 1960, has provided 37 years of service to the community. Rotary is an organization of local business and professional people dedicated to community service at the local, national and international level. Pictured left to right: Deborah Cleverdon, Secretary; John Gillett, President; David Howard, Bulletin Editor;

Gary Hines, Community Service Chair; Ron Dockery, President-Elect; George Curran, Public Relations; Joe Connelly, Club Service Chair; Larry Marquardt, International Service Chair. Not pictured—Margaret Semrad, Immediate Past President; Larry Irwin, Treasurer; Don Semla, Sargeant-At-Arms. The club's most recent community service project was hosting over 100 Barrington Seniors at a Holiday Luncheon at the Barn of Barrington restaurant.

## Friends of Home of the Sparrow Community Tea

Barrington-based Friends of the Home of the Sparrow will hold an informal Tea on Thursday, March 12, 9:30 a.m. at the home of a FOS member. The work and needs of the Home of the Sparrow will be discussed, with particular attention given to ways in which community members may involve themselves in Sparrow work.

You have a talent to share! Organiza-

tional and planning skills, parenting skills, friendship skills, etc... Whatever it may be, we invite your involvement!

A myriad of volunteer opportunities are available at either the Home, or the Barrington Support Group, Friends of the Home of the Sparrow.

This notice is our invitation to the community... please RSVP to Michele at 847-526-8123, and join us on March 12!



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The Greg Norman Collection is available at **Chuck Hines** on Main Street, in downtown Barrington.



## Two Rare Sightings to Add to Your Art Collection

Originally, candles and whale oil provided the illumination that guided sailors into the safety of the harbor signaling their journey's end. The first lighthouse in America was Boston Lighthouse, on Little Brewster Island in Boston Harbor. It was first lit in 1716. Severely damaged by the British during the Revolutionary War, it was virtually rebuilt in 1783 and still stands.



*Phantom of the North* by Larry Fanning

As a tribute to the magnificent Boston Lighthouse, the world-renowned Peter Ellenshaw has just released the limited edition print of his original acrylic painting *Homeward Bound*. Now on display, beautifully matted and framed, at **Woodland Art Gallery and Frame Shoppe**, northern Illinois' most respected source for art worth collecting, *Homeward Bound* provides the perfect complement to the small collectible lighthouses so popular today, as well as a welcome addition to homes that appreciate history.

Another rare sighting to add to your collection from **Woodland Art Gallery** this month is the just released *Phantom of the North* limited edition print from artist Larry Fanning. Featuring two wolves in the snowy woods, *Phantom of the North* is also available in a canvas edition. The subjects, the technique, and the effect will make this work of art an instant triumph.

To reserve either of these outstanding works, visit the gallery that knows art,

**Woodland Art Gallery and Frame Shoppe** in downtown Crystal Lake. With wall-to-wall pleasures in art from today's most incredible and sought-after artists including Robert Bateman, Don Hatfield, Carl Brenders, David Armstrong, Dean Morrissey, Bradley J. Parrish and many others, **Woodland Art Gallery** is your number one source for collectable limited edition prints. And there's no one more trusted than master framer and owner Scott Teasdale when it comes to fine framing. Specializing in museum mounting to protect the value of your art, the gallery takes pride in their remarkable talent for matting and framing. The gallery is also able to ship your art anywhere.

Visit **Woodland Art Gallery** soon and discover all the enjoyment art can bring to your life. The gallery is located at 71-B East Woodstock Street, across from the Crystal Lake train depot. Open Monday-Friday 9 a.m.-5 p.m., Saturday 9 a.m.-3 p.m. Phone **(815) 459-0460**. Visa and MasterCard accepted.

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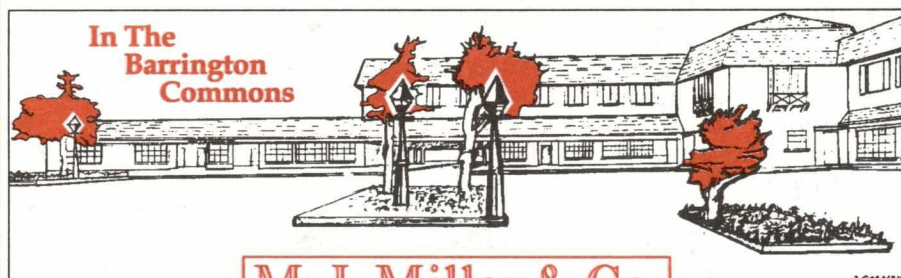
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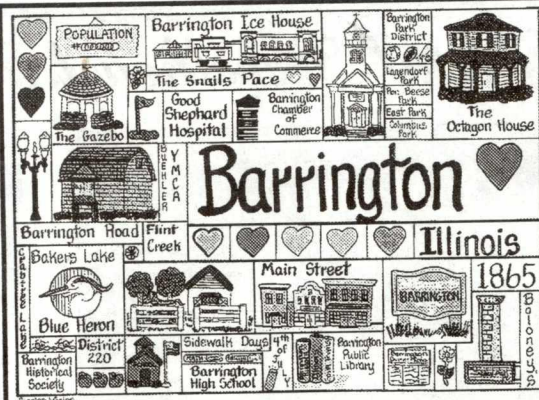
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## BAAC Gallery Exhibit Opens "Urban Edges II"

The Barrington Area Arts Council (BAAC) announces the opening of the BAAC Gallery February Exhibit, "Urban Edges II," on February 6, 1998. The exhibit is a juried show featuring pieces of 32 original two- and three-dimensional art by 25 artists from the Chicagoland area. The competition was open to all artists 18 years and older who resides within a 150 mile radius. There were no media or theme restrictions.

The selected works were juried by Ben Dallas, an artist and a Professor of Art at Harper College in Palatine, IL. Mr. Dallas is a former staff lecturer and curator at the

National Gallery in Washington, D.C.

Exhibiting artists include: Roberta Reb Allen, Chicago, IL; Esther Aron, Woodstock, IL; Laura Barov, Palatine, IL; Denise Beck, Tower Lakes, IL; Carole A. Burval, Barrington, IL; Gail Collier, Barrington, IL; Hether Hoffman, Lake Zurich, IL; Gerry Howard, Barrington, IL; Robert Koch, Naperville, IL; Mike Barret Kolasinski, Chicago, IL; Roland Kulla, Chicago, IL; Eugenia Makowski, Palatine, IL; Mary Ellen Malinowski, Gilberts, IL; Preston Malinowski, Gilberts, IL; Nina B. Marshall, Selma, IN; Patricia R. Mead, Barrington, IL; Kathy K. Nelson, Prophetstown, IL; Dale

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Your valentine would love lunch or dinner at the award winning Chessie's Restaurant or a visit to She and "I", our full service hair and nail salon where walk-ins are always welcome.

You will want to be sure to visit our newest store at the **Ice House**. LaBelle Swimwear and Lingerie carries beautiful swimwear, and bras for bridal, hard to fit

and mastectomy. They also feature a wonderful selection of cruisewear including dresses, jumpsuits, pool shoes, and matching coverups.

All of our shops specialize in friendly personalized service. Gift certificates, gift wrapping, and UPS service are also available in most stores. In addition, mall gift certificates may be purchased in the Management Office and are good anywhere in the mall. Informal modeling by Peter Daniel Apparel for Men and Women and Savvy Spirit also takes place on Wednesdays and Fridays from Noon to 1:30 p.m. at Chessie's Restaurant.

The **Ice House Mall** is located in downtown Barrington at 200 Applebee Street where there is plenty of parking. For further information please call (847) 381-6661.

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Small in stature, at **Once in a Blue Moon**, our aims are high, so when you don't see it in our showcases, simply ask, if it exists... we'll try to find it!

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Osterle, DeKalb, IL; William Peck, Mount Prospect, IL; Renee Poblacion, Des Plaines, IL; Dolores Preston, Crystal Lake, IL; Nancy Rinnert, Barrington, IL; William S. Smart, Chicago, IL; George Voegel, Crystal Lake, IL; and Dan Wroblewski, Burbank, IL.

Cash awards will be given in the following categories: Best of Show; Award of Excellence; Award of Merit; and two Honorable Mentions. The awards are given by the Barrington Area Arts Council.

The Barrington Area Arts Council invites the public to attend a Preview Opening and Artists Reception on Friday evening, February 6 from 7 to 9 p.m. at the BAAC Gallery, 207 Park Avenue, Barrington, IL.

The exhibit will be on view from February 6 through February 28, 1998. BAAC Gallery hours are Tuesday through Friday, 10 a.m. to 4 p.m. and Saturday, 10 a.m. to 2 p.m. The Gallery is closed Mondays. For more information call (847) 382-5626.



## AT THE BARRINGTON ICE HOUSE MALL

**W**hat's in store for you at **Peter Daniel** this Valentine's Day?

Something berry red—silk ties and sport shirts for him; fabulous sweaters and silk tees for her.

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**Peter Daniel** is located on the upper level of the Ice House and is open seven days for your shopping convenience.



## Graphic Source to Feature Crystal Lake Artist Mary Obodzinski

The **Graphic Source Art Gallery** is delighted to feature the work of Crystal Lake artist Mary Obodzinski during the month of February. Her "funky but functional" colored porcelain teapots are each unique creations reflecting the spirit of the artist. These beautifully colored teapots make fabulous Valentine's Day gifts, exciting additions to teapot collections, and a wonderfully unique tea time presentation.

Mary Obodzinski's teapots will be featured during the month of February with an **Opening Preview and Artist Reception** on Friday, February 6 from 6 p.m.-8 p.m. The public is invited to meet the artist and enjoy wine and hors d'oeuvres while

viewing this unique art.

Visit **Graphic Source Art Gallery** each month for a new fine art exhibit. The professional staff will assist you in the selection of art for your home or business as well as custom frame design. You will always find limited editions and fine hand-crafted gifts and accessories.

The **Graphic Source Art Gallery** is located in the Historic Ice House Mall at 200 Applebee Street in Barrington. Gallery hours are Monday-Wednesday and Saturday from 9:30 a.m.-5:30 p.m., Thursday and Friday from 9:30 a.m.-8:00 p.m. and Sunday from 12:00-4:00 p.m. For more information call (847) 381-2476.

## 1998 Home of the Sparrow Board Members



Home of the Sparrow recently welcomed new board members for 1998. The current board includes: (back row) Charles Crawford; Joe McGowen, VP; Robert Doran; Ronald Forbes; Robert Shaw;

(front row) Barbara Lipinski; Laurie Frost, Secretary; Nancy Bohren; Rita Canning; Gladys Choate, President; and Rev. Phyllis Mueller, Executive Director. Not pictured is Robert Powers, Treasurer.

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Works  
of  
Art*

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FEBRUARY GALLERY EXHIBIT

## Colored Porcelain Teapots

by  
*Mary Obodzinski*

Preview Opening and Artist's Reception Friday, February 6, 6-8 pm  
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## Newcomers Ready for Wearin' of the Green



Barrington Newcomers Club is promoting the "wearin' of the green" at a St. Patrick's Day Dinner Dance at Inverness Country Club on Saturday, March 14 at 7:00 p.m. The cost is \$40 per person and all area

residents are welcome. Social chairman Elizabeth Stringham (right) and her assistant Christine Halk (left) are pictured here preparing for the event. For reservations contact Elizabeth at 842-9562.

## "Poems and Pints"

The Barrington Area Arts Council will once again present the popular "Poems and Pints" evening of music, poetry and prose readings. The Gallery at 207 Park Ave. in Barrington will transform into a casual Welsh Pub atmosphere where pints of brew will be served to accompany the sounds of folk, blues and jazz that will fill

the air.

This will take place on February 21 at 6:30 pm and 9:00 pm. Doors open at 6:00 pm and 8:30 pm. Tickets are \$10 for BAAC members and \$12 for non-members and this includes refreshments. Due to limited seating, reservations are suggested by calling 847-382-5626,

# AT THE BARRINGTON ICE HOUSE MALL

## What is an Accredited Post Mastectomy Fitter?

Until now accreditation was not available in our industry, reports Judy Abrams, certified fitter at **LaBelle** swimwear and lingerie, where fitting of mastectomy forms and accessories are part of "the service we perform." As a charter member of the Women's Health Care Educational Network, Inc. and an active board member, she and her group have joined forces with the Accreditation Commission for Home Care, Inc. to develop a fair and complete set of standards for the accreditation program for women's health care issues that is not available anywhere else in the industry.

Federal license, a criteria of most HMO's and MCO's, require adherence to NCQA standards. In part, those standards suggest that the HMO's and MCO's deal with only accredited ancillary service pro-

viders, where such accreditations exist. The ten year old Accreditation Commission for Home Care, Inc. is recognized by the NCQA as having met all requirements and has been deemed by them as being equal to any accrediting organization.

"We at **LaBelle** provide service to all women, wherever they live. We are Medicare approved. We are open seven days a week and some evenings. We have three locations, which are located near expressways and tollways," says Ms. Abrams, "The locations are Barrington, Arlington Heights, and Glenview."

"The price we charge for our service is competitive, but the quality of our service is truly the most important aspect of our business."

Call **842-8500** for more information.

## Barrington Represented at 40th Annual Presentation Ball

On December 27, 1997, Philip Kopesdy, the son of Frank and Beatrix Kopesdy of Barrington was the escort for Jennifer Anne Kiefer of Wilmette who was one of the debutantes at the 40th Annual Presentation Ball which was held in the Grand Ballroom of the Chicago Hilton and Towers.

The debutantes were presented to The Most Reverend Francis E. George, Archbishop of Chicago. The Illinois Club for Catholic Women sponsored the event. Mrs. Joan B. Anderson of Barrington was the Executive Chairman and her daughter, Kristin E. Anderson was one of the Co-chairmen. Kathleen Amatangelo of Barrington was on the Hostess Committee for the event.

Truly a spectacular event, the debs lined up for the receiving line on the stairs of the hotel!

Ruth Kern of North Barrington reminisced, "It reminded me of my own debutante ball in 1960 at the Oak Park

Club. I was one of 38 debs! The Oak Park-River Forest Infant Welfare Circles sponsored our ball and it was the "social event of the season" for us young girls!"



Philip Kopesdy, with his parents, Frank and Beatrix Kopesdy, escorted one of the debutantes at the ball.



Also attending the gala, in addition to Beatrix Kopesdy, were Ruth Kern and Kathleen Amatangelo.



## Shari's Furs, "Fur a Great Deal"

Shari would like to thank her clientele for the continued support she has received this year. "Customers telling their friends about our store has made this a wonderful season."

**Shari's Furs & More** offers a full collection of furs, ranging from Mink coats and jackets, sheared/unsheared Beavers of all lengths and shearlings of various colors in all sizes. Shari has added the new collection of Paula Lishman knitted sheared Beavers in her quest to find the perfect garment for each customer's personal taste.

**Shari's** expanded accessories include leather, chenille and shearling gloves. A fabulous variety of hats have been added to the already popular fur headbands and fur earmuffs.

Men have not been overlooked. This year **Shari's** has more men's leather jackets and shearling, even awesome cashmere/fur-lined coats 53 inches long.

Most remarkable has been customer response to our expanded resale racks. Over 300 garments are available for your consideration. The word has spread; there is an affordable fur for everyone.

Now, enjoy end of the season discounts on our entire inventory. Even an extra 10% OFF on our resale merchandise.



"We feel there is something special for everyone. Thank you for accepting our ideas of a progressive fur salon for the '90's and for telling your friends about us. "Fur a great buy come see us!"



## At Claude Thomas, We Make Dreams Come True!

From our hearts to yours, happy greetings in this Valentine's Day month of February! We want you to be a bright, shining star for that special person in your life! You can let that person know that a gift certificate from **Claude Thomas Hair Salon and Spa** will make one of your dreams come true: spending a day with our creative and talented staff. Imagine forgetting everyday stresses and pressures as we focus only on YOU. Our goal is to have you walk out of our salon refreshed and transformed from the crown of your head to your toes. Maybe you will choose to give a gift certificate to somebody you care about very much. Come and see us! We will be here for you!

Unlike some salons, we will customize any gift package for your true love. Come in for a day of beauty. A package includes a facial, manicure/pedicure, haircut, make-up design and a ½ hour massage—a \$215 value for \$180.

Or, fight those cold winter blues by treating yourself to a complete spa make over.

Indulge in a European Facial, normally \$90, now \$75 for the month of February. Soft waves are back. Give your hair a little lift by creating movement with a body



perm—now \$15 OFF (haircut not included). Warm yourself up with a touch of color, 10% OFF. What could be more sexy than a new set of gel nails? Try them. He'll notice! First time clients 10% OFF on any nail service.

We also offer scalp treatments for thinning hair, for men or women, with the new NIOKIN, "the answer to thinning hair." The cost is \$8 per treatment.

Let our make-up artist design a warm romantic look for you—or would you prefer something a little more daring?

For your convenience, **Claude Thomas Salon** is open seven days a week, with evening hours Monday through Friday. Come and experience the difference. Call (847) 705-5999.

## BLOWOUT SALE

Thursday, Feb. 5 thru Feb. 8

Th-Fr 10-8, Sa 10-5, Su 12-4

at  
**Shari's**  
FURS & MORE

**SAVE UP TO 75% OFF**

**OUR ALREADY DISCOUNTED  
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SHEARED BEAVER &  
THE FINEST OF MINKS!**



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is sure to make this  
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MONDAY 1-9  
TUES-FRI 9-9  
SAT 9-5**



## Ten Secrets To Having Your Children Photographed

Parents are often unaware of all there is to know when having their children's portraits made. Understanding what to look for, will insure your child a very successful photographic session. Keep in mind the following points.

1. Research photographers. It's not enough to call on the phone. You must go to see the photographer's work. You will notice vast differences in the style and quality of individual photographers. Your photographer should insist on a pre-portrait consultation.
2. It is important not to prime your children before their session. A conscientious photographer will want to work with your child from a level playing field...meaning the child should not be anticipating anything. This will avoid cheezy or fake looking expressions.
3. Decide on a location to hang your portrait first. Knowing this will guide you as to the clothing style, color and mood of the portrait.
4. Measuring the size of this display space will help determine if the portrait should be a closeup, half or full length.
5. Be certain your child is not sick, hungry or overly tired for the session. It's important that children feel good in order to look good. Don't let a photographer talk you into coming in anyway if your child is under the weather. Simply reschedule.
6. Unless you want a trendy portrait (which will be dated in a few years) adhere to the photographer's clothing recommendations. In a successful portrait, clothing should not draw attention. The primary focus should be your child.
7. Notice if the photographer's props and backgrounds are cheap looking or gimmicky. Simple is better.
8. Choose a photographer whose primary goal is **not** to make your child laugh. The most thought provoking portraits tend to be those that are serious. Long term, these portraits will yield more satisfaction and be regarded as works of art. Chances are you already have plenty of big grin and smiley pictures.
9. Don't be misled by the cheapest price. You really do get what you pay for.
10. Give us a call. Our children's special begins next month, but time slots fill quickly. You've seen our work locally such as outside of Chessie's Restaurant in Barrington. Now it's your turn to own a Buschauer original.

**Buschauer**

Barrington (847) 382-8484

SPECIALTY PORTRAITS & CUSTOM FRAMING

## Barrington Church Welcomes New Pastor



**New Pastor at Saint Paul United Church of Christ, Barrington, the Rev. Duane Contois.**

Barrington's Saint Paul United Church of Christ celebrated the Advent and Christmas seasons with a new pastor, the Reverend Duane Contois. The Barrington area impresses Reverend Contois with its capacity to effectively minister through directed lay leadership. Because of Saint Paul's history of community ministry and service, he has adopted the goal for Saint Paul to "grow and go." He welcomes today's challenge to build the Kingdom of God now, using the gifts and talents of people today.

Reverend Contois (sounds like "toys") grew up in the Upper Michigan city of

Marquette, attending schools there from kindergarten through an undergraduate degree at Northern Michigan University. He received graduate work credits in social work, child development and psychology at several Michigan universities, but the call to ministry took him to Eden Theological Seminary in St. Louis; he was ordained in the United Church of Christ (UCC). He served at churches in Texas, Honolulu, Ohio, and South Dakota before coming to Barrington. His unique experience in Brentford, Mellette and Mansfield, South Dakota included coinciding pastorates at three churches, UCC,

## Record Turnout Expected for the 1998 Annual "Cute Kid" Portrait Contest

This fifteen-year-old concept, (first begun in my previous studio), has grown from its original two weeks to the current six weeks, just to accommodate all who want to participate. This event is rated by clients as a highlight event of the year, on all accounts.

### My Thoughts As The Photographer

Many might suppose that photographing children virtually nonstop for six weeks straight... would afterwards qualify me for a recovery stint in an institution of some sort. But honestly, I eagerly anticipate this time every year. The kids have a way of exhausting and energizing me at the same time. I am continually amazed at how smart they seem to be compared to when I was a kid! These days, nary a child forgets to collect on the promised treat at the end of their session.



### Here's How It Works

**Contest Dates: March 2-April 14**

• **Children must be between the ages of 3 and 14 years old.**

• **All photographs must be taken by Buschauer Photography.**

• **Pre-portrait consultations are necessary.**

• **A fee of \$75 (\$50 if you book early) is due when you register, which covers the consultation, session, a hand-signed original miniature portrait and the contest entry fee.**

• **Prizes are awarded to the first place winners in each category.**

• **Photographs will be judged by Pat McBlaine Modeling Agency.**

• **Black & white or color sessions are available.**

Our staff and I look forward to serving you again for this portrait extravaganza. Avoid disappointment. Make your reservations early.

AL

## Spring Wardrobe Presentation

Starr Kondos, Manager Personal Touch Department, Nordstroms, Woodfield, will make a presentation to the Executive Women of Willow Creek which will include business, business casual, and business travel and spring trends. Starr will be giving wardrobing expertise for your personal closet. Come learn how to plan your wardrobe for maximum wearability.

Executive Women is a non-denominational group of business and professional women of all ages who meet monthly to

encourage support, build relationships and provide flexible options for growing that respect the complexity and demands of women's lives. The mission is to build community among executive women integrating biblical principles in the marketplace at a monthly dinner meeting. Meetings are held at the Arlington Park Hilton Hotel on the third Monday night of each month. This month's event is February 16, 1998 at 7:00 p.m. For more information and reservations please call Lois Albrecht at (847) 765-0100, ext. 227.



United Methodist and U.S. Presbyterian. He is pleased that the Methodists built a new church and the Presbyterians a new parish hall, both paid for in three years. Contois credits the seven years in South Dakota as giving him a good foundation for leadership building. During the years of his ministry, he mentored several people to pursue ministerial service: two are now ordained ministers, two are licensed ministers and one nurse is pursuing seminary training.

Reverend Duane or "Rev", as he is often called, likes working with young people and family units, whatever that family structure might be. He welcomes all "who are looking for a church that typifies the wholeness of Barrington and a community that is willing to nurture" its members. He enjoys fun activities with youth—from skiing to Indian reservation

work camps—in order to help them, in a non-directive way, to develop their faith. Mary Krabbe, Council president, says, "We are looking forward to working with Reverend Contois to succeed in meeting his goals as well as Saint Paul's goals."

Saint Paul's long history almost coincides with that of the Village of Barrington. The church was founded in 1863 by a predominantly German group of "interested persons." Many name changes and affiliations culminated in St. Paul Evangelical and Reformed Church, and finally its current name came when the denomination merged with the Congregationalists in 1960. The church is located at 401 E. Main Street, Barrington; its membership includes local residents and those from Cary, Fox River Grove, Lake Zurich and other nearby communities. Reverend Contois may be reached at (847) 381-0460.



## Gala Time 1998— The Michael Joseph Foundation

We at Michael Joseph Foundation embrace another year for the opportunity to assist those people who have found life very difficult, looking for jobs, transportation, housing, assisting people to get off welfare, counseling, repairs for various reasons—the list is long for those trying to live with dignity. So mark your calendars for April 25, 1998 for MJF's sixth annual fund-raiser, "Carnival Time Gala." We are grateful to our previous well-wishers and hosts for their support.

American Airlines has been very supportive of our cause in generously donating to our Foundation with tickets to Europe and domestic U.S. As mentioned before, our Foundation also assists folks getting off of welfare and with the *Chicago Tribune's* October 3, 1997 article of American Airlines stating of American's "hopes to interview 300 welfare recipients over the next two

weeks as it beefs up its efforts to recruit welfare-to-work employees. The Michael Joseph Foundation again applauds American Airlines for their compassionate efforts. What an empathetic endeavor in assistance!

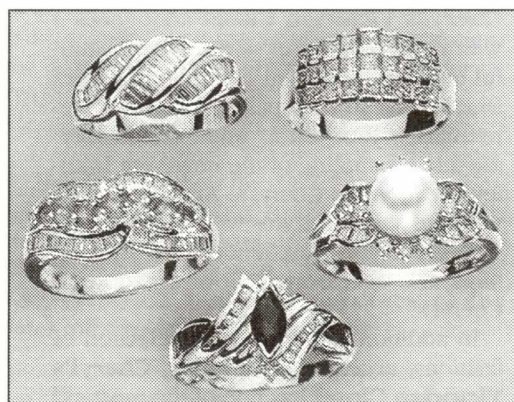
For those friends who wish to help to assure the continuation and growth of Michael Joseph Foundation by means of mentioning it in one's will, or should you wish to donate seldom-used or unwanted property, please call Hildegard Zimmermann at 847-382-3375. Your help will assist us in helping these folks in distress keeping families together. So mark your calendars for April 25, 1998 and plan early to attend our "Carnival Time Gala." Prizes include Park City ski condo, Scottsdale townhouse, boat trip, oil paintings, fishing tip, golf, opera tickets, Bulls tickets, and much, much, more. Won't you please help by joining us?

## Fabulous February Sale

Every February **F.K. Jewelers** has a fabulous sale of all of their discontinued jewelry items. These beautiful pieces—including wedding rings, cocktail rings, anniversary bands and much more—are often set with diamonds or precious stones. All jewelry is first quality—not damaged or inferior in any way.

Don't miss this opportunity, it is your opportunity to purchase exquisite jewelry at prices often below cost. While many items are available, the quantity is limited—first come, first served. Savings like these cannot be matched anywhere.

**F.K. Jewelers** is known for their one of a kind jewelry designs which



are hand crafted on their premises. Let their 30 years of experience be your guarantee of satisfaction.

## Valentine's Day—February 14

February is Sweetheart month. The day of hearts and flowers and love is February 14. Give the love and/or loves of your life a **Gift Certificate** from **Applause**.

A Gift Certificate from us can be very small to very large and can cover all or any of the services which we provide. Our services include Facials and Massages which are things your love would like to experience but because she considers them luxuries, she doesn't often treat herself to them. So why don't you get your Valentine one?

How about a new haircut, style, perm or color to perk that wonderful person up during these cold, bleak winter days. A manicure with a hot paraffin dip or a pedicure is great to have now, especially during our cold weather when skin is dry



and chapped.

Be good to your loved one and also yourself and enjoy one or more of our services which will make you feel better during the winter blahs.

Ladies, don't forget men like to have a good massage or facial too or a manicure with a paraffin dip. At **Applause**, we are not a salon for women only!

## At Fashion Corner

### NEW ARRIVALS

Please be sure to stop in and see all of our great new spring merchandise.



### FREE CLOTHES

Buy 3 Get 1 Free

When you purchase any three items from our sale racks, you receive the fourth (least expensive sale item) for free. This offer ends 3-31-98.

Featuring women's and children's apparel since 1957.

## Scholastic Art Show

Once again this year, the annual North Suburban Regional Scholastic Art Show is being held at Randhurst Mall, located at Rand Road and Route 83 in Mt. Prospect. The show will be open to the public from February 8 to February 11, 1998 during mall hours. There will be an opening reception Sunday, February 8, from 1 - 3 PM. in honor of the students whose work is on display. This is the 75th year that Scholastic, Inc. of New York, with the cooperation of civic minded sponsors, are conducting an art awards program.

Barrington High School art students will enter 300 pieces of artwork along with approximately 45 other schools from northern Cook and Lake Counties who

will compete for honors in this juried art show. There are 15 classifications including painting, drawing, mixed media, printmaking, sculpture, photography, computer graphics, video and film animation, environmental design, communication and graphic design, ceramics, jewelry and metalsmithing, textile and fiber design, art portfolio, and photography portfolio. Five outstanding pieces will be chosen for the American Visions award and sent to New York for national competition. One \$400 award will be given to the most outstanding work in each category. Gold key winners in the ceramics and sculpture categories will also be sent to New York for national competition.

**Don't Miss This  
RARE OPPORTUNITY**

During February  
All Discontinued Jewelry Items  
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- Wedding Rings
- Anniversary Bands
- and More...

**Barrington's most service-oriented jewelry store.  
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**Open 7 Days A Week**

**VALENTINE'S DAY GIFT CERTIFICATES**

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Wed. 9:00-7:00, Thu. 8:30-8:00  
Fri. 8:30-5:00, Sat. 8:00-4:00, Sun. 12:00-4:00

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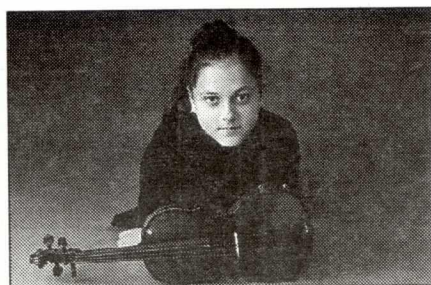
*Thomas*

Children grow so fast,  
they seem to change everyday.

## Winter Children's Special

Save \$50 off our regular creation fee.  
Limited sessions available

557 North Hough Street  
Barrington 381-7710



"We have been using Portraits by Thomas for the last three years and each year, we have created a masterpiece for the wall of our home. Tom spends a great deal of time making everyone feel relaxed. His style is unique and with his artful eye and style he turns our photo session into a true work of art."

—The Amrich Family

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*stylish luggage, handbags  
and accessories*

Fresh and Exciting  
New Patterns Await You

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**Victorian Closet**

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in downtown Cary.

## Vera Bradley Designs... Timeless Traditions

Although the weather is a bit nippy, **Cheryl's Victorian Closet** announces a warm and wonderful selection of beautiful new spring season patterns from Vera Bradley. Fresh new patterns such as "Perennials," "Blue Bird," and "Chanticleer" are just a sampling of the new Vera Bradley additions at Cheryl's. And, as if their wide selection of styles were not enough, Vera Bradley has announced new styles in bags and accessories, now available at Cheryl's!

In addition to her popular selection of fashions, accessories and gifts, **Cheryl's Victorian Closet** has one of the most extensive collections of Vera Bradley in the area. Looking for a particular style? **Cheryl's Victorian Closet** can special order the particular style and pattern you're looking for. All it takes is a call.

**Cheryl's Victorian Closet** is located just one block off Main Street on High Road in downtown Cary. Known as one of the area's most beautiful stores for



women's fashions, **Cheryl's Victorian Closet** has received numerous awards on their charming Victorian motif and design.

**Cheryl's Victorian Closet** is open Tuesday, Wednesday, Friday and Saturday from 10 am to 5 pm and Thursday from 10 am to 7 pm. **Cheryl's Victorian Closet**, the best women's fashion has to offer at reasonable prices.

## College-Bound Students: Build Strong Study Skills for School Success

In addition to the excitement of meeting new people and experiencing a new environment, students also have to face greater academic responsibility in college. Get a good start now with the following time-management tools and a system for note-taking. If you manage your time properly and marshal your resources, you may wind up with better grades and more free time.

First, take a look at your study time. How often do you study? When do you do it? How much time do you spend at it? If you know you're not making the most of your free time, spend a few weeks logging all daily plans and activities. On one chart, list how you intend to use every hour of every day. On the other chart, record what you actually did. It can be a rude awakening to realize how much time you spend doing nothing. Work out a compromise schedule to recoup these little bits of lost time.

Numerous studies have shown that you get the most out of a subject during the first hour of study. In each successive

half-hour, your learning curve deteriorates geometrically. An extra four or five hours studying the same thing produces almost no results. To get the most out of your study time, take a short break when you feel yourself flagging and hit a different subject when you come back.

Take great notes in class. Many students either try to take too many notes and write down everything, or else they think it's common sense, don't write it down, and then can't recall it later. Part of taking good notes is just common sense. If instructors write something on the board or repeat a fact, it's probably worth taking down. Learn your teachers' body lingo. Do they employ certain gestures or assume certain postures when closing in on a big point? Listen for telltale inflections and phrases: "the fundamental reason," "a critical role," "the important factor," et cetera.

These study skills are suggested by **The Huntington Learning Center**. For more information, call them at 847-382-3655 in Barrington.



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- 34-hour course featuring the highly acclaimed *Huntington ACT Strategy*
- Certified teachers, small classes, personal attention
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## Educator to Speak on the Gifted Child

On Monday evening, February 9, at 7:30 p.m., author and educator Judith Stern will speak on "ADD and the Gifted Child." She will focus on helping the gifted child who has learning difficulties.

The meeting will take place at the Hough Street School in Barrington.

Gifted children who have learning and/or attention difficulties present a special challenge to parents and teachers. This speaker provides a look at the specific problems that these children encounter. A variety of specific ideas on how adults can assist these children to use their talents to overcome some of the difficulties, as well as to gain essential coping skills is the

main topic. Judith Stern is the author of 4 books and an experienced educator. The discussion includes:

- Ways to help children better understand their own unique learning profiles
- How children can develop a better sense of control
- Making children more willing to participate in the intervention process
- Useful study skills suggestions
- A question and answer session

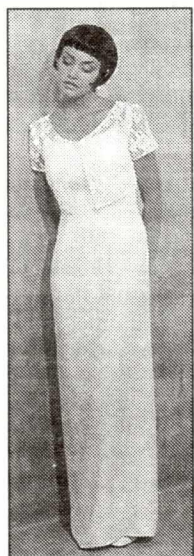
Refreshments will be served compliments of B.C.G.T. By hosting such events, the Barrington Council for the Gifted and Talented continues to support excellence in our schools.





## A Celebration of Love

Lifestyles' Special Focus on Sweethearts



**A'L'Amour Bridal** in Barrington offers the classic, traditional and contemporary bridal designs of Lazaro, Pronovias, Diamond, Eve of Milady, and Nancy Issler to name but a few. **A'L'Amour** also features a wide selection of dresses for attendants and flower girls and is the only suburban resource for Florentine, Vera Wang and Joan Calabrese. Unique accessories are a specialty including designs by Nina, Kenneth Cole, Christian Dior, Majorca, Judith Jack and Beverly Clark.

**A'L'Amour** also specializes in beautiful selections by Nicole Miller, Daymore, Victor Costa, Kay Unger, Cattiva, Ursula and others for special social occasion and black-tie offering sizes from 2 to 24. Special fashion shows for "mothers of the wedding" are scheduled throughout the year.

Call **847-381-5858** to set up an appointment and experience the service of **A'L'Amour**.

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Schedule your appointment now to view these fabulous collections

**A'L'AMOUR**

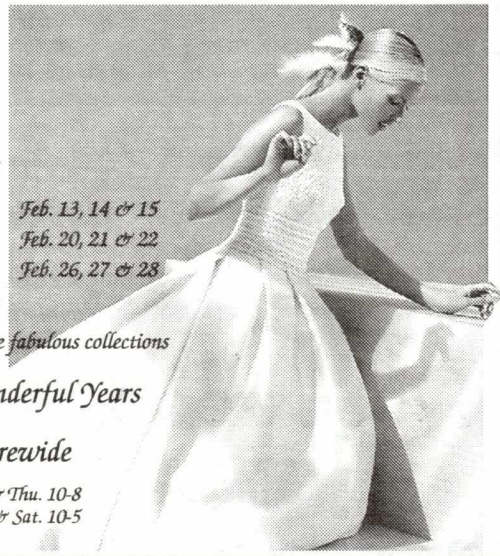
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February 7 - 14

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Bridal by Appointment



## Love... the Word for February

Visit **Ben E. Salon Spa** and experience the love we show our clients. Experience the best scalp massage prior to your shampoo. And then there is the shampoo! Experience the care you receive in being listened to. The follow-through on your needs for hair care. See the love expressed in the work of our staff. Hair Designers dedicated to their profession... offering you the latest in hair fashion. See how we love our Aveda product line, a complete line of plant based care.

Always complimentary to you is a visit with our Make-Up Artist, Lisa Trunda. She's always willing to try on a new lip shade or cheek color! See our Esthetician for your skin care needs. She'll be happy to start you on a daily regiment of skin

care using the Aveda line of botanical skin care products. It may be time to start loving your skin!

Our Massage Therapist is available for you when you need to love yourself. Appointments are available for 30 minutes, 60 minutes or 85 minutes. Don't forget to show a little love for those hands and feet. How about a relaxing whirlpool pedicure?

For your Valentine gift giving, gift certificates are available... beautifully wrapped. We suggest one of our Spa Packages. Show your love!

**Ben E. Salon Spa** located at the intersection of Routes 14 and 59 in Barrington. Phone: **847-381-2160**. Celebrating Our 18th Year.

## "Humongous Used Book Sale"

The Friends of the Barrington Area Library will hold its "Humongous Used Book Sale" on February 28 and March 1. Not only will this be one of the largest book sales the Friends have sponsored but this sale will be a discounted sale. Hardcover books will be available for only \$1 and paperbacks including many current bestsellers will be only 25 cents. The Friends have had so many generous donations of books in recent months that there is no longer any room to store or stack all of the books that continue to arrive every day. So if you're interested in good reading at affordable prices this is a sale you shouldn't miss. There are books

on every topic: nature and travel, diet and beauty, sciences and math, humor and music, art and history. There are books on parenting and books for young and not-so-young children. There is even an old and rare category of books. All proceeds from the sale are used to purchase materials for the Barrington Area Library. The "Humongous Used Book Sale" will be from 9:00 a.m.-5:00 p.m., Saturday, February 28 and from 1:00-5:00 p.m., Sunday, March 1 at the Barrington Area Library, 505 Northwest Highway. For more information about the book sale or membership in the Friends, call the Friends at 382-1300 extension 897.

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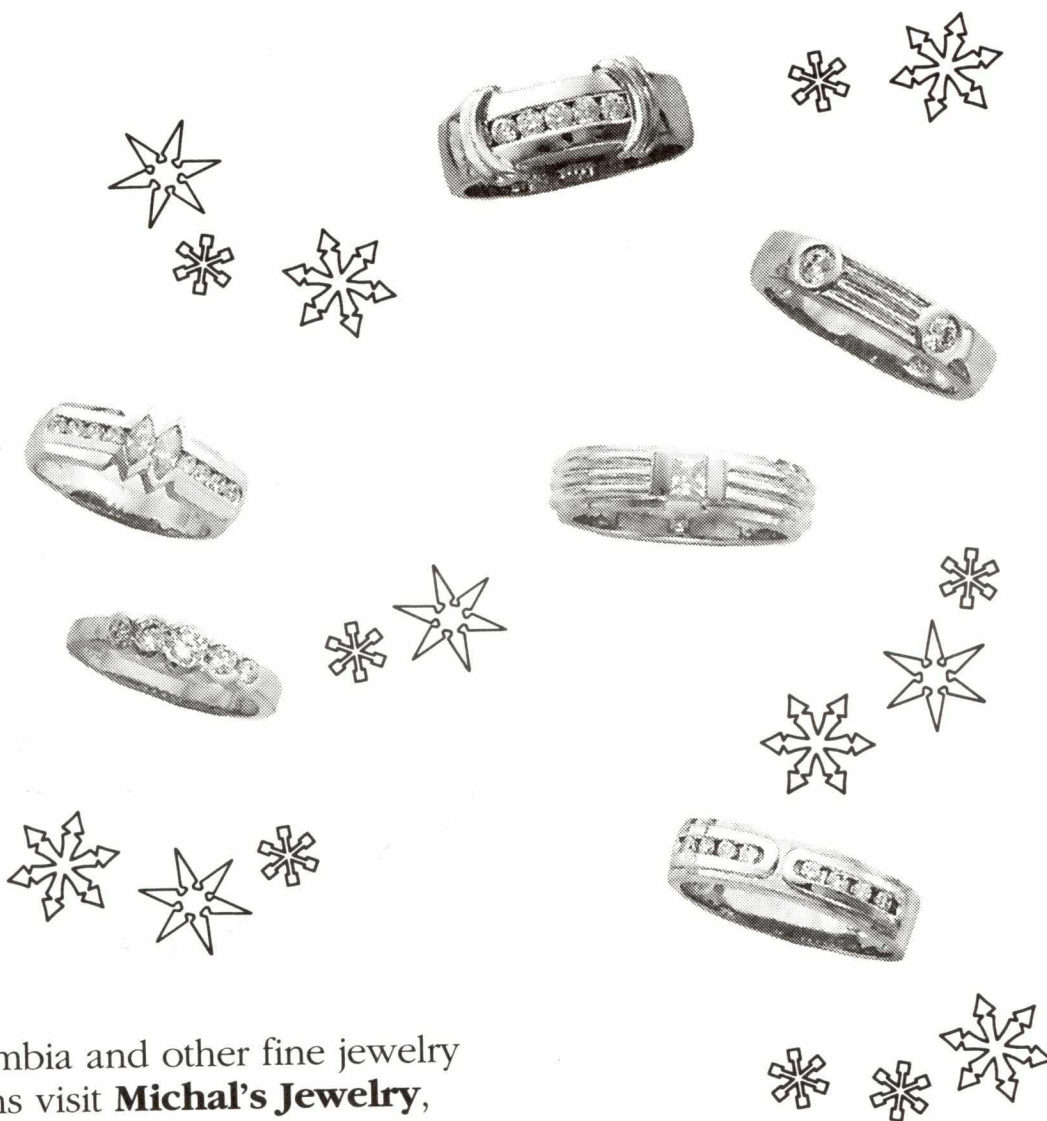
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For Columbia and other fine jewelry collections visit **Michal's Jewelry**, 105 E. Main Street in Barrington.



## Fund Raiser a Wonderful Success



Over \$5,000 was sent to the Infant Welfare Society of Chicago recently, thanks to the efforts of the Barrington Chapter.

Shown L to R: Pam Larsen, Diane Zelcs, Barbara Schuld Adams, Bev Booth, Vivian Kaczmarek and Liz Rodosky.

The occasion was a wine tasting fund raiser held at the Biloxi Grill in Wauconda last October.

The event was so successful, the Barrington Chapter plans to make it an annual event.

## BCLO Celebrating Pearl Anniversary at Medinah

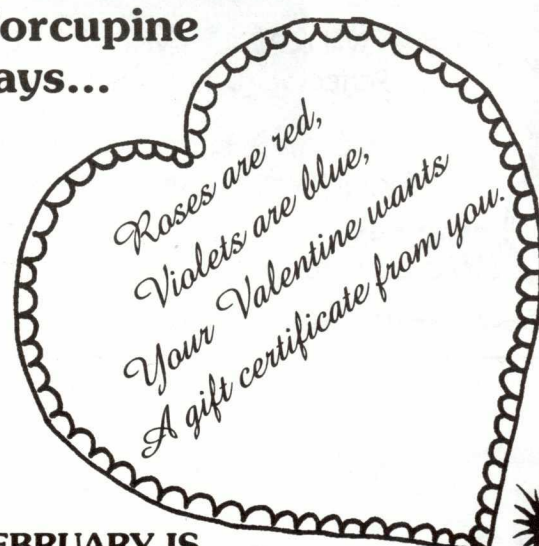
The Barrington Chapter of Lyric Opera of Chicago is pleased to announce that William Mason, General Director of Lyric Opera of Chicago, will serve as Honorary Chairman for their 30th anniversary gala on May 30 at Medinah Country Club to benefit the Lyric Opera Center for American Artists. *Pearls on Velvet* will be the

theme for the evening which will begin at 6:00 p.m with a cocktail reception and silent auction followed by a gourmet dinner, live auction, entertainment by the Lyric Opera Center for American Artists, and dancing. \$135 per person. For reservations, please contact Joceyln Murray (847) 359-1678.

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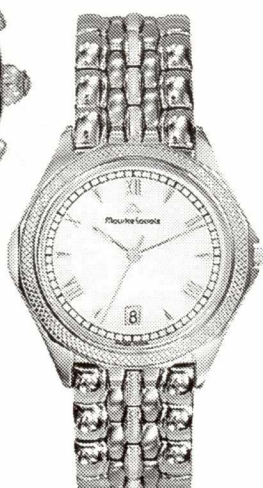
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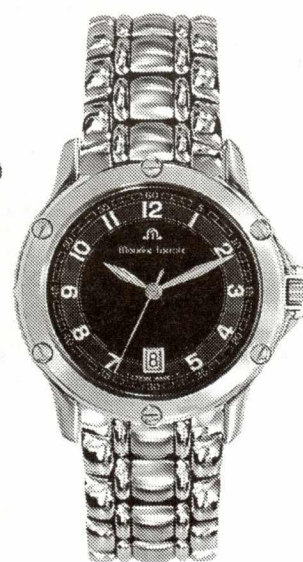
  
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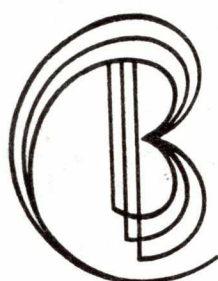
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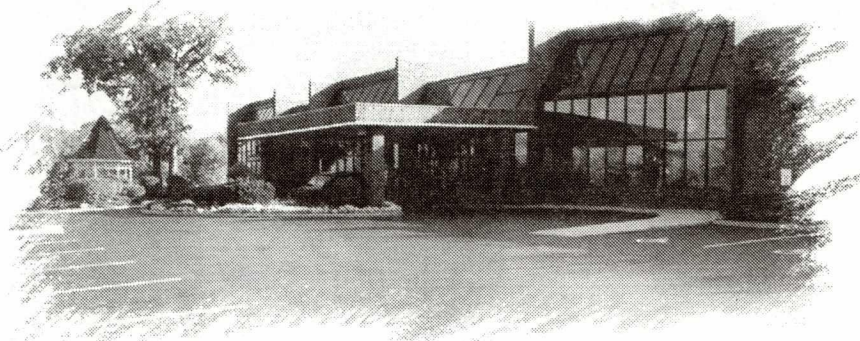
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If he popped the question over Christmas, then it's time to pop over to **Little Shop of Papers** to choose wedding invitations. With so many gorgeous albums to choose from and a helpful, experienced staff to guide you, your only dilemma will be deciding.

In addition to outstanding wedding invitations, **Little Shop of Papers** has elegant bridal guest books, photo albums and picture frames. You'll also receive **50 complimentary** personalized thank you notes with every order of wedding invitations.

**Little Shop of Papers** is located in The Foundry on the corner of Hart Rd. and Northwest Hwy. in Barrington.



*Brides-to-be, clip this ad for your wedding file. (It's where you'll want to shop!)*

## Hearts & Flowers

"A rose is a rose..." may be one sentiment, but if you want the most beautiful flowers for your wedding day, **Tricia's Garden Path Florist** has them for you. We will custom tailor your special day for you with beautiful floral designs, using the freshest quality flowers on the market. Tricia will assist the bride in making just the perfect selections and create a bridal

bouquet uniquely hers. From home, to church, to reception, Tricia's brings the day together in floral harmony. Weddings are filled with passion and emotion, and at **Tricia's Garden Path Florist**, creating beautiful wedding designs is truly a passion. Call for an appointment **847-821-0591**. 144 Old McHenry Rd., Long Grove.

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mile north of Lake-Cook Road on Rand Road just west of Quentin Road in Kildeer.





## Riverstone Inspirations

Natures own creations... shaped by the flow of river water, each stone is inscribed with a word of inspiration. Created in 1988 as a project to honor nature. Riverstone's profits were donated to create the Masonry Training Program of the Cathedral of St. John the Divine in N.Y.C. Today, the best mason apprentices led by a third generation English Master Mason has created Stoneworks Gallery. Using stones only formed from the elements of nature, each stone is individually hand inscribed. Perfect as a bookcase, desk accent or paperweight, or to individualize

garden and porch designs. Whether it is a custom etched stone or a beautiful pure marble heart, Riverstones make a unique personal gift of inspiration! Custom inscriptions can be ordered... available at **The Canterbury Shoppe!**

**The Canterbury Shoppe** is open Tuesday-Friday 10 a.m.-5:30 p.m., Saturday 10 a.m.-4 p.m., and is located at 117 East Station Street in downtown Barrington (one block south of Main and Route 59, near Starbucks Coffee). Any Questions? Give us a call at (847) 304-9627.

## Unique Valentine Selections at G. Whiz

Valentine's Day doesn't have to be a handful of flowers or a box of chocolate. We're filled with unique and wonderful gifts for all of those who hold a special place in your life!

From jelly beans with love messages to new frames and jewelry to compacts that whistle, let this Valentine's Day be filled with imagination! New Honey Milk & Rose soap filled with rose petals, powdered milk and honey is a fun and useful gift! Wonderful handpainted baskets can be used for holding napkins, a tissue box or as a basket for a special Valentine's Day plant.

And for those truly young at heart, we

have a complete selection of totally "in" jewelry, a new array of incense packages, and Valentines for the classroom that don't feature an action hero! New soft plush bears, loads of beanie babies and terry cloth beanies that can go in the bath tub!

Our Victorian frogs are dressed for posing as a wonderful centerpiece to any table. Full of personality and as cute as a button. Plus, a new selection of vases and frames that will help accent any room!

So, take a trip over and see our new selections for Valentine's Day, St. Patrick's Day and spring! You will love what you find!

## "Relaxation" Don't You Owe It to Yourself?

I love Valentine's Day because it projects love and caring to your sweetheart, friends, children and family. Gifts are always ones of caring: flowers, candy, cards, diamonds and **Syd Simons** Gift Certificates.

One of the very best gifts you can give a person is a day of *relaxation*. A whole day to themselves, to relax with a Body Massage, Spa Glow, Wrap, Facial, Manicure and Pedicure, Steam and Make-up.

Winter has been very stressful so far, with snow, rain and sleet. It is hard on our bodies and souls. We must escape for awhile to refuel.

Our Wonderful Day Spa is going very well. People are coming for the Vichy Shower to have a Spa Glow and great treatment! Having the warm Parfango

Mud on their back, or placed on problem areas of the body is a great stress reliever.

Clients are losing 12, 16, 20, etc., inches in our Body Wrap. The whole process gives you energy and you look better in your clothes.

When I opened the Day Spa, I wanted most of all for it to be a Wellness Center for Barrington to heal the body and soul, and it is working. We have many packages available, or you can pick and choose and make your own.

I hope to see all of you in our Studio and Day Spa soon. Have a happy, healthy Valentine's Day, and most of all have fun!

Sincerely,  
Cathy Ramstadt, owner  
**Syd Simons Day Spa**

## Deadline!

The deadline for the **March Issue** is **Thursday, February 12.**

Please send your press release/advertising materials to:

Editor  
**Lifestyles Magazines**  
P.O. Box 293  
Crystal Lake, IL 60039-0293  
or call: (815) 459-4820

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# Happenings!

*in the area*

## BJWC Presents Swans d'Or



Barrington Junior Women's Club presents Swans d'Or, meaning golden swans, The 1998 Barrington Designer Showcase House. The newly constructed home is situated on a five acre estate located in Barrington Hills. The home is an expression of the rich tradition of shingle style architecture from an era reminiscent of a romantic country estate built in the turn of the century along the shores of New England. Throughout the home you will be enchanted by sentimental features that touch the heart of the homeowners. Stained glass swans are set into an elegant handcrafted front door. Rope molding is entwined into the wood work throughout the home. The unique architectural style of Thomas Jefferson was chosen to give this newly constructed house a sense of history. Ovals, circles and semicircle windows were used upstairs and downstairs. High archways were constructed along with pocket doors. Another unique feature of the home is the stone walkway up to the front of the house. These stones survived the Great Chicago Fire. The shingles on the roof of the home were brought in from an Indian Reservation from Oregon. The reasoning to this fascinating purchase was that the trees on an Indian Reservation are much older so the wood is heavier and can last a much longer period of years with the brittle cold

winters in the windy city of Chicago. The landscape on the estate is reminiscent of the New England style homes that date back to the early 1900's. All the stone was imported from Connecticut, which is placed around the back of the home, along the side of the home and throughout the spa area. Natural flowers will spring up through the ground during spring and summer. Perennials are the large majority of the natural landscape on the estate. The owners wanted to take off their shoes and walk lazily through the natural grass and flowers that you would normally find in a meadow.

Come join our 60-year old philanthropic organization and over 200 members who are committed to community service in reliving a touch of history and gaining valuable insight to the 32 artistic designers who display their talents and inspirations in a unique opportunity for the public.

The home will be open to the public May 10 - 24, 1998. All proceeds will go towards Barrington Junior Women's charitable organizations. Advance tickets \$12 or \$15 at the door. For more information on the showcase house, please call the 24 hour information number at (847) 734-5320. Group rates available.

Look for more details in the spring issues of *Lifestyles Magazines*.

## Opera in Focus During February

Lavish in its staging and costuming, *Opera in Focus* magnificently presents operas and operettas with puppets moving to recorded music. The uniquely animated rod puppets, the only ones of their kind, are the wonderful invention of William B. Fosser and, for many, will bring back memories of the old Kungsholm Miniature Grand Opera of which Mr. Fosser was Artistic Director.

Every performance is followed by a demonstration of how the puppets are manipulated and a tour of the highly technical backstage area.

Performances through February 14:

"Pops at the Puppet Opera" (first edition) featuring Jeanette MacDonald and Nelson Eddy performing *Indian Love Call*, *Only A Rose*, *Rosalie*, *Les Filles De Cadiz*,

*I'm Falling In Love With Someone* and *Ab Sweet Mystery of Life* from *La Gioconda*, Act II, *Cielo E' Mar* from *LOUISE*, Act III, and *Du Puis Le Jour*.

From February 18 - March 14:

*La Rondine*, Act I—*Chi Il Bel Songno Di Doretta*, *Tristan Und Isolde*, Act III—*Liebestodt*, and *Rigoletto*, Act II—*Pari Siamo & Caro Nome* will be performed.

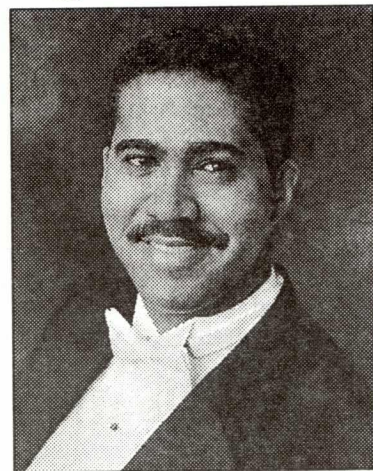
Performance times are Wednesdays and Saturdays at 1:30 p.m. and Saturdays at 8:00 p.m. Opera in Focus is located at Park Central, 3000 Central Road in Rolling Meadows. Doors open one half hour prior to performance. Reservations suggested. Adults \$9, children \$6, seniors \$8. Group discounts. (847) 818-3220 daytime. The elegant 65 seat theater is handicap accessible.

## "African-American Heritage in Music"

On Friday, February 13, the Barrington Chapter of Lyric Opera of Chicago will present its first program of the year at the Barrington Area Arts Council, 207 Park Av. in Barrington. At 7:30 p.m. President Jim Steed of Schaumburg will welcome members and guests to enjoy a lyrical look at our "African-American Heritage in Music."

Full lyric tenor Cornelius Johnson from Chicago, a recent graduate of the Masters' Program in Voice and Opera at Northwestern, will sing art songs by African-American composers, *Three Dream Portraits* by Margaret Bonds, selections of Gershwin's *Porgy and Bess*, spirituals by composers Brown, Carter and others. Cornelius will be accompanied on the piano by Rollo Dillworth of Evanston.

Following the program a luscious desert buffet will be graciously hostessed by Bonnie Westphal, Hoffman Estates, and Barbara Keegan, Schaumburg. Assisting Bonnie and Barbara are Nancy Hozian and Jean Watson, Kildeer. Members \$10. Guests \$15. Checks payable by February 6 to Barrington Chapter of Lyric Opera, c/o Lynn Grimshaw, 229 North Route 59, Barrington, IL 60010. Parking for the program is also available on Station St. or at the Harris Bank.



Tenor Cornelius Johnson will sing art songs by African-American composers.

Barrington, IL 60010. Parking for the program is also available on Station St. or at the Harris Bank.

For inquiries on the Barrington Chapter (226 members and still growing), please phone Maribeth Totten (847) 202-1753. To share rides, Evelyn Hammond (847) 359-3545.

## Newcomers Club Coffee



Newcomer member Kathy Mitchell (left) samples various scents with aromatherapist Cathy Bargaquist.

New to the Barrington area? Meet with other women who have recently moved here as the Barrington Newcomers Club explores the topic of Aromatherapy with local speaker Cathy Bargaquist. This

is the program for the Club's February 11 coffee at a member's home. Please contact Charlotte at 382-4509 or Carol at 842-9068 for details, directions or a ride.

## Flower Arrangements for the Home

Now that holiday trappings and decorations have been carefully packed away for future use, does your home seem strangely empty and devoid of embellishment? Would an arrangement of fresh flowers perk up your empty spaces—and, at the same time, fast-forward you to springtime? Then leave the winter blahs at home (where they belong) and join members of Garden Club of Inverness for their February 19 meeting entitled "Flower Arrangements for the Home" by Penny Horne. President of the Council of Barrington Garden Clubs, Penny will demonstrate her design skills using fresh flowers and other fresh plant materials. She chairs the GCA Flower Arranging Study Group, is a GCA flower arranging judge and artistic judge, and a past president of the Little Garden Club and Garden Club of Barrington.

Penny has received numerous national awards for her design work including the Byrnie Dickinson Leiningner Medal in 1995 at Art en Fleurs.

Don't miss this well-known floral artist at work on Thursday, February 19, 1998, at Holy Family Church, 2515 West Palatine Road, Inverness, at 9:30 a.m. After a short business meeting, and the now famous refreshment break of home-baked treats and coffee, the program will begin. Membership in the club is not necessary to attend. We especially welcome guests and newcomers to the area, and green thumbs are not considered requisite apparel!

Garden Club of Inverness is a member of District IX of the Garden Clubs of Illinois, Inc. and the National Council of State Garden Clubs, Inc. For more information, contact Membership Chair, Charlotte Dilillo at 304-9856.



## Chers Amis...

Bienvenue en l'an 1998! Thirty-seven "reviews" reached us following my invitation last month to have **D & J Bistro's** faithful customers write their "professional" opinion. We feel very grateful indeed... as planned we are publishing herein the winning "review" by Felicia Stedronsky... who will receive a gift certificate for dinner, as will second place (John & Mary Meier), and third place (Ms. Smith). All other entries are being sent a \$15 gift certificate.

### Review by Felicia

Nestled in a rather obscure location—let's just say that parking is never a problem—awaits a very charming, delightful, and inviting dining experience. First to greet you is this very charming and pleasing to the eye host and owner who always makes you feel like an invited guest. A warm welcome followed by superb attention is what D & J Bistro is all about. They (waiters, hostesses, bartenders, etc.) seem to be very sincere in their efforts without being obsequious. The country French atmosphere is most comfortable

yet sophisticated. It certainly is a rare find. I found the other patrons to be vibrant and fun so I usually go earlier than my reservation so I can have a cocktail or glass of wine and enjoy their company in the inviting barroom. The servers are well informed and knowledgeable about the creative cuisine and fine wines and offer excellent service. All told this was the most pleasant dining experience I've had in a while. One feels more like their guest than a patron. As to the food, well all I can tell you is that it must be experienced personally as I couldn't do it justice in this article. It is very creative with sauces that truly compliment without dominating the featured food. Superbly prepared and presented and absolutely delicious. Prices are moderate and dress is casual. Please check into their extensive wine offerings. You'll be impressed with the selections. This is definitely a clasped two hands up!!! Well, that's my feelings about D & J's. Hope I win!!! Happy New Year to you and yours.

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ergies to our clients and taking pride in all we do, to take the work and worry out of your service needs.

We earn your trust by understanding your needs. We give you the personal attention of someone whose only goal is to make your life simpler. We pride ourselves in customizing our services to meet your needs.

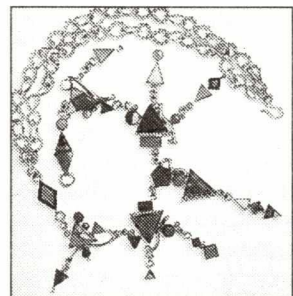
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## Valentine Virtuoso

Meet Zuni lapidary/Silversmith **Veronica Poblano** at **Tribal Expressions** on February 6, 7 and 8. Veronica's jewelry creations are widely recognized for contemporary design, artistic merit, and native aesthetics. Readers are invited to consider Veronica's jewelry as a unique surprise for a special Valentine.

To supplement **Tribal Expressions** winter show, new carvings from Alaskan and the Canadian Arctic will be unveiled. Polar bear, otter, walrus, whale, wolves, hunters, dancers, and birds are among the subjects expected.



Let **Tribal Expressions** be your one-stop-source for unusual one-of-a-kind Valentines.

Gallery hours are from 10:00 a.m. to 6:00 p.m. Tuesday through Friday, 10 a.m. to 5 p.m. Saturday, and 12 to 5 p.m. Sundays. Located at 7 South Dunton Avenue, two blocks west of Arlington Heights Road, and one block south of Northwest Highway. Call **847-590-5390** for information about special events or to request a newsletter.



Veronica Poblano

## Faith Semla Honored

Faith Semla, Barrington, has been named a Top 10 Volunteer by North Shore magazine. This is the 17th consecutive year *North Shore* magazine has honored the 10 people who make a difference as volunteers.

Semla, who has served as a board member and volunteer at Barrington Youth Services (BYS) for more than 15 years, was honored during a special ceremony December 4 at the North Shore

Center for the Performing Arts in Skokie. BYS supports the social, psychological and emotional well-being of young people and their families in the Barrington area communities, offering counseling, prevention programs and educational support for a wide variety of youth and family concerns.

"Faith's dedication and commitment are very strong," said Rochelle Schulman, BYS executive director. "She's given her



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knowledge, strength and resources to make a better life for the children of the Barrington area. Her depth of understanding, commitment and contributions have helped children who suffer from depression, incest, abuse and a multitude of harmful circumstances. We have been very lucky to have her as part of our organization."

Semla, who resides at 116 Sturtz in Barrington, has served on the BYS board of directors for 15 years, three as president. She has volunteered and assisted in fund-raising, grant-writing and worked with many of the BYS programs including Rainbows, facilitating support groups for kids from divorced families or who had a parent die.

Semla attended Taft High School and

graduated from Illinois College in Jacksonville with a major in psychology and a minor in sociology. "I didn't want to be a social worker, but I was always interested in kids," said Semla. "I enjoy doing the workshops for parents, teaching them how to communicate with other parents so they can keep in touch about what's going on with their kids. This is a very positive thing for me to do. I love working with the kids and their families. It is important to our community."

*North Shore* magazine honored Semla along with 9 other volunteers throughout the Greater North Shore who give of themselves to a variety of organizations including the Latoff YMCA, Elgin Symphony Orchestra and Metropolitan Family Services.



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## Barrington Welcome Wagon Raises \$3,900 to Benefit "Little Angels"



**L to R: Co-chair Claire Simmons and President Joan Rickel display an angel auction gift item for the holiday luncheon.**

One of the prettiest holiday luncheons took place December 9, at the Inverness Country Club. Event Co-chairs Karen Gentzler and Claire Simmons assembled an array of beautifully gift-wrapped baskets that were auctioned at the luncheon. The record-breaking proceeds will benefit

Little Angels, a residential facility providing services to infants, children and young adults who are non-verbal and non-ambulatory with profound mental and physical handicaps. For more information on Welcome Wagon, please call Lois at 540-6373 or Joann at 540-6416.

## Luncheon Book Club

The Barrington Area Branch of the American Association of University Women (AAUW) Luncheon Book Club will discuss *A Woman of No Importance* by Jane Hamilton on February 11, 1998, at Iveta's Espresso Bar and Cafe in Barrington from 12:30 to 2:30 PM.

AAUW is a national organization committed to educational equity for women and girls. The Barrington Area Branch sponsors monthly programs, hosts social activities, and is active in the Barrington community. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university. For further information, call 847-381-5012.

## The Necessity of a Will

by Sharon L. Keller, J.D., LLM

Happy New Year! I hope you all had a healthy and peaceful holiday season. I was fortunate to spend the holidays with family and friends that live in many parts of the country. We had a wonderful reunion in California.

I am asked time and again about the necessity to have a will and what is involved if someone wants to change a will or create a trust. A will is a person's revocable (it can be changed) document that provides for the transfer of property at death. The person names an executor to carry out his/her desires. Wills have been around since the first days of recorded history. Archaeologists have found 4,500 year old hieroglyphics in Egyptian tombs that state the wishes of the authors to leave property to others.

What you put in a will depends on what property you have, to whom you want it to be distributed and the dynamics of your family, etc. There are several elements that must be present to create a valid will. 1) You must be of legal age to make a will; 2) You must be of sound mind and memory, which means that you should know what you are executing; 3) The will should have provisions that dispose of your property; 4) The will must be voluntarily signed by the testator unless unable to do so, in which case you can allow a lawyer or witness to sign for you; 5) The will must be witnessed; 6) The will must be attested to which means that it contains a statement at the end that it is your will, the date and place of signing, and the fact that you signed it in the presence of the witnesses who then also signed it in your presence.

Wills may also be changed during your life. However, this requires following the laws of the state in which you reside. The following case history illustrates this point. Two sisters removed a safe from the home of their brother approximately eight hours after his death and transferred it to one of their homes. With the help of their husbands, they broke open the safe and discovered a will. The will had named another party as beneficiary to a substantial amount of property. However, the bequests to this third party were questioned because the brother's name, initials a date and the word "void"



appeared wherever the third party's name was mentioned. The sisters objected to the will (they presumably would receive more through intestacy—probate of an estate without a will). Their objection was based on the mutilated condition of the will, since every reference to the man was cut.

The court ruled that the will was not void. It was not revoked and the will was admitted to probate and the bequests to the third party were allowed to stand. *Powers v. Lancey*, 671 N.E. 2d 1215 (1996). Under Illinois law a will may be revoked by 1) burning, canceling, tearing, or obliterating it, by the testator himself or by some person in his presence and by his direction and consent; or 2) by the execution of a later will declaring the revocation; or 3) by a later will to the extent it is inconsistent with the prior will; or 4) by the execution of an instrument declaring the revocation and meeting, all the statutory formalities. The mere writing upon a will in insufficient to obliterate or cancel the will, even though the writing may express an intention to revoke or cancel. 755 ILCS 5/4-7.

When drafting or revising a will it is important to know the law to ensure that your intentions are carried out by and for those of your choosing.

Happy Valentine's Day. Until next month I wish you a safe and prosperous February.

## BACOA February Programs

The Barrington Area Council on Aging, Inc. will be holding the following programs in the Barrington Room at Langendorf Park at 12:30 p.m. unless otherwise indicated.

**Monday, February 2**  
"Valentine Party"

Come and enjoy our Valentine's celebration and a visit with the Park District preschool kids who will make Valentines.

**Monday, February 9**  
"Hawaii Slide Show"

John Wood, fellow senior and BACOA member will take you on a tropical tour of the Hawaiian island of Maui and Hawaii via slide show.

**Monday, February 16**  
"President's Day"

BACOA closed in observance of President's Day. No lunch and no programs.

For more information, contact the Barrington Area Council on Aging, Inc. at 381-5030.

## AARP Income Tax Assistance

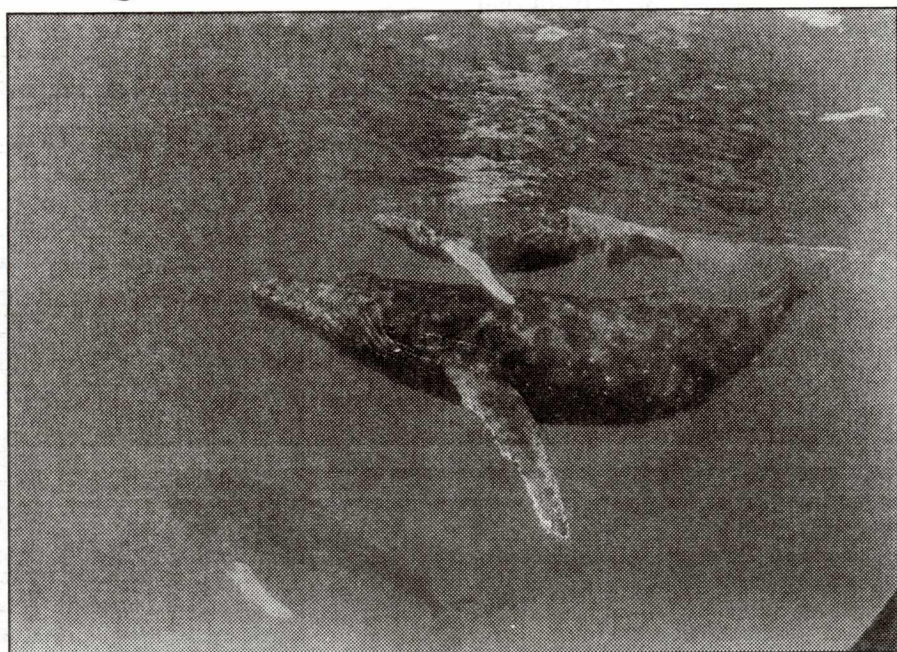
BACOA will again be coordinating AARP Income Tax Assistance on Wednesdays beginning on February 4 and continuing every Wednesday through April 15. Appointments will be scheduled from 9 a.m. to 2 p.m. If

necessary, arrangements may be made for assistance to be provided in your home.

For more information or an appointment, please call BACOA at (847) 381-5030.



## Immerse Yourself in an Unforgettable Underwater Journey



Humpback whale calves and mothers stay in close proximity throughout the long migration from Hawaii to Alaska. A male escort accompanies this pair.

Follow the journey of blue, humpback, orca, right whales and dolphins and discover the underwater magic of "Whales," in the Henry Crown Space Center's Omnimax Theater at the Museum of Science and Industry.

This important film, produced by the National Wildlife Federation, Destination Cinema and Zephyr Productions, brings a

stunning combination of art and science together to create a new perspective on these mysterious marine mammoths. Filmed in Omnimax®, the engulfing large-format technology of "Whales" captures the wonder of being among the creatures and results in what critics have called a "breathtaking" and "dazzlingly poetic" experience.

## Start Young, Stay Young

By having earlier plastic surgery, large costly procedures can be minimized in later years. Women in their 30's and 40's are undergoing alpha hydroxy peels which are non-invasive. No recovery period is required and a series of treatments can eliminate irregularities of the skin, blotchiness and uneven pigmentation, and result in dramatic smoothing of fine wrinkles caused by extensive sun exposure. This technique can accentuate facial shape, coloration and bone structure, and improve skin texture.

Should further or more aggressive techniques be necessary, the physicians at **Valley Plastic Surgery Center** are skilled in all types of advanced chemical peels and CO<sub>2</sub> laser resurfacing of the skin. In addition, simple surgical techniques of facial rejuvenation, including upper and lower eyelid lifts (which remove skin and excess fat from the areas around the eyelids), mini-facelifts and/or liposuction of the chin, jowl and neck area can all be utilized to eliminate signs of aging without the need for extensive and costly facelift surgery.

Should a facelift be required, however, the physicians at **Valley Plastic Surgery Center** are skilled in the many techniques of facelift surgery. These include both endoscopic techniques as well as complex facial lifts which correct the effects of gravity-produced sagging skin and muscle. This surgery repositions the cheek fullness in addition to restoring a more youthful facial appearance. Lip enhancement surgery is also frequently performed.

**Valley Plastic Surgery Center** has created a facility in which to do extensive

cosmetic surgery in a safe and pleasant environment. It has been accredited by The Joint Commission for the Accreditation of Healthcare Organizations (JCABO), the same organization that accredits your hospital. Located on Route 31 in West Dundee, VPSC has state of the art equipment for everything from breast surgery, liposuction, endoscopic facial rejuvenation and laser resurfacing. An accredited surgical center allows a pleasant environment away from the hectic impersonal hospital setting. Convenience, cost control and lower fees can be determined before the operations are performed.

Our new physician at **Valley Plastic Surgery Center** is Dr. Patricia DePoli, who graduated from the University of Michigan. She has completed both general surgery and plastic surgery residencies. Dr. DePoli has recently finished a one-year fellowship in microvascular and breast reconstructive surgery. She brings a woman's perspective to the fine art of breast and cosmetic surgery and has been a strong asset since joining the staff last summer.

The physicians at **Valley Plastic Surgery Center** have more than 60 years of combined experience in the field. The interaction among the physician staff helps solve some of the more difficult patient problems. We are confident that the quality, value, expertise and comfort that we offer makes **Valley Plastic Surgery Center** your choice to meet your personal aesthetic goals. Do not compromise your high standards. Call to make an appointment to visit the doctors at **Valley Plastic Surgery Center** at (847) 836-3200.

Audiences discover how the underwater dimension of sound influences and guides their feeding, breeding, navigation and socialization. "Whales" will immerse audiences in the dramatic sights and sounds that surround whales and dolphins through their amazing lives.

Created by noted marine scientists, Emmy award-winning producers, and the cinematographer who brought audiences "The Abyss," "The Deep," and the television series "OceanQuest," "Whales" resonates through the theater in an exploding panorama of color.


The producers traveled through the coastal waters of Alaska, Newfoundland, California, Patagonia, Hawaii and Colombia to capture the amazing grace of gargantuan whales. The film offers sur-

prising insights into the lives of these colossal mammals. In one scene, whale watchers discover the largest mammal that has ever lived on earth—the blue whale—at least twice as heavy as the largest known dinosaur, and a creature whose heart is the size of a small car containing blood vessels large enough for a child to crawl through.

Film goers will find out how humpback whales create bubble nets to capture food and go eye-to-eye with killer whale clans as they use various techniques to locate and hunt their prey. Audiences will also learn how right whales hold their tails up to "sail" on gentle ocean breezes.

For more information, call (773) 684-1414. Outside the Chicago area, call 1-800-468-6674.

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## Real Estate Seminar Scheduled for February 5

Attorneys' Title Guaranty Fund, Inc. (ATG) will host a seminar entitled "Serving the 'For-Sale-By-Owner' Client," on Thursday, February 5, at the Union League Club, 65 W. Jackson Boulevard, Chicago. Registration begins at 3:30 p.m. The program will be held from 4:00 p.m. to 5:00 p.m., followed by a cocktail reception.

Presented by Abele Information Systems CEO, Hans Koch, host of the Owner's Network, the largest national

Internet listing of homes for sale by owner; and ATG President Peter Birnbaum, the seminar will address the increasing use of the Internet for sale and purchase of property, and how lawyers can serve the needs of For-Sale-By-Owner clients who conduct their business on the Internet.

There is no charge for ATG members. Non-member cost is \$25. For information or reservations, call Attorneys' Title Guaranty Fund, Inc. at 1-800-252-0402.



## Health Advocate

### Health & Wellness Programs February

#### Understanding Depression Workshop

Thursdays, February 19 - March 12, 7 to 8:30 p.m.—\$80

This four-week workshop, which includes a depression screening, will discuss the symptoms, levels and causes of depression and provide information on how to deal with problems associated with depression in healthy and constructive ways.

#### Intro to Stress Management

Fridays, February 20 - March 13, 10:30 a.m. to 12:00 p.m.—\$35

This four-week program introduces relaxation training and cognitive restructuring.

#### Tai Chi Workshop

Saturday, February 21, 1 to 5:30 p.m.—\$40

This ancient form of Chinese exercise features a formalized series of movements designed to elicit a relaxed, mindful state.

#### Quit Smoking Through Hypnosis

February 23, 26 and March 2, 7:30 to 9 p.m.—\$75

In this three-class series, smokers learn hypnosis techniques to help control their habits.

#### CPR & First Aid Class

Saturday, February 28, 8 a.m. to 5 p.m.—\$65

This one-session class utilizes the American Heart Association's basic CPR life-support techniques and teaches basic first aid.

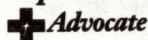
#### Safe Sitter Baby-sitting Class

Saturday, February 28 & Sunday, March 1, 9 a.m. to 3:30 p.m.—\$50

This nationally recognized two-day course is offered to children ages 11 to 13. Course content includes the business of baby-sitting, child development, handling emergencies and rescue breathing.

To register for any of Good Shepherd's Health & Wellness Programs, call HealthAdvisor at 1-800-323-8622.

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## "Evening with Oscar"—A Great Success

Everyone declared this one great party! A record attendance of 230 put on their best for the Hollywood-themed dinner/dance "Evening With Oscar" November 8 at Biltmore Country Club, North Barrington.

Barrington's Friends of the Home of the Sparrow organized a glitzy occasion to benefit Home of the Sparrow, the transitional housing and counseling center for homeless women and their children which is headquartered in McHenry, but also has locations in Woodstock, Palatine and Crystal Lake.

Thanks to all of the area "stars" who attended and participated in the live and silent auctions, Friends exceeded their expected donation to Sparrow work.

Fun started at the door, as guests were greeted by "reporter" Jennifer Miezio, (niece of co-chair Judy Logue Avedon), as well as several autograph seeking fans who were lucky enough to spot several attending "celebrities"! Guests enjoyed California cuisine, the music of Stay Tuned, and a fun night of Hollywood-styled glamour!

Co-chair LeAnn Fairleigh stated, "It is fun to be involved in a cause that has so much community interest and support." "Many, many thanks to everyone who helped."

Anyone interested in becoming involved in future FOHS or Home of Sparrow work, please contact Michele at 847-526-8123.



Bill and Nancy Logue of North Barrington were among the partygoers.



Jennifer Miezio of Barrington was "Entertainment Tonight" reporter at Oscar night.



Enjoying the evening were Bill and Megan Brandt of Long Grove.



Co-chair of the event was Judy Avedon of North Barrington with her husband Stan.



Michelle Gillett, North Barrington, is a founder and current President of Friends of the Home of the Sparrow.





## CLIX Winter Class Schedule

Starting this February, **CLIX** is offering a variety of classes, which range from one to three sessions, cost from \$19 to \$39, and are geared for kids and adults, novices and advanced students. Call us for more information at **CLIX—815-455-1092**.

**Basic Camera Operation for Young People—Ages 12 to 17.** If your child is interested in photography and has fun taking pictures—this is it! The instructor will concentrate on loading, focusing, apertures, shutter speeds and other specifics of the camera. Metering, lenses, flash usage will be touched on.

**Polaroid Transfer/Another Photo Option.** Try this alternative photo process—a one-day workshop exploring the Polaroid method of transferring your slide images to another surface—a favorite technique in the world of advertising. Bring in your slides and have fun with photographer and educator Syndi Simon.

**Covered Boxes.** For friends, for thank-you's, for yourself. Using handmade papers, rubber stamps, wax seals and other special touches, students will create a unique framed photo box. One day workshop with Amy Kuhn.

**Shadowbox Memories Workshop.** Turn your photos, collectibles and other 3-dimensional mementos into a unique shadowbox. This class will show you how to select and display your cherished memories. Share unique design strategies and discuss the

best materials. Bring your personal treasures to this seminar given by Kristen Doherty of *A Thousand Words*. Kristen will conduct this one-day workshop.

**Handcolouring Black & White Photos.** You've seen it in magazines. You've seen it on cards. Now try it for yourself! Enhance your black and white photographs with hand coloring techniques. Work with colored pencils, watercolor pencils and oils under the direction of photographer and educator Syndi Simon. You'll use your own fabulous black and white photos.

**Black & White Discovery—Ages 7 to 11.** Let's explore the world of black and white photography, learn the basics of good picture taking, and develop your creative eye. The class will include two projects, a picture journal and a mini exhibit at **CLIX**. Instructor is photographer Justine Runvik.

**Basic Camera Operation.** In this beginning class the instructor will concentrate on loading, focusing, apertures, shutter speeds and other specific functions of the camera. Metering, lenses, flash usage and filters will also be discussed. Questions encouraged. Instructor is photographer Justine Runvik.

**Wrap It Up.** Learn how to make gift bags, ribbon seals and unique ways to make the presentation of your gift as important as the gift itself. Ideas, suggestions and examples will be demonstrated. One day workshop with instructor Amy Kuhn.

## Focus on Rhinoplasty

"It's as plain as the nose on your face."

This old adage says a lot about this central feature of our anatomy. Occupying the middle third of the face, probably no other single feature can so dramatically affect our appearance. The nose determines to a great extent the balance and symmetry of our faces. If one's nose is out of proportion to the rest of their features, it can dominate their looks. Someone who doesn't like their nose can focus on it, becoming self-conscious and insecure. A change in the appearance of their nose can make all the difference in the world to them. This is why rhinoplasty surgery is one of the most common plastic surgical procedures being performed in the United States today.

### What is rhinoplasty?

This is the part of nasal surgery that changes the outer shape of the nose. This is accomplished by a combination of removing and/or repositioning cartilage and bone which is already present. The goal is to shape the nose in a natural way so it is balanced and in harmony with the rest of the face and does not appear to have been "done."

### What is external rhinoplasty?

In traditional rhinoplasty there are multiple incisions made inside the nose in order to reach the cartilage and bone. In addition, the cartilage usually needs to be "delivered" or pulled out of the nostril in order to operate on it.

External rhinoplasty is a technique we use in which one single incision is made starting just inside the nostril on one side and extending across the base of the nose to the other side. This allows the cartilage to be worked on in its natural position

by Gary S. Churchill, MD



Gary Churchill, MD



Iliana Sweis, MD

without distortion and provides a much greater visibility during the operation. Also, there is very little bleeding during external rhinoplasty due to the single incision. We have found this technique gives much better control and predictability of the final result. We can also eliminate the need to pack the nose which significantly reduces the post-operative discomfort. External rhinoplasty is used on the majority of our patients.

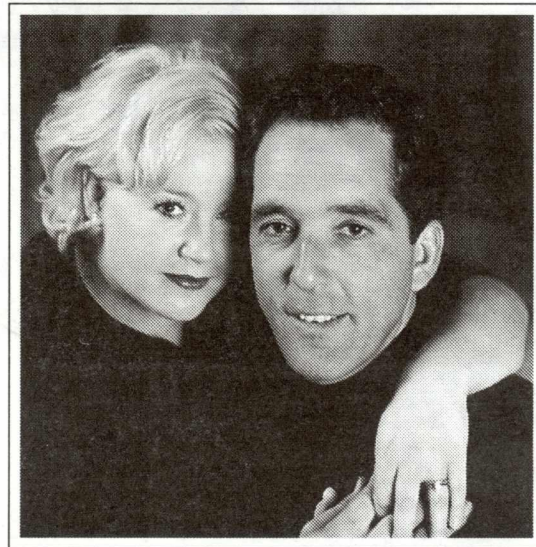
### What is a septoplasty?

The central support structure of the nose is the septum. It is made up of cartilage in the front of the nose and bone further back. This is what divides the nose lengthwise into two separate sides. The septum is often "deviated" or crooked due to some type of trauma earlier in life. This can lead to sinus infections as well as a chronic stuffy nose. If the deviation is located just beneath the bridge of the nose, it can cause the external form to look crooked. During a septoplasty, both the cartilaginous and bony portions of the septum are straightened and repositioned to the mid-line in order to improve the airway. This can be done as a separate operation or in conjunction with a rhinoplasty.

(Please continue on page 46)

## The Classic Blitz

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**February 27 & 28!**

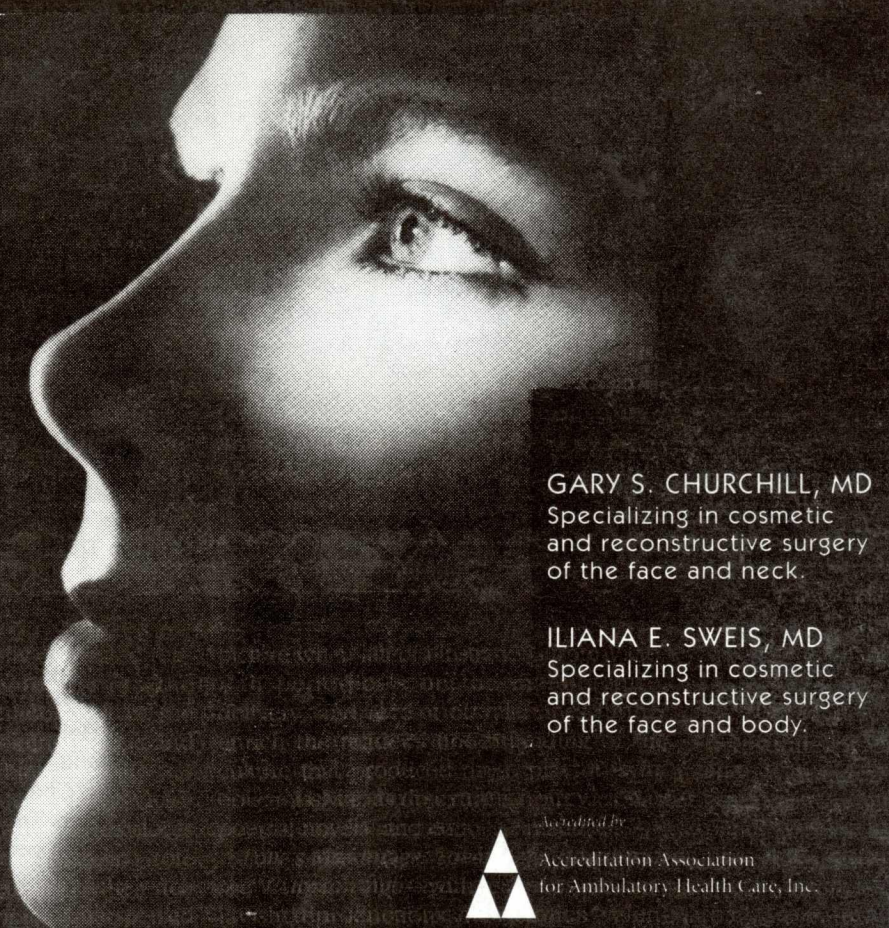
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**Valentine's Day Sale**

## Fabulous 50's Theme for Catholic Charities' Gala



Pictured with mannequin 'Peggy Sue' at Nifty 50's/Lucy & Ethel's in Long Grove are Hearts for the Homeless committee members Sharon Thompson (forefront), Barrington; Patti DeWald (middle), Lincolnshire; and benefit chairwoman Diane Kordecki, Vernon Hills.

Sounds of the *Fabulous 50's*, the theme for the ninth annual *Hearts for the Homeless*, will be heard as guests are welcomed at 4:30 p.m. on Sunday, February 22 at the Cotillion in Palatine. Honored Guests will be the Most Reverend Francis E. George, O. M. I., Archbishop of Chicago, who will be in Rome becoming a Cardinal, and Reverend Michael M. Boland, Administrator of Catholic Charities of the Archdiocese of Chicago. Mr. Jack Slevin, Chairman of the Board, President & CEO, Comdisco, Inc., will serve as Honorary Chairman. Ms. Andi Kuhn, Oldies 104.3

WJMK Radio, will be the Mistress of Ceremonies. Chairwomen for the benefit are Diane Kordecki from Vernon Hills and Cathy Rogich from Arlington Heights.

All proceeds from the benefit will be used to support the Catholic Charities' Northwest Suburban Families in Transition Shelter program which helps people regardless of religious, racial, nationality, and economic backgrounds. Ninety-eight percent of *Hearts for the Homeless* contributions goes directly into the service program. For an invitation or more information call 847-870-0560.

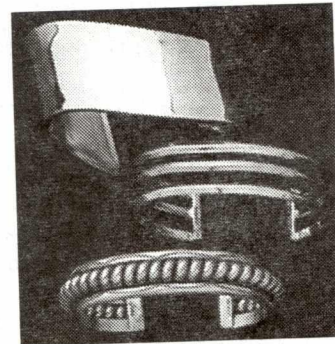


## Declare Your Love with a Gift from Dakota Expressions

During the month of February, **Dakota Expressions**, located in Historic Long Grove, will be offering an array of heart warming gifts guaranteed to direct cupid's arrow right to your loved one.

Choose from an exhilarating assortment of hand-crafted accessories including men's and women's sterling silver jewelry—bracelets, earrings, necklaces, rings, money clips, letter openers, cuff links, key rings and perfume bottles, plus leather purses and women's clothing. Get the home fires burning again and spice up your home with our wide assortment of decorative candles, contemporary as well as authentic Navajo pottery, or choose one of our custom hand-cut matted book prints by Bev Doolittle, Amado Pena, or Bill Rabbit.

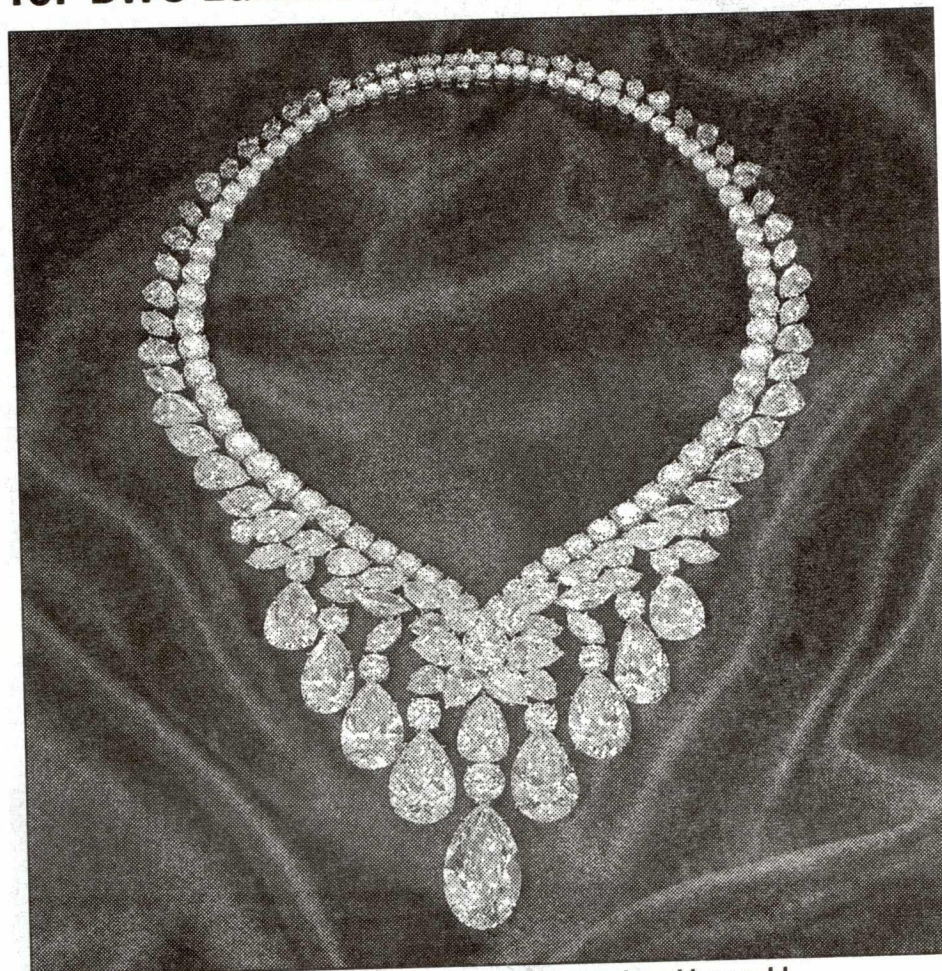
If you're in the mood for love, you'll fall



hard for our romantic iron and glass accent pieces. We offer the perfect selection of small home furnishings to entice your Valentine to come home just a little bit earlier every day.

So make your honey a little sweeter on Valentine's Day with a gift from **Dakota Expressions**.

## Famous Jewels Subject for BWC Luncheon



This exquisite Harry Winston diamond necklace sold at auction for a world record price of \$4,402,500.

"Famous Jewels: their famous designers and owners," will be the subject of Eve J. Reppen's lecture and slide presentation for the Barrington Woman's Club luncheon meeting on Wednesday, February 18, 1998. Held at Biltmore Country Club, a social hour begins at 11:00 a.m. along with music by Lee Bassett.

Eve Reppen is Vice President in the jewelry department based in Sotheby's Chicago office. A degree in art history from Wheaton College and a graduate gemologist degree from the Gemological Institute of America enabled her to join Sotheby's in New York in 1988. She moved up from cataloguer to jewelry specialist; in 1996 she came to Chicago to

oversee all of Sotheby's jewelry department activity in the Midwest.

Her lecture covers the history from the Art Deco period to the present of the great jewelry houses such as Cartier, Harry Winston, Van Cleef & Arpels and David Webb. Color slides show some of the most beautiful jewelry ever made and the grand dames who wore them, including Lydia Morrison, Mrs. Jack L. Warner, Paulette Goddard, Thora Ronalds McElroy, Mrs. Harry Winston, Marlene Dietrich, Luz Mila Patino, the Countess du Boisrouvray and Jacqueline Kennedy Onassis.

Members may make reservations by calling Judy Pajas, (847) 381-4087.



## Top Chinese Artist Zhiwei Tu at The Studio of Long Grove

China afforded this artist the opportunity to study and develop classical skills as an impressionist painter. Zhiwei Tu learned to respect and admire the traditional masters. It is obvious that Tu was a good student. He also excelled as a teacher, as a professor at the institute of Guang Zhou Fine Arts. His works reflect the disciplines of considerable time wearing both hats.

It was his desire to further develop his painting skills, that led him to America. He was granted a second degree of MFA at Drake University in Iowa. **The Studio of Long Grove** discovered Tu's work when he exhibited in the Oil Painters of America National Show which the Studio co-hosted with Governor Edgar in both 1993 and 1994. He took Best of Show honors in 1994, and was named a signature member of the OPA.



*Getting the Right Feeling*  
48 x 24



*Music of the Forest*

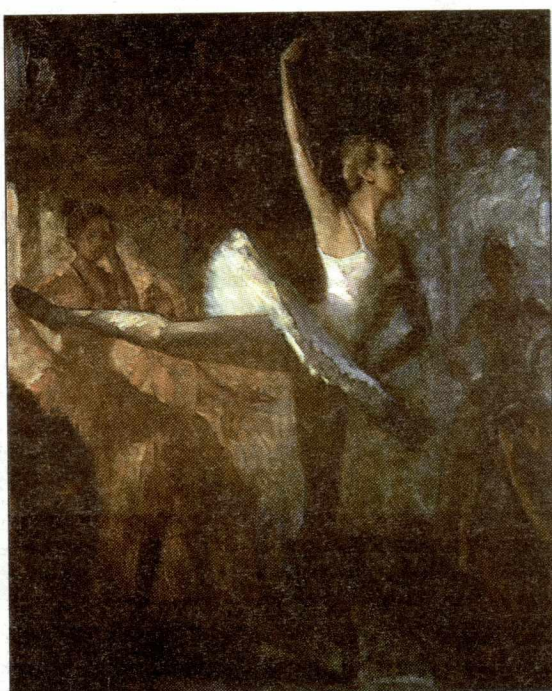
30 x 40

Tu's career flourished throughout the U.S. as well as in China in major galleries. The Studio has continued to represent Zhiwei Tu's work and regards this as an important step for both artist and gallery.

The grace and charm of the arts of music and dance are blended beautifully by this painter in oil on canvas with a classic touch. This exhibit will feature over 30

original works with a concentration on ballet and music with nature and will include a special work on the Chinese New Year in the Tang Dynasty in a monumental size of over 13 feet in length. This show will be an opportunity for you to see one of China's best.

The show begins with an artist's reception on Saturday, February 14—Valentine's Day—from 2 - 5 p.m. Bring your sweetheart. The show will continue through mid-March. If you would like to preview this show or insure that you receive invitations to other shows at **The Studio**, please call the gallery at 847-634-4244.



*Practicing*

60 x 48

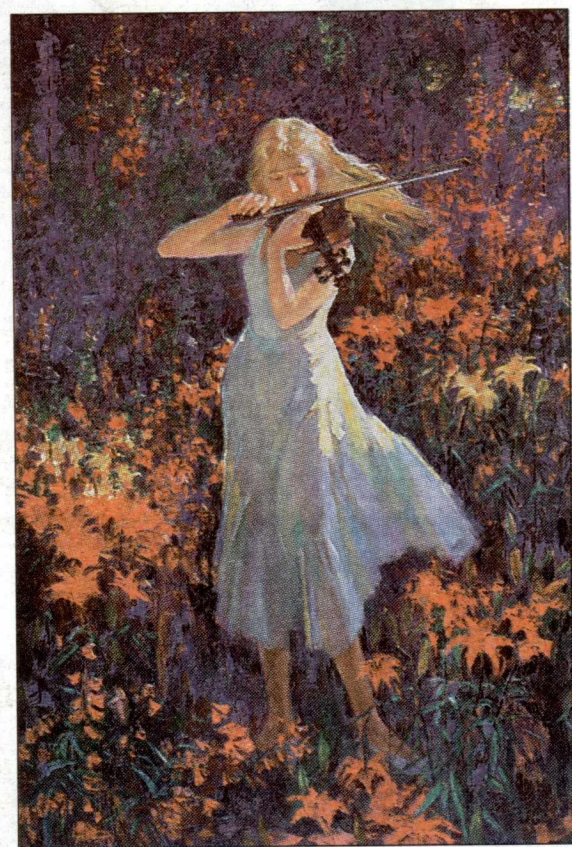


*Feeling the Music* 24 x 18



*Good Luck*

18 x 24



*Song of the Field*

72 x 48

## Zhiwei Tu



*Visiting the Studio*

48 x 60

*This talented impressionist from China  
brings music and dance to The Studio Galleries*

*Valentine's Day Show  
and Artist's Reception at The Studio  
Saturday, February 14th  
2:00 - 5:00 pm*

*The Studio of Long Grove Galleries*  
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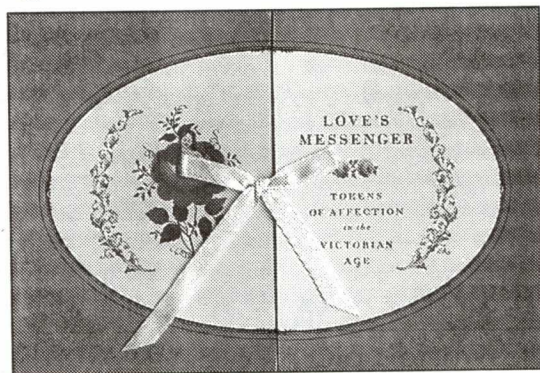
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OF CRYSTAL LAKE/BARRINGTON, S.C.

## Love's Messenger: Tokens of Affection in the Victorian Age

The Art Institute of Chicago, in conjunction with Chronicle Books, is publishing a new gift box and accompanying book inspired by the museum's extensive collection of nineteenth-century valentines. Entitled *Love's Messenger: Tokens of Affection in the Victorian Age*, this elegantly decorated art box and book celebrate the passionate world of Victorian courtship and romance. Using anecdotes and artifacts, the book offers an intimate glance at a world of high sentiment and honorable intentions and provides a his-



tory of valentines in England and America. Also included in the set are five intricately

## For Your Interiors for a Fresh, New Look

Is your house looking kind of ho-hum after the holiday decorations are down? Let **For Your Interiors** make your "House Beautiful."

Holly Hagen and Sharon DeFrancesco, owners of **For Your Interiors**, have over 20 years experience in interior design. They can add those touches to complete a room or just freshen it up. They do exceptional window treatments and this

service is discounted now during **For Your Interiors** Winter Sale.

Holly and Sharon can assist you with an entire house, individual rooms, or work with your existing furnishings for a new look.

Whether you are looking for that one wonderful chair or an entire dining room, let **For Your Interiors** find the pieces just right for you.

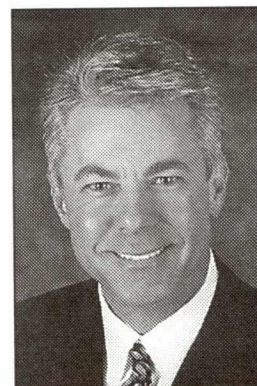
## Give Your Image a Thrill During the Winter Chill

The winter months present an ideal opportunity to act on ideas of self improvement you may have been considering. Body contouring with tumescent liposuction and facial rejuvenation with laser resurfacing are two of the more significant aesthetic procedures we perform in our offices. Their impact on a person's self image is predictably gratifying. However, if you are not quite ready to take one of these "big steps" there are a number of less dramatic treatments and procedures you might find appealing.

BOTOX™ offers an ingenious medical strategy for enhancing facial features. Following injection of BOTOX™, unwanted vertical forehead furrows, horizontal forehead lines, and crow's feet around the eyes disappear for three to five months.

BOTOX™ is an injectable biologic material which immobilizes muscles. Injection of BOTOX™ into muscles of expression takes only a few minutes and is nearly painless. After two or three days unwanted lines fade. The result of this safe and effective procedure can be quite dramatic, yielding a natural, relaxed, and more youthful facial expression.

New Beta-Lift™ peels allow application of beta-hydroxy acid for a safe and predictable superficial skin exfoliation. Beta-Lift™ peels impart a smoother skin texture with a more uniform color and a healthy-looking glow. In addition, Beta-Lift™ peels aid in acne therapy by opening plugged pores, dislodging blackheads, whiteheads, and pimples. The Beta-Lift™ peel is very tolerable and healing is complete within just a few days.



David P. Van Dam, MD

Age spots or other discolorations on your face or hands respond well to measures that we dermatologists use routinely every day. Liquid nitrogen, often used to treat warts and other growths, is also one of the best ways to eliminate unwanted pigmentation. It takes only a one or two second frosting with this supercold liquid to permanently remove most facial age spots.

Revova™ and Afirm™ are the latest Vitamin A-related products for eliminating fine lines and improving skin tone and color. Vitamin C is a powerful antioxidant. Patented SkinCeuticals™ topical Vitamin C formulas place 40 times more active vitamin C in the skin than can be achieved with oral Vitamin C. Research shows that active Vitamin C can increase collagen production and reduce sun damage.

To learn more about these and the many other aesthetic services and products available from **Dermatology Associates** call 847/382-5111 or 815/455-4434. For your life... for your skin!



constructed and beautifully decorated replicas of Victorian valentines from the museum's holdings, which attest to the care lavished on these tokens of love and make wonderful collectibles.

The text of the book, written by Victorian scholar Debra N. Mancoff, explores courtship conventions, the changing role of valentines, and the meaning of their rich imagery, among other topics. Interspersed throughout are numerous illustrations of valentines, including examples made of silk, satin, velvet, and embossed, gilded, and perforated paper lace; and others featuring movable parts, elegant floral arrangements, and hand-painted scenes of starry-eyed couples. There are even rare "cobweb" valentines, which reveal a hidden message or

picture when lifted. Illustrations from Victorian periodicals on the manufacture, delivery, and receipt of valentines further enrich the reader's understanding of the culture that produced these playful, symbolic missives, as do extracts from Victorian poems, novels, and etiquette manuals.

*Love's Messenger: Tokens of Affection in the Victorian Age*—with its keepsake box, lavish reproductions of Victorian valentines, and delightful book—makes a perfect gift for Valentine's Day, weddings, anniversaries, and other special occasions. The art box measures 6-3/4" by 9-3/4" by 7/8"; the book numbers 64 pages, with 45 full-color illustrations. *Love's Messenger* is now available for \$18.95 at all four locations of The Museum Shop.



## Does Your Child Have Scoliosis?

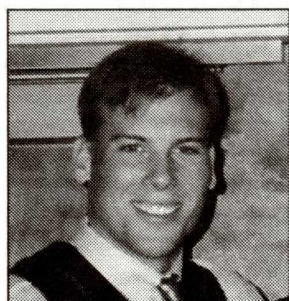
Most parents are loving and have a deep concern for their children's health. Even so, many parents wouldn't have any idea how to answer the following question: How can I tell if my child has scoliosis?

Concerned parents can observe their children at home for signs of scoliosis. Knowing what to look for is important in determining if a child has symptoms of the disease:

- While the child is standing straight, observe his or her back: are the shoulders level? is one shoulder blade more prominent than the other? are the hips level? is there any evidence of a rounded back, or a hump?

- Now ask the child to bend forward at the waist: is the spine straight or does it curve from side to side?

- Ask the child to stand straight and face you: are the hips level? do the clothes fit right? is the waistband level or is one pant leg longer than the other?



Jason VanNess, D.C.

These are simple observations which could save your child a lot of pain and grief. Consult **VanNess Chiropractic** immediately if you suspect your child may have scoliosis. Even if everything looks normal, it is still a good idea to have Dr. VanNess examine your child regularly for the detection and correction of spinal subluxations which could eventually cause scoliosis. Call **(847) 842-8070** today for a \$30 scoliosis screening compliments of our office.

## Looking Past Dental Insurance

by Drs. Raymond Kotz & Stephanie Skopek

How long do you expect to have dental insurance? We would imagine that very few of you expect to have dental coverage after you retire. The insurance companies know this and have shrewdly included this fact in their business plan. We will come back to this in a moment.

Silver or tooth colored composite fillings are the average fillings placed in the average dental patient's tooth. We use the word "average" because on the average they are "average" in quality, average in longevity and on the average relatively inexpensive.

Most of these silver amalgam or tooth colored composite fillings last only 6-8 years because they lack compressive strength and their margins break down and allow bacteria to enter. Each time we replace a filling the tooth becomes weaker until eventually a crown or a root canal with a crown is required to save that tooth.

Now guess what—you are older, retired, and no longer have dental coverage. The insurance company wins; and you



Dr. Raymond Kotz



Dr. Stephanie Skopek

are stuck with the consequences when you can least afford them. That's usually why when your dentist says gold, the insurance company says silver; when your dentist says crown, the insurance company says filling. Don't be fooled. Listen to a good dentist not an insurance clerk. It will save you money over your lifetime and will help you achieve the highest standard of oral health.

For a thorough diagnosis and preventive effort, call **Dr. Kotz and Dr. Skopek** in Barrington at **847-381-4040**.

## No Regrets

by Laurie Grand, M.S.

Licensed Marriage & Family Therapist

Do you ever wish you would have:

- Pursued a different career
- Stayed home with the kids
- Not stayed home with the kids
- Tried new experiences when you had the chance
- Chosen a different partner
- Lived in a different part of the country
- Stayed single

In a world where we are overwhelmed with options and encouraged to seek out new experiences, it is not surprising that many people feel a sense of regret about the choices they have made. We have many more alternatives available to us than our parents and grandparents had. While having so many alternatives is exciting, it can also be a source of confusion and regret.

The next time you are feeling like you made some wrong choices or are second-

guessing yourself, try these remedies for regret:

1. Remind yourself of the reasons for the choices you made.
2. If you chose a less glamorous track for unselfish reasons, make a list of the people who benefited from your actions.
3. When something you did is really bothering you, acknowledge your mistakes. Develop a plan to clean up the mess.
4. Identify behaviors which cause you to create situations you later regret. Make a plan to change your ways.
5. Consider the balance of your life choices. See how the good choices balance the poor ones.

For more ways to resolve feelings of regret, visit <http://members.aol.com/LCGrand> or call **Laurie Grand** for a free consultation at **(847) 304-8385**.



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## Focus On Solutions

Solution Focused Counseling can help you accomplish goals like these:



Free consultation

- Make peace with the past
- Be more self-confident
- Resolve stuck issues & move your life forward

**Laurie Grand, M.S.**

Licensed Marriage & Family Therapist

800 S. Northwest Hwy., Barrington

<http://members.aol.com/LCGrand>

**(847) 304-8385**

## BHS Presents "GREASE"

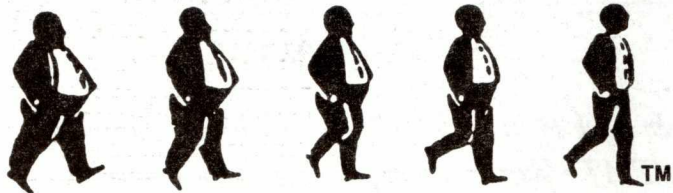
The Barrington High School Fine Arts Department will present the musical "GREASE" with music and lyrics by Jim Jacobs and Warren Casey. "GREASE" is about the spirited class of 1959 at Rydell High School. Gum-chewing, hot rod loving boys with D.A.'s and black leather jackets and their girlfriends with teased curls, pedal pushers and bobby socks, capture the look and sounds of the 50's in a rollicking musical that salutes the rock 'n roll era. While hip Danny and wholesome Sandy resolve the problems of their mutual attraction, the gang sings and dances its way through such nostalgic scenes as the pajama party, the prom, the burger

palace and the drive-in movie. This is a lively, funny musical that will have you wiggling your hips and tapping your toes. Performance dates are February 25, 26, 27, 28 at 7:30 P.M. and March 1st at 2:00 P.M. Senior citizens are invited to a special free performance on February 27 at 2:00 P.M.

Tickets go on sale in the box office at Barrington High School on February 2. The box office telephone number is 842-3440. Tickets are \$7 for adults, \$5 for those 18 and under, 65 and over will be admitted free of charge to the Wednesday, and Thursday night, and Friday afternoon performances only.



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Individualized custom care and activities programming

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- Family education and support



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- RNs and LPNs on staff
- State licensed
- Innovative leader in Alzheimer's & dementia care



Three home-like cottages spread over 5 acres of attractively landscaped grounds

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Limited Space Left!

## Weight Loss is Pleasant and Easy with Seattle Sutton's Healthy Eating

The holiday eating is behind us, the college kids have returned to school, and things are getting back to normal. We're looking forward to warm weather when we can shed bulky coats, sweaters, and jackets. But we'll also see what has happened to our figures over the few months of cold weather. Now is the perfect time to lose that weight. Why not let **Seattle Sutton** help make your weight loss as effortless and pleasant as possible?

Spring break is seven weeks away. Maybe there's a pool or beach in your vacation plans.

Located at 301 E. Main St., Suite 107, **Seattle Sutton's Healthy Eating** brings you fresh, healthful meals, not frozen or dried. They are low in cholesterol, low in fat, and low in sodium. They're tasty too!

**Seattle Sutton's Healthy Eating** offers these complete meals daily, ready to be taken to your home or office.

Imagine not having to do any meal planning and recipe research, any calorie counting and label reading. You'll save hours of shopping and preparation time.

**Seattle Sutton's Health Eating** food is the perfect solution to a diabetic's needs and it also follows the guidelines of the American Heart Association.

Come see our food at our food showing at 301 E. Main St. Suite 107, Barrington on Mondays and Thursdays from 3:00 to 6:30 p.m.

For a nominal fee, home deliveries can be arranged. Visa and Mastercard accepted. For more information, call **847-382-9040** or **1-800-442-DIET** day or night.

## Strengthen Your Immune System

by Carole Childers, C.N., L.N.C., All Ways Healthy

Getting more than a couple colds a year or having a cold that lasts more than four to five days are signs of a weakened immune system. Think of your immune system as an army of defenders, ready to go into action and protect the body against anything that threatens it—from bacteria and viruses to cancer. It's crucial to keep this system running at peak performance in order to enhance resistance to colds, flus and more serious diseases. Here are some keys to boosting your own immune system:

The most important contributing factor to a healthy immune system is optimal nutrition, which focuses on whole unprocessed foods such as whole grains, legumes, vegetables, fruits, nuts and seeds.

Get regular moderate exercise. Exercise reduces stress and elevates mood which has a positive effect on immune repose.

Avoid excess alcohol, caffeine and sugar which suppress the immune system.

Antibiotics can disrupt the balance of normal intestinal bacteria. Supplementing with acidophilus can restore this balance which is essential for optimum health.

Practice a relaxation exercise such as deep breathing or mediation daily.

Drink at least 48 ounces of water daily to help rid your body of toxins that weaken the immune system.

Identify and control food allergies.

Get sufficient sleep.

As much as possible, avoid stress.

Consider herbs that can strengthen the immune system such as astragalus, echinacea and goldenseal.

Take a high potency multivitamin and mineral formula to correct nutrient deficiencies. Supplementing your diet with nutrients promote proper immune function. Some of the most valuable include: Vitamin A (it is very important in the body's defense system) and Vitamin C (it may be the single most important vitamin for the immune system).

## Physical Design Critical to Alzheimer's Care

The early stages of Alzheimer's disease can be characterized by memory loss, nervousness, and depression, but the impact of the disease is truly felt when a loved one fails to recognize friends and relatives or cannot perform ordinary tasks.

Many individuals and families turn to long-term institutional care at this stage. However, experts have questioned the suitability of a nursing home's design for those persons with dementia. With nursing homes, several factors are known to aggravate the disease and induce disorientation, including noise levels and the lack of visual cues among others. A building layout can increase the confusion people with Alzheimer's disease already experience.

A new trend in dementia care focuses on residential living, thus shifting the care away from the nursing home model. Located in Wheeling, **New Perspective, Inc.**, is one such innovator. Established in 1994, **New Perspective** is the first dementia-specific sheltered care facility in Illinois. Their mission is to offer persons with

Alzheimer's and their families a homelike setting and an alternative to traditional long-term care. **New Perspective's** uniqueness is in its physical design—three small, freestanding cottages.

Each cottage has only 16 residents, which encourages social interaction and makes it easier for residents to orient themselves. The short hallways have no dead ends, accommodate just 12 rooms, and are filled with pictures, quilts, and artwork done by the residents.

**New Perspective** designed the yard to encourage residents to safely enjoy the outdoors. A secured walking path joins the three houses so residents can stay active by taking a walk, joining in group activities at another cottage, or caring for a garden.

The residential design for Alzheimer's care maximizes independence, supervision, orientation, and functioning, which results in decreased anxiety and agitation for the resident as well as peace of mind for the family.



## Great Weight Expectations

Some places claim quick remedies to diet. Often these glittering schemes provide only temporary results. Here's some food for thought; there are no short cuts to total fitness.

With instant expectations, many people become discouraged when results are not immediately noticeable.

Don't be weak. Get tough.

Complete fitness starts where you can't see it—inside. Beginning with an educated approach to nutrition, fitness will

soon reflect in your overall well being.

At **Personalized Fitness, Inc.**, we approach diet as complete nutrition, not as restriction. Exercise remains our drug of choice—instead of medicine.

That's the hook. It's all in the attitude.

If you want to sweat, go to any health club. If you want to enhance your overall well being, contact **Personalized Fitness, Inc.**, at **847-358-5688**, for an educated one-on-one training session at our studio, or in the privacy of your home.

## Adult Orthodontics: the Best Smile for Your Best Years

by Drs. Michael Hayward & Robert Skopek

A pleasing smile is great to have no matter what your age or lifestyle, and orthodontic treatment is always a change for the better regardless of your age. Unlike the clothes, shoes or hair cut you buy to improve your appearance, a new smile will last for the rest of your life. After all, braces are not just for children.

Although the importance of a nice smile should never be underestimated, the orthodontic specialist has another equally significant treatment goal: to improve the health of your teeth and gums. Crowded teeth are hard to clean and maintain. This in time may contribute to tooth decay, gum disease, and eventual tooth loss. Poor bites can also result in abnormal wear of tooth surfaces, difficulty in chewing, and damage to supporting bone and gum tissue. When left untreated many orthodontic problems and subsequent dental problems can become much worse.

The decision for an adult to straighten



**Dr. Michael Hayward**



**Dr. Robert Skopek**

their teeth is a major one. Once you decide to proceed with treatment, choosing a provider is very important since the changes made to your smile and face will last a lifetime. **Drs. Michael Hayward and Robert Skopek** are specialists in orthodontics and can answer any further questions you may have. Their offices are in Barrington (847) 382-5588 and Palatine (847) 359-7980.

## A Friend in Need or Angels in Disguise

by Judy Kaplan, MS

During a severe snow storm last night, my Jeep Grand Cherokee careened out of control on a quiet country road in Barrington. As this was happening, I remembered thinking "this is it, I am going to die in about two minutes." Yet, my instincts were in full operation and my adrenaline was pumping. I did whatever I could to gain control of the car, by avoiding a tree and bracing myself for the huge impact I was expecting. The car skidded onto the shoulder of the oncoming roadway and eventually rolled into a small ice covered brook on the side of the road. Much to my shock, amazement and everlasting gratitude, the car came to a halt and I was upside down and securely affixed to my seat with the seat belt doing an incredible job. In moments I realized that other than being disoriented I was miraculously unharmed.

Within minutes I heard a voice and then two asking if I was okay. I had been trying to locate the car phone to call 911 and was so very happy that someone had found me. Although physically uninjured I was trapped inside my fallen vehicle and struggling to see how to free myself. These unknown "angels" opened the back door and I was able to crawl through and escape. This man and this woman, two unconnected souls, had stopped to help a stranger in the middle of a cold, snowy

and deserted street. What a gift they had given me. Without their help I might have had another outcome, for it was a very cold evening and water was seeping into my car very quickly.

The police and paramedics were busy with many emergencies that evening and took about 30 minutes to arrive. During the time I was waiting for them my "gentleman angel" offered me the warmth of his car and the use of his car phone. I was troubled because besides the accident my teenage son was waiting for me at the high school. A kindly couple in another Jeep just like mine came out into the cold night to see what they could do to help. When they learned I had survived the horrible crash the woman came forth with all of the warmth of a Florida sun and hugged me til I cried. They offered to pick my son up at the high school. It was a time where the usual rules about "strangers" were abandoned to allow others to help. I agreed to have them find my son for me. It was scary. We are so conditioned today to be overly cautious about the motives of strangers. But, in the end letting go was so deeply touching. My son arrived on the scene shortly thereafter and all was well. My "angels" all disappeared into the night as we were driven home in the squad car by another compassionate soul, a police woman who could not do enough to keep us warm

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|---|---|
| <input checked="" type="checkbox"/> assessing the problem           | <input checked="" type="checkbox"/> collaborating on solutions        |
| <input checked="" type="checkbox"/> lending clarity to the problem  | <input checked="" type="checkbox"/> establishing goals                |
| <input checked="" type="checkbox"/> providing education & awareness | <input checked="" type="checkbox"/> providing feedback                |
| <input checked="" type="checkbox"/> offering support & objectivity  | <input checked="" type="checkbox"/> consulting with schools or others |

Occasionally we all need a little help.

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## Welcome Wagon Club to Host Luncheon February 10

The Welcome Wagon Club of Barrington will hold a luncheon on February 10, 1998 at La Titi de Paris. Social hour begins at 11:30 a.m. Luncheon will be served at 12:15 p.m. Cost is \$24. To RSVP by February 4, call Evette Thurman at 304-5376.

The program "Everything I Need to Know, I Faked" will be given by Michele

Weldon, free-lance syndicated columnist, Chicago Tribune. Ms. Weldon has appeared on "Oprah Winfrey", "Jenny Jones" and "HOME".

The Welcome Wagon Club promotes philanthropic work, as well as cultural, recreational and educational activities in the community. For membership questions please call Lois at 540-6373.

and comfortable and escort us home.

I am very grateful to all of the "strangers" who became my "angels" last night. I was quite shaken and frazzled and happy to be alive. But, I don't think I said appropriate thank yous and would love to

know who you are. You had an impact on my life, and I will forever remember and be thankful, for your kindness was so real and so warm. Please call me if you read this article, and let me express my thoughts to you personally.



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Join us for a  
**40's Dinner Dance**  
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*Dinner, Music, Dancing*  
**Saturday, February 21, 1998**  
Cocktails 6:30, Dinner 7:30, Dancing 8:30  
**\$29.95/pers.** includes dinner, a live band,  
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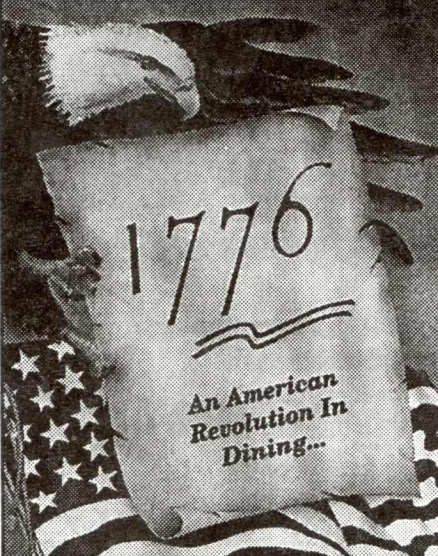


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5 Courses — \$36.<sup>00</sup> / person  
Friday & Saturday,  
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**American Tapas Dinner**  
Thursday, February 26  
9 Courses — \$25.<sup>50</sup> / person  
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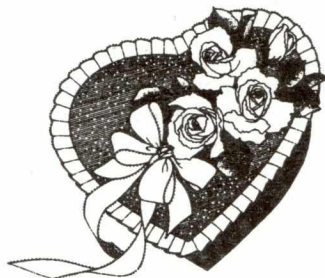
## February Fun at 1776

**1776** in Crystal Lake will be serving a special Valentine's Dinner on Valentine's Day weekend. The five course meal will include a choice of appetizer, soup or salad, intermezzo, entree and a trio of desserts. Choices include warm Maine lobster and crab salad, shrimp risotto, freshwater prawn stuffed with crab and roasted garlic, a combination of Black Angus filet of beef and Provimi veal filet, 26 oz. roast prime rib of beef, free range chicken, Illinois venison and Texas wild boar, and vegetarian dishes. The cost is \$36 per person. Reservations are suggested.

**1776** is continuing its monthly offering of **TAPAS** on the last Thursday of the month. The next **TAPAS** dinner will be on

**30 Barrington LIFESTYLES February 1998**

Thursday, February 26. You can enjoy a nine course meal (smaller sized portions, of course) for \$25.50. If you would like to sample five different wines that Andy will choose to complement the food, the cost is \$40 per person. Speaking of Andy and wine, which seems to be a common



## Take "A Sentimental Journey" at Fritzl's 40's Dinner Dance

Looking for a great time? Be sure to book your reservations now for **Fritzl's 40's Dinner Dance**. Join Jerry Dittman and His Big Band on Saturday, February 21 for cocktails, dinner and dancing.

Dinner includes: tossed salad, vegetable cream soup, roast sirloin of beef, oven baked chicken, fresh mashed potatoes, green beans almondine, dinner rolls, coffee and apple strudel. Cost is \$29.95 per person (includes dinner, a live band, tax and gratuity). Cash bar.

Book your Valentine's Day reservations early! Now taking reservations for February 13 and 14.

For reservations call **(847) 540-8844**.

**Fritzl's** also has elegant banquet facilities that can accommodate from 20 to 150 people. The facilities are also perfect for rehearsal dinners, wedding showers and anniversaries.

Whether you come to enjoy a plate style brunch on Sundays, served noon to

3:00 p.m., or for our house specialties for dinner, you'll soon know traditional fine European dining is right in your neighborhood.

And remember, **Fritzl's Country Inn** in Lake Zurich has the friendliest staff in town!



## Julio's Latin Cafe—the Perfect Place to Celebrate Carnival!

Carnival! If you've been to Rio during the world-famous pre-Lenten celebration, you'll never forget the experience! Every year, during the four days preceding Ash Wednesday, the most chaotic celebration in any city in the world gets under way. There are gala balls, parades and costumed revelers dancing in the streets.

Participants plan their colorful, exquisite costumes for a year! Carnival activities begin this year on Saturday, February 21 and end Tuesday, February 24, the day before Ash Wednesday, which is a holiday in Brazil.

Sounds exciting, right? There's no need to fly to Brazil to celebrate Carnival. **Julio's Latin Cafe** is offering their own version of Carnival, "A Night in Rio," on **Sunday, February 22**, from 4:30-8:00 p.m., with lots of good food, masques, party favors and Brazilian music by the Paulinho Garcia Band. Paulinho Garcia is a Brazilian recording artist who plays regularly at **Julio's** on the weekends.

**Julio's** Carnival celebration will feature a three-course meal with Appetizer, Feijoada Buffet and Dessert. *Feijoada* is a traditional Brazilian dish which has

evolved from a simple pot of black beans with bits of pork into an elaborate stew built around the beans cooked with assorted meats, smoked pork and sausages. Reservations are recommended and can be made by calling **(847) 438-3484**. The cost will be \$28 per person.

Of course, you'll also want to celebrate **Valentine's Day**, the traditional day for lovers on **Saturday, February 14**.

**Julio's** is definitely one of the most romantic places to celebrate, either at lunch or dinner. Just be sure to call for reservations!

**Julio's** now offers "Fiesta Time," Monday through Friday from 5:00 pm 7:00 pm. for an "after work" break. Bar customers enjoy complimentary tapas with their drink order. A special tapes menu is offered at the bar only.

**Julio's Latin Cafe** is open for lunch Mondays through Fridays from 11:30 a.m.-2:00 p.m., and dinner is served Monday through Saturday nights beginning at 5:00 p.m. Reservations are always recommended on the weekends and can be made by calling **(847) 438-3484**.



## Evening Book Group

The Barrington Area Branch of the American Association of University Women (AAUW) Evening Book Discussion Group will discuss *The Horse Whisperer* by Nicholas Evans on February 24, 1998, at 7:30 p.m. at a member's home.

AAUW is a national organization committed to educational equity for women

and girls. The Barrington Area Branch sponsors monthly programs, hosts social activities, and is active in the Barrington community. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university. If you wish for further information, call 381-4791.

combination, Andy is again offering his course on wine through McHenry County College. The course runs for five consecutive Sundays starting in late February. Please call McHenry County College for details.

One more thing. The next time you are in **1776**, don't forget to check out the

wine list. Andy has for the third consecutive year, won an Award of Excellence for his list from the *Wine Spectator*, a national publication considered the bible of wine information. He now carries over a 5,000 bottle inventory with some wines you will not see anywhere else in the Midwest.





# LIFESTYLES

## Homes & Interior Designs Section

### Annual Floor Sample Clearance

Take home fabulous home furnishings at **30% to 60% OFF** during our **Annual Floor Sample Clearance**. Throughout the month of February **Decorating Connections** is offering you the opportunity to purchase select Habersham, Charleston Forge, Stanford, Cox, Urbana, Lane, Johnston Casuals, Allusions, Harris Marcus and Serengeti furnishings off the floor at unbelievable prices.

**Decorating Connections** is your source for innovative interior design, commercial interior design, in-home consultations, blueprint consultations, home resale consultations, in-home accessorizing, wallcoverings, custom window treatments, blinds, shades, shutters, carpeting, custom area rugs, reupholstery, custom framing, gifts and accessories, UPS shipping, and more! Stop in and speak with one of our talented design experts



about how **Decorating Connections** can help you!

We are located in the MarketPlace Shopping Plaza on Route 59 and Kelsey Road.

### Spacious. Versatile. Practical. Beautiful.

Discover harmony between utility and beauty with the **Closet Masters** line of closets for the home. Each system is designed to bring together all of a closet's key features into a union of form and function. **Closet Masters** delivers adjustable, highly effective storage with strong aesthetics.

Each closet is Custom Designed around your needs and preferences. Shelves, drawers, hanging areas, and other features can be adjusted and changed. Frequently used items are kept where they can be easily reached. Plus, every square inch is put to use, maximizing capacity and as much as doubling the amount of usable storage space.

**Closet Masters** components contain the finest furniture materials. Each **Closet**

**Masters** closet is constructed from durable wood particleboard coated with an attractive laminate that wipes clean with a cloth. Wardrobe rods come in sturdy chrome and brass, or choose steel rods covered with white vinyl.

**Closet Masters** patented installation system leaves your floor space open. And vacuuming underneath them is a snap. High quality European hardware ensures years of trouble-free movement from each drawer and closet door. Shelves and hanging rods adjust in seconds.

**Closet Masters** closet, home office and storage systems offer abundant, convenient and aesthetic storage solutions for bedrooms, kitchens, laundry rooms, home offices, basements, and garages.

**Closet Masters** organizes your life.

### St. Anne 1998 Winter Gathering to Feature Best-Selling Author Joan Wester Anderson

Joan Wester Anderson will bring to life many of the stories written in her books including stories from her recent release *Angels We Have Heard On High*. Joan Wester Anderson is the best-selling author of *Where Wonders Prevail*, *Where Angels Walk*, *Where Miracles Happen*, and *An Angel to Watch Over Me*.

Allow yourself a heart warming and in-

spirational morning. Please join A.M. Awakenings and Joan Wester Anderson on February 19, 1998 at St. Anne Church from 9:00 to 11:00 a.m. in the Lower Church. St. Anne Church is located at 120 N. Ela Street in Barrington. A fee of \$5 is payable at door. Childcare is provided. We ask a \$3 donation per child. For more information, please call Carole Bieniek at (847) 382-9231.

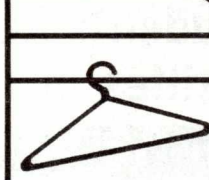
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