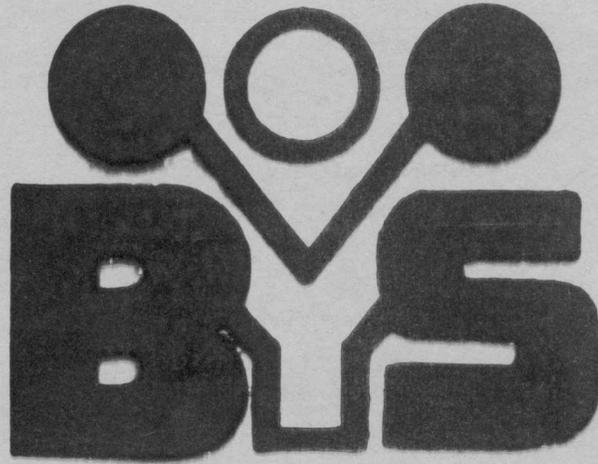


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ANNUAL REPORT



March 1, 1978 — February 28, 1979

**BARRINGTON
YOUTH
SERVICES**

**412 West Main Street
Barrington, Illinois 60010
381-0345 381-3232**

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Our Annual Report this year contains short character sketches. The stories' intent is to familiarize our community with the diverse reasons an adolescent and his family might come in contact with BYS.

During my time as director, I have observed a slight change in the clientele of our counseling program. It is a very exciting change. More people are now seeking help before their problems become extremely serious. Receiving help before their problems have become strongly ingrained has greatly enhanced their chances for improvement. This gains the family a better chance of having a happy, supportive, secure home life.

This year I have also noticed more community responsiveness to adolescents and their problems. Our agency has more volunteers giving more time than ever before. I have participated in and observed more workshops, panel discussions and lectures on juveniles conducted in our area than ever before. I have seen the social service systems in our community such as churches, schools, juvenile divisions of the police departments, Family Services and BYS work closely together in more endeavors than ever before. Finally, I have also worked with a large number of responsive, energetic Barrington residents who, with this agency's assistance, have formed a very viable community volunteer committee to educate our area on the subject of child and spouse abuse.

This year has also brought some discouraging trends. As an agency, we have become aware of a widening abuse of marijuana. Be the youth in athletic endeavors or a high school dropout, there appears to be not much difference in their drug abusing behavior. We are also seeing a resurgence of "hacking" (breathing toxic paint fumes) and hollucinogens (L.S.D.).

The counseling aspect of this agency is going full force. We have one full-time counselor whose case load has been at or near full capacity all year. We also had one half-time volun-

teer graduate level counselor and myself working with the massive increase in counseling cases we experienced when the bad weather hit this winter. As the snow depth increased, so did our case load.

The noon to 6 p.m. Drop-In program during this year was used by more kids more frequently than ever before. So, we tried opening Drop-In one evening a week, and it looks like the youth really like it.

Our Dawn House program, which includes emergency shelter and emergency response by our staff 24 hours a day, also saw an increase in use this year. We responded to more crisis situations and, with our emergency counseling sessions usually at one of the police stations, were able to maintain the youth in their own home more often than ever in the past. This means that we housed fewer youth this year than last, even though we responded to a significantly larger number of crisis calls.

This year also saw growth in our Outreach Program. With the addition to our agency of a volunteer experienced in youth work, we were able to devote more hours to outreach. The extra hours are being spent at Middle School.

My sincere thanks to the Barrington Youth Services Board of Directors for their continual support and hard work and our staff and volunteers who put in many extra hours to help meet the rise in needs of the Barrington community.



Roger Bert, M.S.W., C.S.W.
Executive Director

Character Sketch #1 Sandy, The Runaway

Sandy has been having trouble for a long time at home. She has also been cutting school classes frequently. Today she was informed that due to the large number of unexcused cuts she is going to be suspended and her parents notified.

Instead of facing her parents, because she is sure her Dad will beat her, she decided to go with her friends and get high on marijuana.

It is now 3 a.m. and Sandy decided to call the "Hotline."

In the meantime, Sandy's parents became worried and called the police. The police asked them to file a Run-A-Way Petition, which they do.

It is now 3:30 a.m. With the Hotline volunteer's support, Sandy has decided to neither commit suicide nor run away. But she does not want to go home either.

The "Liner" convinces Sandy to talk to one of the agency staff because they might be able to help her further.

3:35 a.m. The Staff is notified by phone and calls Sandy. After a short discussion with Sandy, the Staff calls the Police Station to check Sandy's status and is told of the Run-A-Way Petition. The Staff indicates that he will recontact Sandy and they will be at the Police Station in about 40 minutes. The Juvenile Officer (J.O.) is notified.

4:15 J.O., Staff and Sandy sit down over coffee at Police Department (P.D.) to talk the situation out.

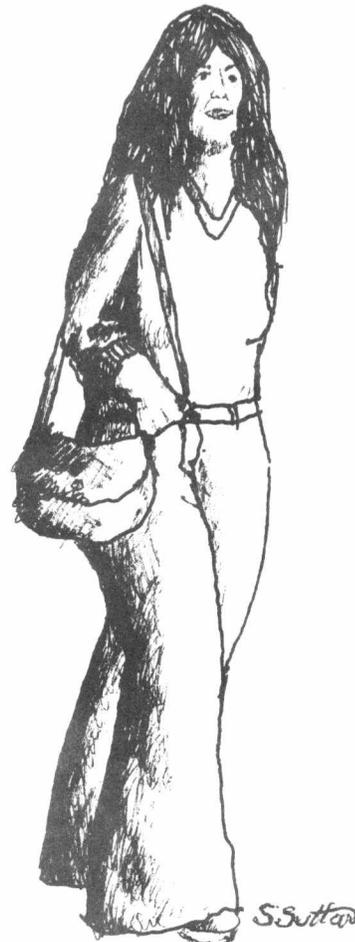
J.O. notifies parents that Sandy is safe and at the P.D. Father's reaction is that he'll be at P.D. in 15 minutes and when he gets his hands on Sandy he'll kill her. Staff is asked to talk on phone to Father. After short discussion, Father agrees that he is extremely angry and it would probably be best if Sandy was placed in one of the state approved Dawn Houses for the night. A family

counseling session is set up for the next afternoon at Barrington Youth Services.

4:50 a.m. A Dawn House Family is notified.

5:10 Staff, Sandy and Dawn House Mother sit down at kitchen table at Dawn House to discuss arrangements.

The next day Sandy is put on a 90-day Station Adjustment by the Police Department, due to her status offense of running away, and is told she must have counseling once a week at BYS during the period. Sandy meets her parents at BYS in a family counseling session. After a lengthy interaction, the family agrees to go home together and continue family counseling on a weekly basis to work out some of their problems. The weekly family sessions will also meet the requirements of Sandy's Station Adjustment.



Character Sketch #2 Tim, The Loner

Tim is relatively new to our community. He came from a rural area and had gone to a small high school.

Our outreach worker is over at the student smoking lounge recontacting a youth who needed some legal information. Out of the corner of his eye he sees Tim sitting by himself. He decided to talk to Tim.

Tim tells our outreach worker that he just doesn't like Barrington. He tried out for the baseball team and didn't make the first cut, his grades for 1st quarter are much lower than he is use to, he isn't making any friends, and he has too much time on his hands. It is very evident to our "outreacher" that Tim's self-esteem could use some boosting.

Our outreacher tells Tim about J.I.F.Y. (Job Involvement For Youth) and that he could make some money doing odd jobs in his free time. He also tells him about a P.L.A.C.E. (People Learning and Cooperation Experience) weekend coming up in three weeks. He tells Tim about the stress challenge of the weekend and how Tim can meet and overcome challenges by interacting closely with some other Barrington youth.

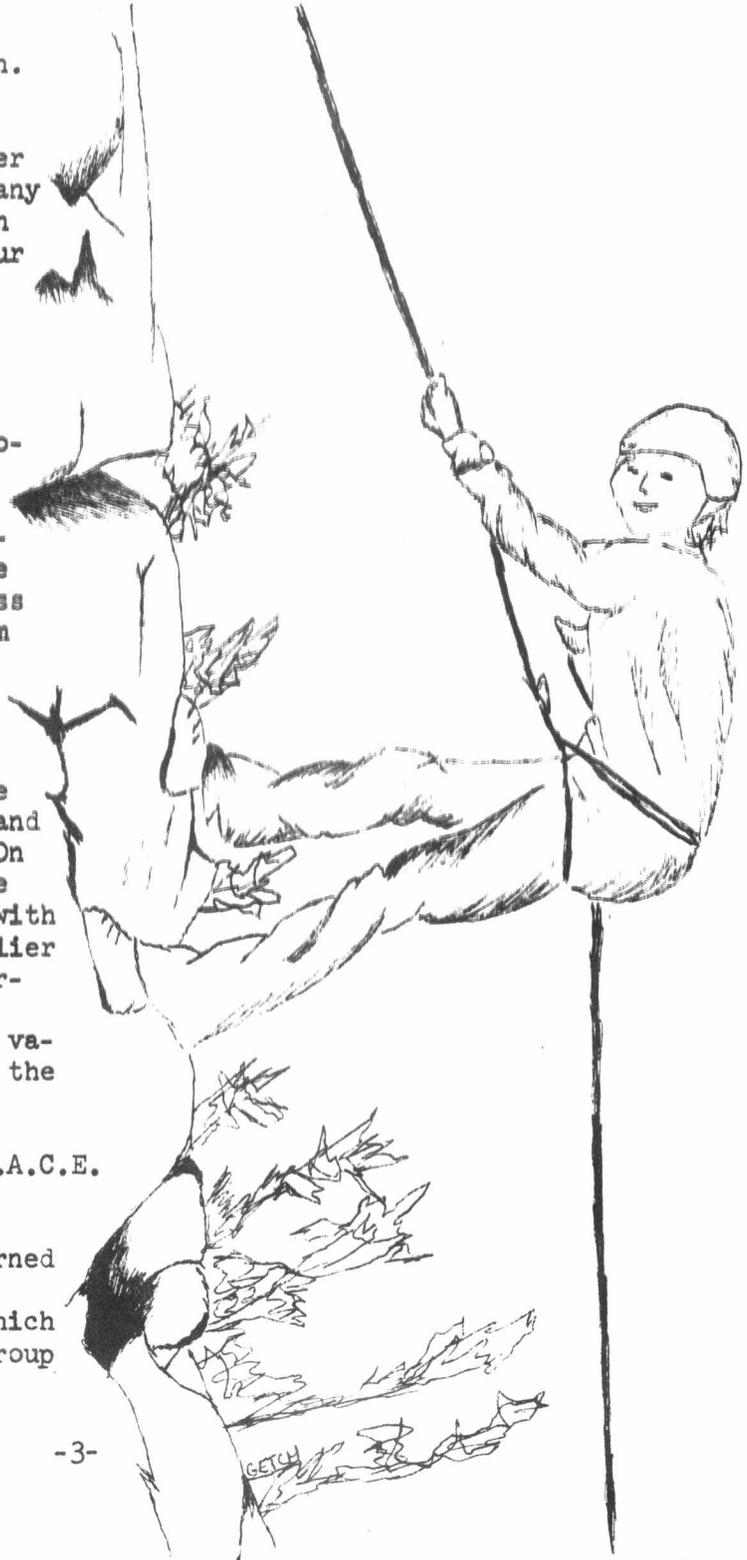
That afternoon Tim comes to the agency, meets our J.I.F.Y. worker, and fills out a J.I.F.Y. application. On the application he states his desire for and limited experience working with horses. As luck would have it, earlier that day a potential part-time afternoon job caring for four horses for three weeks while the owners are on vacation had been phoned in. Tim got the job.

Tim also signed up for the P.L.A.C.E. trip.

On the P.L.A.C.E. trip Tim learned many things about himself and about other people. One important item which Tim brought out in the discussion group

around the camp fire on the first evening was that he learned that if he wanted something he had to be willing to put effort into getting it.

Our outreach worker saw Tim again just the other afternoon. He was sitting with three other youth drinking coffee and cokes and his smiles and laughter tell the end of the story.



PROGRAMS

In the Townships which make up BYs's catchment area (Barrington, Cuba, and parts of Ela, Palatine, and Dundee), we are experiencing runaways, lock-outs, school drop-outs, excessive school cutting, unemployment, under-employment, teen-age pregnancies, vandalism, shop lifting, drug abuse, alcoholism, and poor family relationships. These problems directly affect the young adults involved and their families, and indirectly affect each member of the community through higher taxes for increased protection, percentages tacked on to store products to offset lossage from shoplifting and personal losses due to vandalism. They are extensive and many are on the rise. BYs set up the following programs to alleviate these problems:

COUNSELING

Counseling is face to face sessions on a regular basis to provide the youth and his family with techniques to cope with various problems they encounter. Sessions are individual, family or group. All counseling sessions are geared to each individual's family's needs. Goals for counseling sessions are jointly set by the therapist and client with review at 6 to 8 weeks. At the end of this time period, the client and therapist discuss three options: (1) Termination, (2) Continuation of work in same problem area, or (3) A new goal area contact.

OUTREACH

Outreach is the extension of BYs services to the "turfs" of young adults. Our staff spends time rapping in schools, parks, restaurants, and other "hang-outs". We feel, to be able to know young adults and help them, we must have contact with them in their own environment.

ACTIVITIES

Activities are special group events BYs sponsors and chaperones, such as concerts, dances, canoe trips, and any other appropriate activities teens are interested in. The goal of these activities is to provide important group experiences of a nature many might not otherwise experience.

P.L.A.C.E.

People Learning and Cooperation Experiences are weekend experiences in backpacking, swimming, orienteering, rappelling, climbing, caving, and camping, in which participants are taught skills relevant to each. The basic goals of the P.L.A.C.E. projects are:

- (1) To provide young people with experiences in learning about themselves.
- (2) To provide the participants with the skills necessary to enjoy their environment safely.
- (3) To provide personal growth through physical and emotional challenge.
- (4) To increase the environmental awareness of the participants.

DROP-IN

The BYs Drop-In Center, open from noon to 6 p.m. each week-day, provides a supervised, but relaxed, place for young people to gather, rap, play chess, checkers, group games, watch movies, play their musical instruments, or meet people to start a spontaneous activity such as a baseball game or frisbee toss. Drop-In creates a non-pressured atmosphere where they can share ideas, fun and mutual concerns or problems.

DAWN HOUSE (EMERGENCY, TEMPORARY SHELTER)

Dawn House is a unique program in which area families open their homes to youth in an emergency situation. In the event of a crisis in the home, a young person can be placed in a Dawn House facility for up to 48 hours. Following placement in the temporary home, family therapy is begun. The ultimate goal is a changed home environment to which the young adult will want to return.

INFORMATIONAL SEMINARS

As a social service agency, we obtain a variety of information for and about adolescents. We feel it is one of our responsibilities to inform the community and civic groups about various issues concerning young adult life and the types of programs BYs offers. An additional goal is to encourage community participation and involvement in working with young people.

J.I.F.Y.

Job Involvement For Youth is a program which brings young people and the world of employment together. Not primarily a placement program, J.I.F.Y. was designed to help teens learn job related skills such as how to interview for a job, how to present oneself to a potential employer, and what that employer might expect. Follow-up is an essential tool to help the young people progress in these skills.

COMMUNITY RELATIONS, ADVOCACY AND REFERRAL

We have a program which provides link-ups with other agencies or medical personnel depending on the needs of the young person, each of whom is provided with support from the time they contact our agency until their hook-up with an agency designed to meet their specific needs.

At BYS we emphasize cooperation with other resources in the community... church groups, schools, the park district, police, and community volunteer organizations. We feel this coopera-

tion strengthens the efforts of the community as a whole, and BYS's in particular, to give our young people a good start toward productive lives.

HOTLINE

BYS offers an emergency HOTLINE, 24 hours a day, seven days a week. Our operators will handle referrals and limited crisis and when needed can contact a counselor.

ADJUSTMENT-STATION OR COURT

BYS offers a service to Police and Judicial systems in our area. A 90-day program with at least one hour of therapy per week is set up with each adjustment client. This program acts as an alternative for adolescents. It's a last chance before going completely through the judicial system. The goal of this program is to explore the problem behind the symptoms which precipitated the adolescent's contact with the legal system. At this point the young offender seeks alternative solutions to these problems. This, hopefully, will eliminate future occurrences which could lead to entry into the judicial system.



PRESIDENT'S MESSAGE

When people ask me about Barrington Youth Services, I like to answer this way:

"It is many things,
to many people.

To a boy in crisis,
it is a friendly voice in the night.

To a girl who is despondent,
it is helpful guidance.

To the family who has a run-away,
it is a light homeward again.

To the teen-ager who is bored,
it is a roof or a game of chess.

To the person who has made a mistake,
it is another chance.

To the parent who has nowhere to turn,
it is a hope.

To the police who must make tough decisions,
it is another option.

To the community,
it is a source of pride that we live
together in a place where people care."

To all members of our Board of Directors, Advisory Board, volunteers and fine staff, I extend my congratulations and thanks for a job well done during the past year.

To the many organizations who financially support our work, including the Townships of Barrington and Cuba, the United Fund, and the many other individuals and organizations, our sincere appreciation.

And, to all the community, schools, police department, churches, park district and citizens alike, we are proud to be working with you as a team, in this important and challenging role in behalf of our young neighbors.



George E. Van Hagen

BOARD OF DIRECTORS

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Bobbie Feinstein
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Amy Lewis (Youth Representative)
Becky Luehring
Lynn Monsen
James Riding
James Sigwalt
Bernard Wenninger

STAFF

Roger Bert Executive Director
Debby Lewis Assistant Director
 (resigned effective 2-21-79)
Christine Simons Counselor
 (hired effective 3-23-79)
Bruce Ankele Outreach/Activities
Sue Michalski Drop-In
 (resigned effective 9-15-78)
Nancy Spoto Drop-In
 (hired effective 9-14-78)
Donna Caravello Secretary/Comptroller
 (resigned effective 9-8-78)
Marilyn Alexander Secretary/Comptroller
 (hired effective 9-6-78)

ADVISORY BOARD

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VOLUNTEERS

Lenore Ankele
Ned Harkness
Mike Krulik
Louise Leake
Mike Lorenz
Scott Richardson
Roy Wolfe

A special "thank you" to the Dawn House volunteers who cannot be listed due to the confidentiality of their work.

DONORS

Mr. & Mrs. Shanaberg
Barrington Woman's Club
Jewel Food Store
Community Church of Barrington
Presbyterian Women--Presbyterian
Church of Barrington
Mr. & Mrs. Blake
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Presbyterian Church of Barrington
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Mr. & Mrs. R. Siebecker
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Becky Luehring
Mr. & Mrs. John Siragusa

BARRINGTON YOUTH SERVICES

FINANCIAL REPORT FOR 1978-79 FISCAL YEAR

STATEMENT OF REVENUES AND EXPENSES AND FUND BALANCES
YEAR ENDED FEBRUARY 28, 1979

	<u>1978-79</u>	<u>1977-78</u>	<u>1976-77</u>
Revenue:			
Public Support:			
United Fund	\$ 3,015.55	\$ 2,987.55	\$ 827.96
Barrington Township	29,113.19	26,886.81	21,000.00
Cuba Township	31,113.19	26,886.81	20,999.80
Other Revenue:			
Civic	3,269.10	372.50	488.04
Outer Circle	1,785.61	8,176.87	5,548.51
C.E.T.A.	4,583.33	15,105.42	- -
Youth Work Project:			
Barrington Township	<u>- -</u>	<u>- -</u>	<u>7,499.84</u>
Total Revenue	<u>\$ 72,879.97</u>	<u>\$ 80,415.96</u>	<u>\$ 56,364.15</u>
 Expenses:			
Program Services:			
Outer Circle	2,071.54	10,511.08	3,064.83
Youth Work Project	- -	- -	6,853.24
Contract of Service Payments	- -	15,105.42	3,839.18
Supporting Services:			
Management and General (Schedule 1)	<u>68,875.06</u>	<u>57,123.78</u>	<u>42,061.14</u>
Total Expenses	<u>\$ 70,946.60</u>	<u>\$ 82,740.28</u>	<u>\$ 55,818.39</u>
Revenue Over (Under) Expenses	\$ 1,933.37	\$ (2,324.32)	\$ 545.76
Fund Balance, Beginning of Year	<u>(733.29)</u>	<u>1,550.93</u>	<u>1,005.17</u>
Fund Balance, End of Year	<u>\$ 1,159.98</u>	<u>\$ (773.39)</u>	<u>\$ 1,550.93</u>

BARRINGTON YOUTH SERVICES

FINANCIAL REPORT FOR 1978-79 FISCAL YEAR

STATEMENT OF EXPENSES
YEAR ENDED FEBRUARY 28, 1979

(SCHEDULE 1)

	<u>1978-79</u>	<u>1977-78</u>	<u>1976-77</u>
Salaries	\$ 46,465.46	\$ 36,618.86	\$ 28,411.72
Payroll Taxes (employers share of FICA)	<u>2,763.45</u>	<u>2,082.81</u>	<u>2,076.58</u>
Total Salaries and Related Expenses	49,228.91	38,701.67	30,488.30
Telephone	4,560.53	6,016.37	1,853.05
Occupancy	5,125.00	5,418.00	2,685.00
Conferences, Conventions and Training	352.00	434.70	203.00
Insurance	2,808.24	1,739.79	1,990.04
Miscellaneous	3,110.40	201.44	415.40
Expense Allowance - Employees	1,852.62	2,238.31	1,206.58
Expense Allowance - Volunteers	26.50	273.28	67.10
Petty Cash Expenses	2,438.86	1,443.57	1,023.33
Books and Periodicals	122.87	322.06	326.66
Public Information	217.65	133.06	324.75
Equipment	694.39	935.22	1,214.04
Utilities	408.63	422.02	297.35
	<u>\$ 70,946.60</u>	<u>\$ 58,279.49</u>	<u>\$ 42,094.60</u>
Less Accrued Expenses from Prior Year		1,155.71	
		<u>\$ 57,123.78</u>	

BALANCE SHEET
FEBRUARY 28, 1979

ASSETS

	<u>1979</u>	<u>1978</u>	<u>1977</u>
General Funds			
Unrestricted	\$ 420.74	\$ 2,556.86	\$ 733.64
Outer Circle	36.30	322.23	2,656.44
Petty Cash	102.00	102.00	102.00
Accounts Receivable	2,381.96	675.12	-
	<u>\$ 2,941.00</u>	<u>\$ 3,656.21</u>	<u>\$ 3,492.08</u>

LIABILITIES AND FUND BALANCES

General Funds			
Liabilities:			
Payroll Tax Withholding	\$ 1,781.02	\$ 4,429.60	\$ 785.44
Accrued Expenses	-	-	1,155.71
Fund Balance:			
Undesignated, available for general activities	<u>1,159.98</u>	<u>(733.39)</u>	<u>1,550.93</u>
	<u>\$ 2,941.00</u>	<u>\$ 3,656.21</u>	<u>\$ 3,492.08</u>

BARRINGTON YOUTH SERVICES STATISTICS
March 1, 1978 to February 28, 1979

Counseling Program

Youngest Identified Client	9 years old
Majority of Clients	16 to 17 years old
Oldest Identified Client	19 years old

Top Three Referral Categories to Barrington Youth Services for Individual Sessions

1st	Self Referral	38.2%
2nd	Parental Referral	27.9%
3rd	Police Referral	11.2%
	Total Number of Sessions	456

Top Three Primary Presenting Problems for Individual Sessions

1st	Family Problems	55.5%
2nd	Depression	5.5%
3rd	School Problems	5.3%

Total Number of Family Sessions	78
Total Number of Group Sessions	92
Total Number of Informal Sessions	122

Outreach Program

Number of Contacts at Middle School	1,259
Number of Contacts at Barrington H.S.	779
Number of Contacts in Other Categories	309

Hotline Program

Number of Calls	148
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J.I.F.Y. (Job Involvement For Youth) Program

Number of Youth Placed	155
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Drop-In Program

Average Number Per Day	23.2
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Activity Program

Basketball Scrimmages	115 participants
Softball Scrimmages	24 participants
Softball Games	196 participants
Picnic	9 participants
Bowling	7 participants
Swimming	7 participants
Zoo	3 participants
"New Games"	41 participants
Teams Initiative Course	13 participants
Compass Orienteering	8 participants

HISTORY

Barrington Youth Services grew out of the Barrington Drug Abuse Committee formed in 1970 in response to a deep concern on the part of the community over the abrupt increase in drug abuse by our teen-agers and young adults. The original Committee was formed with the help of the Barrington Rotary Club and other concerned citizens. It was headed by Dr. Robert Campbell. In 1971 George Van Hagen and Dan Millington were elected Co-Chairmen.

The Committee instituted drug information programs for the public and in the schools, established a telephone "hot-line" to answer questions on drugs and related problems, and provided a part-time counselor and Outreach Worker through the Bridge Youth Services in Palatine.

In 1972 the Barrington Drug Abuse Committee changed its name to Barrington Youth Services and was incorporated under the General Not-For-Profit Act of Illinois. The first president was George Van Hagen, secretary, Patricia Ritter, and the treasurer, Jack Collins.

In 1975, through the funding support of Barrington and Cuba Townships and continued support by the United Fund, BYS expanded its service by employing a full time director and secretary. In May a third staff person was added with the funding supplied through the Comprehensive Employment and Training Act Program of Lake County. BYS moved into the present office at 412 W. Main Street, Barrington.

During 1976 a formalized set of by-laws and personnel policies was created. Roger Bert, our present Director, joined us, and a fourth staff position was filled to handle the increasing demand on the Agency. An agency brochure was distributed to the community describing the following BYS programs: Crisis Intervention, Outreach, "Hot-Line", Police and Court Referral, Dawn House, Youth Discussion Groups, Special Activ-

ities, Drop-In, Youth Work Project, and Information Seminars.

1977 saw further expansion; additional space was added to counseling and Drop-In facilities. The following new programs were added: J.I.F.Y. (Job Involvement For Youth), Rape Counseling, and P.L.A.C.E. (People Learning and Cooperation Experience). A Drop-In coordinator and new Outreach coordinator were hired.

1978 saw an experimental program for high school drop-outs initiated, Y.C.C.I.P. (Youth Community Conservation Improvement Project), the loss of one employee, Assistant Director Debby Lewis, and the hiring of another master's level therapist, Chris Simons, M.A. Counseling Psychology.

Barrington Youth Services is one of 32 youth agencies in Northern Illinois to benefit from a 1963 Legislative bill (HB1180, amended 1971 as HB 739) which gave legal sanction to the board of town auditors to establish and authorize tax funds for youth work.



Barrington Youth Services
412 W. Main Street
Barrington, Illinois 60010
381-0345 Hot Line 381-3232