SENATORS DIRECT ELECTION

Washington, May 16.—On Monday the senate by a vote of 237 to 39 passed the resolution declaring for an amendment to the Constitution providing for the direct election of United States senators by the people.

The amendment has been under consideration by the senate since April 13, 1911, when it was reported favorably from the committee on privileges and elections. It requires the votes of three-fourths of the state legislatures before it will become law.

The resolution, as introduced by the senate, on motion of Senator Bristow, provides for the general supervision of the senate by congress. The provision was finally agreed to by members from the south, led by Representative Bartlett of Georgia, who held that federal interference would lead to a return of carpet bagging. As passed the resolution is as follows:

That in lieu of the first paragraph of section 3 of article 1 of the Constitution of the United States, and in lieu so much of paragraph two of the same section as relates to the filling of vacancies, the following be proposed as an amendment to the Constitution, which shall be valid to all intents and purposes as part of the Constitution when ratified by the legislatures of three-fourths of the several states:

The senate of the United States shall be composed of two senators from each state, elected by the people thereof, for six years; and each senator shall have one vote. The electors in each state shall have the qualifications requisite for electors of the most numerous branch of the state legislatures.

When vacancies happen in the representation of any state in the senate the executive authority of such state shall issue writs of election to fill such vacancies, provided that the legislature of any state may empower the executive thereof to make temporary appointments until the people fill the vacancies by election as the legislature may direct.

This amendment shall not be so

BROUGHT OVER FROM SPAIN

These Recipes That Have Found Favor Because of Their Really Excellent Qualities.

Chicken Spanish.—Chicken cut up as for fricassee, 1 cup olive oil, 1 cup of tomatoes, 1 onion, 1 green pepper, 1 can pimentos, 1 can mushrooms, 1 can peas, 1 can asparagus tips, 1 can sliced olives, 1 can shrimps, 1 can lobster, 1 can crabmeat, 1 can sliced pickles, 1 can sliced beets, 1 can sliced carrots, 1 can sliced potatoes, 1 can sliced turnips, 1 can sliced parsnips, 1 can sliced cauliflower, 1 can sliced cabbage, 1 can sliced celery, 1 can sliced lettuce, 1 can sliced cucumbers, 1 can sliced radishes, 1 can sliced onions, 1 can sliced garlic, 1 can sliced leeks, 1 can sliced shallots, 1 can sliced chives, 1 can sliced parsley, 1 can sliced mint, 1 can sliced basil, 1 can sliced thyme, 1 can sliced rosemary, 1 can sliced sage, 1 can sliced oregano, 1 can sliced marjoram, 1 can sliced tarragon, 1 can sliced dill, 1 can sliced fennel, 1 can sliced anise, 1 can sliced caraway, 1 can sliced coriander, 1 can sliced cumin, 1 can sliced turmeric, 1 can sliced ginger, 1 can sliced cinnamon, 1 can sliced cloves, 1 can sliced nutmeg, 1 can sliced mace, 1 can sliced allspice, 1 can sliced cardamom, 1 can sliced saffron, 1 can sliced vanilla, 1 can sliced almonds, 1 can sliced walnuts, 1 can sliced pecans, 1 can sliced hazelnuts, 1 can sliced chestnuts, 1 can sliced peanuts, 1 can sliced pistachios, 1 can sliced pine nuts, 1 can sliced macadamia nuts, 1 can sliced brazil nuts, 1 can sliced cashews, 1 can sliced pecans, 1 can sliced hazelnuts, 1 can sliced chestnuts, 1 can sliced peanuts, 1 can sliced pistachios, 1 can sliced pine nuts, 1 can sliced macadamia nuts, 1 can sliced brazil nuts, 1 can sliced cashews.

ILLINOIS BREVITIES

Springfield.—Work on the state house will be resumed.

Springfield.—Cash returns from the referendum vote taken by miners in central Illinois on the acceptance of the new wage scale indicate the proposition had been defeated. Should the miners reject the question, a strike will result. In Harrison, one of the large mining centers, the vote is said to have been two to one against the scale. The vote will be canvassed May 17.

Murrayville.—The graduating exercises of the high school were held here, the commencement address being delivered by Rev. Henry S. Kilkire, pastor of the Rockford church. Those receiving diplomas were Stella [illegible], Ethel Crouse, Lena Wilson, Edna [illegible], Ralph [illegible], Ethel [illegible] and Clarence Cunningham and Ray Jennings.

Springfield.—Vinegar, alleged to have been mislabeled, which were sent to [illegible] supply houses, will be destroyed on an order entered in the federal court. The shipments are one of ten barrels and another of nine barrels, sent to the [illegible] Company, Chicago, and C. W. Ward, respectively, in Decatur.

ter, Mrs. Edward Neal, in Chicago. The [illegible] of Oakland by appointment [illegible] Buchanan.

anville.—The annual convention of the Traveling Men's Protective association of Illinois was held in Danville. Seven hundred and fifty traveling men attended the banquet as guests of local traveling men's wives. The delegates were welcomed by ex-Speaker Cannon.

Chicago.—The Illinois Congress of Mothers and Parent-Teacher association closed their annual [illegible] convention here. The following officers were elected: President, Mrs. Charles W. Bissell, Chicago; vice-presidents, Mrs. R. H. Gumm, Edwardsville; Mrs. M. Adams, Jacksonville; Mrs. Alfred Bayliss, Macomb; Mrs. J. Barnes, Galesburg.

Decatur.—G. C. Kinsman, superintendent of telegraph on the Wabash railroad for twenty-eight years, who began service with that road as operator in 1868, has resigned his position and is succeeded by F. Pickens of this city.

Bloomington.—Mrs. Lucy Potter, aged fifty-seven, was almost instantly killed by the [illegible] at home of her daughter in Pekin. Remains were sent to her former home in Mound City, Mo., for burial.

Sterling.—As a result of the assault made upon Mrs. [illegible] person and her daughter [illegible] country for miles around [illegible] scoured by bands of [illegible] in search of the assailant.

Oakland.—Mad [illegible] Cooley, who died in [illegible] buried here. McCombs [illegible] Mexican and Civil wars [illegible] ty-two years old. He [illegible] his wife and one daughter.

Mount Sterling.—The board of education employed the following teachers for next season: Prof. M. L. Pest, superintendent; Miss Agnes Gunther, principal; Miss Nellie Dun[illegible]

Springfield.—The Chicago, Peoria and Northern Railroad company was granted injunctions on the completed and unfinished portions of its line [illegible] Springfield to the Illinois river [illegible] seven Tazewell threatened [illegible] Sangamon county. Thirteen of the crossings will be overhead, one a subway and four grade crossings. A committee from the Champaign city council appeared before the committee on [illegible] Champaign.

If You Like a Little Quiet Fun

Ask some composer person if [illegible] the brain.

Then sweetly play with the [illegible] of denunciation.

Ask him to tell you the analysis of Grape-Nuts.

Don't know? Why, I supposed you based your opinions on exact knowledge instead of pushing out a conclusion like you would a biscuit.

Well, now your [illegible] is punctured, let's sit down [illegible]

Grape-Nuts contains [illegible] but these things cannot blend [illegible] without a little worker known [illegible] Phosphate of Potash, [illegible] classed as a "mineral salt."

The authority, Geoheg[illegible], shows in his analysis of brain, 5.33 per cent total of mineral salts, over one-half being Phosphoric Acid and Potash combined, [illegible] Phosphate of Potash) 2.91 per cent.

Prausnitz, another authority, shows Phosphoric Acid and Potash (Phosphate of Potash) [illegible] more than one-half the total mineral salts, being 73.44 per cent in a total of 101.07.

Analysis of Grape-Nuts shows [illegible] and these phosphates (which join and make Phosphate of Potash) form a considerable more than one-half of all the mineral salts in the food.

Dr. Geo. W. Carman, authority on the constituent elements of the body, says: "The gray matter of the brain is controlled entirely by the inorganic salts, Potassium Phosphate (Phosphate of Potash). This salt unites with albumin and by the addition of oxygen creates nerve fluid or the gray matter of the brain. Of course, there is a trace of other salts and other organic matter in nerve fluid, but Potassium Phosphate is the chief factor, and has the power within itself to [illegible] all things needed to manufacture, [illegible] store up."

Further on he says: "[illegible] matter in order to supply the [illegible] form exactly as nature, [illegible] gram."

To supply deficiencies [illegible]

Brain is made of Phosphate of Potash as the principal Mineral Salt, added to albumin and water.

Grape-Nuts contains [illegible] one-half of all its mineral [illegible]

[illegible] day's use of brain [illegible] your kind of food [illegible] the eastern Phosphate of Potash.

How are you going t[illegible] And if you don't, why [illegible] should [illegible] yesterday's [illegible] brain-fag, [illegible] Remember, Mind does not work well on a brain that is even partly broken down from lack of nourishment.

[illegible] true that other food [illegible] Grape-Nuts contains varying quantities of Daily food [illegible] Plus wheat and barley [illegible] But in Grape-Nuts there is a certainty.

And if the elements [illegible] destroyed by Nature's [illegible] the needed material to build [illegible] from.

A healthy brain is [illegible] Mind asks for a healthy brain [illegible] upon which to act and Nature has placed [illegible] day by day as it is used up [illegible]

"There's a Reason" for

Grape-Nuts

POSTUM CEREAL CO., LTD., BATTLE CREEK, MICHIGAN