

SAVED FROM AN OPERATION

How Mrs. Reed of Peoria, Ill., Escaped The Surgeon's Knife.



Peoria, Ill.—"I wish to let every one know what Lydia E. Pinkham's Vegetable Compound has done for me. I suffered. The doctor said I had a tumor and the only remedy was the surgeon's knife. My mother bought me Lydia E. Pinkham's Vegetable Compound, and today I am a well and healthy woman. For months I suffered from inflammation, and very distressing. I was inflamed. I am glad to tell anyone what your medicine has done for me. You can use my testimonial in any way you wish, and I will be glad to answer letters."—Mrs. CHRISTINA REED, 106 Mound St., Peoria, Ill.

Mrs. Lynch Also Avoided Operation.
Jesse, Pa.—"After the birth of my fourth child, I had severe organic trouble. I would have thought of my trouble that it did not seem as though I could stand it. This kept up for three long months, until two doctors decided that an operation was needed.
"Then one of my friends recommended Lydia E. Pinkham's Vegetable Compound, and after taking it for two months I was a well woman."—Mrs. JOSEPH A. LYNCH, Jesse, Pa.
Women who suffer from female ills should try Lydia E. Pinkham's Vegetable Compound, one of the most successful remedies the world has ever known, before submitting to a surgical operation.

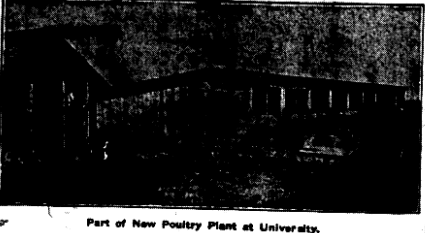


Glady—So you've broken with Virginia—Yes. He was entirely too hard to please.
Glady—Gracious, how he must have changed since he proposed to you!
"Yes, since when it's all over me will glunge some candy."

A WINNING START
A Perfectly Digestible Breakfast Makes Nervous Persons for the Day.
"Everything goes wrong in the breakfast time in your stomach like a mad fire. What you eat does harm if you can't digest it—it turns to poison."
A bright lady teacher found this to be true, even of an ordinary light breakfast of eggs and toast. She says:
"Two years ago I contracted a very annoying form of indigestion. My stomach was in such condition that a single breakfast of bread, toast and tea gave me the greatest distress."
"I was slow to believe that trouble could come from such a simple diet, but finally had to give it up, and found a great change upon the use of Post's Food and Grape-Nuts with cream, for my morning meal. For more than a year I have had no such trouble and have, not only gained weight, but also been able to do my usual work, which was varying my diet."
"I have been a teacher for several years, and find that my daily digestion has been the best of my life. My girls are strong for the school day. My girls are so much in weight and color as to be proud to identify to the value of Post's Food and Grape-Nuts."

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REQUIREMENTS FOR THE SUCCESS OF THE KEEPING OF POULTRY IN SUMMER



Part of New Poultry Plant at University.

BY PROFESSOR J. W. LLOYD,
University of Illinois.
Poultry needs shade. Last summer many choice birds perished from lack of shade. In some cases it was the owner's fault or misfortune in not having made sufficient provision for shade in his poultry runs; in others the birds wandered into unshaded enclosures, and being unable to find their way out, died from over-heating within a few hours. While in seasons of less intense heat, the lack of shade might not lead to such fatal results, nevertheless it is generally recognized among poultrymen that shade runs are essential to the proper development of young chicks and the summering of breeding stock. The prize winners in adult classes in fall shows are usually birds that have been kept in shaded runs the preceding summer. It is surprising what a difference there is in the plumage of birds that have been exposed to different amounts of direct sunshine while developing the new coat of feathers. There is a great difference in the general health and vigor, especially of male birds, depending upon how they have been handled during the hot summer months. Shade in the summer time is one of the prime essentials in successful poultry keeping.
Another thing that poultry needs in order to keep healthy and develop properly is plenty of free range. A few birds may be kept in a small enclosure under artificial conditions, providing constant attention is given to keep their quarters in a sanitary condition, to supply them with all the elements of food needed for their bodies, and to insure their taking sufficient exercise for their own welfare or that of the egg. Young birds grown in confinement, especially if there are too many in a single flock, are likely to be lacking in both size and vigor, unless special care is taken to supply their every need. On the other hand, if the birds are removed from the brooder house when eight or ten weeks old and put in colony houses placed at sufficient distances apart so that the flock occupying each house has undisputed right to a considerable range of the proper kind, there is no need to worry about best possible returns may be realized from it. To insure this the control of injurious insects becomes of great if not prime importance.
The general farm methods for the control of insects are clean culture, use of vigorous plants, rotation of crops, fall plowing, early detection of insects and planting at the proper time. Probably the most valuable of all farm practices for the control of insects is clean culture, which means the clearing away of all useless vegetation and the numerous other places where insects find shelter or adequate protection from the weather, the birds and other natural checks upon their numbers. In fall rubbish of every kind, and especially standing unmarketable cabbages and onions, should be collected and destroyed, and insects of their kind breeding and hiding places in these materials should be destroyed by the use of kerosene or other insecticides. In the summer likewise, and especially early in spring, it is important to keep down the weeds, for they promote a rapid multiplication of insects and provide temporary breeding places for some species. It is a common observation that healthy crops and vigorous plants withstand the attacks of insects much better than weak and neglected ones.
Crop rotation is one of the most valuable of the cultural methods for preventing insect attacks. As a rule it is best practice in truck gardening to grow two successive crops of a vegetable or nearly related vegetable successively on the same piece of land; and further a crop should be planted as far as possible from the location of the same vegetable the year before. Especially in northern Illinois where the winters are severe the value of the measure is considerable. Another important means of insect control is the use of insecticides. In the north the insects in the soil secure to the surface where they may be killed by the soil. It is often possible to avoid insect attacks by other early or late spring planting.
Decrease in Stock.
The stock of the number of sheep grown in this country has been decreased to wonder how long it will be before there shall actually be a surplus of sheep.

TEMPERANCE MEETING.



First Beetle—What kind of a meeting was that at the Oak hall last night?
Second Beetle—Must have been a temperance meeting. The place was full of water bugs.

ECZEMA CAME ON SCALP

Lebanon, O.—"My eczema started on my thigh with a small pimple. It began to itch and I began to scratch. For eighteen or twenty years I could not tell what I passed through with that awful itching. I would scratch until the blood would soak through my underwear, and I couldn't talk to my friends on the street but I would be digging and punching that spot, until I was very much ashamed. The itching was so intense I could not sleep at night and when I awoke I certainly suffered torment with that eczema for many years.
"I changed after everything I ever heard of, but all to no avail. I saw the advertisement for Cuticura Soap and Ointment and sent for a sample. Imagine my delight when I applied the first dose to that awful itching place on my leg and scalp, in less than a minute the itching on both places ceased. I got some more Cuticura Soap and Ointment. After the second day I never had another itching spell, and Cuticura Soap and Ointment completely cured me. I was troubled with eczema all over my scalp. The Cuticura Soap has cured that trouble." (Signed) L. R. Fink, Jan. 22, 1913.
Cuticura Soap and Ointment sold throughout the world. Sample sent free, with 32-p. Skin Book. Address: Post-card "Cuticura, Dept. L, Boston."

Goodness does not move certainly make men happy than happiness makes them good.—Lander.
No man is so dull that he can't make a bore of himself.
People who live in clean houses shouldn't throw mud.

PATHOS IN CHILD'S BRAVERY

Fortitude Shown by Little Sufferer in Hospital Touched Lady Henry Somerset.

Lady Henry Somerset, whose labors in behalf of the children of London slums are constant and earnest, tells this affecting story of the way in which her interest in these little ones was aroused:

"I was moved in that direction by the rare pathos and imagination of one little boy. His example convinced me that patience was one of the qualities I needed most, and in seeking it I grew into that work."

"I was in a hospital on visiting day, while the doctors were changing a plaster cast which held the crippled boy's limb. The operation was exceedingly painful, and I said to myself, 'How could you possibly stand it?' 'That's nothing,' he answered. 'Why, I just made believe that a bee was stinging me. Bees don't hurt very much, you know. And I kept busy because I was afraid I'd forget about my being a bee if I didn't.'—Youth's Companion.

The Giveaway.
"Jane," said her father, "how does it happen that you find four good cigars on the mantelpiece this morning? Did Henry leave them for me?"
"No," he took them out of his vest pocket to avoid breaking his fast that night, and I guess he forgot all about them afterwards."
"The laugh that followed made her wish that she had been as brave with her speech as Henry had been with his cigars."—Detroit Free Press.

Stop the Pain.
The hurt of a burn or a cut stops when you use this. It is applied. It heals quickly and prevents scars. So and so. W. C. Cole & Co., 112 N. Michigan St., Chicago, Ill.

Keeping Mice From Plagues.
To prevent mice entering places there has been invented a simple sliding plate to be mounted on a pedestal so that it covers its opening.
The Paxton Toilet Co., Boston, Mass., will send a large trial box of Paxton's Mice and Rat Exterminator and germicidal toilet preparation, to any woman, free, upon request.

Only a married man can fully appreciate heaven if there are no wash days or house cleaning seasons there.
LEWIS: Single Bader so clear; so rich to quality that most cooks prefer them to any other.
People who live in clean houses shouldn't throw mud.

Patience Is No Virtue!



An Iowa Case.
Mrs. J. Hunt, 98 N. St. Paul, Minn., says: "For thirty years I suffered from kidney trouble and my health was so bad that I could not get on my feet. After everything I tried, and I had never found relief, I bought Doan's Kidney Pills and they cured me. I am now as well as ever."
Get Doan's at any Drug Store, No. 1, East 12th St., St. Paul, Minn.

DO NOT OUT A VARIOUS WHEN YOU ABSORBIN

A mild, safe, antiseptic, resolute, restorative liniment, and a proven remedy for this and similar troubles.
Mr. R. C. Kellogg, Ecclet, Mass., before using this remedy, suffered intensely with painful and inflamed veins; they were swollen, knotted and hard. He writes: "After using one and one-half bottles of ABSORBIN, my veins were reduced, inflammation and pain gone, and I have had no recurrence of the trouble during the past six years." Also removes Gout, Rheumatism, Swellings, Wens, Cysts, Callouses, Bruises, "Black and Blue" discolorations, etc., in pleasant manner. Price \$1.00 and \$2.00 a bottle at druggists or delivered. Book 5 G Free. Write for it. W. F. Young, P.O. Box 517, Springfield, Mass.

DAISY FLY KILLER

DAISY FLY KILLER, 100 South Ave., Brooklyn, N. Y.

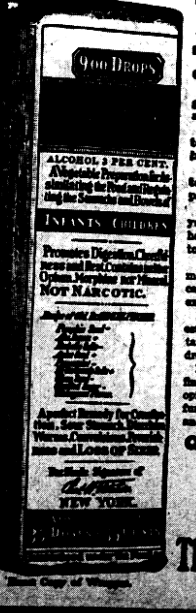
AGENTS: W. N. U., CHICAGO, NO. 30-1912.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twenty-two per cent, or nearly one-quarter, die before they reach one year; thirty-seven per cent, or more than one-third, before they are five, and one-half before they are fifteen!
We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium, or morphine. They are, in considerable quantities, deadly poisons. In any quantity they stupify, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever.

Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. E. F. Peeler, of St. Louis, Mo., says: "I have prescribed your Castoria in many cases and have always found it an efficient and speedy remedy."
Dr. F. D. Rogers, of Chicago, Ill., says: "I have found Fletcher's Castoria very useful in the treatment of children's complaints."
Dr. William C. Bloomer, of Cleveland, Ohio, says: "In my practice I am glad to recommend your Castoria, knowing it is perfectly harmless and always satisfactory."
Dr. H. Down, of Philadelphia, Pa., says: "I have prescribed your Castoria in my practice for many years with great satisfaction to myself and benefit to my patients."
Dr. Edward Parrish, of Brooklyn, N. Y., says: "I have used your Castoria in my own household with good results, and have advised several patients to use it for its mild laxative effect and freedom from harm."
Dr. J. B. Elliott, of New York City, says: "Having during the past six years prescribed your Castoria for infantile stomach disorders, I most heartily recommend it to all. The formula contains nothing deleterious to the most delicate of children."
Dr. C. G. Stevens, of Omaha, Neb., says: "Your Castoria is an ideal medicine for children, and I frequently prescribe it. While I do not advocate the indiscriminate use of proprietary medicines, yet Castoria is an exception for conditions which arise in the care of children."
Dr. J. A. Farley, of Kansas City, Mo., says: "Your Castoria holds the esteem of the medical profession in a measure held by no other proprietary preparation. It is a pure and reliable medicine for infants and children. In fact, it is the universal household remedy for infantile ailments."
Dr. H. P. Merrill, of Augusta, Me., says: "Castoria is one of the very best and most reasonable remedies for infants and children. In my opinion your Castoria has saved thousands from an early grave. I can furnish hundreds of testimonials from this locality, as to its efficiency and merit."



GENUINE CASTORIA ALWAYS
Bears the Signature of
Chas. H. Fletcher
The Kind You Have Always Bought
In Use For Over 30 Years.

VEGETABLE GARDEN AND ITS INSECTS

BY J. J. DAVIS,
Assistant Entomologist for Northern Illinois.

(From the Report of State Entomologist B. A. Forbes.)
Vegetable gardening is now one of the most important of the various agricultural interests of Illinois. According to the census of 1900 there were 356,213 acres in vegetable gardens in Illinois in 1899, and the value of the products amounted to \$110,118,719. This being the fourth largest valuation of such products for all the states. The average valuation of vegetables was \$30.00 per acre, whilst all crops taken together was but \$10.04. Although the gardening industry in Illinois, and especially in Cook county and adjacent counties, has greatly increased since 1899, the figures for that year serve to indicate the relatively great importance of vegetable growing in Illinois.
Chicago is the principal center of the truck garden industry of this state, and for a distance of 12 to 18 miles north, south and west of the city, agriculture is almost wholly gardening. This area is especially well adapted to such farming, as the more or less fertile character of the soil permits early tilage. The market afforded by Chicago and the supply of manure as well as the labor supply, are other reasons why this is an advantage to the truck gardeners of Cook county. Probably the most important garden product of Illinois is potatoes. The area in this crop in Illinois in 1909 was 128,484 acres, and the estimated value of the product was \$4,702,621. In Cook county alone there were 15,826 acres in potatoes. Onions and cabbages are important crops, as are also sprouts, celery, beets and other classes of vegetables known as general truck, which includes radishes, lettuce, parsnips, carrots, chard, beans, etc. The growing of sweet corn, tomatoes, beans and peas for canning and of cucumbers for pickling is becoming an important feature of the same in Illinois, and is being carried on in many parts of the state.
The more intensive the culture of a crop, the more important becomes the control of its insect enemies. It is especially desirable for vegetable gardeners near the market centers and on small farms to have a knowledge of the habits and life history of the insects which attack their crops, and to be able to identify them and to destroy them as early as possible.

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